

Better Babysitters Family Information Form

- Fill this form out for every family you babysit for. (Find the original at: <http://www.seattlechildrens.org/classes-community/classes-events/better-babysitters/>)
- Fill it out in pencil and take it with you and update it each time you babysit.

Family Contact Information

Family's Name(s) _____

Address _____

Family Phone Numbers and E-mail

Home _____ Cell _____

Pager/Other Numbers _____ E-mail _____

How would you like me to answer the phone? _____

Emergency Contacts and Important Numbers

In an emergency, dial 9-1-1. Stay calm and do not hang up until told to do so.

1. _____
Name _____ Number _____

2. _____
Name _____ Number _____

Doctor/Healthcare Provider _____
Name _____ Number _____

(Insurance Information)

Dentist _____
Name _____ Number _____

(Insurance Information)

About the Children

Child's Name _____ Age _____ Weight _____

Child's Name _____ Age _____ Weight _____

Child's Name _____ Age _____ Weight _____

(Over)

What Better Babysitters Need To Know

Where are the things I might need?

Clothes/diapers _____ Exit doors _____ Shut-off valves _____

Flashlight _____ Fire extinguisher _____ Disaster supplies _____

First aid kit _____ Breaker box _____ Other _____

What do I need to know how to operate?

Phone _____ Garage door _____ Thermostat _____

Door locks _____ TV/Media _____ Safety equipment _____

Burglar alarm _____ Computer _____ Other _____

What are your house rules? _____

What are your child's favorite books, toys and activities? _____

What do I need to know about meals and snacks? _____

What do I need to know about bedtime routines? _____

Are there any health problems or allergies I need to know about? _____

Are there any fears, dislikes or habits I should know about? _____

Are there any special care instructions for this time? _____

Do you have any pets? Are there instructions for your pet(s)? _____

Is there anything else you want me to know? _____
