

S.M.A.R.T. Goal Plan

What is my S.M.A.R.T. Goal?

Specific:

What will I specifically achieve?

Measurable:

How will I measure it?

Achievable:

Is it achievable?

Relevant:

Is it relevant to my larger goals?

Time-Framed:

By what dates will I achieve my goal?

What Resources Do I Need To Organize?