

## Autism Knowledge and Skills (AKS): Self-Assessment and Training Action Plan

The **(AKS) Self-Assessment and Training Action Plan** has been designed to assist individual staff members or service managers to record training needs when using the NES Autism Training Framework: Optimising Outcomes and the **NES Autism Training Plan**. To use the Self Assessment sheet:-

- Familiarise yourself with the 3 areas and the 4 levels in the NES Autism Training Framework [pp.12-15]
- Familiarise yourself with the training considerations in the NES Autism Training Plan [pp.10 -11]
- Begin with *Identification, Screening, Assessment & Diagnosis* [pp. 18-19]. Identify the level for yourself or your team [for managers]
- Go to the relevant page and look through the tables identified for your level. Consider the information in the Knowledge and Skills columns. How confident do you feel in relation to the core knowledge and skills required at your level?
- Now repeat for: *Management, Support & Intervention* [pp. 52-53] and *Autism across the lifespan: Transitions and change* (pp.74-75)
- Complete the **AKS-Self-Assessment**.

### AKS – Self-Assessment

<b>Key Area</b> <i>Identify from the Framework which level is required in each area</i>	<b>Core Knowledge and Skills</b> (refer to the Framework and the Training Plan) How Confident do you feel in your knowledge and skills?	<b>How could you develop your confidence further?</b> [e.g., gaining further experience or supervision]
<b>Identification, Screening, Assessment &amp; Diagnosis</b>  Level:		
<b>Management, Support and Intervention</b>  Level:		
<b>Autism Across the Lifespan: Transitions and Change</b>  Level:		

The **AKS-Training Action Plan** sheet has been designed to assist individual staff members or service managers to identify specific training needs and to consider how these might be addressed. Service managers may also wish to use the plan for teams or groups of staff that they manage.

- Consider the areas you identified in the self - assessment as needing more confidence
- What are the gaps in your Knowledge and Skills?
- Look at the summary table for your level, e.g. for Identification, Screening, Assessment and Diagnosis [Enhanced Level] p39 in the Training Framework and pp. 15-16 in the Training Plan, and consider the core elements of training that you might need and what you might need to consider when identifying suitable training.
- Complete the **AKS-Training Action Plan** and review as necessary.

### AKS-Training Action

<b>Key Area</b> <i>Identify from the Framework which level required in each area</i>	<b>Core elements of training currently required</b> (refer to the Framework and the Training Plan)	<b>Identified training</b> [Check that the learning outcomes match with the training requirements indicated in the NHS Education for Scotland Autism Training Framework]	<b>Outcome</b> [Training/resources identified or completed]
Identification, Screening, Assessment & Diagnosis  Level:			
Management, Support and Intervention  Level:			
Autism Across the Lifespan: Transitions and Change  Level:			