

National No Beard Day

National No Beard Day is a day that favors men with clean-shaven faces. It can also be seen as a counter-movement or response to World Beard Day which celebrates long beards and facial hair.



Table of Content

- [National No Beard Day Definition & Meaning](#)
- [When Is National No Beard Day?](#)
- [National No Beard Day History](#)
- [National No Beard Day Purpose and Importance](#)
- [What's In National No Beard Day?](#)
- [How to Create a National No Beard Day Social Media Post](#)
- [National No Beard Day vs. National Beer Day](#)
- [National No Beard Day Ideas & Examples](#)
- [FAQs](#)

National No Beard Day Definition & Meaning

National No Beard Day is a day that celebrates the clean-shaven and smooth look, particularly for adult men.

In the United States, National No Beard Day is also a day where people shave off their beards after months, or even years, of growing them out.

When Is National No Beard Day?

National No Beard Day is observed annually every October 18 in the US. It is also interesting to note that National No Beard Day comes roughly a month after World Beard Day which is celebrated every first Saturday of September.

National No Beard Day History

The true origins of National No Beard Day are unclear, but it may have started as an online movement where people who favored the clean-shaven look wanted a say in the discussion or wanted to respond to various other movements like Movember or No Shave November. Movember and No shave November are also annual events wherein men are encouraged to grow their beards and mustaches during the month of November. National No Beard Day falls on October 18 and interestingly, World Beard Day is celebrated a month prior in September.

National No Beard Day Purpose and Importance

At its core, National Beard Day is a special day that honors the smooth and hair-free look on men's faces, and there are various reasons that describe why National No Beard Day is significant or relevant for a lot of people.

Celebrate the Clean-shaven Look

National No Beard Day is pretty self-explanatory; it is a day dedicated to the no-beard look (i.e., the clean-shaven style). For centuries, a man's beard has always been associated with his masculinity. But National No Beard Day challenges that notion and instead, celebrates the clean-shaven and smooth look of men.

Opportunity to Try a New Look

National No Beard Day also presents the perfect opportunity to change up your look. If you have been growing out your facial hair for months or years, October 18 is the day to bid goodbye to your beard. If you are looking for a drastic change to your style or appearance, then shaving off your beard or mustache will instantly do the trick.

Share the Benefits of Having Zero to Minimal Facial Hair

On National No Beard Day, people also have a reason to explain the advantages and benefits of having a clean-shaven look. There are still a lot of people who believe that a smooth and beard-free face looks more hygienic compared to a full-bearded face. Perhaps a major advantage of having zero or minimal facial hair is that it requires much less maintenance or upkeep.

What's In National No Beard Day?

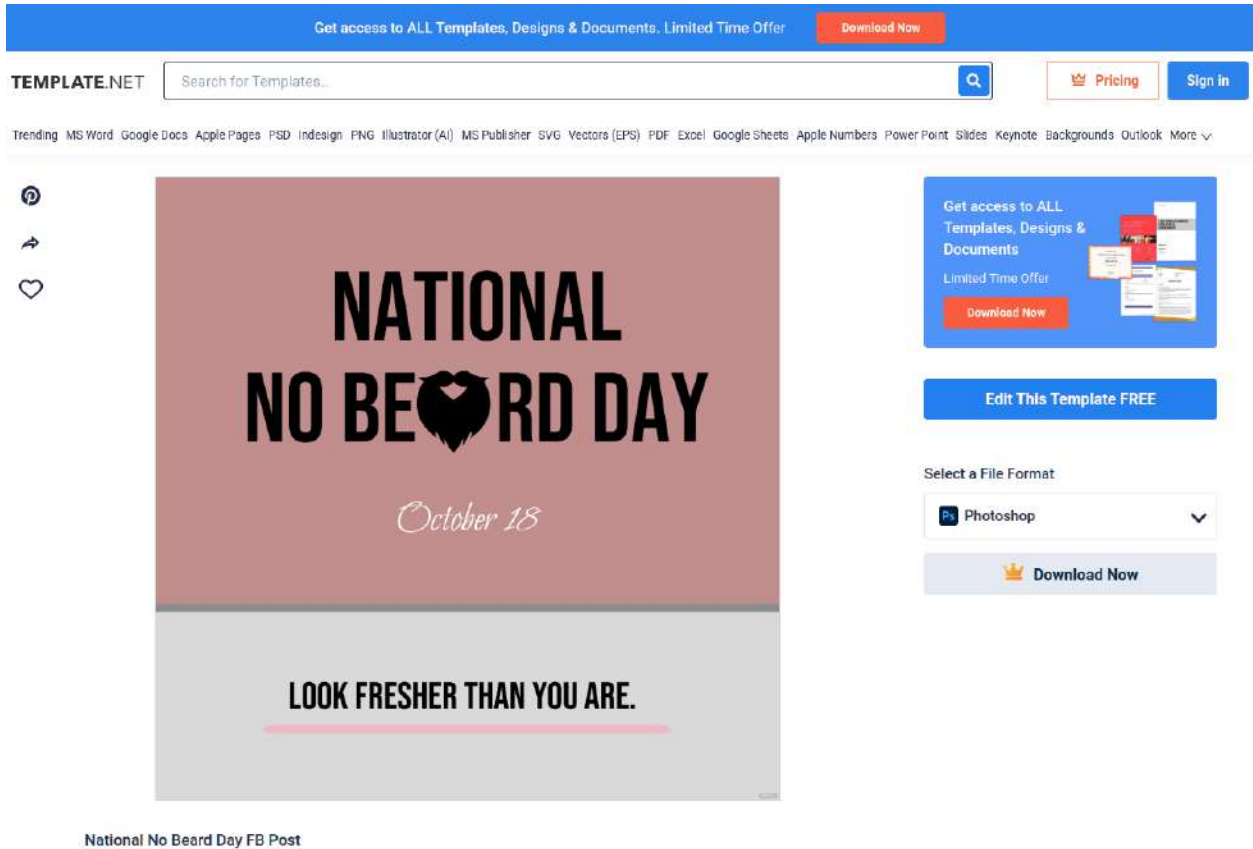
People observe National No Beard Day by shaving off their beards, obviously. It is the day when people reach for their razors and shaving cream to get rid of their facial hair. While others head to their local barbershop and ask for a clean-shaven look. Shaving parties are also fun events that you can organize with your friends to shave off your beards together. If not, you can simply share a picture of your fresh and clean-shaven look and use the National No Beard Day hashtag in your caption.

How to Create a National No Beard Day Social Media Post

If National No Beard Day does not apply to you, you can always show your support for the holiday by sharing a greeting or message on social media. Otherwise, you can proudly show off your clean-shaven look on your Facebook, Instagram, or WhatsApp accounts.

Facebook

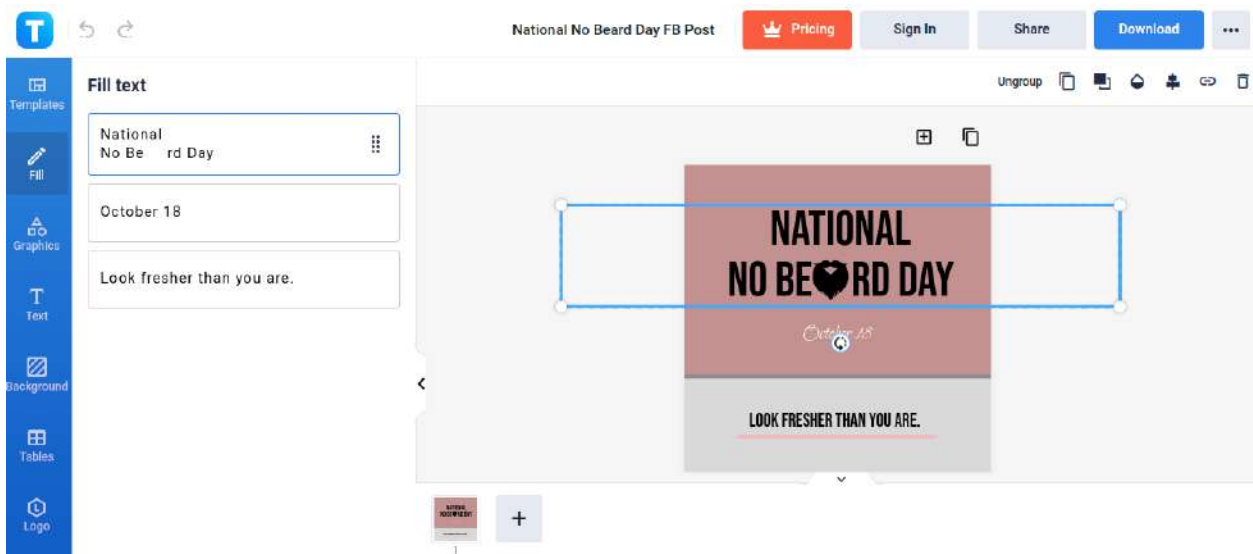
1. Select a [National No Beard Day Facebook Post](#) Template



National No Beard Day FB Post

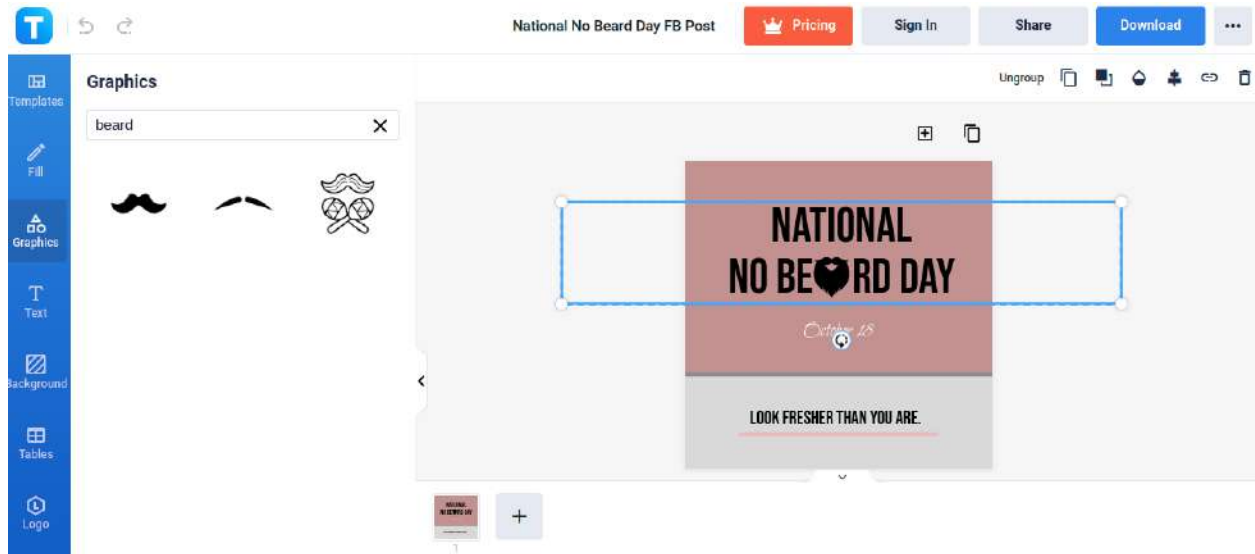
Using the search bar, browse and choose an editable National No Beard Day Facebook post template. After selecting a template, simply click on it and hit the “Edit this Template for Free” button to customize the template.

2. Edit the Text



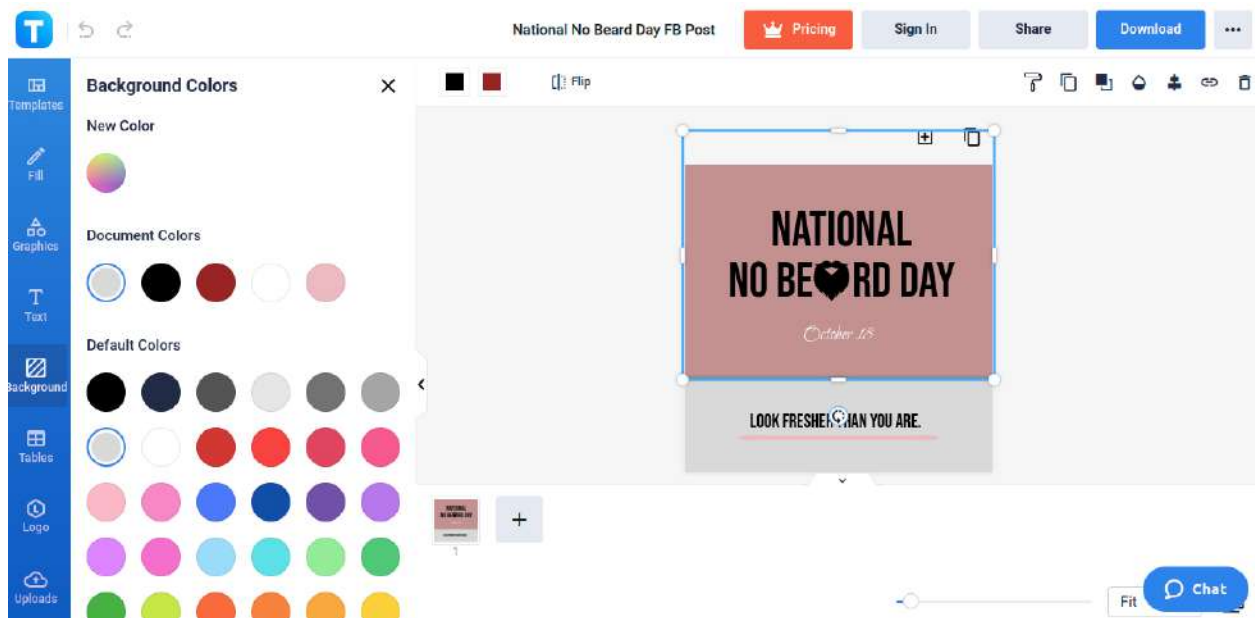
Using the editor tool, click the Fill icon on the sidebar menu to customize the text greeting or caption. Highlight or select the text to create your own custom message. You can also change the text size, font, and color by using the different format settings.

3. Add Images and Graphics



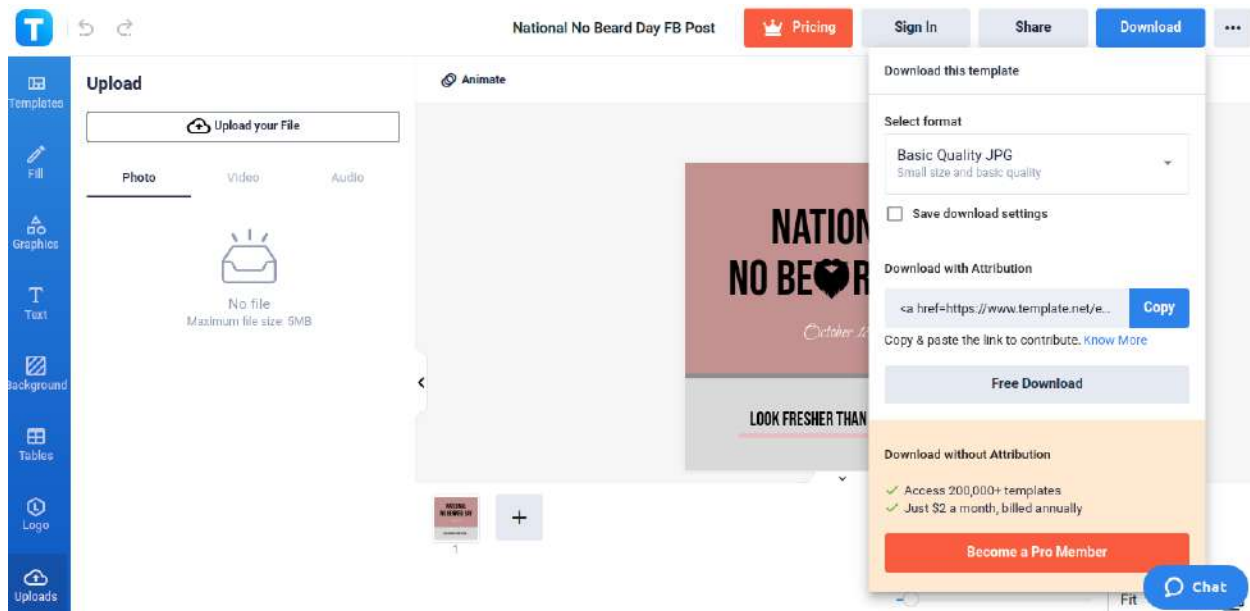
After editing the text, customize the template further by inserting images and other elements related to National No Beard Day. There is a wide collection of free shapes, stickers, videos, frames, and audio that you can choose from and easily add to your post.

4. Customize the Background Color



Feel free to customize the elements or objects in the template according to your preferences. With the editor tool, you can easily resize photos, crop pictures, rotate objects and change the background color.

5. Save and Download the Template



When you are done editing, save or share the template by clicking the Download button located in the upper right corner of the page. Export the file in your preferred file format such as PNG, JPG, GIF, etc.

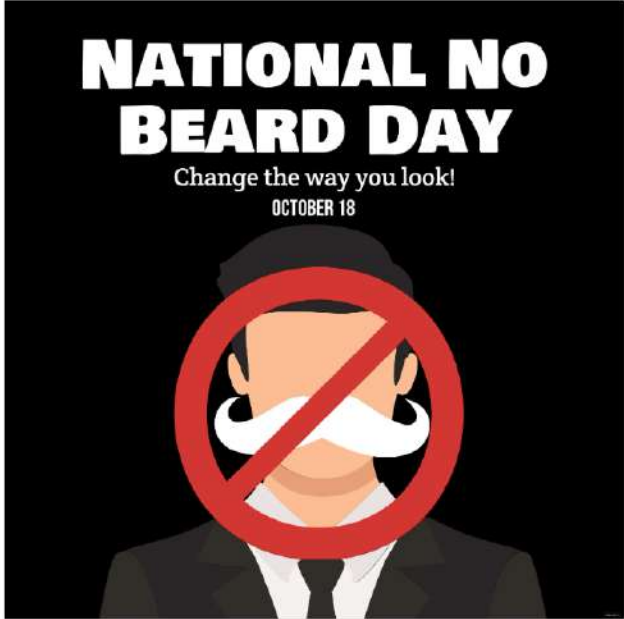
Instagram

1. Choose a [National No Beard Day Instagram Post Template](#)

Get access to ALL Templates, Designs & Documents. Limited Time Offer [Download Now](#)

TEMPLATE.NET Search for Templates... [Pricing](#) [Sign In](#)

Trending MS Word Google Docs Apple Pages PSD Indesign PNG Illustrator (AI) MS Publisher SVG Vectors (EPS) PDF Excel Google Sheets Apple Numbers Power Point Slides Keynote Backgrounds Outlook More



NATIONAL NO BEARD DAY
Change the way you look!
OCTOBER 18

Get access to ALL Templates, Designs & Documents. Limited Time Offer. [Download Now](#)

[Edit This Template FREE](#)

Select a File Format

Photoshop [Download Now](#)

National No Beard Day Instagram Post

Using the search bar, the first step is to select an editable National No Beard Day Instagram post template from the template gallery. Simply choose a template then select the “Edit This Template for Free” button.

2. Create a Customized Greeting

National No Beard Day Instagram Post [Pricing](#) [Sign In](#) [Share](#) [Download](#) ...

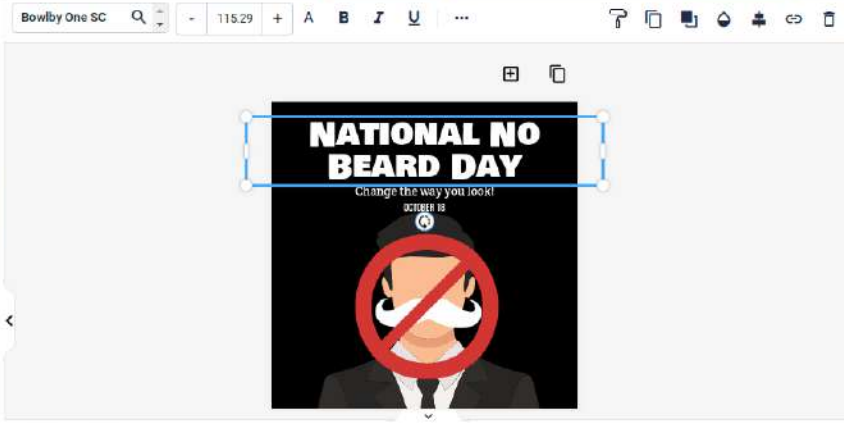
Fill text

Change the way you look!

October 18

National No Beard Day

Bowlby One SC 115.29 A B I U ...

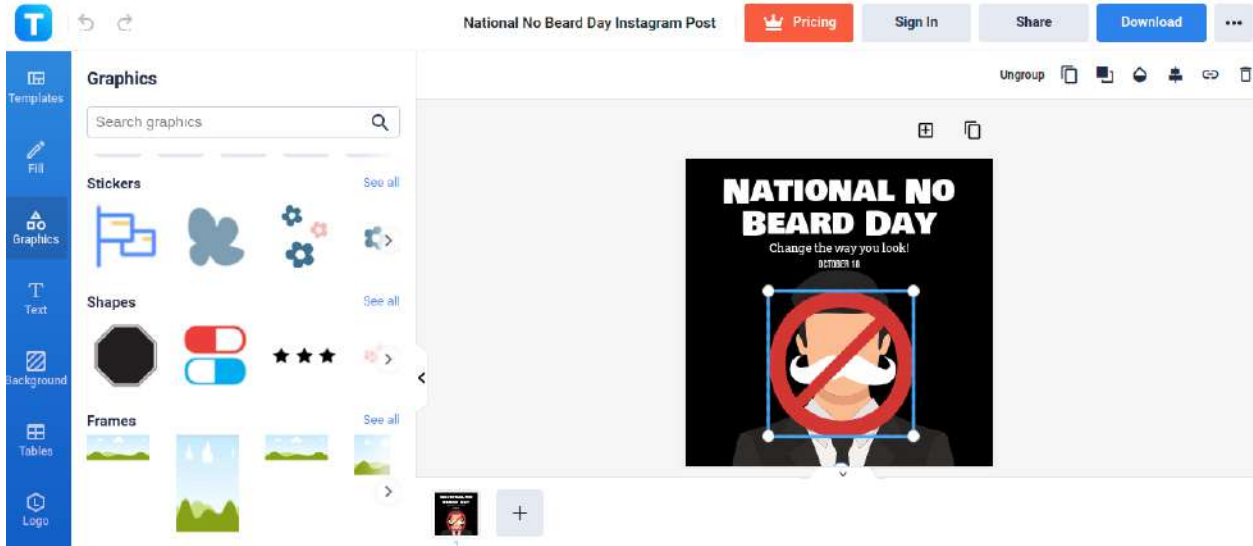


NATIONAL NO BEARD DAY
Change the way you look!
OCTOBER 18

+

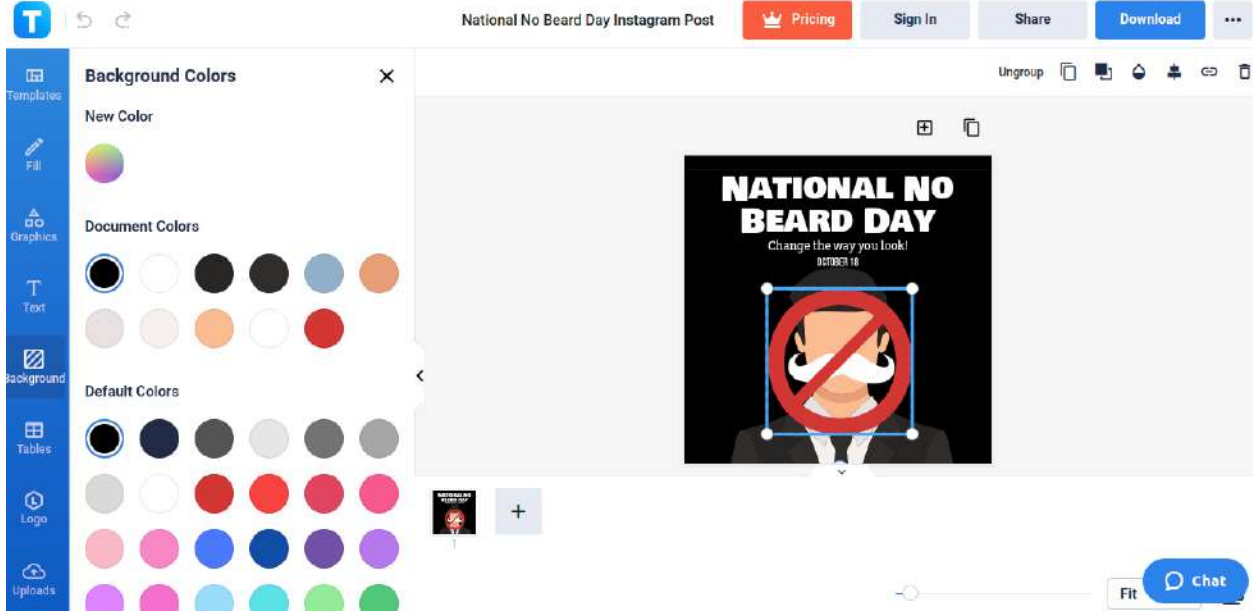
Edit the text in the template by selecting the Fill button on the sidebar menu on the left. The editor tool allows you to customize and modify the text size, font, and text color according to your individual preferences.

3. Import More Graphical Elements



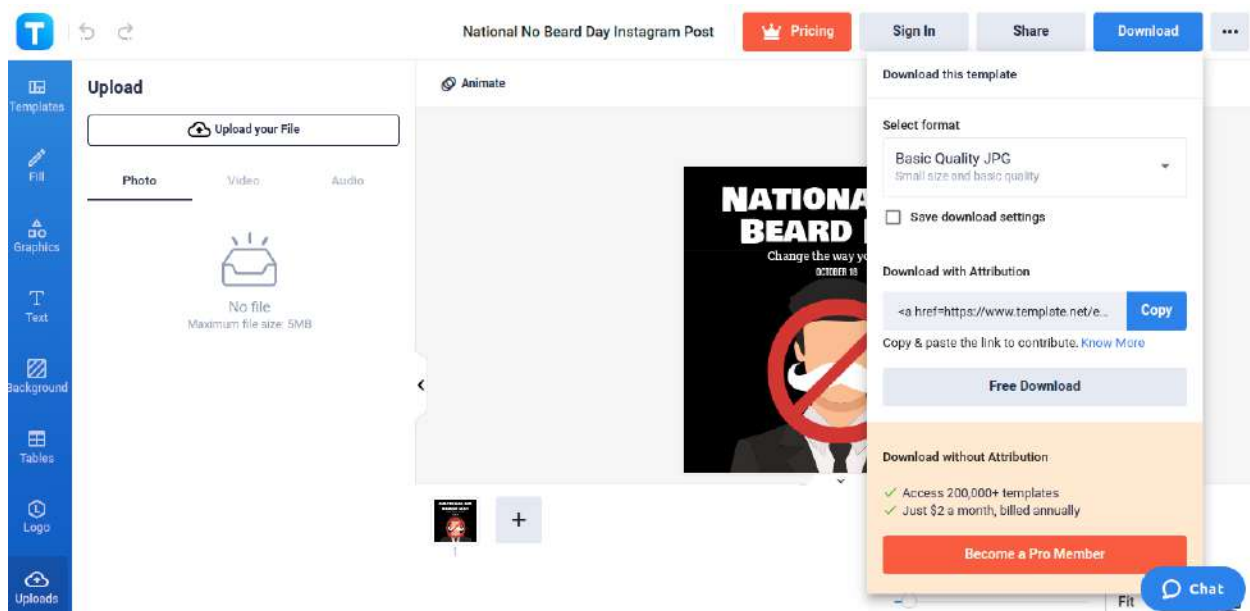
After editing the text, customize the template by adding more pictures and other elements or objects. You can either directly upload pictures from your computer or you can search for free images from Pixabay and Unsplash under the Graphics icon.

4. Customize a Background Color



You can also rotate, crop, resize and customize the images and graphics according to your individual tastes and preferences. You can change the background color as well by clicking the Background button on the sidebar menu.

5. Save the Completed Template



Once you are done editing, save and share the template by clicking the Download button in the upper right corner. Note that you can download or export the post in your preferred file format.

WhatsApp

1. Pick a [National No Beard Day WhatsApp Post Template](#)

TEMPLATE.NET

Search for Templates...



[Pricing](#)

[Sign In](#)

Trending: MS Word Google Docs Apple Pages PSD Indesign PNG Illustrator (AI) MS Publisher SVG Vectors (EPS) PDF Excel Google Sheets Apple Numbers Power Point Slides Keynote Backgrounds Outlook More



Get access to ALL Templates, Designs & Documents Limited Time Offer [Download Now](#)

[Edit This Template FREE](#)

Select a File Format

[PSD Photoshop](#)

[Download Now](#)

National No Beard Day Whatsapp Post

Use the search bar and type in National No Beard Day to browse the available templates. To edit your chosen template, simply click on the “Edit This Template for Free” button.

2. Create a Custom National No Beard Day Message

[National No Beard Day Whatsapp Post](#) [Pricing](#) [Sign In](#) [Share](#) [Download](#) [...](#)

Fill text

National No Beard Day

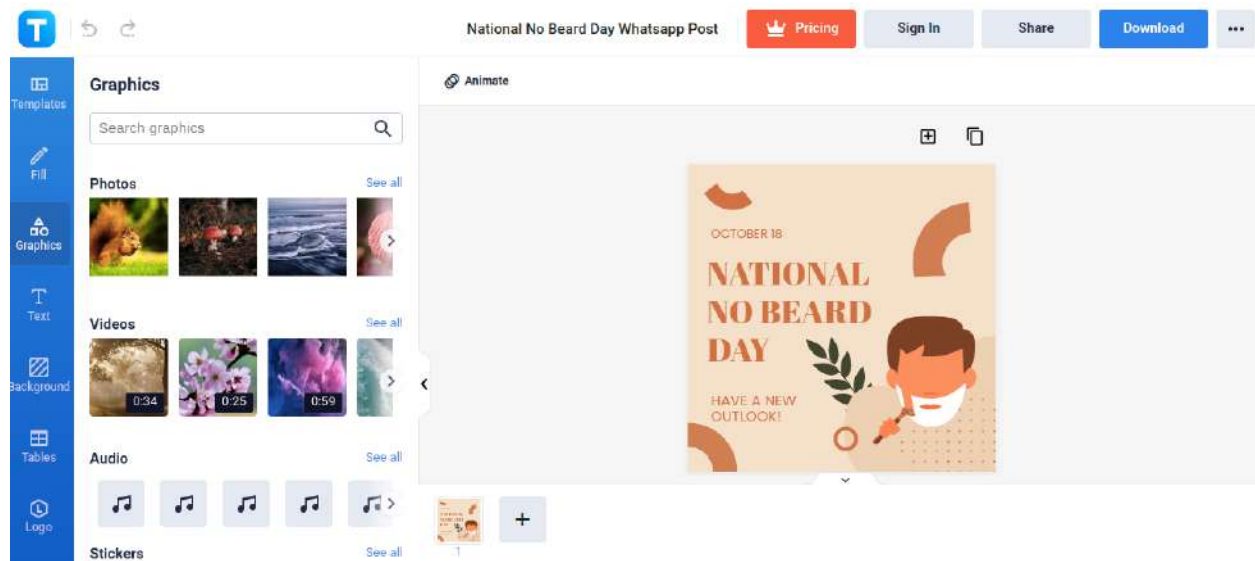
October 18

Have a new outlook!

Animate

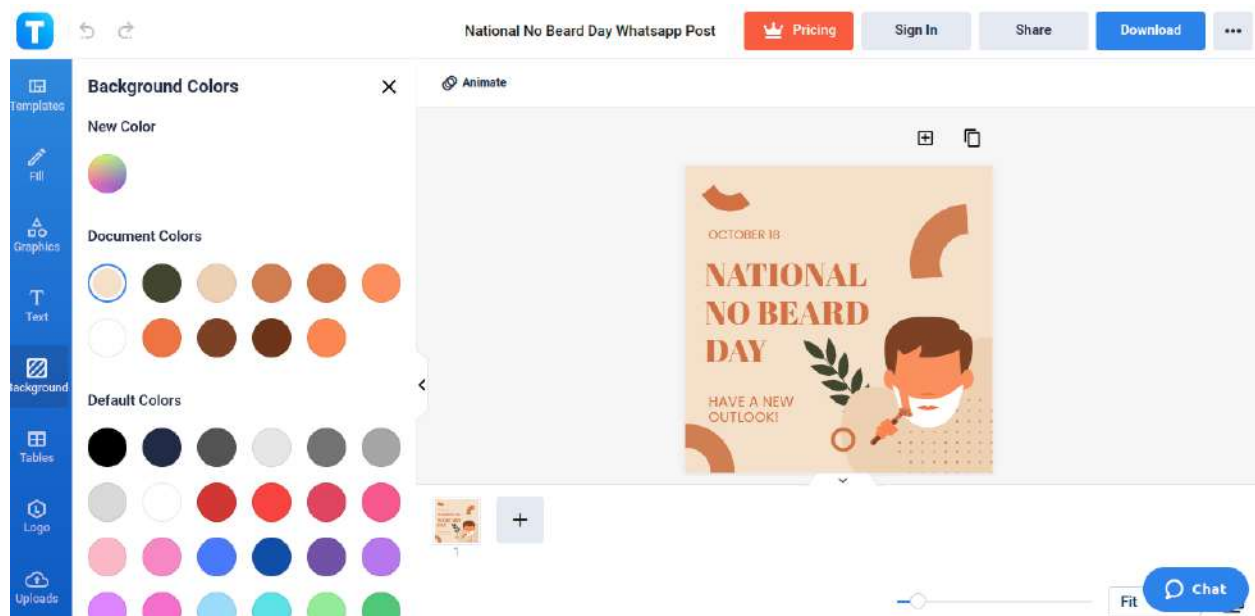
You can change the text by clicking the Fill button located on the sidebar menu panel. If you want your post to stand out, keep your message short, relevant, and witty.

3. Import Images



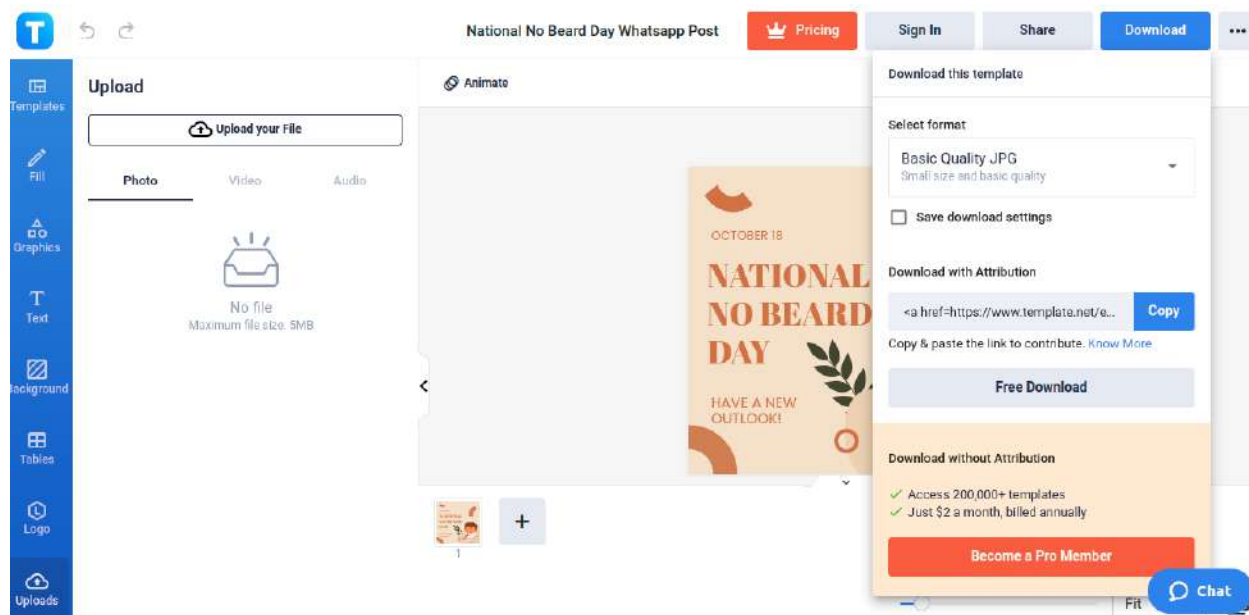
Customize your post by adding images, graphics, and other objects. There are numerous videos, audio, frames, symbols, stickers, and shapes to choose from when you click the Graphics button in the sidebar menu.

4. Customize the Background



Change the background color of the template by clicking the Background button on the sidebar menu. If you are posting a photo of your clean-shaven look, pick a background color that emphasizes the image like a contrasting color.

5. Finalize the Edited Template



When you are finished editing the template, save your work by selecting the Download or Share button. You can likewise save and export the image in your preferred file format such as JPG, PDF, PNG, and GIF.

National No Beard Day vs. National Beer Day

National No Beard Day is a nationwide celebration in the United States that recognizes and encourages people to shave off their beards and sport a clean-shaven look.

National Beer Day is a celebration in the United States that commemorates the day the Cullen-Harrison Act took effect which legalized the sale of beer and other alcohol in the US; it is observed annually every April 7th.

National No Beard Day Ideas & Examples

National No Beard Day is the perfect opportunity for a fresh start and quite literally, a clean slate. And whether you are directly participating in the celebration (by shaving your beard) or not, social media is a great platform to show your support for the holiday.

National No Beard Day Banner Ideas and Examples

A [National No Beard banner](#) template is versatile enough to be used as a photo backdrop or zoom background.



National No Beard Day Website Banner Ideas and Examples

Write a blog about your beard-shaving experience and don't forget to add a [National No Beard Day website banner](#) to your post.



National No Beard Day Instagram Post Ideas and Examples

Time for a new look and to share a clean-shaven selfie with a unique greeting for your [National No Beard Day Instagram post](#) or story entry.

NATIONAL NO BEARD DAY

Change the way you look!

OCTOBER 18



National No Beard Day Facebook Post Ideas and Examples

To show support on October 18, post a photo of your smooth and clean-shaven look or share a [National No Beard Day Facebook post](#), greeting, or image.

NATIONAL NO BE RD DAY

October 18

LOOK FRESHER THAN YOU ARE.

National No Beard Day WhatsApp Post Ideas and Examples

A [National No Beard Day WhatsApp post](#) template incorporates a retro theme design using an unconventional yet interesting color palette.



FAQs

Why is National No Beard Day celebrated?

National No Beard Day is a day to celebrate clean-shaven faces and is an opportunity for men to get rid of their long beards.

What is the reason for National No Beard Day?

The reason for National No Beard Day is to shave off the beard that one may have kept or maintained for months or even years.

Who created National No Beard Day?

There is no clear origin as to who created National No Beard Day, but it started more as a movement as opposed to just a single individual.

How do you celebrate National No Beard Day?

You can celebrate National No Beard Day by shaving off your beard or inviting your friends to do it with you.

What is the theme of National No Beard Day?

The theme for National No Beard Day is the cleaner the face, the bigger and grander the celebration.

What does your beard say about your personality?

The stereotypical assumption about men with beards is that they are more aggressive, dominant, and masculine but that does not automatically mean that they do not have caring or sensitive personalities.

What are the facts about National No Beard Day?

National No Beard Day is celebrated every 18th of October; it is a day to celebrate clean, smooth, and hair-free faces.

What is the religious significance of beards?

There are some religions including some Islam and Sikhism groups that require adult men to grow full beards in accordance with their religious observance and belief.

What do you say on National No Beard Day?

On National No Beard Day, you can greet your friends by saying “Happy National No Beard Day” and persuading them to shave off their beards.

Why is being clean-shaven important?

In some cultures and societies, beards are deemed unhygienic or unclean so maintaining a clean-shaven look is important.

What are the activities of National No Beard Day?

Some activities for National No Beard Day include finally shaving off a beard you have been growing for months, posting your clean-shaven look on social media, or even throwing a shaving party where friends get together to shave their beards off.