South Texas College

BACHELOR OF APPLIED TECHNOLOGY
TECHNOLOGY MANAGEMENT

Intern's Self Evaluation Form

Student Name: Edward V Contreras

Student ID: A00327847

Organization Name: Luby's Culinary Services at DHR

Supervisor Name: Ms. Susana Sanchez

Faculty Internship Instructor: Dr. Plaza and Dr. Garza

Rate your preparation and performance in the following areas (attach additional sheets for all questions as needed)

	Excellent	Very Good	Satisfactory	Needs Improvement	Unsatisfactory
1. Behaved in a professional manner	X				
2. Dressed appropriately	X				
3. Showed initiative	X				
4. Showed ability to work with limited supervision	X				
5. Rating your computer skills preparation		X			
6. Rating of your oral and written communication skills preparation	X				
7. Effectively defined and performed any project	X				
8. Personal Time Management	X				

Rate the quality of the internship programs in the following areas:

How was your communication with your host internship company supervisor?

My communication with my supervisor Ms. Susana Sanchez my host internship at Luby's Culinary Services at DHR was excellent. I communicated with her daily.

How was your communication with your Faculty Internship Instructor?

My communication with my faculty instructors at South Texas College which included Dr. Plaza and Dr. Garza was excellent. I especially received excellent help and guidance with them on projects.

If there were problems with your internship, explain how were they solved?

I did not have any problems on my internship. There was nothing to resolve.

What knowledge did you gain from this work experience?

The knowledge that I gained through my work experience at the work site included learning to work within a major service food provider in waste product management with Luby's Culinary Services at DHR.

What is your overall rating of the internship program?

The over all rating of the internship was excellent, useful, and helpful. I would rate it as a 10 with 10 being the highest rating possible.