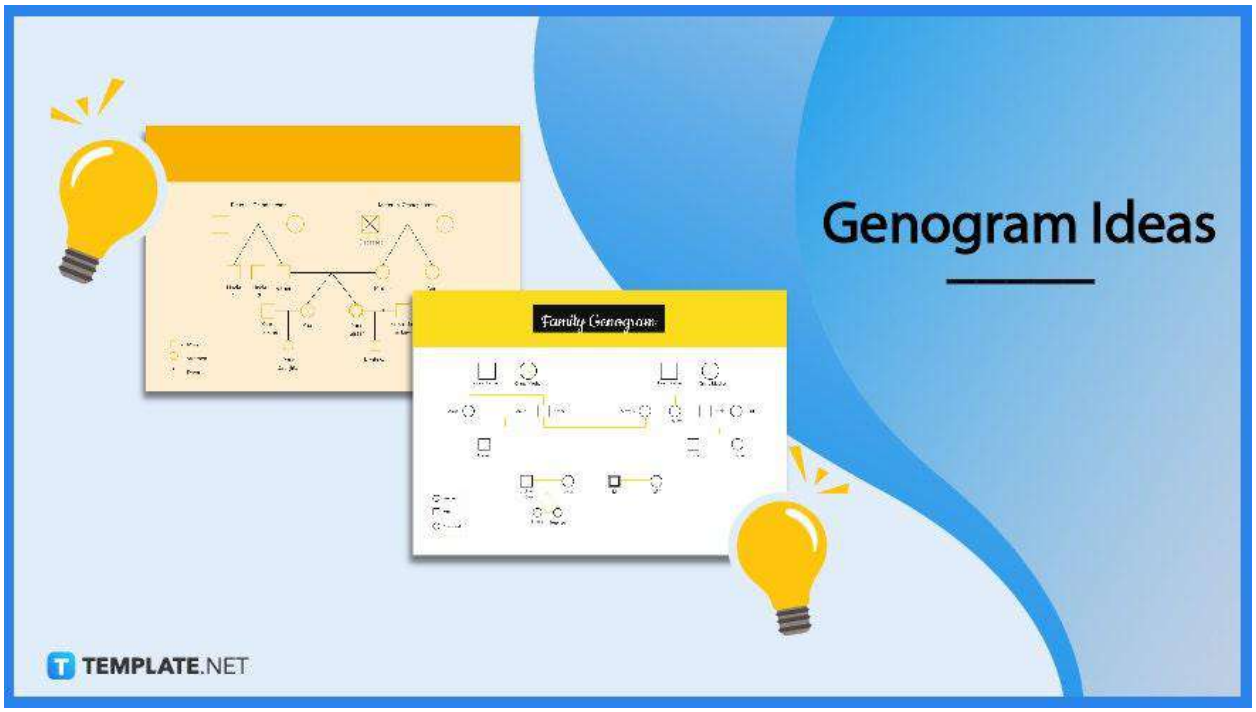
Genogram Ideas

Genogram ideas help you create comprehensive yet visually appealing diagrams. Genograms is a visual representation of family relationship, interaction, behavioral figures, medical history, occupation, various genetic information, and other familial patterns; hence, presenting them in the proper way using different genogram ideas is important for effective interpretation and understanding.



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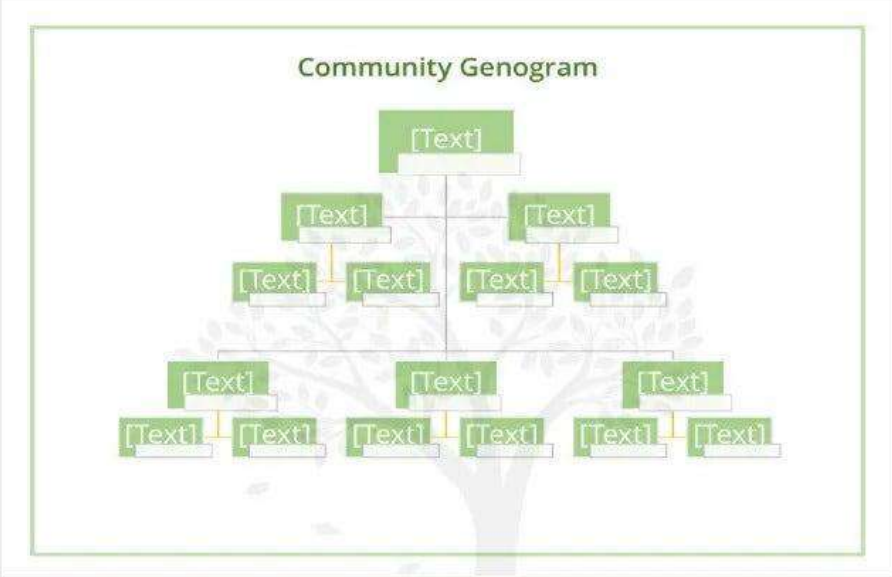
Genogram Ideas & Examples

Have you ever questioned why you have this certain attitude, why your grandparent and parent have the same diseases, or why your uncle has similar addiction to that of your cousin? A genogram can help you put everything into words. A genogram is used in a variety of ways, such as treatment strategy, therapy, assessment, education, social work, etc., since this diagram goes beyond the typical family tree that only shows lineages and contains various patterns and essential information needed for understanding your family history.

Community Genogram Ideas and Examples

A community genogram is used in understanding social patterns and factors affecting the family. This kind of genogram is commonly used in social work, the creation of healthcare plans, and planning activities that are effective for communities. Community genogram helps people understand patterns in a more comprehensive scope.



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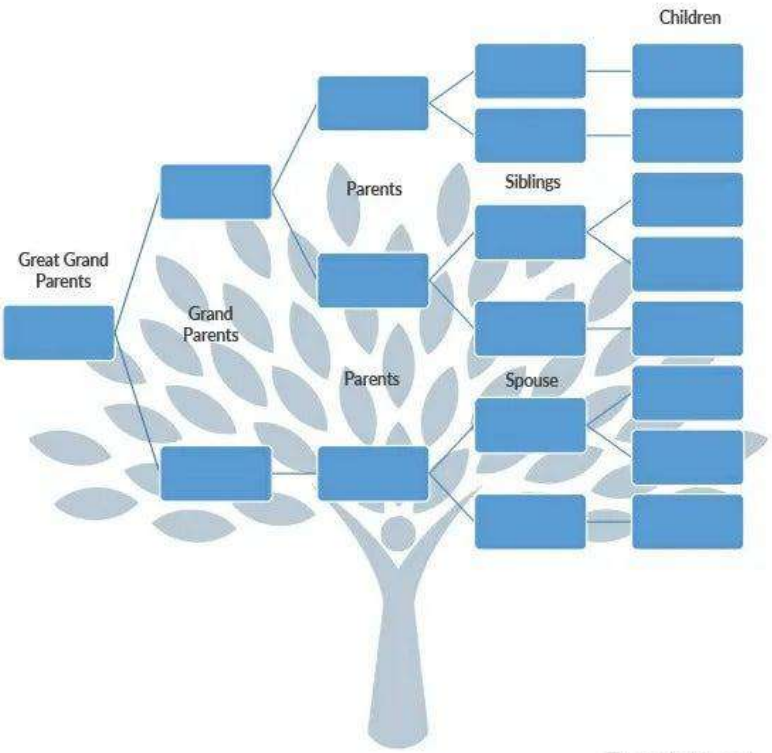
Standard Genogram Ideas and Examples

A standard genogram contains the elements needed for a normal genogram, such as its shape and line symbols. A standard genogram can be used in a variety of ways, such as in medical genograms and career genograms. This type of genogram is flexible, creative, and comprehensive to work with.

Standard Genogram

Name : _____ Date : _____



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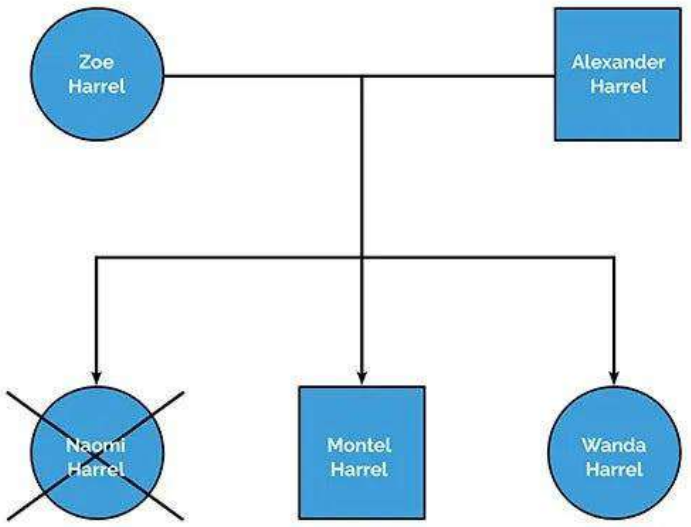
History Genogram Ideas and Examples

A genogram tracks down family history and outlines the essential information needed. A history genogram visualizes the relationship, interaction, medical conditions, behavior, occupation, and other significant details of your family. This diagram will help understand occurrences, prepare for the future, and aid the present.

Harrell Family History Genogram



LEGEND: Female Male Deceased

NOTES:

1. Mr. and Mrs. Harell's first child. Naomi died while inside her mother's womb.
2. The siblings have a close relationship with each other.

Date: November 11, 2030

Prepared by: **Cassia Landry**

Genogram for: **Montel Harrell**

Phone: **222 555 7777**

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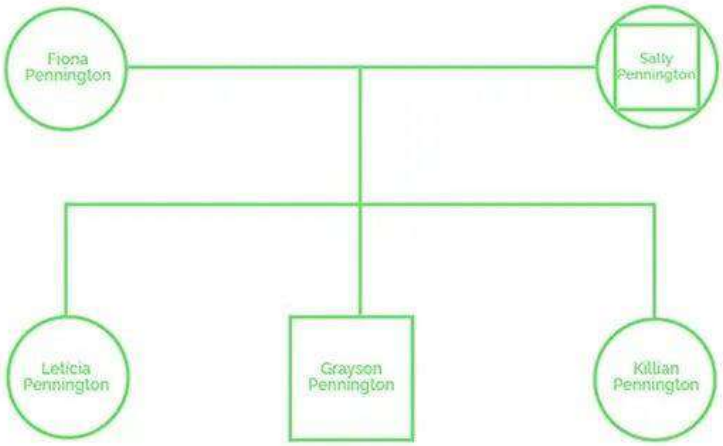
Social Care Genogram Ideas and Examples

The family is the smallest unit of society; however, a family is part of a bigger social environment. With this, family is an essential factor in social care. A social care genogram helps plan out activities and programs for society, come up with medical plans, understand patterns, make assessments, and prepare interventions for something.

Step 1: Download the template. | Step 2: Edit the template using compatible software. | Step 3: Print it at home/office

Social Care Genogram



Transgender: Male to Female

Healthy Female

Healthy Male

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2-Generation Genogram Ideas and Examples

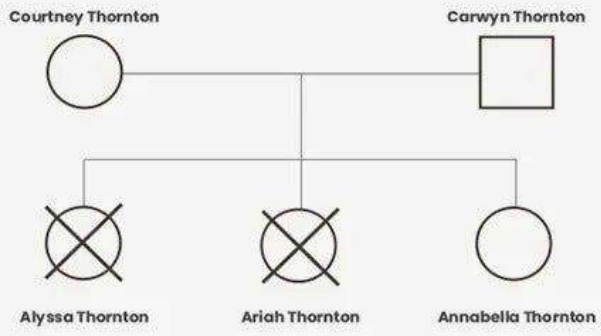
A two-generation genogram tackles two generations of a family. This diagram helps you understand two lines of bigger family history. This will reveal the generational relationship, conflicts (if any), interactions, medical background, behaviors, etc.

2-Generation Genogram

Prepared by: Klay Trujillo

Date: March 15, 2035

Genogram for: Carwyn Thornton
Phone: 222 555 7777



NOTES:

1. The two unborn daughters of Mr. and Mrs. Thornton died at stillbirth.
2. Their youngest, Annabella, is their only living child.

- Male
- Female
- Deceased - Female

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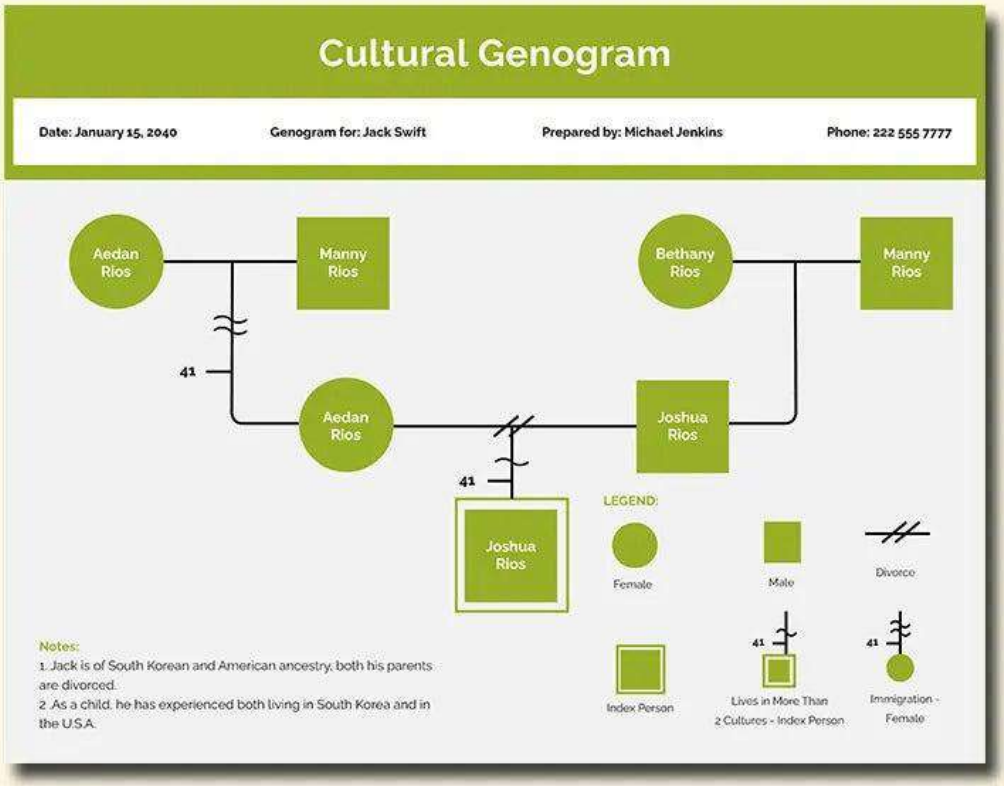
Cultural Genogram Ideas and Examples

A cultural genogram is used to understand the family background and cultural factors. This kind of genogram traces back to ancestors and older generations in order to come up with a substantial assessment or understanding of the present. A cultural genogram is used in family research, family system, and medical treatment.



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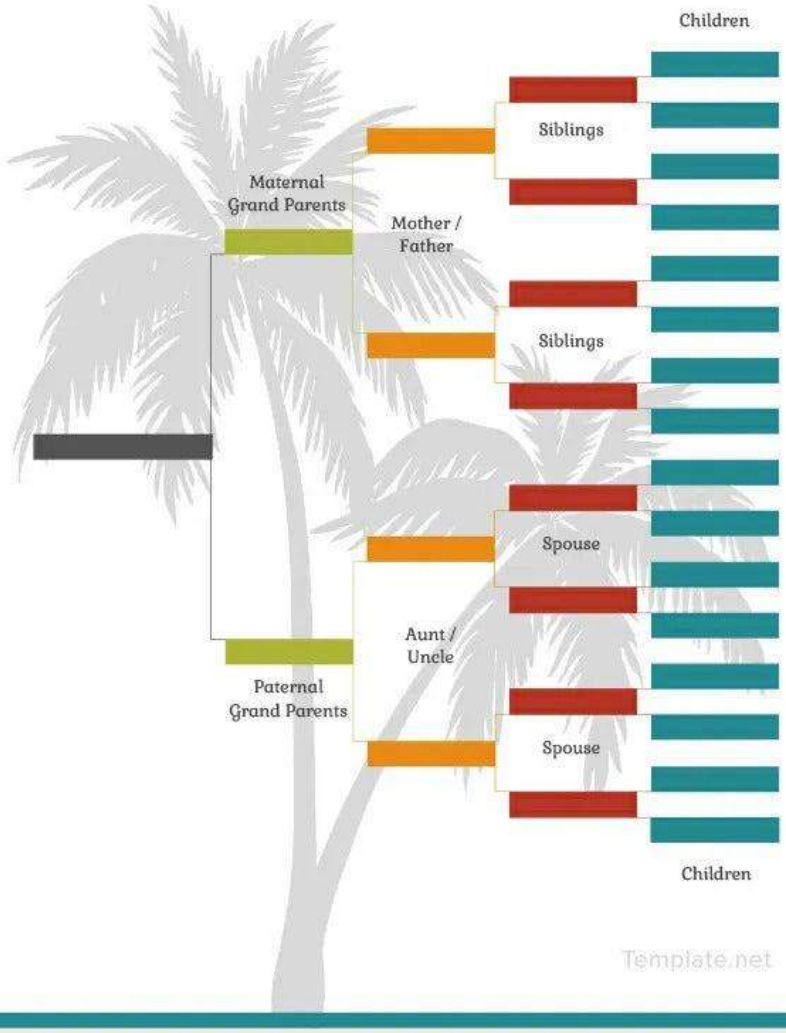
Four Generation Genogram Ideas and Examples

A four-generation genogram studies four generations in the family. This tackles generational relationships, interactions, and factors of well-being. This genogram works exactly the same as the standard genograms just in four-generation scope.

Four Generation Genogram



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Assessment Genogram Ideas and Examples

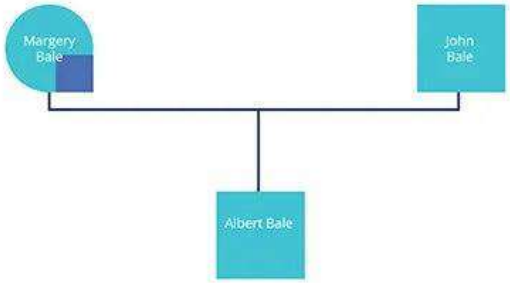
Assessment is among the most common use of a genogram. Medical professionals use genograms to create informed assessments and aid treatment. An assessment genogram is a detailed presentation of all significant information in one go.

Assessment Genogram

Date: October 30, 2042

Genogram for: Albert Bale
Phone: 222 555 7777

Prepared by: Jane Grayson, PhD



LEGEND

Female

Male

Depression

NOTES

1. Albert's mother is diagnosed with depression, so genetically he is highly likely to develop depression if ever the circumstances do not improve.
2. Albert is the only child of the family.

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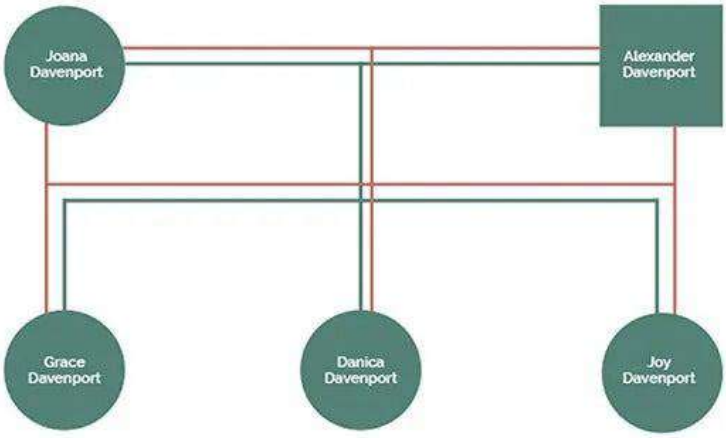
Safety Genogram Ideas and Examples

A safety genogram visualizes the information to create a safe ground for families. This kind of genogram comes in handy for families who want to create a safe space for their present and future. A safety genogram is like a common genogram but with the intention of safety all throughout.

Date: June 14, 2035
Genogram for: Grace Davenport

Phone: 222 555 7777
Prepared by: Amara Rice

Safety Genogram



LEGEND:

- Healthy Female
- Healthy Male
- Harmony

NOTES:

1) Grace Davenport is the eldest daughter of three.

2) There is mutual respect or harmony within Grace's family.

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Conflictual Genogram Ideas and Examples

A conflictual genogram shows emotional relationships in the family. This diagram views the different realities of the family relationship and interaction. A conflictual genogram reveals the different links and lines in the family.

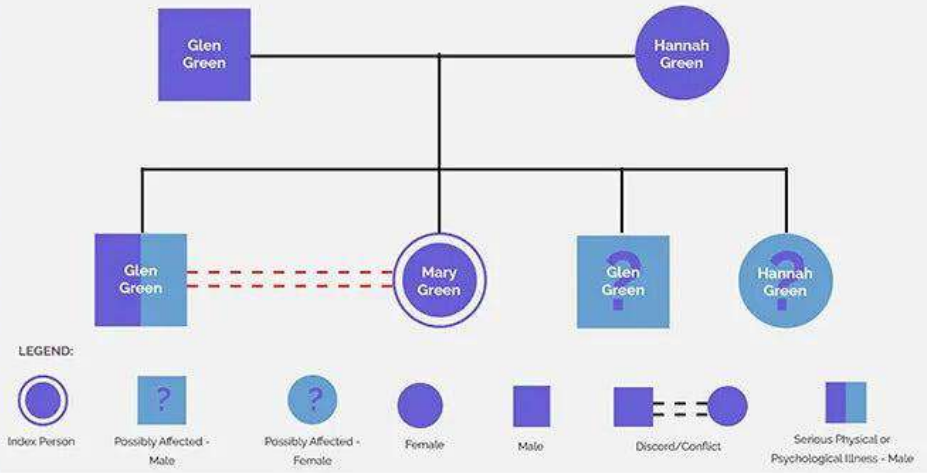
Conflictual Relationship Genogram

Date: April 12, 2030 | Genogram for: Mike Phillips | Prepared by: Wallis Mayflower, LMSW | Phone: 222 555 7777

Notes:

1. Jade is having conflicts with her older brother who is currently diagnosed with a psychological illness.

2. Jade's younger siblings are possibly affected by the conflict.



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FAQs

What does a genogram show?

A genogram shows the relationship, interaction, medical history, behavioral patterns, and other significant information and practices of the past.

Why do we need to make a genogram?

A genogram helps you understand family occurrences and how to prepare for your future.

What is a family genogram and why is it useful?

A family genogram shows the different relationships, interactions, and essential information in your family and helps make sense of the present happenings.

What is an emotional relationship in a genogram?

An emotional relationship is the act or state of connection among the members of the family.

What should be contained in a cultural genogram?

A cultural genogram must contain information about your ancestors or older generation, such as their health conditions, profile, origin, etc.

What traits are needed in analyzing a genogram?

The traits needed in analyzing a genogram are critical thinking, detail-oriented, and keenness for visual analysis.

Who is included in a three-generation genogram?

A three-generation genogram includes the key members, their parents, and their children.

Why are genograms so popular?

Genograms are commonly used in different fields, such as science, sociology, and psychology.

What is a genogram in family therapy?

A genogram is used to trace patterns of similarities and differences and come up with informed assessments.

Why are genograms important in social work?

Genograms are important in social work because it reveals patterns that can help create useful projects, and plans, and potentially improve the future of society.

What makes an effective genogram?

An effective genogram is a genogram that reveals different facts, and information that is useful for the present and future.

What does a triangle on a genogram mean?

A triangle is used to represent pregnancy, miscarriage, and abortion.

Where to create a genogram?

A genogram can be created in word-processing software, design software, template generator, genogram maker, and in a traditional pen and paper method.

Are there available blank genograms online?

There are plenty of blank and fillable genograms online in template software like Template.net.