

YMCA CAMP

COSBY

Retreat Weekend Sample Schedule

Friday

5:00pm	Arrival and settle into cabins
6:00pm	Dinner
7:00pm	Evening campfire/night hike/workshops
11:00pm	Quiet hours observed

Saturday

8:00am	Breakfast
9:00am	Teambuilding
10:30am	Alpine Tower
12:00pm	Lunch
1:00pm	Archery
2:00pm	Fishing
3:00pm	Guided hike
4:00pm	Open gym/gaga ball/workshops
6:00pm	Dinner
11:00pm	Quiet hours observed

Sunday

8:00am	Breakfast
9:00am	Canoeing
10:00am	Pool open
12:00pm	Lunch
1:00pm	Depart and thanks for coming!

*We work with each individual group leader to establish a schedule that best suits group's needs.

*Water activities open late April through September.

Camp phone number: (256)268-2007

Emergency number: (205)821-0111