

# 2019 UDA Sample Schedule

## 4 Day College Camp

*Times are subject to change*

### Day 1

TIME	CLASS	LOCATION
1:00pm	Opening Session / Staff Introductions	
1:45pm	Game Day Class: Timeout	
2:20pm	Preview "A" Routines	
2:30pm	"A" Routines	
4:15pm	Dinner	
5:40pm	*Home Routine Walk Through	
6:15pm	Home Routine Competition	
6:45pm	Game Day Explanation/Preview Performance Routines	
7:00pm	Game Day Class: Game Situation (Sideline & Review Timeout)	
7:30pm	Game Day Class: Performance Routines	
8:00pm	Team Leader	
8:15pm	Announcements/Dismissal	

*\*Depending on dinner times at different locations and size of camp, home routine walkthrough could happen before dinner for those teams participating in the home routine competition.*

### Day 2

TIME	CLASS	LOCATION
7:00am	Breakfast	
8:30am	Warm up / Preview "B" Routines	
9:00am	"A" Routines Review	
9:30am	"B" Routines	
11:00am	Gameday Class: Performance Routine Review	
11:15am	Lunch	
1:00pm	Preview "C" Routines	
1:15pm	"C" Routines	
2:45pm	Assign Team Technique Teams	
3:00pm	Team Technique Class / Open Practice	
3:45pm	Rotate Groups	
4:30pm	Team Leader	
4:45pm	Dinner	
6:30pm	Master Class	
8:00pm	Dismissal	

## **Day 3**

<b>TIME</b>	<b>CLASS</b>	<b>LOCATION</b>
7:00am	Breakfast	
8:30am	Warm up	
8:45am	Skill Stations	
9:30am	"B" Routine Review	
10:00am	"C" Routine Review	
10:30am	"B" and "C" Routine Showcase	
11:00am	Spirit Program Eval – Travel to Cheer	
11:15am	Spirit Program Private Coaching/Evals (with Fight Song)	
11:45pm	Lunch	
1:45pm	"A" Routine Review	
2:00pm	"A" Routine Evaluations	
2:40pm	Recap Gameday Evaluations	
2:50pm	Assign Game Day Private Coaching Groups	
3:00pm	Gameday Private Coaching Group A	
3:30pm	Rotate Groups	
3:35pm	Gameday Private Coaching Group B	
4:05pm	Team Leader	
4:20pm	Final Announcements	
4:30pm	Dinner	

## **Day 4**

<b>TIME</b>	<b>CLASS</b>	<b>LOCATION</b>
7:00am	Breakfast	
8:30am	Gameday Open Practice	
9:15am	Final Game Day Evaluations	
10:30am	UDA Final Awards	
11:00am	Final Awards with UCA	



**A VARSITY SPIRIT BRAND**

# Coaches Meeting Schedule

*Times are subject to change*

## Day 1

TIME	CLASS	LOCATION
2:45pm	Camp welcome & General Information	

## Day 2

TIME	CLASS	LOCATION
9:00am	General Information/Schedule Overview	
TBD	Varsity University Class	

## Day 3

TIME	CLASS	LOCATION
9:30am	General Information/Schedule Overview	
TBD	Varsity University Class	