Weekly Practice Log

Student Name: _____ H.R. Section #_____ Date _____

MAIN GOAL
Be able to proficiently (independently) demonstrate a noticeable difference with the following:

_____

_____

STRATEGIES
Important reminders for goal achievement

_____

_____

SECONDARY GOAL
Be able to demonstrate growth with the following:

_____

_____

STRATEGIES
Important reminders for goal achievement

_____

_____

OTHER

Step	Assignment	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Preparation Teacher Feedback
1. Warm-up									**Effective Practice** Yes _____ No _____
2. Review									
3. Practice									**Materials** _____ Pencil _____ Book _____ Journal _____ Complete Log _____ Instrument _____ Ensemble Music
Other: **Use Checklist for Accuracy for each exercise** ____ Correct Pitch (Notes - Recognition) ____ Correct Rhythms (Duration of Pitch - Counting) ____ Steady Beat (Use Metronome set at 65 work up to 100)									

Weekly Journal Entry

Student Reflection

Analyze, Rehearse, Evaluate, Refine

ANALYZE

After first practice session

What parts of the music were difficult to perform? (Note identification, Counting, Playing with a steady beat)

How will you use this information to guide your practice?

REHEARSAL PLAN

After second practice session

What strategies (listed under goals) did you use for problem areas to help achieve your weekly set goals?

EVALUATE AND REFINE

The night before lesson

Did you achieve my weekly set goal?

Can you make more improvements?

What are your next steps?

Teacher Reflection:

Weekly Goals

Not Met	Emerging	Approaching	Achieved	Exceeds

Comments: Keep in mind

Your musical greatness is not about **"just practicing" out of obligation**. This is not how you make the weekly difference.
It is truly **HOW you practice** and achieving weekly goals that is going to make a difference and ultimately guide you to your greatness!

YOU **CAN** DO THIS!!!

Parent Reflection:

Comments:

Parent/Guardian Signature_____ Date_____

Any Questions or Concerns Contact Your Child's Lesson Teacher

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