National Nurses Day

National Nurses Day is more than just another ordinary holiday, as the efforts of nurses should be recognized worldwide, especially with how society has been encountering cases related to healthcare issues. The efforts that nurses have gone through deserve proper recognition and compensation as gratitude for the sacrifices they have made.

National Nurses Day Definition and Meaning

National Nurses Day is an annual holiday commemorating the deeds and dedication nurses have poured for their passion and occupation in serving the healthcare sector.

Though this holiday does not merely limit to those working within large hospitals, it also can cater to school nurses, small town or local nurses, and many unnoticed healthcare practitioners.

When Is National Nurses Day?

National Nurses Day is commemorated on May 6th and on this day, society recognizes all nurse efforts and commitments, as well as the critical role nurses, play in society. This day also marks the start of National Nurses Week and is frequently referred to as National RN Recognition Day.

National Nurses Day History

Florence Nightingale, born May 12, 1820, and her team of nurses improved the putrid conditions in a British hospital, cutting the death toll in half. Her writings prompted international healthcare reform. The American Nurses Association (ANA) has advocated nursing since 1896. The ANA continuously promotes and encourages National Nurses Week commemoration initiatives through state and district nurses associations, specialty nursing groups, educational facilities, and independent healthcare firms and institutions.

National Nurses Day Purpose, Importance

Celebrating National Nurses Day is not just about acknowledging the time and energy that nurses spend on caring for sickly individuals. There are deeper reasons why nurses should be valued all over the world.

Nurses Need to Know a Lot

While nurses can focus on areas of expertise, usually they are required to know a little bit of everything. They can tell you everything from cardiology to gastroenterology because they frequently help patients deal with a variety of issues. Nurses must study as much as they can in order to be competent in triaging and assisting every patient that walks through the door.

Nurses Go Through Emotional Situations

Nurses are forced to perform a great deal of emotional work for every patient that walks through the door. Every day nurses deliver outstanding and courteous end-of-life care to dying patients. However, their work does not end there; they also assist the patient's family in coming to terms with their loss and dealing with it in a healthy manner.

Nurses Deserve Appreciation

Certain nurses may encounter a lot of ungrateful patients or family members, telling them that they are "only nurses." They never, however, let this prevent them from providing the finest possible treatment. That is why nurses are among the most crucial people in the healthcare system.

What's On National Nurses Day?

There is no known strict practice of celebrating this particular holiday as certain hospitals or medical buildings may have a unique manner of celebration. But commonly enough, throwing celebratory luncheons or dinners to gather nurses is a possible means to give gratitude for their sacrifices. Hospital staff can also allow certain nurses to take a day off or allow them to shorten their shifts so nurses can relax or spend the day with family members or loves ones.

How to Create a National Nurses Day Social Media Post

Social media has been a common platform to announce you joining the celebration of a holiday and one way to utilize it is to announce that you are in support of acknowledging nurses deserve dedication.
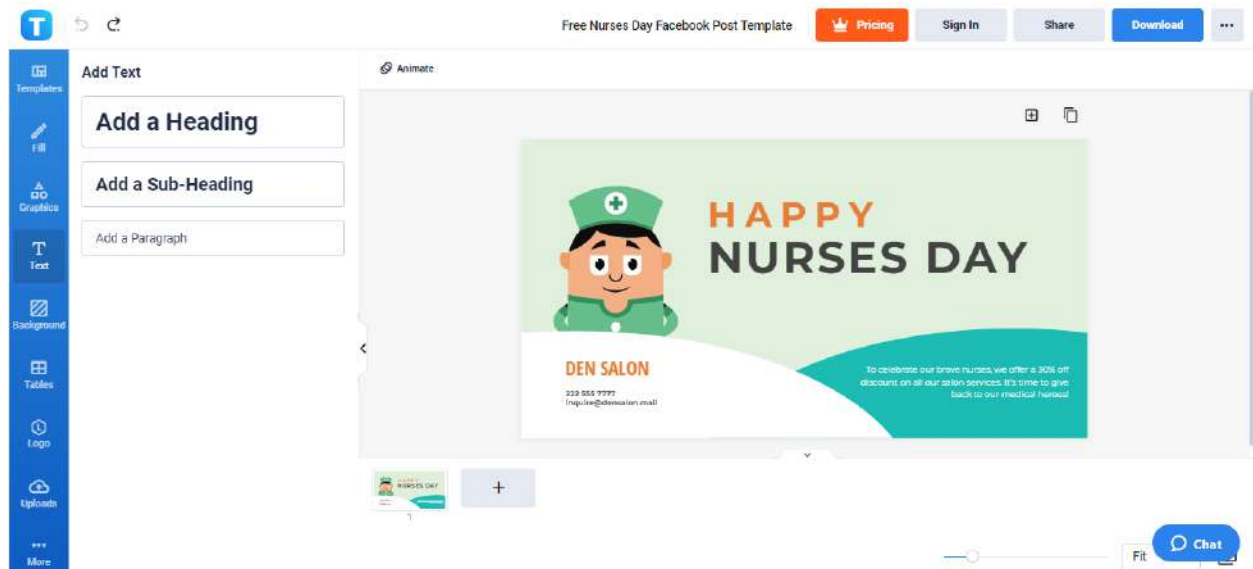
Facebook

1. Choose any available Nurses Day Facebook Post Template
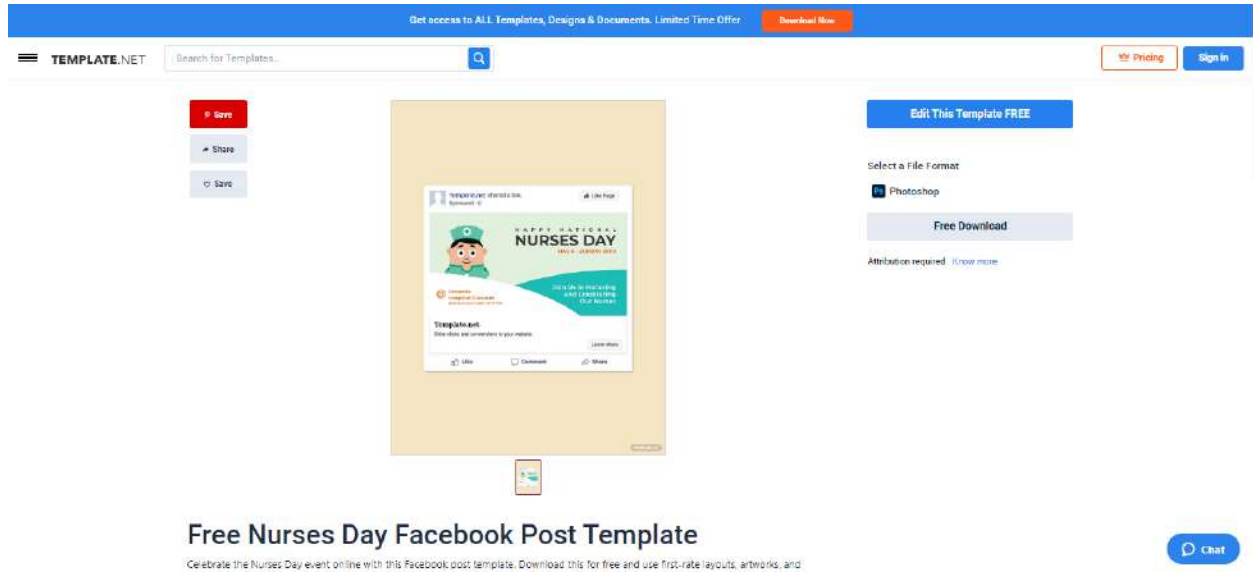
The site offers a wide variety of Facebook Templates that you can select from. Choose one that fits into the holiday and click on it to open the Editor Tool.

2. Change Text

The template text caters to a discount which makes it more relatable if it comes from a store so changing the text to a heartful message would be more suitable. Go to the Fill panel and open it up to see which section of the text you should be changing.

3. Change Background Color
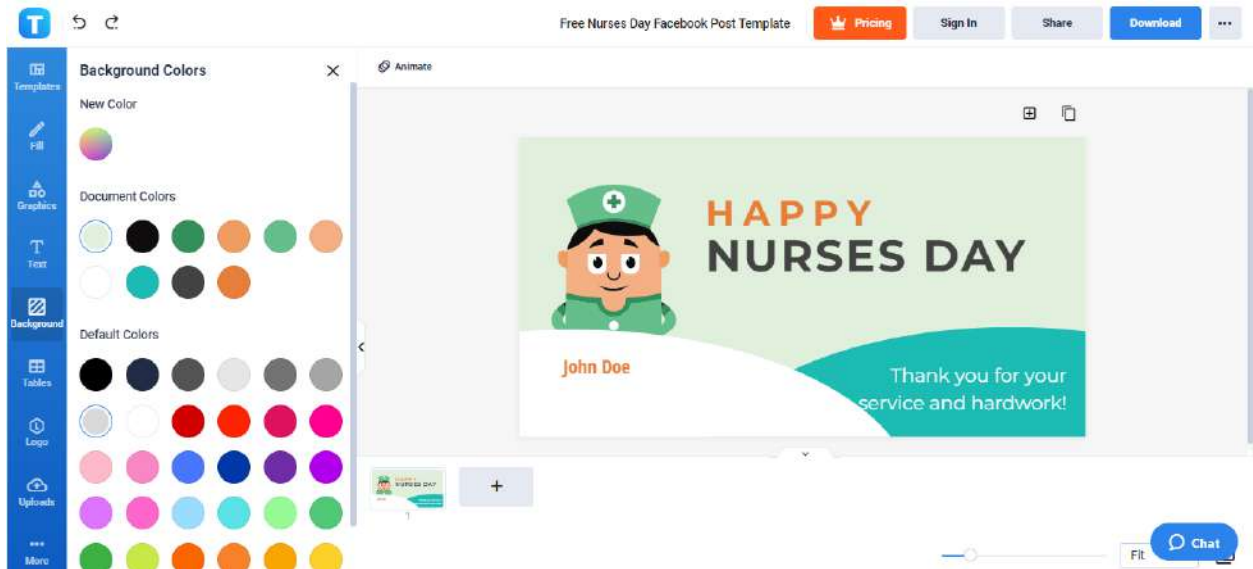
If you are a business owner, then you would want your social media posts to resonate with your business colors. However, as a personal account commemorating the holiday, you can select complimentary colors instead. Locate the Background panel and open the selection for solid colors.
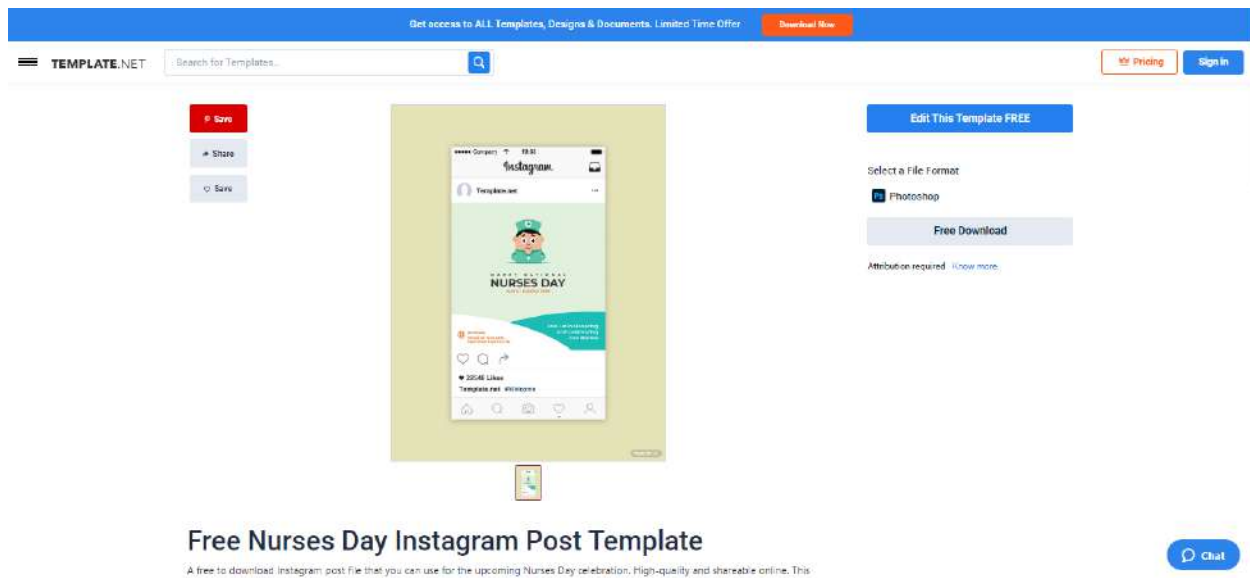
4. Download File for Offline Use
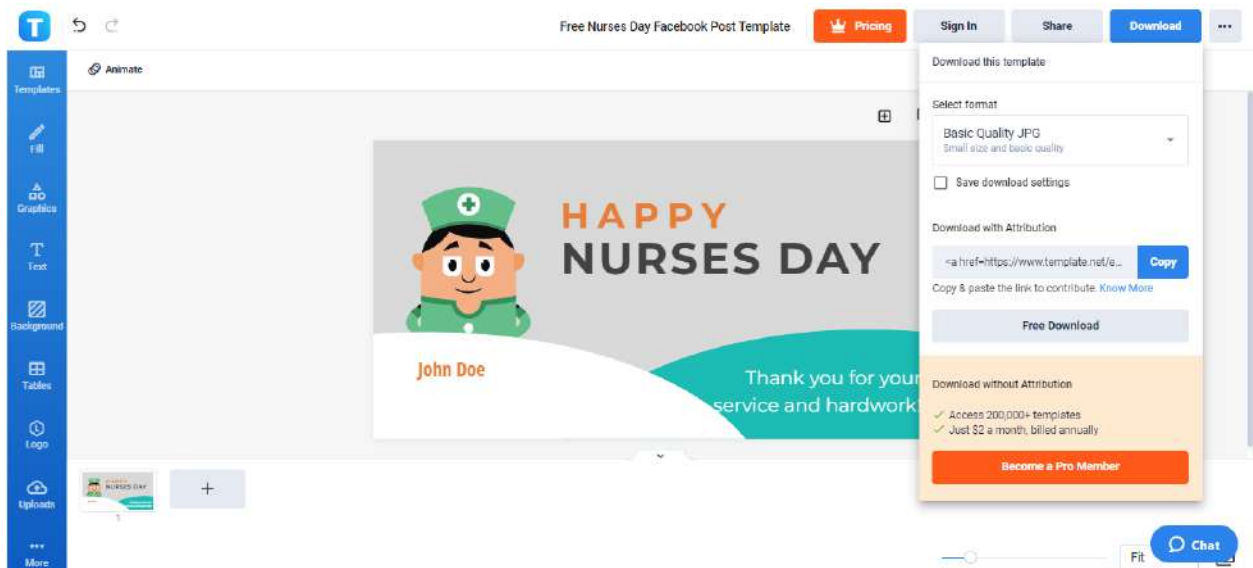
Once you are satisfied with how your post would appear, you can then proceed to download it for offline use. Check that the file format is either JPG or PNG otherwise it may not be compatible on Facebook.
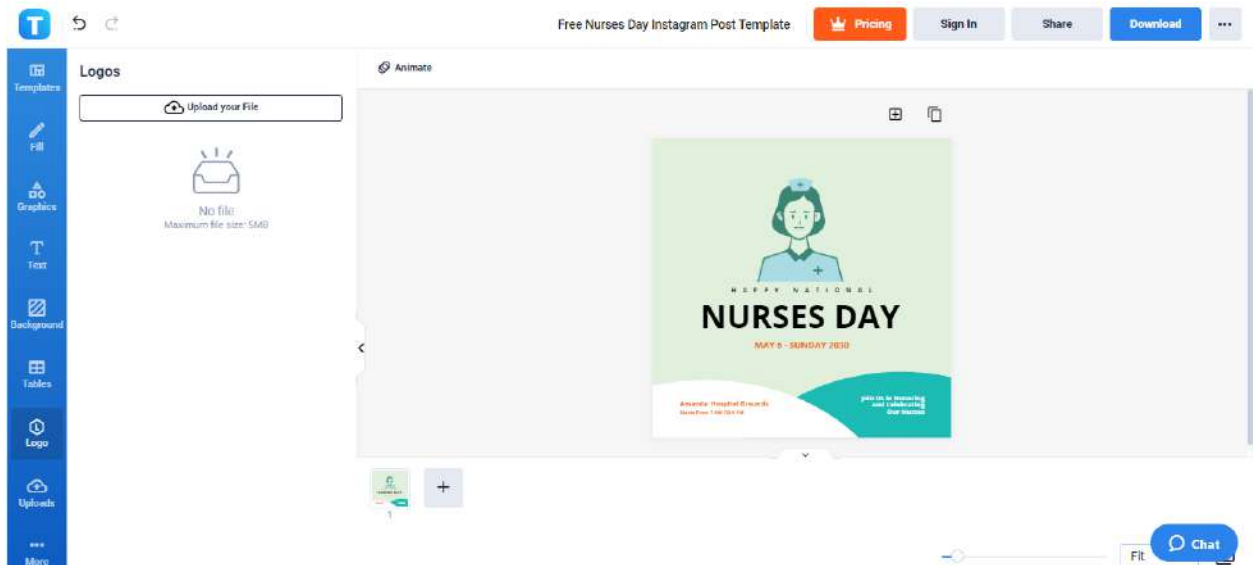
Instagram

1. Select a Nurses Day Instagram Post

Choose from the wide array of Instagram Post Templates that suits the holiday's festivities. And once you have your eye on the prize, open the Editor Tool by clicking on the image.

2. Add Graphics
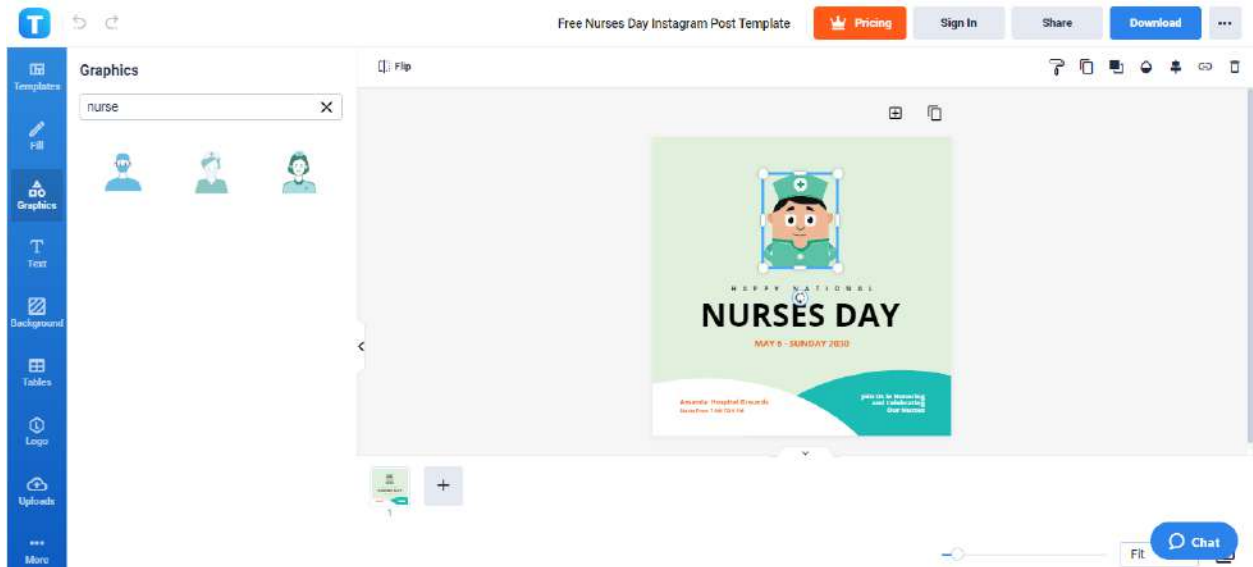
If you feel that the template or post is too bare, you can add more visual elements to it. By opening the Graphics panel, you will see that there are different kinds of graphics that you can incorporate within your post. If your platform supports audio, you can even add that. But for this case, go to the search bar and type in "Nurses" to see more choices.
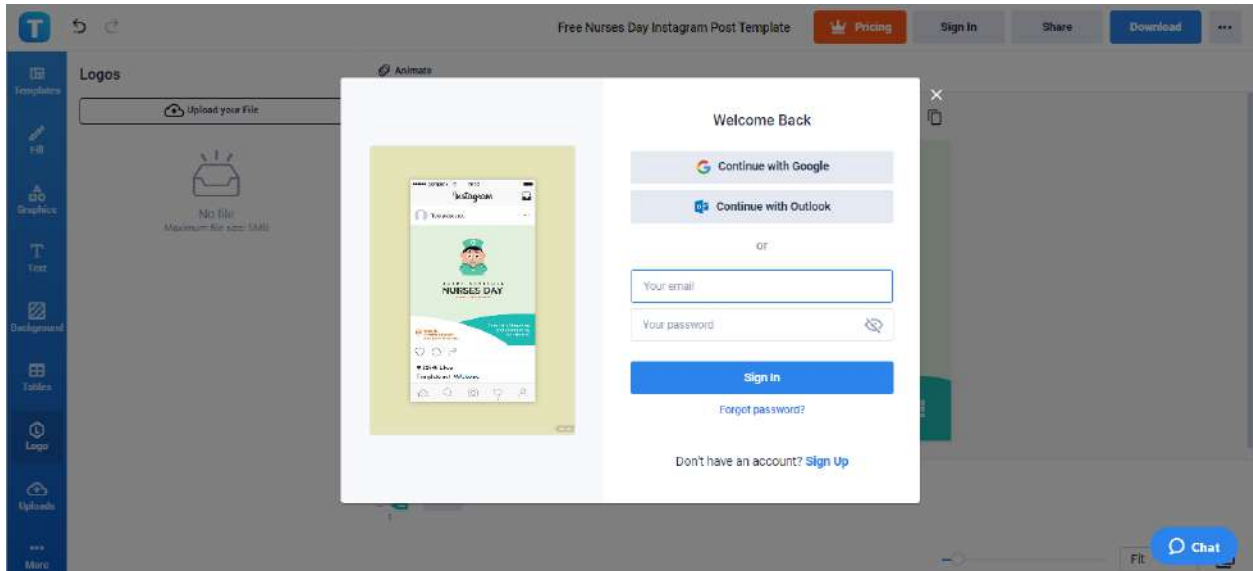
3. Add Your Logo

Though this step is not necessary and can be skipped entirely, depending on the Instagram account you are managing, you can add your company logo. Though this situation would

also apply if you are a private business owner. Open the Logo panel on the left side of the screen and upload your own image. Make sure that it does not exceed 5 MB.
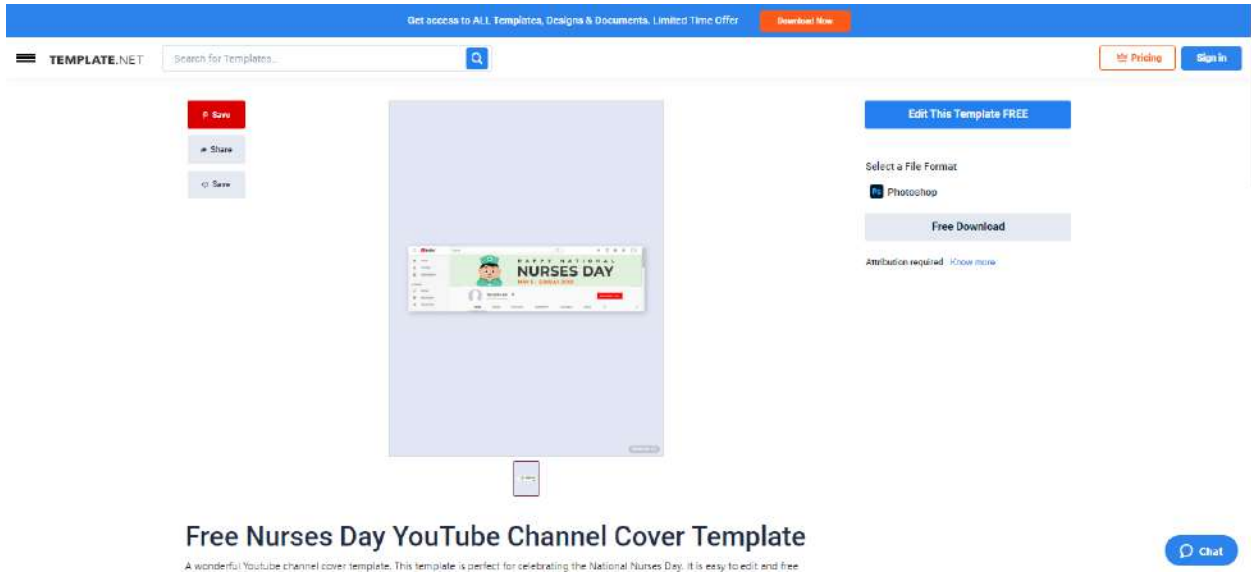
4. Share Your Work

The site has made it easy and convenient for you to share your work for social media posting. Check that you are satisfied with the content and then click on the "Share" button. Do keep in mind that you would need to have an account or be logged in to proceed with the action.

Youtube

1. Open a Nurses Day YouTube Channel Cover Template

Free Nurses Day YouTube Channel Cover Template

A wonderful Youtube channel cover template. This template is perfect for celebrating the National Nurses Day. It is easy to edit and free

Peruse through the Holiday Templates Pdf and find the National Nurses Day Youtube Channel Cover. Proceed to the Editor Tool so you can change the contents of the template.

2. Add More Text
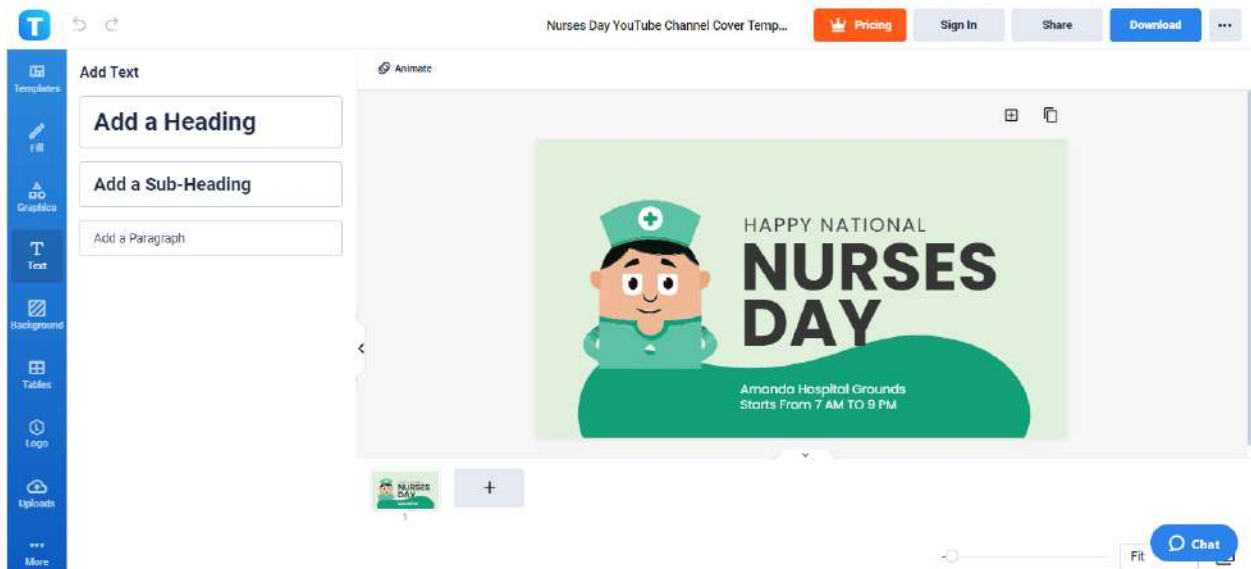
If you desire to add more text than what the template presents, you have the option to do so. Just go to the Text panel and open it to select which type of text you want to add, you can select it either as "Heading," "Subheading," or "Paragraph."

3. Change Background Photo
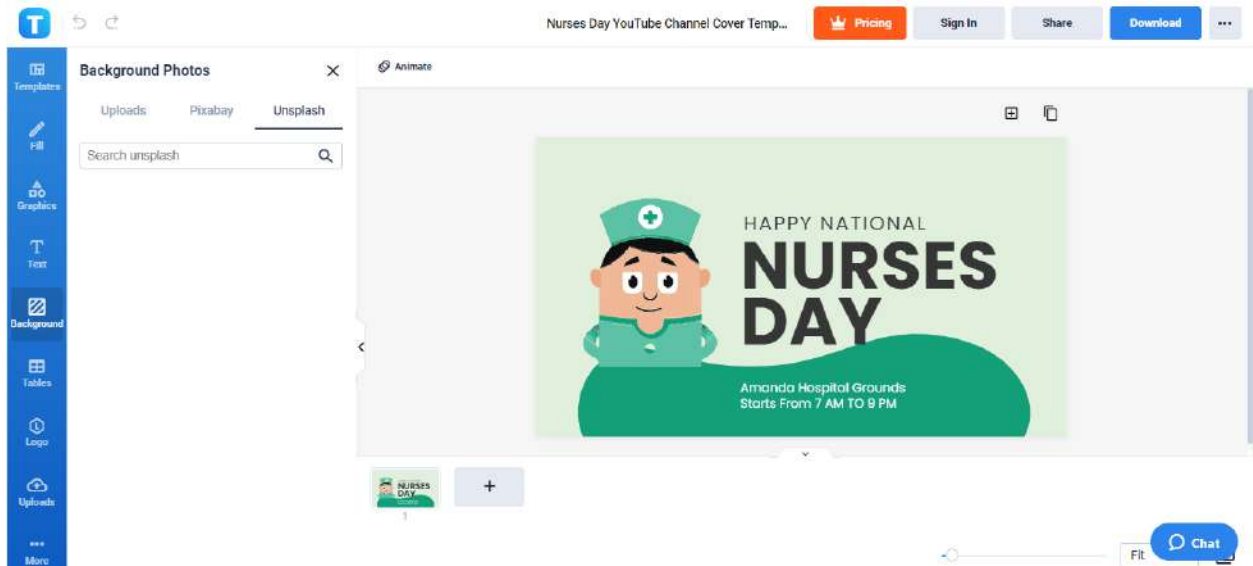
The template's background color may not be as appealing for a visual platform such as Youtube. You may want to change the background into a photo for a more scenic display. Open the Background panel and click on "Images" which allows you to either upload your own file or select from stock images.

4. Save Your Progress
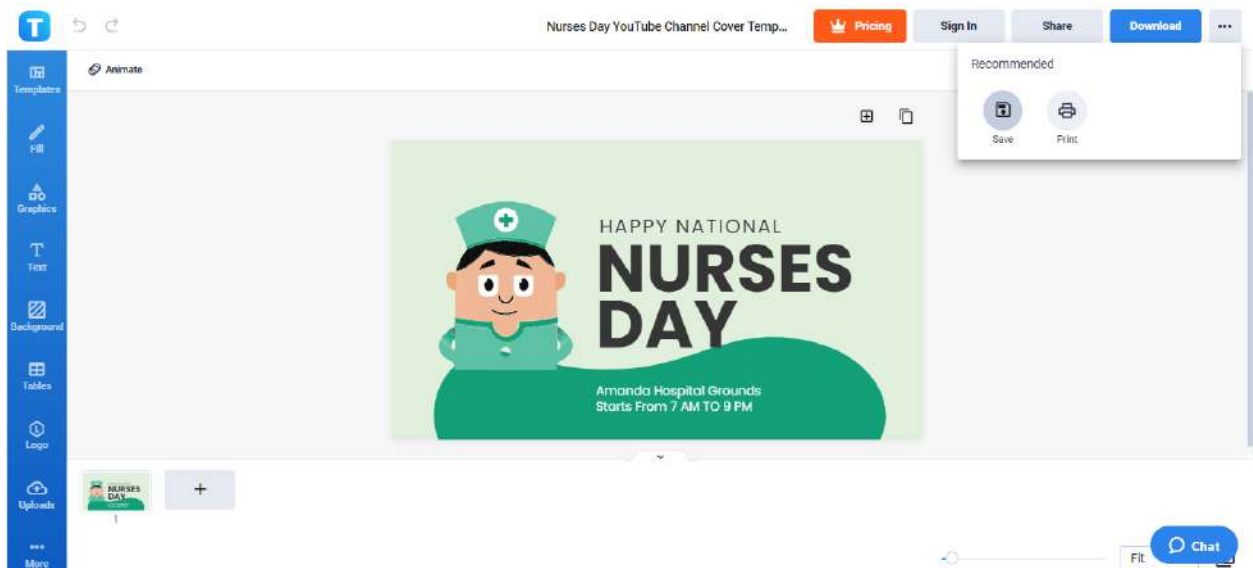
Once you are satisfied with your work, open the ellipses at the top right and click on "Save" so you won't lose your work. That way, you can close your tab and resume the editing at another time.

National Nurses Day Facts

Additional facts you can learn about the holiday will help you to learn more about its importance and value to society and nurses.

- Florence Nightingale, often known as "The Lady with the Lamp," is widely considered the founder of modern nursing.
- There are several nursing degrees available, and nurses work in a variety of contexts such as classrooms, community health departments, hospitals, enterprises, home health care, and labs.
- Nurse practitioners have a low rate of malpractice with only around 2% of NPs have been identified as the lead defendant in a malpractice action, according to the American Association of Nurse Practitioners.
- Since Nightingale's work in the nineteenth century, the nursing profession has developed substantially; today, nursing is a gender-neutral profession with many various career pathways and qualifications for nurses.
- President Ronald Reagan signed a proclamation declaring May 6th to be "National Recognition Day for Nurses" in 1982.

National Nurses Day vs. National Doctors Day

National Nurses Day is annually celebrated on March 6, commemorating their efforts as they work with a team of clinicians to put those plans into action, as well as to assist and assist patients with everyday chores (ADLs).

National Doctors Day is commemorated on March 30 every year, celebrating their presence in issuing healthcare treatment directives and building or promoting known treatment programs.

National Nurses Day Ideas & Examples

Plan out your National Nurses Day celebration ahead of time by going through the various ideas and examples provided below.

National Nurses Day Ideas

Ideas to spend the holiday are curated below which can assist you in coming up with your own plans from being inspired by the items within the list.

- Publicize Nurses Day or Week in your neighborhood.
- Disseminate gratitude on social media platforms.
- Host or participate in a community meeting and bring an experienced nurse with you.
- Invite the nurses in your local clinic or hospital to lunch.
- Give out goody bags filled with tokens of appreciation.
- Order coffee for the nurses within your area.
- Thank the nurses you know in your life and send them electronic cards.
- Study the life of Florence Nightingale.
- Allow the nurses to take a day off to spend with their loved ones or relax in peace.
- Hand out flowers to the nurses on duty at the hospital.

National Nurses Day Examples

Curated below are examples of National Nurses Day templates and examples that you can utilize when you want to send out electronic cards or greetings to nurses that are indirectly part of your contact list.

1.

2. Nurses Day Invitation

3. Nurses Day Google Plus Header Photo

4. Nurses Day Flyer

"NURSES MAY NOT BE ANGLES, BUT THEY ARE THE NEXT BEST THING."
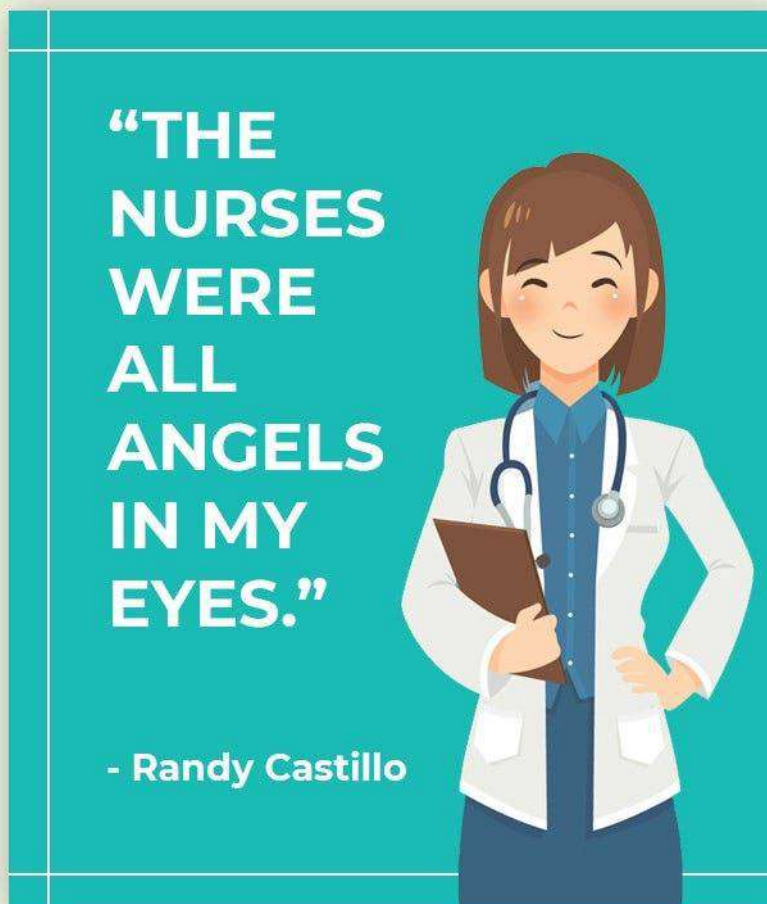
HAPPY NATIONAL
NURSES DAY
MAY 6 - SUNDAY 20XX

Join Us in Honoring
and Celebrating
Our Nurses

@ Amanda Hospital Grounds
Starts From 7 AM TO 9 PM
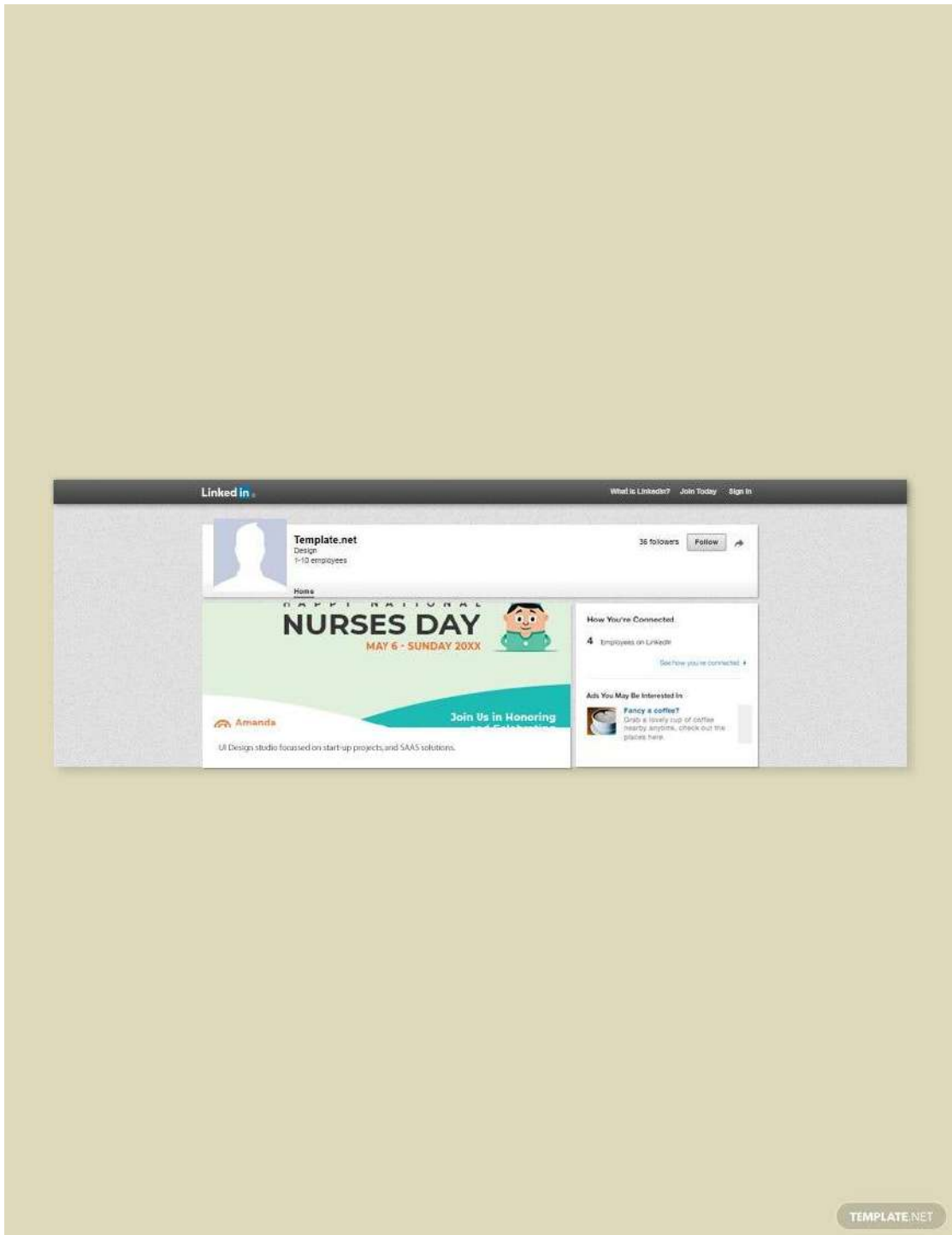
TEMPLATE.NET
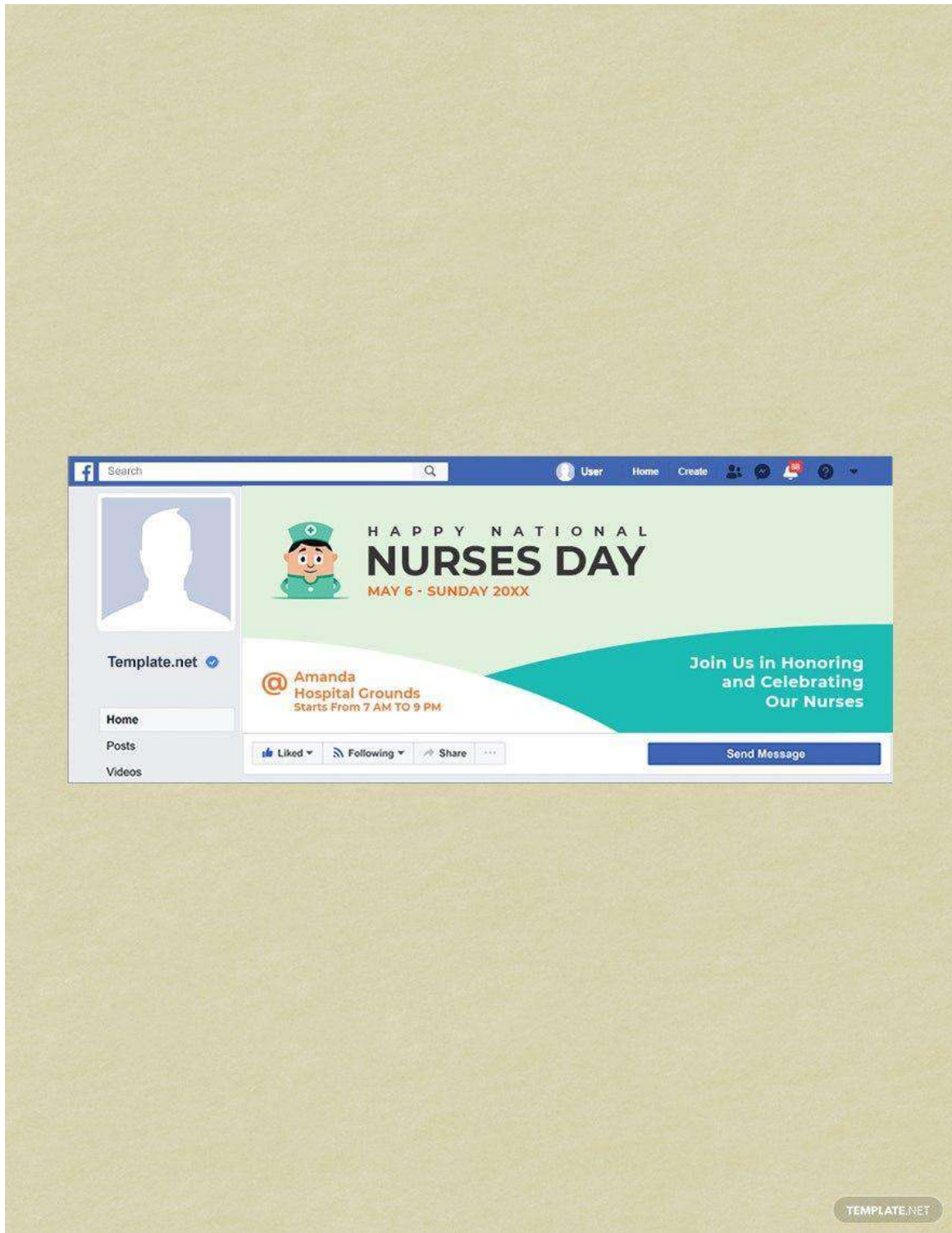
5. Nurses Day Quote

6. Nurses Day LinkedIn Blog Post

7. Nurses Day Pinterest Pin

8. Nurses Day Twitter Header Cover

9. Nurses Day Facebook Event Cover

10. Nurses Day Email Newsletter

FAQs

Why do we celebrate National Nurses Day?

National Nurses Day commemorates the efforts and dedication nurses go through to help out the sick.

Who started National Nurses Day?

Although Dorothy Sutherland proposed "Nurses Day", it was never proclaimed until President Nixon issued it years later with the ANA initiating it a couple of years further.

What do you do on National Nurses Day?

Some activities you do to celebrate the holiday are mainly centered around acknowledging the presence and efforts of nurses around you so commemorate their efforts by throwing them a buffet or handing out tokens as appreciation.

What is the theme for National Nurses Day?

The theme varies from year to year, Nurses: A Voice to Lead – Invest in Nursing and Respect Rights to Secure Global Health is the topic for the 2022 resource.

What do you say on Nurses Day?

A sample statement you can say to give gratitude to a nurse you know is "Your dedication to our patient's health is evident every day."

What is the official nursing symbol?

The nurse caduceus is one of the most well-known and longest-lasting RN insignia and it consists of a staff intertwined with two serpents, often with wings on top, and may be found on medicinal garments, pieces of equipment, and other paraphernalia.

Where did the National Nurses Day originate?

Several nursing groups banded together to support a resolution introduced by nurses in New Mexico through their Congressman, Manuel Lujan, to designate May 6, 1982, as "National Recognition Day for Nurses."

How long is National Nurses Week?

National Nurses Week lasts for 7 days, every year on May 6th, National Nurses Week begins and finishes on May 12th, Florence Nightingale's birthday.

Who does National Nurses Day celebrate?

Nurses in retirement communities, school nurses, and hospital nurses are among society's most vital members, and the holiday gives the perfect occasion for people to express their appreciation to our nurses around the country.

What is the message of National Nurses Day celebration?

The message of the celebration of National Nurses Day is to acknowledge and honor the efforts of nurses all across the world.

Why was Florence Nightingale important to nursing?

Nightingale developed principles and goals for nursing education and formed the vision for nursing as a profession, recognizing nurses' privilege to examine, comprehend, and improve health care institutions.

How do you wish someone Happy Nurses Day?

Heartful messages are always appreciated by those in the medical field, thank them for their efforts in healthcare and greet them with kind words reminding them of their importance and worth.

What is the value of National Nurses Day?

The holiday affords individuals the chance to honor the nurses in their life and also offers a chance to thank nurses throughout the sector as a whole for the job they have done.