

Your Smartest Goals™ Monthly Planner

(www.Smart-Goals-Guide.com)

Name:

Month/Year:

My Goals:	My key Action Steps This Month:
	Start your sentences with the words 'I am...'
Health & Fitness Goals:	
Career Goals:	
Relationship Goals:	Partner... Kids...
Social Life Goals:	
Personal Development Goals:	Intellectual... Emotional...
Financial Goals:	
Quality of Life Goals: (Leisure, Travel , Fun, Material)	
Spiritual Goals:	
Contribution Goals:	