

# Nelson Mandela Day

Nelson Mandela Day is not just an important holiday for South Africans, it is an internationally recognized day of observance to honor the man whose life and advocacy helped inspire and effect change in the twentieth century.



## Table of Content

- [Nelson Mandela Day Definition and Meaning](#)
- [When Is Nelson Mandela Day?](#)
- [Nelson Mandela History](#)
- [Nelson Mandela Day Purpose and Importance](#)
- [What's In Nelson Mandela Day?](#)
- [How to Create a Nelson Mandela Day Post on Social Media](#)
- [Nelson Mandela Day vs. Martin Luther King Day](#)
- [Nelson Mandela Facts](#)
- [Nelson Mandela Day Examples](#)
- [FAQs](#)

## **Nelson Mandela Day Definition and Meaning**

Nelson Mandela Day is a day dedicated to the remembrance of Nelson Mandela, the late South African activist, and president, who served the country from 1994 to 1999.

Even to this day, Nelson Mandela's example and legacy continue to reverberate across democratic-loving nations everywhere, not just in his home country of South Africa.

## **When Is Nelson Mandela Day?**

Nelson Mandela Day or Mandela International Day is celebrated annually every July 18. The day is significant because it is also Nelson Mandela's birthday as he was born on July 18, 1918, in Mvezo, South Africa.

## **Nelson Mandela History**

In November of 2009, the United Nations General Assembly declared July 18 as "Nelson Mandela International Day" following a resolution recognizing the values, contribution, and service Mandela espoused and rendered in his 67 years of public life. The same resolution acknowledged his role in the struggle and fight for democracy, human rights, and peace. The first Nelson Mandela Day was observed the following year on July 18, 2010.

## **Nelson Mandela Day Purpose and Importance**

Nelson Mandela is not just a well-known leader, everything he represented and the values he stood for are what attracted many followers and people to his cause.

## **Life and Legacy of Nelson Mandela**

Nelson Mandela is admired by millions around the world and he has been awarded many international recognitions. But the circumstances that surrounded his life were far from picture-perfect. Nelson Mandela Day is a day to remember not just his victories and triumphs, but the struggles and sacrifices he endured to fight for his country and his values.

## **Fight for Human Rights**

Even before Nelson Mandela became the first democratically elected president of South Africa, he was already a human rights activist and lawyer. He dedicated his life to civil rights and the fight for equality. Thus, Nelson Mandela Day is not merely a holiday honoring a man, but for everything he fought and stood for.

## **Historical and National Significance**

Nelson Mandela International Day is an important day of remembrance, especially for the people of South Africa. The apartheid regime was a dark chapter in the nation's history. Nelson Mandela led the resistance against apartheid and fought for equality, peace, and social justice.

## **What's In Nelson Mandela Day?**

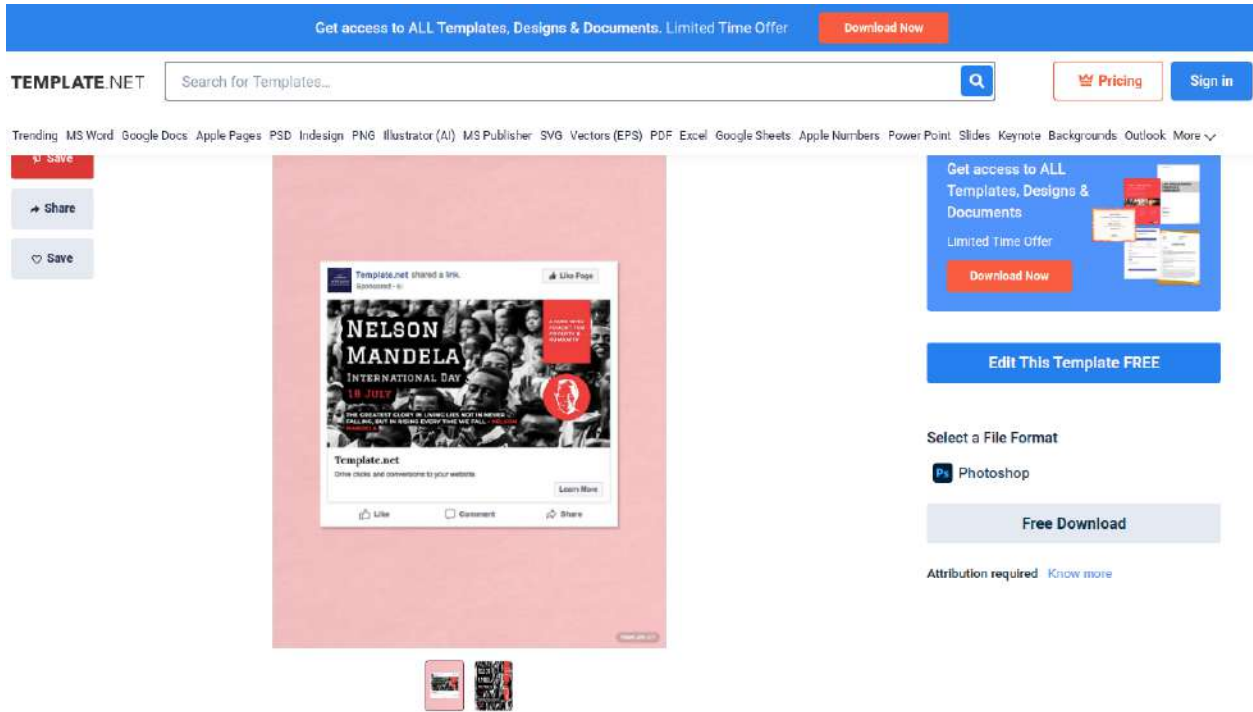
Nelson Mandela Day is celebrated in different ways, with people volunteering their time or donating to the Nelson Mandela Foundation's various causes and campaigns. To show support, others also participate in locally organized parades or events that honor Nelson Mandela. And for those who cannot participate directly in the event, watching films and documentaries portraying the life of Nelson Mandela or reading biographies and books about his life are just some simple ways to honor Nelson Mandela's memory and legacy.

## **How to Create a Nelson Mandela Day Post on Social Media**

Showing support and solidarity on Nelson Mandela Day is one of the best ways to observe the holiday, and you can do it without having to step out of the house by simply creating social media posts on different platforms.

### **Facebook**

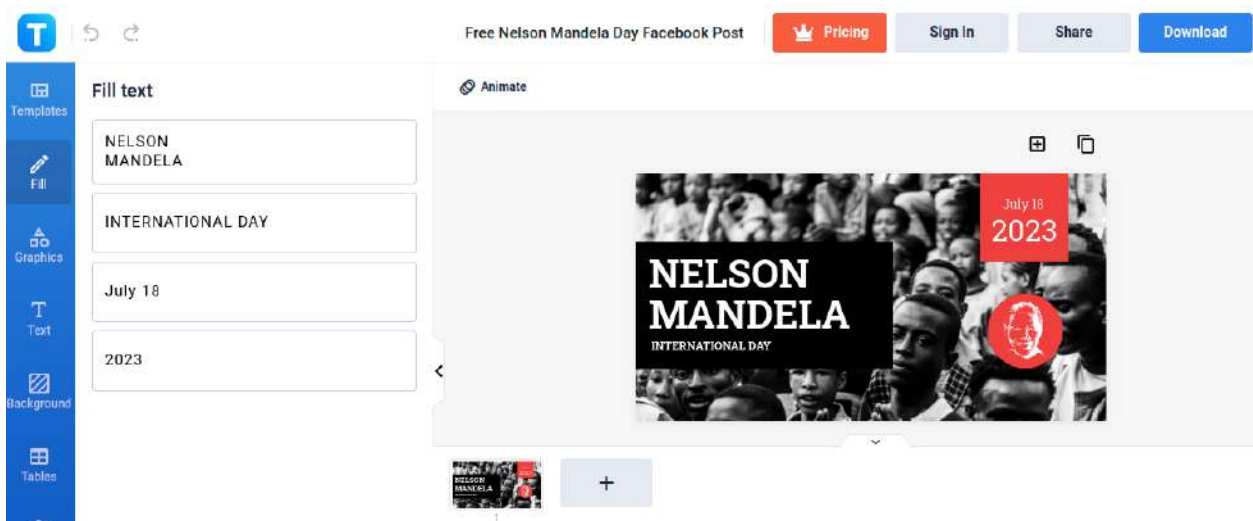
1. Select a Nelson Mandela Day Facebook Post Template



## Free Nelson Mandela Day Facebook Post Template

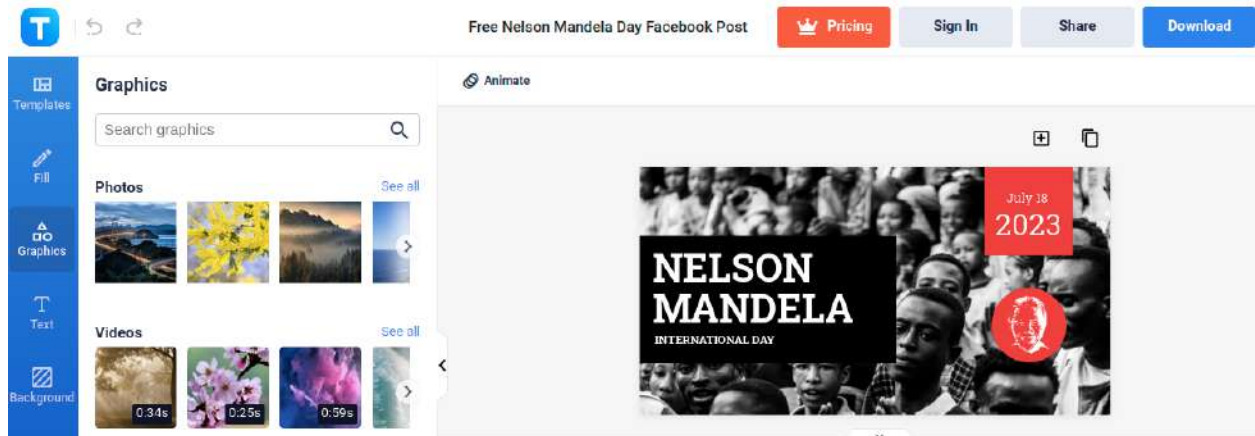
The first step is to choose a Nelson Mandela Facebook template from the template gallery. Simply use the search bar at the top of the page and type in what you're looking for.

### 2. Edit the text



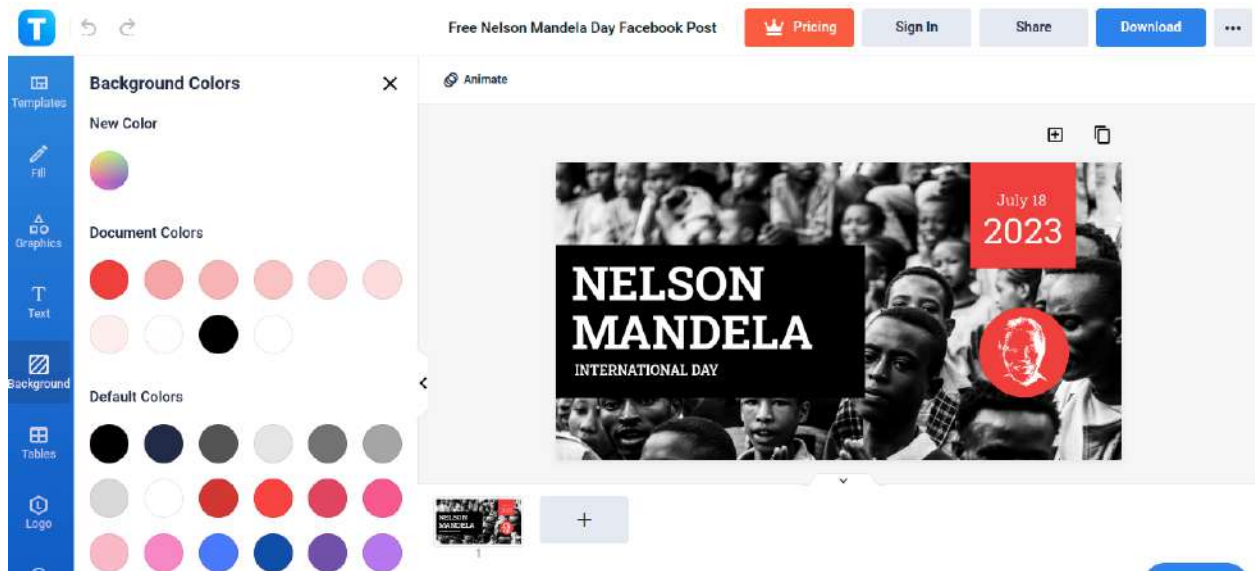
Using the Editor tool, click on the Fill icon located on the sidebar menu on the left. Simply click or highlight the text and edit it accordingly. Feel free to customize the text size, font, and color using the different format settings.

### 3. Add images and graphics



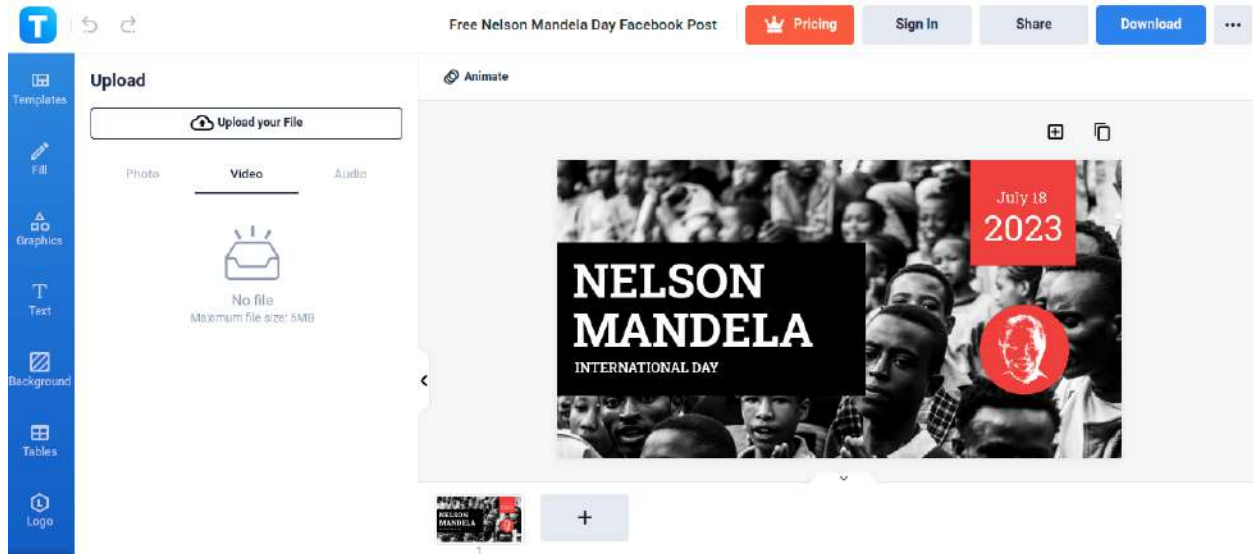
Insert images and other elements into your template. The editor tool comes with a wide selection of shapes, stickers, videos, frames, and even audio to add to your Facebook post.

### 4. Customize the graphics



You can customize the format of the images and other elements in the template according to your preferences and taste. You can resize photos, crop images, rotate objects, and change the background colors as well

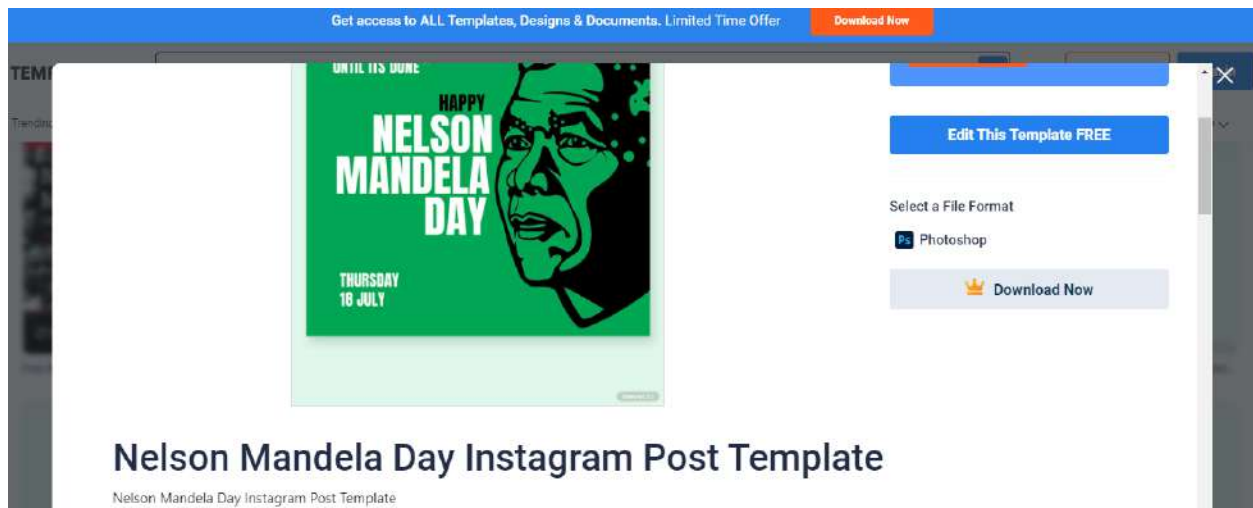
### 5. Save the finished template



When you are finished editing the template, you can automatically share or download the template by clicking the Download button in the upper right corner of the page. You can also export your work in your preferred file format such as PNG, JPG, GIF, etc.

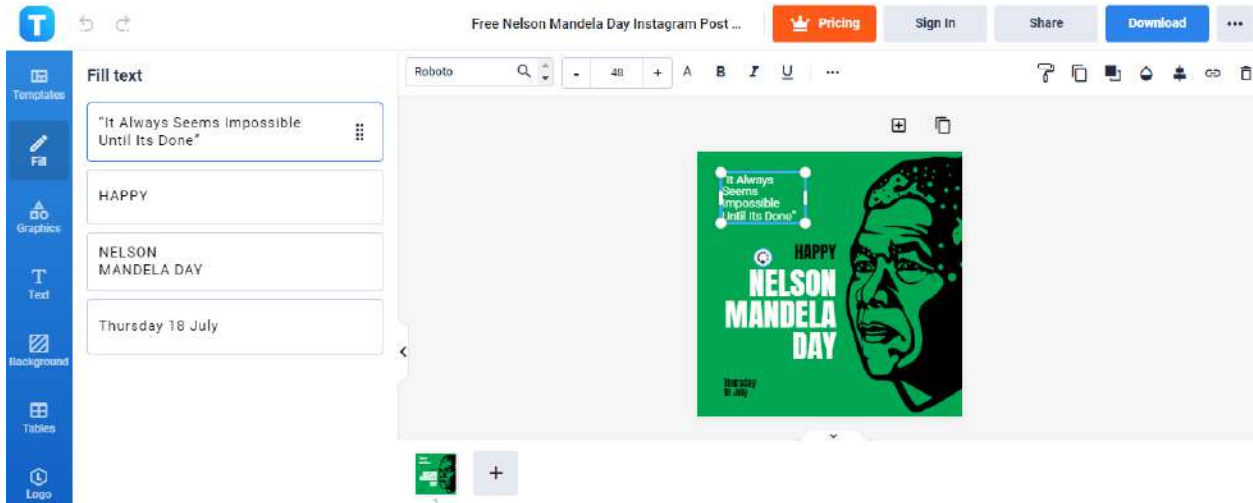
## Instagram

1. Select a Nelson Mandela Day Instagram Post Template



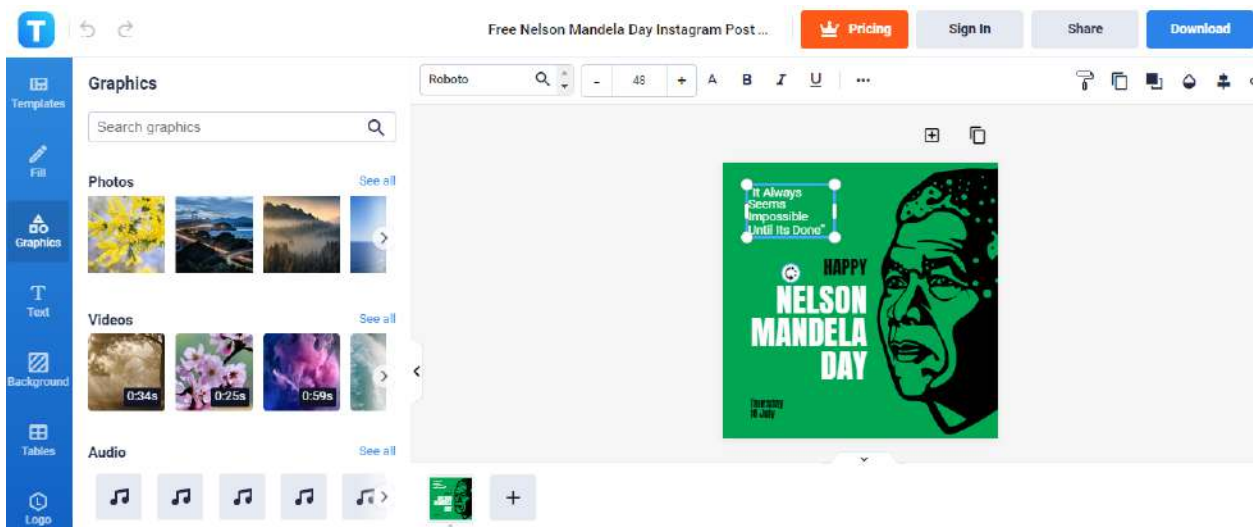
You can choose from several free and customizable Nelson Mandela Day Instagram posts or story templates. Just go to the search bar and type in what you are looking for.

2. Fill in the text



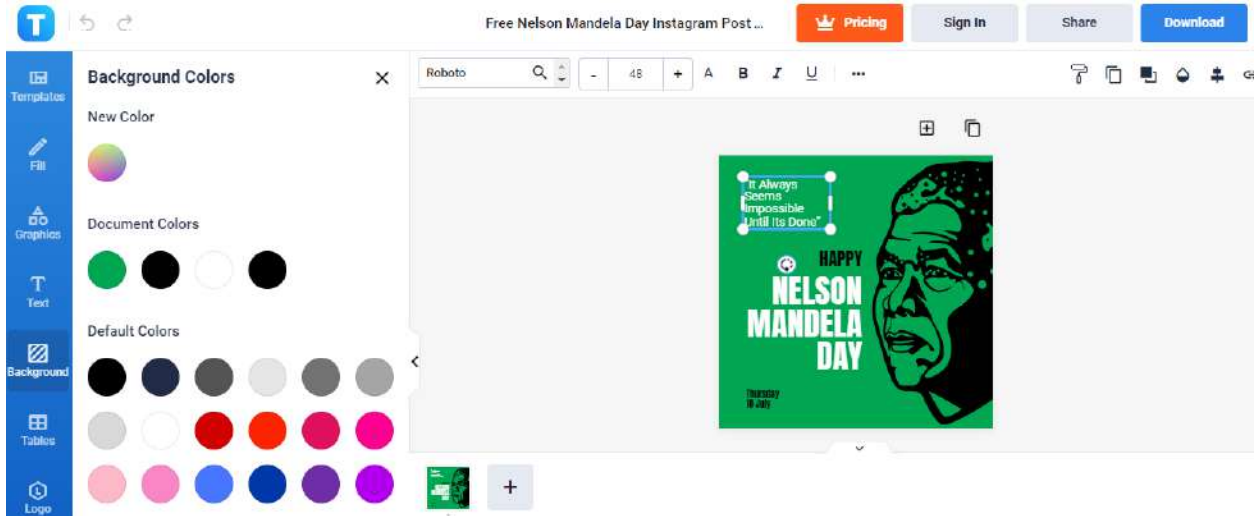
Edit and customize the message or text by using the Fill tool on the sidebar menu. Modify and customize the text size, font, and color using the various format settings found in the editor tool.

### 3. Add custom graphics



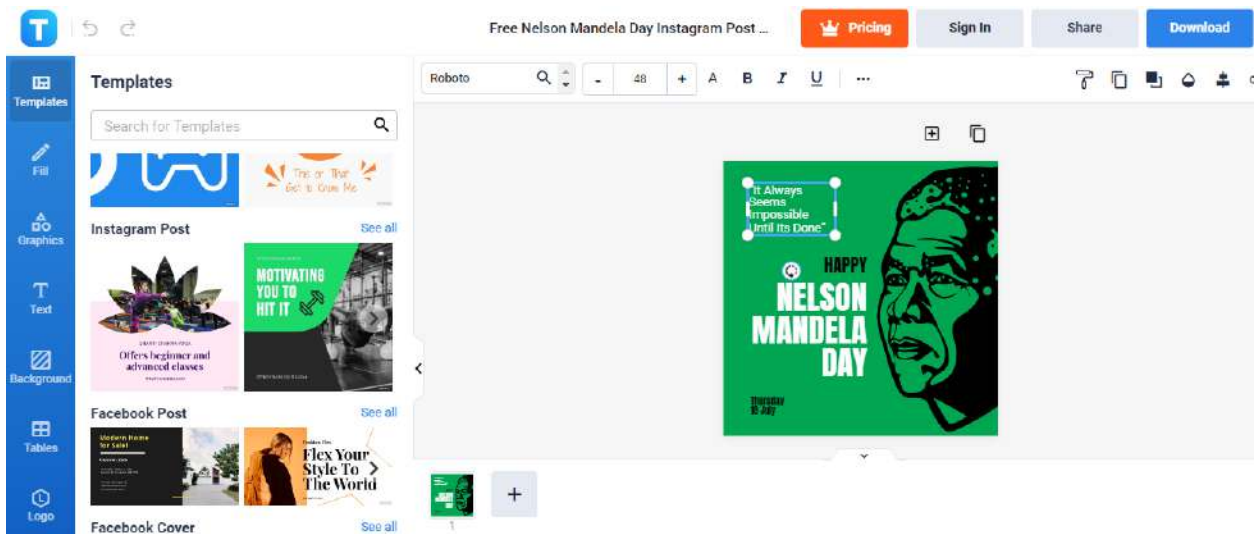
After editing the text, insert more pictures or graphics to further decorate the template. Upload images from your computer or search for free pictures from Pixabay and Unsplash in the editor tool.

### 4. Format the graphics according to preferences



The editor tool comes with several tools that allow you to rotate, crop, resize and customize the images according to your preferences. Change the background color by clicking on the Background icon found on the sidebar panel.

#### 5. Download the finished template

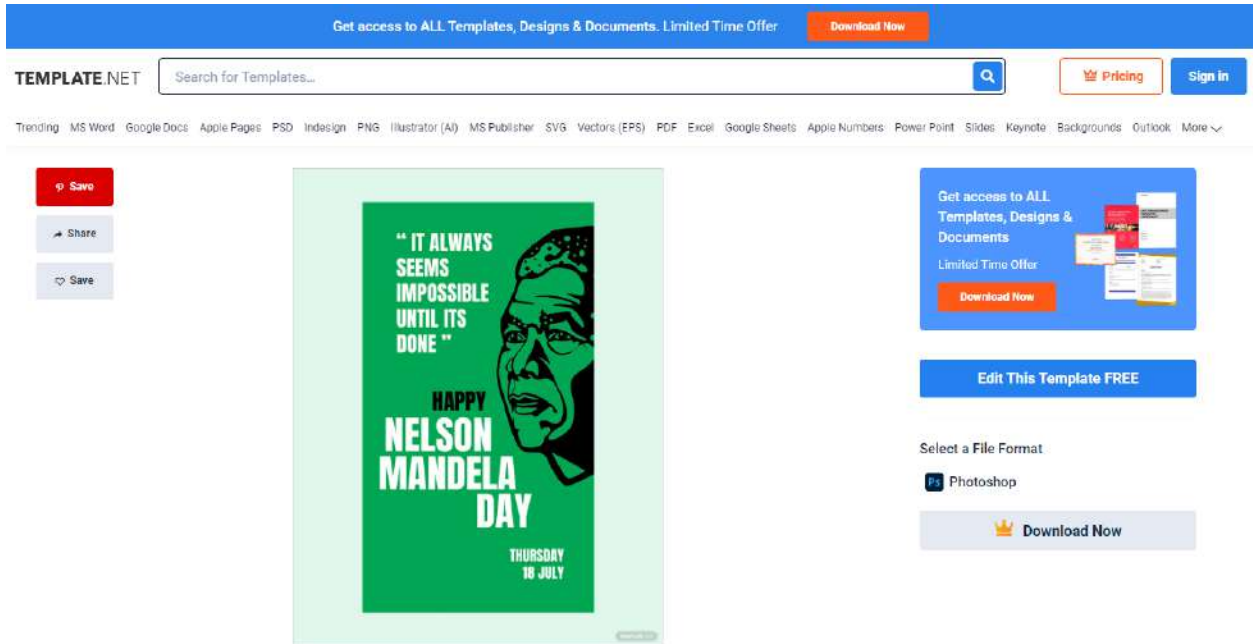


When you are done editing, save or share your work by selecting the Download or Share button located in the upper right corner of the page. You can also export the template or file in your preferred file format.

## WhatsApp

### 1. Choose a Nelson Mandela Day WhatsApp Template

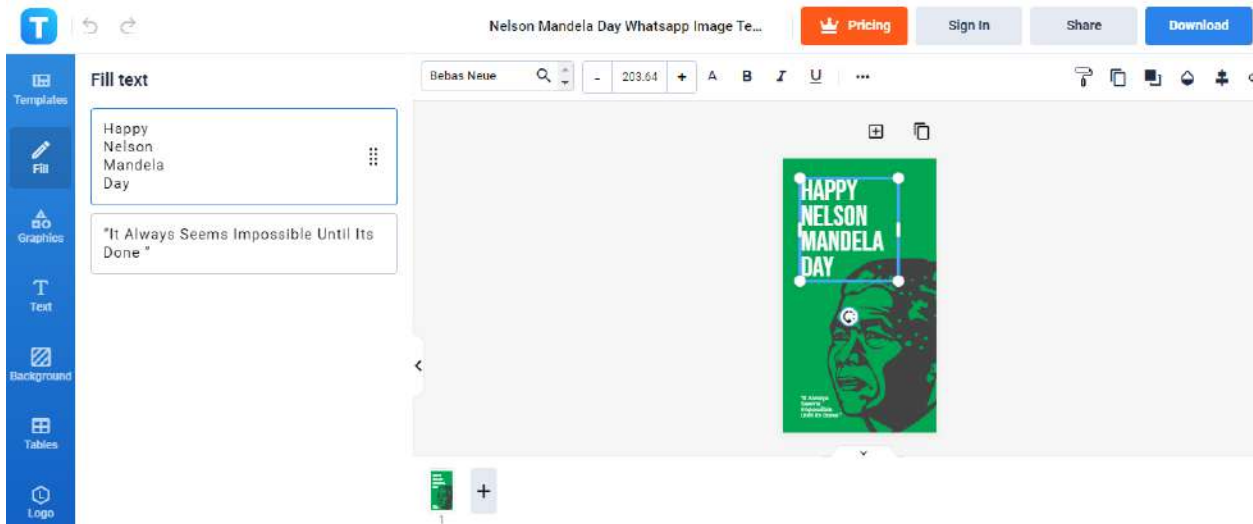




## Nelson Mandela Day Whatsapp Image Template

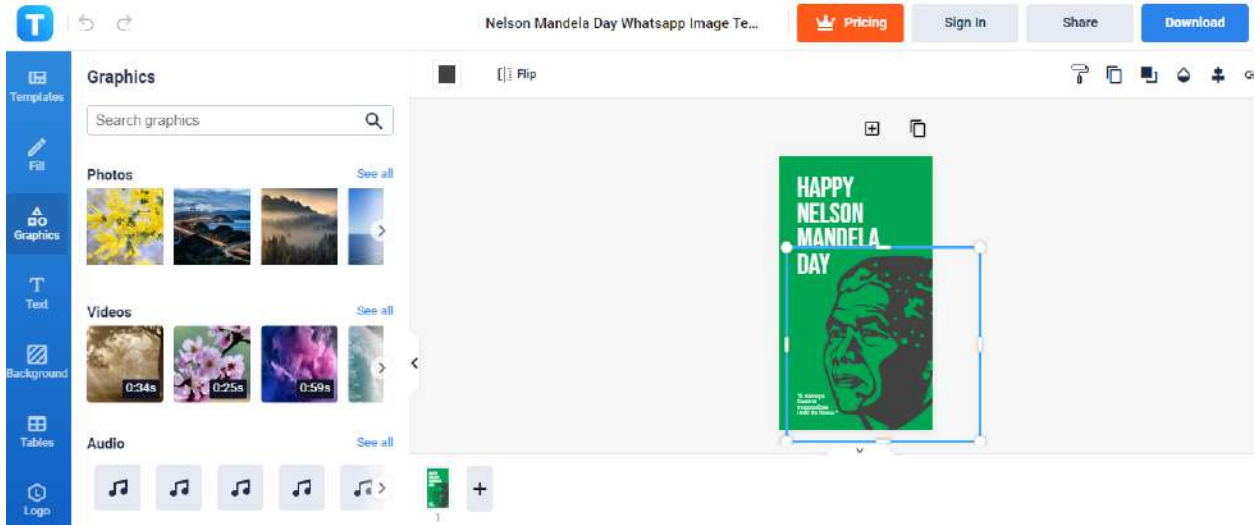
You can choose from a number of Nelson Mandela Day templates by using the search bar at the top of the screen. Simply select a WhatsApp template that suits your needs and preferences.

### 2. Create a custom message



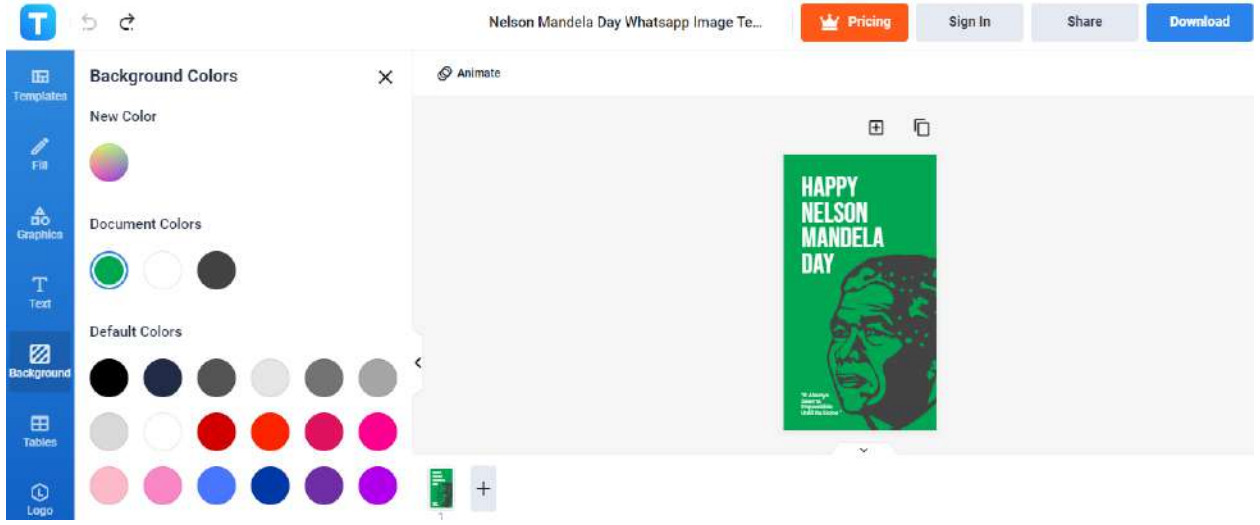
Edit the text in the template by clicking the Fill icon on the sidebar menu panel. Create a customized, heartfelt, and inspiring Nelson Mandela Day message or greeting.

### 3. Add graphics and images to the design



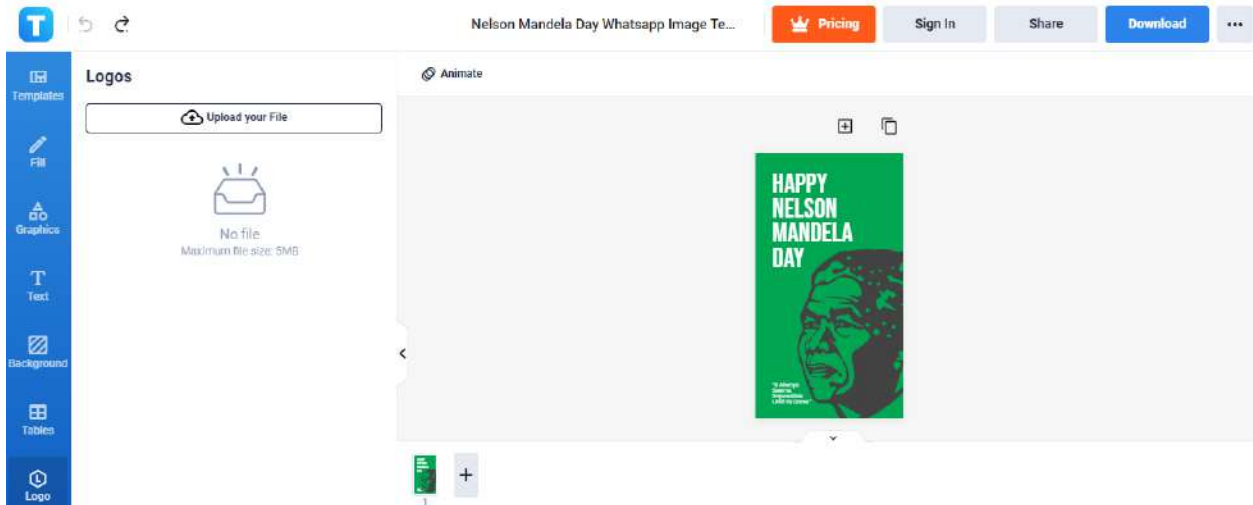
Customize your post further by adding images, graphics, and other elements to the template. From borders, frames, symbols, and stickers to shapes, find the graphics you are looking for by using the search bar in the editor tool.

4. Customize the background color



By selecting Background, you can easily customize the background color of the template. Choose from dozens of colors and shades found in the editor tool.

5. Finalize and download the template



After editing, save your work by hitting the Download button found in the upper right corner of the screen. You can also download or export your work in a number of file formats such as JPG, PDF, PNG, or GIF.

## Nelson Mandela Day vs. Martin Luther King Day

Nelson Mandela Day is a day honoring the late South African president and civil rights activist, Nelson Rolihlahla Mandela.

Martin Luther King Day is a United States federal holiday that honors the life and work of renowned civil rights leader, Martin Luther King, Jr.; it is celebrated every third Monday of January.

## Nelson Mandela Facts

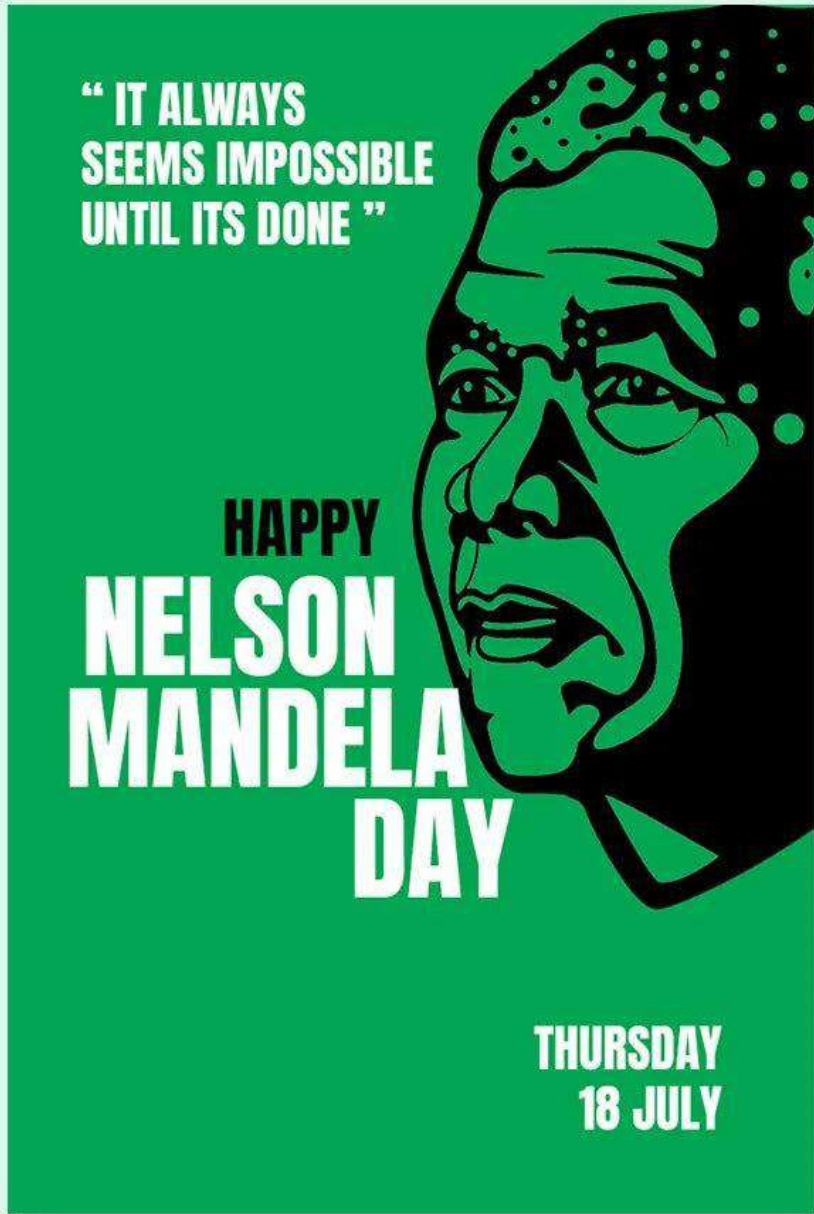
Nelson Mandela led a very turbulent yet colorful life. These interesting facts about the esteemed leader reveal a man whose character was surprisingly human in every way.

- Nelson Mandela was very passionate about boxing as a sport- not so much that it was relatively violent and close contact, but he was more interested in the science of it.
- Tripe was one of Nelson Mandela's favorite food as it was a popular dish in African culinary culture.
- Nelson Mandela was South Africa's first black head of state and served as the country's first democratically elected president from 1994 to 1999.
- Nelson Mandela studied law at the University of Fort Hare and the University of Witwatersrand.
- Nelson Mandela played a minor role in the 1992 biographical film "Malcolm X" directed by Spike Lee and stars Denzel Washington.

# Nelson Mandela Day Examples

If you are looking for creative inspiration for your different social media posts or even marketing material, the list of premade [Nelson Mandela Day](#) examples is sure to help stir your creativity and imagination!

1. [Nelson Mandela Day Pinterest Pin](#)



2. Nelson Mandela WhatsApp Post

**“ IT ALWAYS  
SEEMS  
IMPOSSIBLE  
UNTIL ITS  
DONE ”**

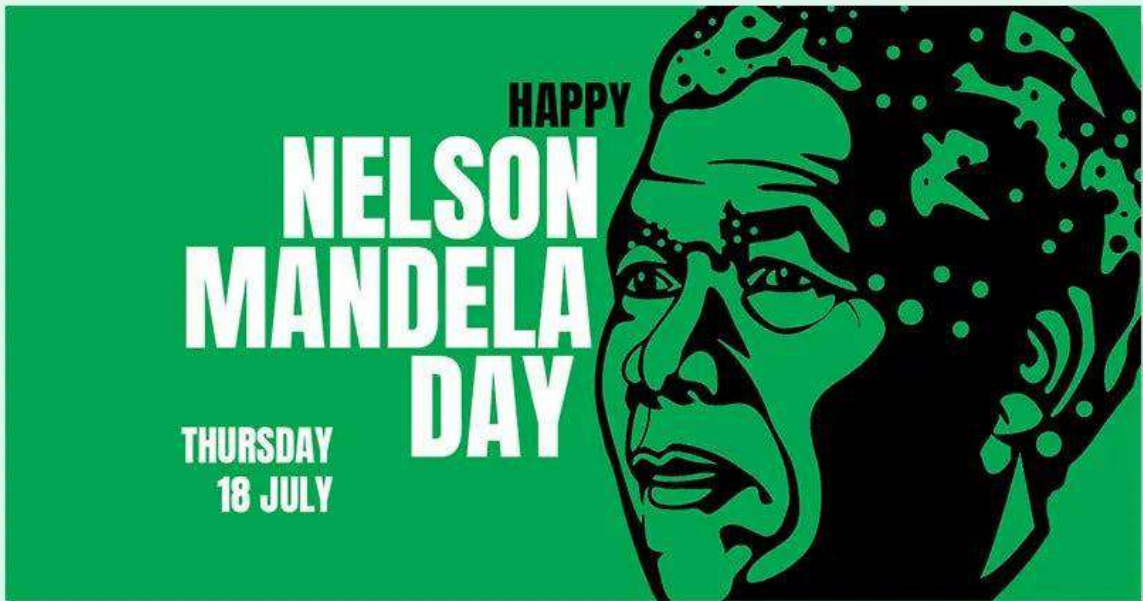
**HAPPY  
NELSON  
MANDELA  
DAY**

**THURSDAY  
18 JULY**

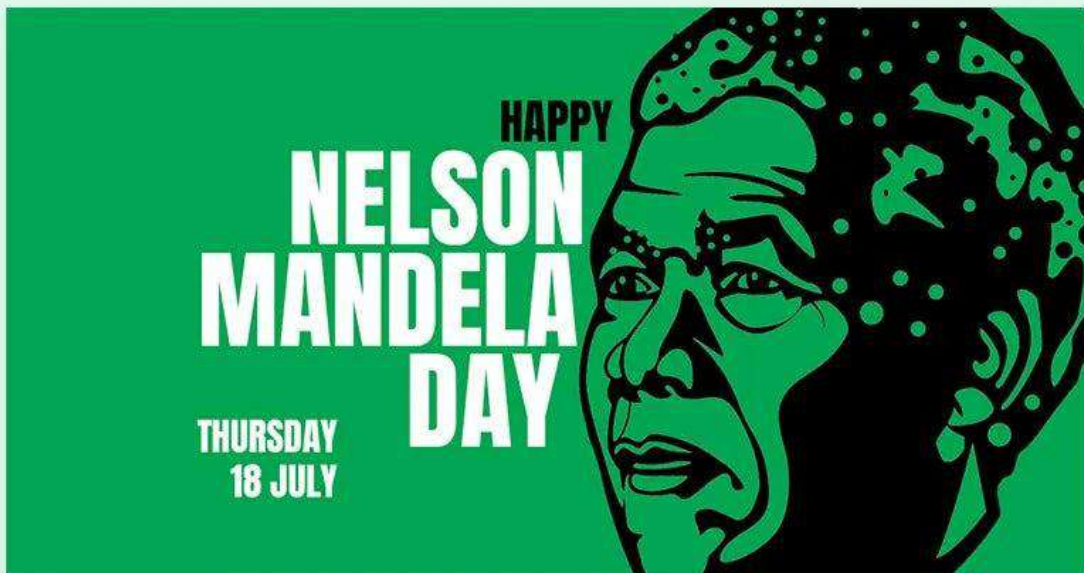


TEMPLATE.NET

3. Nelson Mandela LinkedIn Post



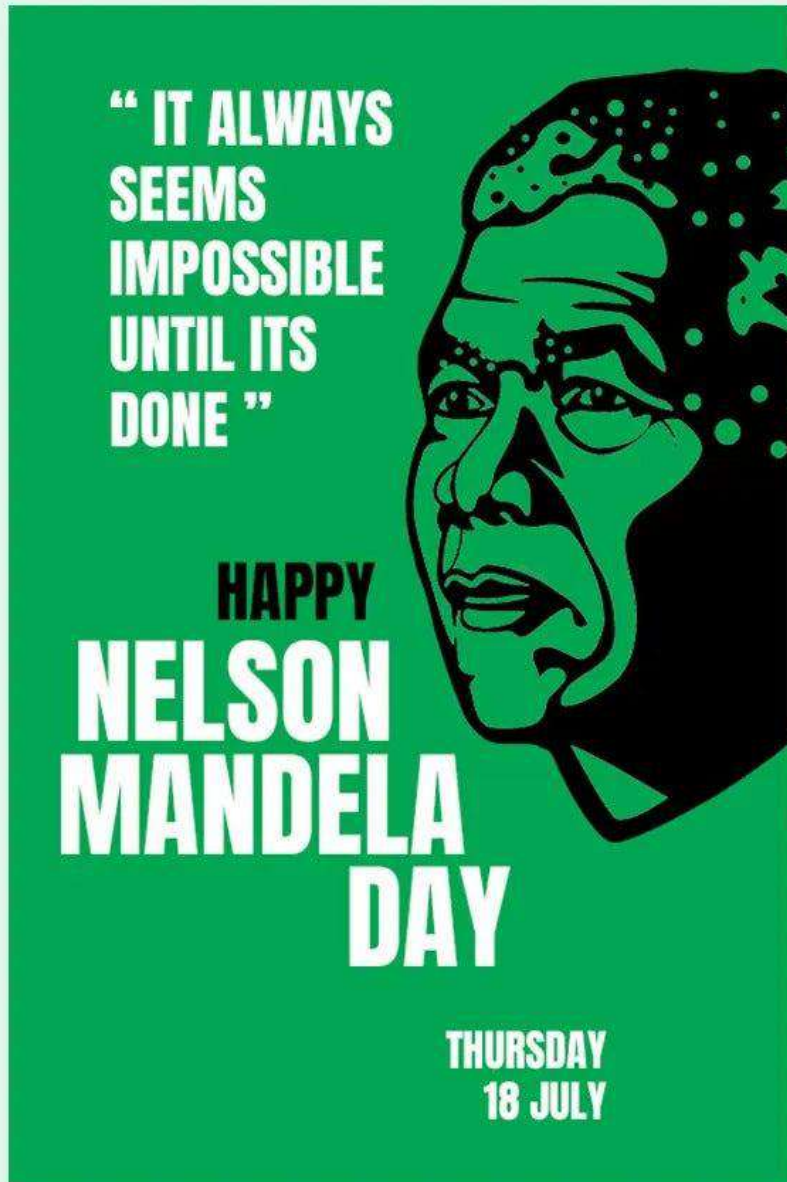
4. Nelson Mandela Day Facebook Ad Post



TEMPLATE.NET

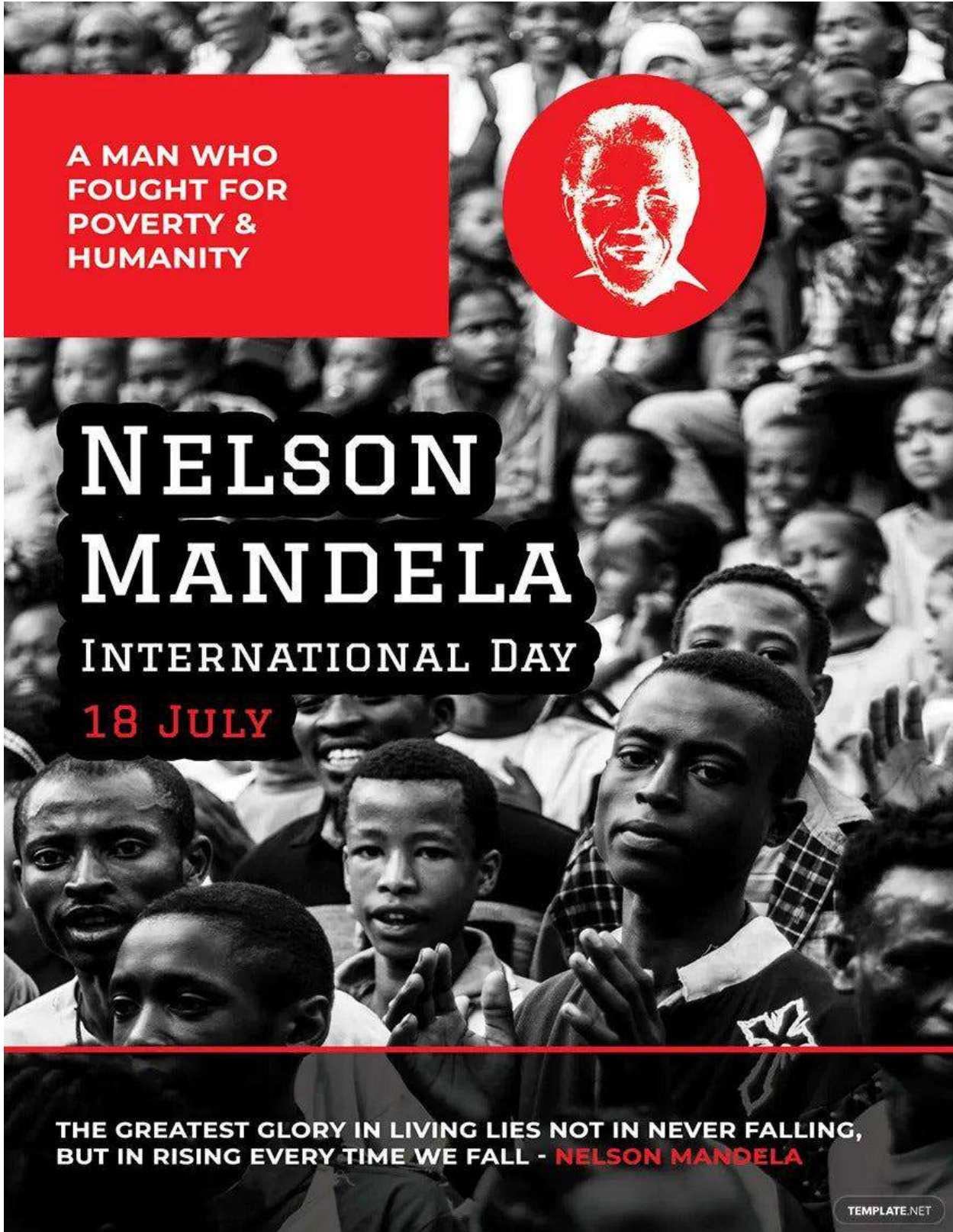
5. Nelson Mandela Day Tumblr Post





TEMPLATE.NET

6. Nelson Mandela Day Card



A MAN WHO  
FOUGHT FOR  
POVERTY &  
HUMANITY



**NELSON  
MANDELA**  
INTERNATIONAL DAY  
**18 JULY**

THE GREATEST GLORY IN LIVING LIES NOT IN NEVER FALLING,  
BUT IN RISING EVERY TIME WE FALL - **NELSON MANDELA**

TEMPLATE.NET

7. Nelson Mandela Day Pinterest Post

A MAN WHO  
FOUGHT FOR  
POVERTY &  
HUMANITY



**NELSON  
MANDELA**  
INTERNATIONAL DAY  
**18 JULY**

THE GREATEST GLORY IN LIVING LIES NOT IN NEVER FALLING,  
BUT IN RISING EVERY TIME WE FALL - **NELSON MANDELA**

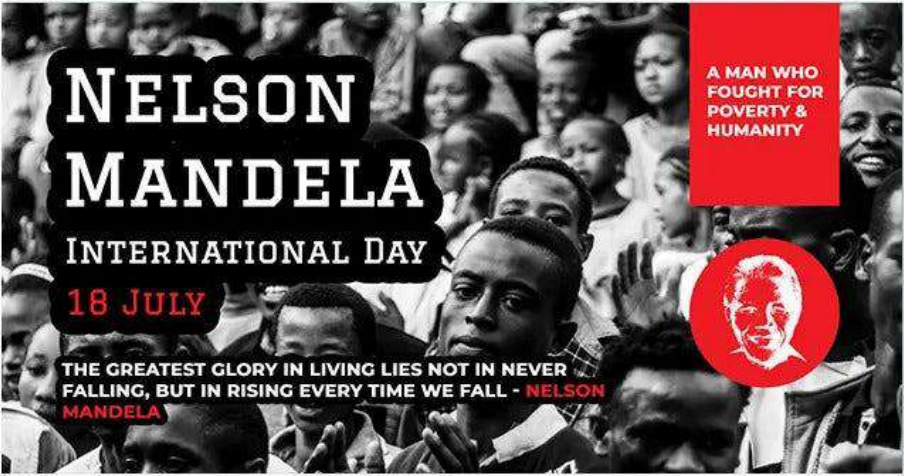
TEMPLATE.NET

8. Nelson Mandela Day Facebook Post



Template.net shared a link.  
Sponsored ·

Like Page



**Template.net**

Drive clicks and conversions to your website.

[Learn More](#)

Like

Comment

Share

9. Nelson Mandela Day Twitter Post



TEMPLATE.NET

## 10. Nelson Mandela Day Instagram Story

**“ IT ALWAYS  
SEEMS  
IMPOSSIBLE  
UNTIL ITS  
DONE ”**

**HAPPY  
NELSON  
MANDELA  
DAY**

**THURSDAY  
18 JULY**



## **FAQs**

### **Why is Nelson Mandela Day celebrated?**

Nelson Mandela Day is celebrated because of the positive difference and contributions to democracy and freedom that South African leader Nelson Mandela made.

### **What do you do on Nelson Mandela Day?**

You can watch documentaries, films, and other media portraying Nelson Mandela or read books about the life and legacy of Nelson Mandela.

### **Why is Nelson Mandela Day on 18 July?**

Nelson Mandela Day is celebrated on July 18 because it was the day he was born.

### **What is the theme for Nelson Mandela Day?**

According to the United Nations, the 2022 theme for Nelson Mandela Day is “Do what you can with what you have and where you are”.

### **What do say do on Nelson Mandela Day?**

Wish people well on Nelson Mandela Day or you can also quote the late leader using the many inspiring and uplifting quotes Mandela was known for.

### **What is the mission statement of Nelson Mandela Day?**

According to the Nelson Mandela Foundation, which was put up in his honor, the mission is to contribute to the building of a just society and to promote dialogue on important social issues.

### **How did Nelson Mandela change the world?**

Nelson Mandela, through his leadership and example, fought for inclusivity, justice, democracy, and peace in a racially divided country and world.

## **What does Mandela Day stand for?**

Mandela Day stands for everything that the great leader championed which was peace and resistance against injustice and inequality.

## **What is the most important thing about Nelson Mandela?**

Nelson Mandela is most known as the first South African president who led the resistance and fought against the racist policies of apartheid.

## **Who created Nelson Mandela Day?**

The United Nations declared Nelson Mandela Day in 2009.

## **What is the origin of Nelson Mandela Day?**

The UN General Assembly in 2009 declared Nelson Mandela International Day in recognition of his contributions to the culture of peace and freedom.

## **What did Nelson Mandela do to fight for freedom?**

Nelson Mandela was an activist who fought against the discrimination brought about by apartheid in South Africa and called on other South Africans to join the resistance.

## **Why is Nelson Mandela Day 67 minutes long?**

People are invited to spend 67 minutes of their time serving others in recognition and appreciation of the 67 years Nelson Mandela spent fighting for justice and equality.

## **What can we learn from Nelson Mandela Day?**

One important lesson people can learn from Nelson Mandela International Day is that all people, regardless of their background and race, are born equal and free.

## **What is the motto of Nelson Mandela Day?**



The motto for Nelson Mandela Day 2022 is “do what you can with what you have and where you are”.