ID:

Child Eating Behaviour Questionnaire (CEBQ)

Please read the following statements and tick the boxes most appropriate to your child's eating behaviour.

	Never	Rarely	Some -times	Often	Always	
My child loves food	☐	☐	☐	☐	☐	EF
My child eats more when worried	☐	☐	☐	☐	☐	EOE
My child has a big appetite	☐	☐	☐	☐	☐	SR*
My child finishes his/her meal quickly	☐	☐	☐	☐	☐	SE*
My child is interested in food	☐	☐	☐	☐	☐	EF
My child is always asking for a drink	☐	☐	☐	☐	☐	DD
My child refuses new foods at first	☐	☐	☐	☐	☐	FF
My child eats slowly	☐	☐	☐	☐	☐	SE
My child eats less when angry	☐	☐	☐	☐	☐	EUE
My child enjoys tasting new foods	☐	☐	☐	☐	☐	FF*
My child eats less when s/he is tired	☐	☐	☐	☐	☐	EUE
My child is always asking for food	☐	☐	☐	☐	☐	FR
My child eats more when annoyed	☐	☐	☐	☐	☐	EOE
If allowed to, my child would eat too much	☐	☐	☐	☐	☐	FR
My child eats more when anxious	☐	☐	☐	☐	☐	EOE
My child enjoys a wide variety of foods	☐	☐	☐	☐	☐	FF*
My child leaves food on his/her plate at the end of a meal	☐	☐	☐	☐	☐	SR
My child takes more than 30 minutes to finish a meal	☐	☐	☐	☐	☐	SE

	Never	Rarely	Some -times	Often	Always	
Given the choice, my child would eat most of the time	☐	☐	☐	☐	☐	FR
My child looks forward to mealtimes	☐	☐	☐	☐	☐	EF
My child gets full before his/her meal is finished	☐	☐	☐	☐	☐	SR
My child enjoys eating	☐	☐	☐	☐	☐	EF
My child eats more when she is happy	☐	☐	☐	☐	☐	EUE
My child is difficult to please with meals	☐	☐	☐	☐	☐	FF
My child eats less when upset	☐	☐	☐	☐	☐	EUE
My child gets full up easily	☐	☐	☐	☐	☐	SR
My child eats more when s/he has nothing else to do	☐	☐	☐	☐	☐	EOE
Even if my child is full up s/he finds room to eat his/her favourite food	☐	☐	☐	☐	☐	FR
If given the chance, my child would drink continuously throughout the day	☐	☐	☐	☐	☐	DD
My child cannot eat a meal if s/he has had a snack just before	☐	☐	☐	☐	☐	SR
If given the chance, my child would always be having a drink	☐	☐	☐	☐	☐	DD
My child is interested in tasting food s/he hasn't tasted before	☐	☐	☐	☐	☐	FF*
My child decides that s/he doesn't like a food, even without tasting it	☐	☐	☐	☐	☐	FF
If given the chance, my child would always have food in his/her mouth	☐	☐	☐	☐	☐	FR
My child eats more and more slowly during the course of a meal	☐	☐	☐	☐	☐	SE

SCORING OF THE CEBQ

(Never=1, Rarely=2, Sometimes=3, Often=4, Always=5)

Food responsiveness	=	item mean FR
Emotional over-eating	=	item mean EOE
Enjoyment of food	=	item mean EF
Desire to drink	=	item mean DD
Satiety responsiveness	=	item mean SR
Slowness in eating	=	item mean SE
Emotional under-eating	=	item mean EUE
Food fussiness	=	item mean FF

*Reversed items

Wardle, J, Guthrie CA, Sanderson, S and Rapoport, L. Development of the Children's Eating Behaviour Questionnaire. *Journal of Child Psychology and Psychiatry.* **42,** 2001, 963-970.

NB: There is an error in the text of this paper concerning the scoring of the CEBQ which is given as 0 - 4. In fact responses were scored 1- 5 and the means and standard deviations given in the tables reflect this.