Drexel Medicine
Neurology

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Toileting Schedule

How to Set Up the Toileting Schedule:

Complete 3 or 4 days of the "Week One Log: Toileting Schedule" using the given key at the bottom of the page (Page 2). Mark specifics of the toileting including the day, time, indication of need to use the bathroom, urination or bowel movement, and in pants or in toilet.

After the initial log is completed, set up a finalized "Toileting Schedule" to follow on a daily basis (Page 3). Mark an "X" on the days and times when there is a typical need to go to the bathroom. Make sure you take him/her to the bathroom prior to this time to prevent accidents.

Week One Log:

Toileting Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM-6:00AM							
6:00AM-7:00AM							
7:00AM-8:00AM							
8:00AM-9:00AM							
9:00AM-10:00AM							
10:00AM-11:00AM							
11:00AM-12:00PM							
12:00PM-1:00PM							
1:00PM-2:00PM							
2:00PM-3:00PM							
3:00PM-4:00PM							
4:00PM-5:00PM							
5:00PM-6:00PM							
6:00PM-7:00PM							
7:00PM-8:00PM							
8:00PM-9:00PM							
9:00PM-10:00PM							
10:00PM-11:00PM							
11:00PM-12:00AM							
12:0AM-5:00AM							

Key: I + = Indicated Toilet Need, U + = Urinated in Toilet, B + = Bowel Movement in Toilet, I - = Did Not Indicate Toilet Need, U - = Urinated in Pants, B - = Bowel Movement in Pants

Toileting Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM-6:00AM							
6:00AM-7:00AM							
7:00AM-8:00AM							
8:00AM-9:00AM							
9:00AM-10:00AM							
10:00AM-11:00AM							
11:00AM-12:00PM							
12:00PM-1:00PM							
1:00PM-2:00PM							
2:00PM-3:00PM							
3:00PM-4:00PM							
4:00PM-5:00PM							
5:00PM-6:00PM							
6:00PM-7:00PM							
7:00PM-8:00PM							
8:00PM-9:00PM							
9:00PM-10:00PM							
10:00PM-11:00PM							
11:00PM-12:00AM							
12:0AM-5:00AM							

Key: X = Take to Bathroom for Predicted Need

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