

WRDTF

2014

Training Courses

Evaluation

Report



List of training courses offered in 2014

(March to July and September to December)

Scheduled Training March to July 2014			
Month	Title	Date	Evaluation
March	Responding to Family Needs in Relation to Drug and Alcohol Issues Galway	March 5	
April	5 Step Method	April 3 rd & 4 th	
	Over-the-Counter Medications	April 9 th	Pg 4
	Putting the Pieces Together (2 Day) Galway	April 15/16	
	Putting the Pieces Together (2 Day) Roscommon	April 29/30	
May	New and Emerging Drugs	May 14 th	Pg. 6
	Responding to Family Needs in Relation to Drug and Alcohol Issues Galway	May 20 th	
	Putting the Pieces Together (2 Day) Castlebar	May 21/22	Pg. 7
	SAOR: Brief Interventions for Alcohol Use Galway	May 28 th	
	SAOR: Brief Interventions for Alcohol Use Mayo	May 29 th	
June	Good Practice Training in Drug Education Galway	June 12 th	
	Motivational Interviewing (Level 1) Roscommon	June 25/26	Pg. 9
Other	Expressions of Interest for Group Facilitation Skills		
Scheduled Training September to December 2014			
Month	Title	Date	
September	Motivational Interviewing (Level 1)	Sept 10 & 11	Pg. 11
	Responding to Family Needs in Relation to Drug and Alcohol Issues Ballina	September 25	Pg. 13
	Low Mood and Substance Use CANCELLED	September 25	
	Putting the Pieces Together (2 Day)	Sept 30/Oct 1	Pg. 14
October	Responding to Family Needs in Relation to Drug and Alcohol Issues Castlerea	October 2	Pg. 16
	Motivational Interviewing (Level 2)	October 8/9	Pg. 17
	Solution Focused Brief Therapy (1)	October 22/23	Pg. 18
November	New and Emerging Drugs	November 5	Pg. 19
	SAOR: Brief Interventions for Alcohol Use	November 12	Pg. 20
	SAOR: Brief Interventions for Alcohol Use	November 13	Pg. 21
	New Trends in Drug Use	November 18	Pg. 22
	Group Facilitation Postponed to Jan/Feb 2015	November 25/26	
	Developing a Substance Use Policy Ballinasloe	November 28	Pg. 23
December	Responding to Family Needs in Relation to Drug and Alcohol Issues Ballinasloe	December 1	Pg. 24
	Group Facilitation Postponed to Jan/Feb 2015	December 2/3	
	ADHD and Substance Use CANCELLED	December 3	
	Developing a Substance Use Policy Castlebar	December 5	Pg. 25

WRDTF TRAINING CALENDAR 2014 REPORT

Introduction:

The Western Region Drug and Alcohol Task Force in conjunction with the HSE West Drugs Service is offering drug and alcohol related training to those working in the community, voluntary and statutory sector in the Western Region. The training is offered under the National Drug Strategy Pillars of Prevention and Treatment with a broad range of courses available including awareness raising and skills development courses available to individuals, groups and organisation across the 4 Tiers of Intervention.

The calendar is developed in conjunction with the WRDTF Education Support Worker and the HSE West Training Officer. The WRDTF then compile the calendar, circulate it and have developed an administration system to support the calendar.

Courses are spread across counties Galway, Roscommon & Mayo and are delivered by a variety of trainers. In order to ensure maximum opportunities for participants to attend a waiting list is kept for each course.

2014 Training: Applications and Uptake:

In 2014 the calendar was offered in two segments: March- July, & September 2014 - January 2015.

March to July:

- **Total Number of places offered: 204**
- **Total numbers of applicants: 169**
- **Total number trained (March to July): 110**

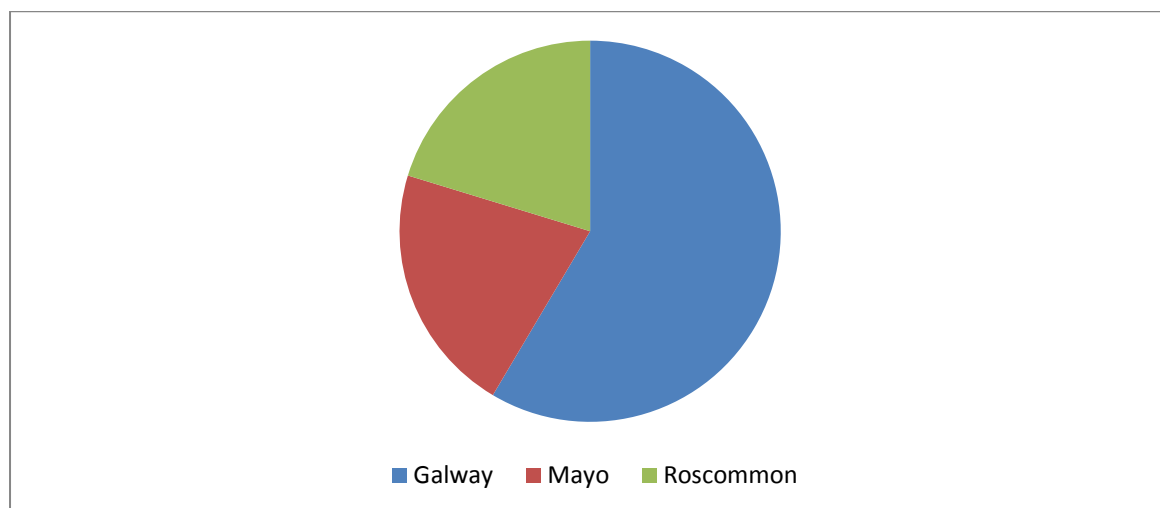
September to December:

- **Total Number of places offered: 272**
- **Total numbers of applicants: 216**
- **Total number trained (September to December): 132**

Total for 2014

- **Total number of places offered/available in 2014: 476**
- **Total numbers of applicants: 385**
- **Total number trained: 242**

Breakdown of training applicants by county for the September to December period:



Evaluation of training offered:

Trainers originally used their own evaluation form templates but in September 2014 a generic template was developed. This template is now used by all delivering training offered in the calendar, including external trainers. This report is compiled of the evaluations of training carried out in 2014.

How to access training courses:

Places can be secured by completing the relevant WRDTF Training booking forms. The training calendar, including booking form is available on the WRDTF website www.wrdtf.ie/publications . If you require a word version of the booking forms please contact training@wrdtf.ie

All training courses are free

For further enquiries about training courses, feedback on courses being delivered or suggestions for future training please contact Orla Walshe, WRDTF Development Worker on orla.walshe@wrdtf.ie or 091 480044/087-7389175

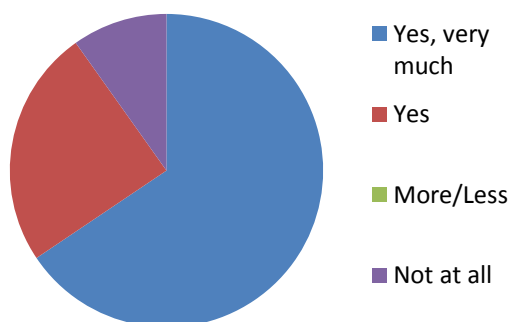
Course: Over-the-Counter Medication

Date: April 9 2014 (Galway)

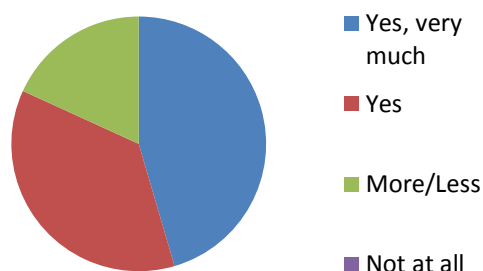
Number attended: 15 (11 evaluations)

Trainer: Gillian Conway

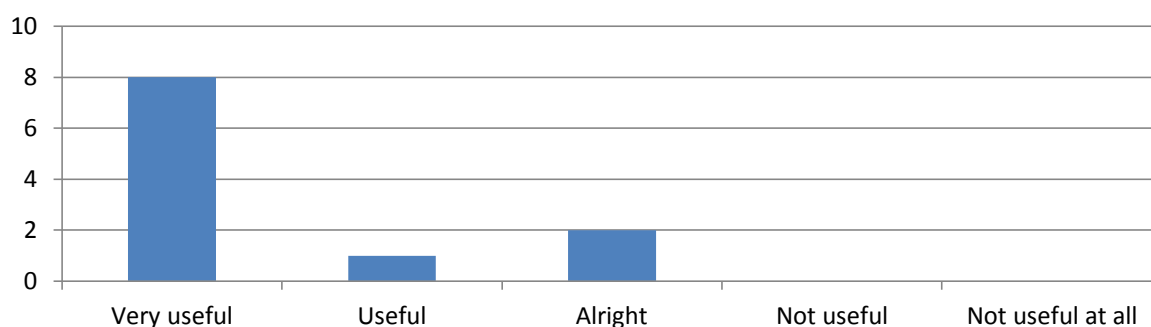
Do you feel more aware of OTC medications issues?



Do you feel more able to address medication issues with clients?



Overall how would you rate today's training?



What did you like most about the training?

- The info on how/why one becomes addicted to OTC drugs
- Easy going presentation
- Interesting group interaction
- Scenarios, able to bring back to workplace
- Very clear information that was very well delivered by Gillian
- Mixture of discussion and presentation
- Side effects (short and long)
- New trends in the west.

What did you like least about the training?

- Nothing
- The names of products a bit confusing
- All aspects very informative
- Time could be cut down 10-3 pm

- Very slide-based
- All very helpful
- Lack of approaches

Is there anything you would like further information on?

- How to work through with people who misuse
- A booklet to refer to information delivered today
- Steroids/risks to young people
- Natural herbal remedies you could substitute instead of OTC meds
- Opinions and suggestions on what we as a nation can do to eliminate OTC misuse and abuse
- Diet meds

Is there anything you would do differently as a result of training?

- Make young people more aware of the outcome of misuse of caffeine, etc.
- Be more aware of what people are on.
- I'm now more aware of the difference between the types of meds, also harmful effects
- Really see that OTC medication is a risk and assess how people are using it.
- I would be much more aware now if I saw a medical product in a child's possession
- Be more aware of misusing and symptoms and how to inform clients
- Yes, feel more confident
- Yes, my own personal OTC med use. Advise family friends, youths in club.
- Focus on underlying issues why someone is on medication; harm reduction approach
- Be prepared to talk clients. Handouts good to take to other staff.

Other Comment/suggestions:

- Maybe have more posters for use in workplace. Pictures speak louder than words
- Thank you for an excellent course
- Gillian very interesting and natural presenter
- Should try to develop a workshop to deliver to schools and youth clubs to tackle/address issues quickly to inform children/youths about the effects before they 'test' out the meds/substances
- More group tasks
- Many thanks
- More approach to prevention

Course: New and Emerging Drugs

Date: 14th May 2014 (Mayo)

Number attended: 10 (10 evaluations completed)

Trainer: Neil Wilson

What did you enjoy most?	Why was that?
All very interesting, learned a lot	Glad I attended as it makes you more aware of what's out there
The videos, around the table discussions	Listening to different experiences of people present and broadening of the availability of different (new) emerging drugs
The un formal approach to the session, active interaction, listening to other experiences	Relaxed atmosphere, knowledgeable lecturer
Excellent slide show	To the point
The talk on "Krocodile"	It's a drug that never heard of before but most certainly will feature in society at some point
The video/dvd coverage and anecdotal elements of the training	As it's easy and simple to take in!
Meeting other participants	Always enjoy new people/views/area of work
Whole presentation, content, style, prep	
Interaction with different professionals in relation to their knowledge and experience of controlled drugs	Broaden my knowledge
Size of group-small. Facts and also opinions good	To meet other people

What did you enjoy least?	Can you say why?
Not enough further reading	
Nothing I enjoyed all of the course	
Style of presenter, sorry!	
All very helpful	
N/A Content very good	
Genuinely nothing	

If you were to do this again, what should we do differently?

- I guess I'd like to be able to recognise the signs of drug taking, symptoms. Don't know if this is possible as such
- A larger group would be of benefit
- I was happy with the session, the information received and the content
- Links to more education
- Nothing. The conference was enjoyable and informative
- I found the course excellent
- I needed all of today so differently only would be another day of additional content e.g. steroids
- Some people were not informed on types of drugs and effects. More information on the effects (videos are usual) and explain the differences between cannabis effects, heroin effects to speed effects
- Perfect for an introduction

Note: a scale on level of knowledge before/after the training was also completed by participants

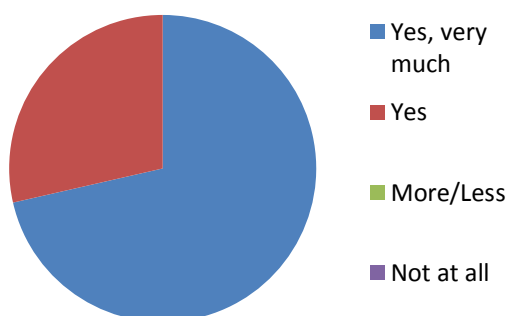
Course: Putting the Pieces Together

Date: May 21/22 (Mayo)

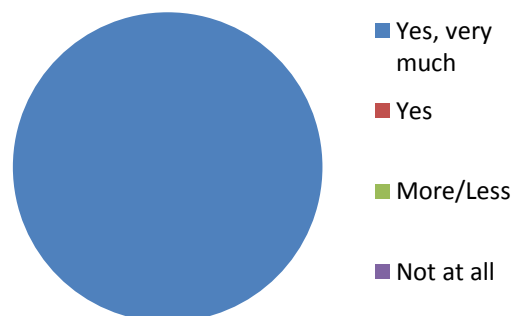
Number attended: 7 (7 Evaluations)

Trainer: Gillian Conway

**Do you feel you have
a greater
understanding of the
impact of alcohol
than before?**



**Do you feel you have
a greater
understanding of the
effects/impact of
drugs than before?**



How would you describe the training to another person?

- Very informative training and very useful for working in the area with youths
- Very informative, definitely worth doing it. I got much more aware of alcohol and drugs than I have before.
- Very beneficial and worthwhile. A real eye opener.
- Very informative and relevant
- Informative, unassuming, interactive, Lots of knowledge
- Very educational and eye-opening and a fantastic resource to use for facilitation.

Most Useful:

- Role plays and activities
- To learn about harmful effect of alcohol and drugs, learning about interaction and harm reduction.
- Activities of facilitation showed strength and weaknesses that can be worked on.
- Always follow policies and procedures
- Not to stereotype drug users
- Talk on legal drugs, Brief interventions. The Folder.
- I loved the book. Everything was useful but it's great to have something to refer back to.
- The folder is a fabulous resource for creating and implementing a programme. It will act as a reminder of what I learned long after I have completed the programme.

Least Useful:

- All information used was relevant
- Nothing
- No, I found everything we did was very useful in ways
- I found all aspects useful. It is not often I can say that about a programme

List three things you feel you have learned over the course of the programme:

- Policy Procedures of the organisation are very important. Legal Drugs. The amount of legal drugs that is in Ireland. Caffeine: Effects of it. Importance of needs assessment.
- Follow policy and procedures: I don't. Deal with issues yourself and get help from co-workers, harmful effects of drugs and alcohol in the body.
- Importance of good policies and procedures. Amount of legal drugs. How to react in certain situations.
- Follow policy and procedures. Question over OTC meds/side effects, etc. Good facilitation skills
- Better interaction skills. Better knowledge of subs use. Importance of policy/procedures.
- Policy Importance; role play; there are more legal drug as opposed to illegal
- The importance of clear and thorough drugs policy. Have gained a greater insight into harm reduction techniques; I feel more confident in dealing with issues and disclosures.

Is there anything you would do differently now as a result of the training?

- Yes, to get the background of the group for training. Use more interactive activities
- The way I talk about something or look at situations.
- I will make a greater effort to become familiar with the drug policy
- I want to make sure I know my group before I start working with them. Needs assessment
- Have more of an awareness and be open to the major role legal drugs now play in society
- Yes, ensure careful preparation on facilitating a group.

Is there anything you would like further information on?

- Yes, would like to continue to upskill and develop in this area
- I think I would like to gain better knowledge on drugs and alcohol effects
- Not at present X 2

Is there anything you feel that was not covered enough?

- No X 3
- I would like a bit more information on the types of common drugs and their harm

Do you feel confident in trying to bring drug or alcohol education into your group work with young people?

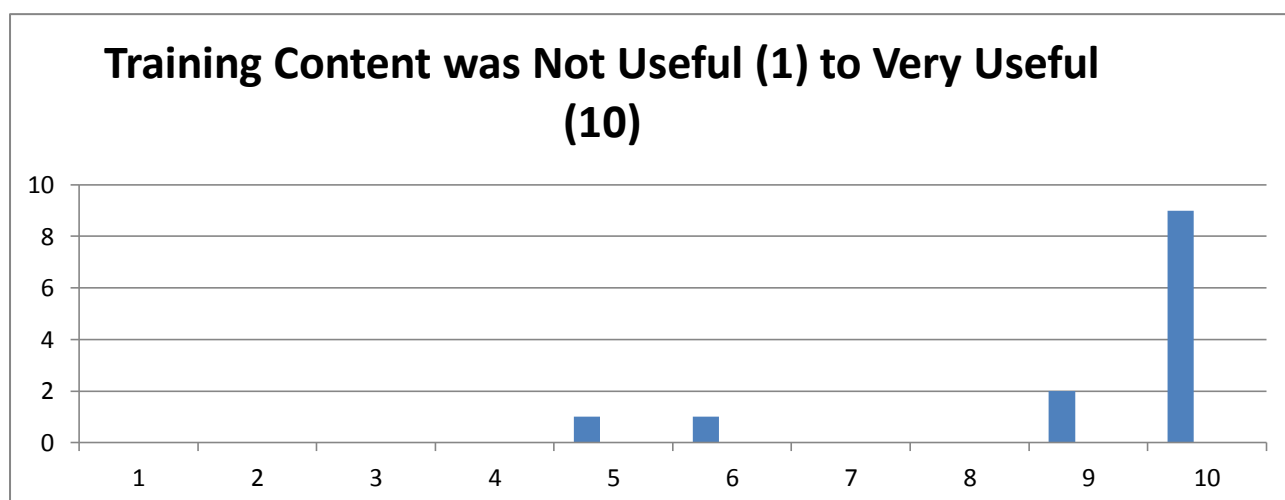
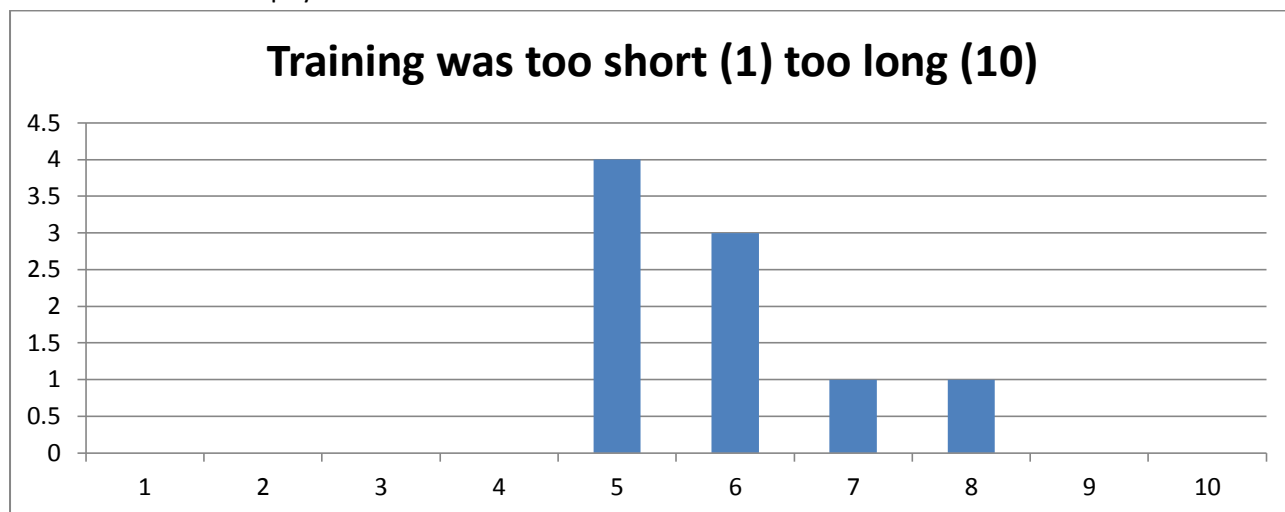
- Very confident
- Able and confident X 4
- Able and confident and with practice very confident
- Able and confident but still open to learning
- Really enjoyed the course, excellent facilitator made it very enjoyable

Course: Motivational Interviewing 1

Date: June 25 & 26 2014 (Roscommon)

Number attended: 14 (13 Forms completed)

Trainer: Brendan Murphy



What did you learn that will be of use to you?

- New approaches to dealing with situations
- The core skills of MI, the importance of summarising with people
- Summarising, work styles
- Reflecting back
- Skills that are applicable to my practice
- How to apply it in my work practice, importance of reflective listening and summarising
- The importance and usefulness of open ended questions, reflection, summaries and working with ambivalence
- The process of MI and how to use it in work situations
- Strategies. When MI useful, timing of it and when not to use
- All MI techniques
- How to bring YP to a new level. It really helped me decide completely to further my career into therapy with YP
- To use more open ended reflective questioning, all the skills. To stop jumping in and trying to resolve people's problems
- Taking practical skills and transferring it to practical day-to-day environment

What did you like?

- The whole group were very nice and got lots of ideas from other participants
- Facilitators style; refreshing, clear, paced well and enjoyable
- Videos, demonstrating how MI is delivered
- Facilitator, interaction, DVD, Role play
- V tailored to group's needs, relaxed informal atmosphere
- The setting, the group, the interactions, the sharing of experiences and being encourage to go so positively
- Trainers style, interactive/approachable
- The whole course was very enjoyable and interesting
- Group, great atmosphere throughout. Very enjoyable, fun to participate
- Role play makes it real!
- Content very open; conversations are endless if used properly
- Everything- excellent tool to use, a lot to practice, very person centred, all excellent
- Presentation style, very engaging, comfortable in group setting

What did you not like?

- Role play
- Role play but think it is necessary and relevant
- 3pm get tired but ok again after 5 minute break
- Heat in room
- Nothing, the most important thing for me was the importance of engaging with people-partnership -listening

What would you change about this training?

- Nothing
- As the content was so interesting I would like if training was longer
- I think it was well pitched and useful for my practice
- Have WRDTF have a Dip in MI
- Nothing, delightful to hear that there may be an opportunity to revisit the module and learn more in the next module

Any Other Comments:

- Love your ways of getting groups involved etc.
- Thank you for restoring my belief in my skills and motivating me again. Delighted I came
- Great facilitation, very engaging, keep people concentrating on a good level
- Great and interesting training
- Brendan was very engaging and ensured everyone was happy and understanding of material before moving on to next topic. V valuable training
- Thank you, very enjoyable training and very enjoyable trainer, learning in a relaxed atmosphere
- Many thanks
- Follow-on course would be very useful, after putting new skills and knowledge into practice
- Looking forward to follow-up session. Very enjoyable and helpful, thank you
- Really learned a lot and inspired to move into this area
- Really enjoyed the training, excellent facilitation
- Enjoyed the training, it had a good mixture of knowledge, skills, group experience and role play

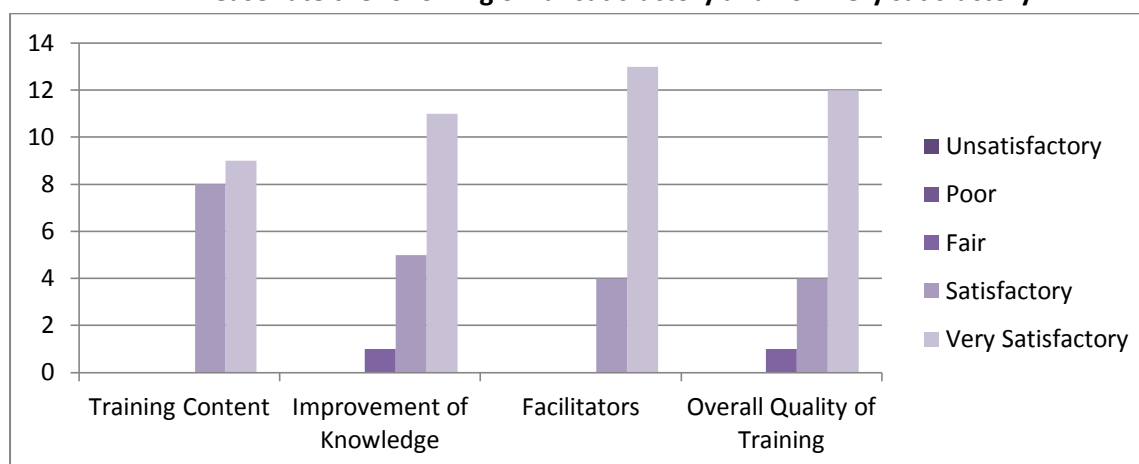
Course: Motivational Interviewing 1

Date: September 10 & 11 (Galway)

Number attended: 18 (17 Completed)

Trainer: Brendan Murphy

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



What were the most useful parts of today's training?

- Skills for eliciting change talk
- Role Plays x 10
- Skills in steering discussion
- Open discussion- use of core skills of MI as teaching methods really worked
- Questionnaire style
- How to engage clients
- Sharing case scenarios. Allowing the group to lead at difference points (but not ramble)
- DVD Clips
- Open questioning and reflective listening
- Facilitators speedy wit & voice made for an environment conducive to learning, really enjoyed
- 2 days very informative, structure and content. Practice was useful and very very practical
- Chatting with others. Practicing the tools OARS
- The whole model, very practical, easy to learn, hopefully easy to use
- To get a better understanding of MI skills
- The various questioning tools and strategies which can be used

What were the least useful?

- Sometimes members deviated substantially from the content, could not have been avoided however
- Lunch outside of conference room maybe
- None, was excellent
- Too much emphasis on certain points that were basic
- First day (morning) a little bit drawn out, could be done quicker
- As I am a psychotherapist the skills training from day 1 would not have been necessary
- Maybe a specialist training for counsellors/psychotherapists to focus more on the MI part other than that I really enjoyed the training + how it was delivered. Very refreshing
- None really, felt day one was a lot I had covered before but enjoyable to sit in again. A specialised day for therapists

- A lot of time spent on role-play feedback, maybe there could be more structured way of focussing on the learning involved

Have you any other suggestions or comments to help us improve future trainings?

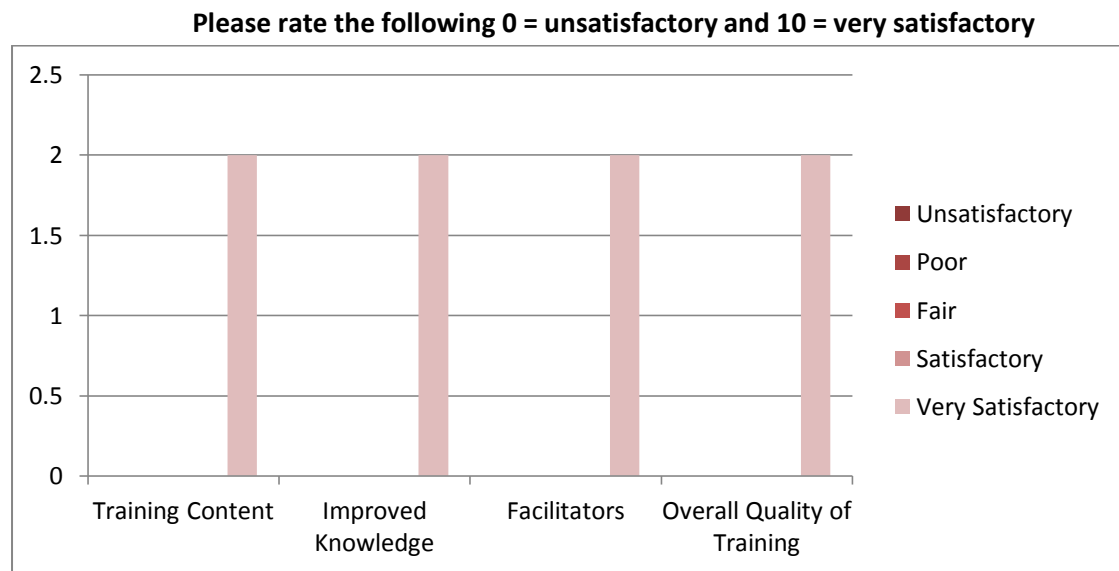
- More food
- Keep it up. A very informative and inspiring course. Looking forward to level 2. Thanks
- No. Very good
- Might be a good idea for training to be job specific (whole groups)
- Excellent training, facilitation very experienced and created great learning environment, open and collaborative way of working and free lunch very much appreciated so thank you.
- Well done
- Copy of the slides maybe, jumble up participants for role-plays for different feedback perspectives throughout 2 days. Thank you
- No found the training extremely useful. Facilitator style was great. Group discussions were great
- Perhaps mover quicker on certain basic things like What is MI. First day stuff could have been condensed.
- Thank you
- To offer a one day training in the skills practice and deepening them
- Perhaps a feedback sheet that would focus on certain areas for the observers

Course: Responding to Family Needs in Relation to Drug & Alcohol Issues

Date: September 25th (Ballina)

Number attended: 5 (2 Evaluations completed)

Trainer: Debbie McDonagh



Most Useful:

- Learning the 5 Step and different ways to deal with it
- The information provided, all relevant

Least Useful:

- Lack of time
- Venue

Other Comment:

- Make it longer x 2

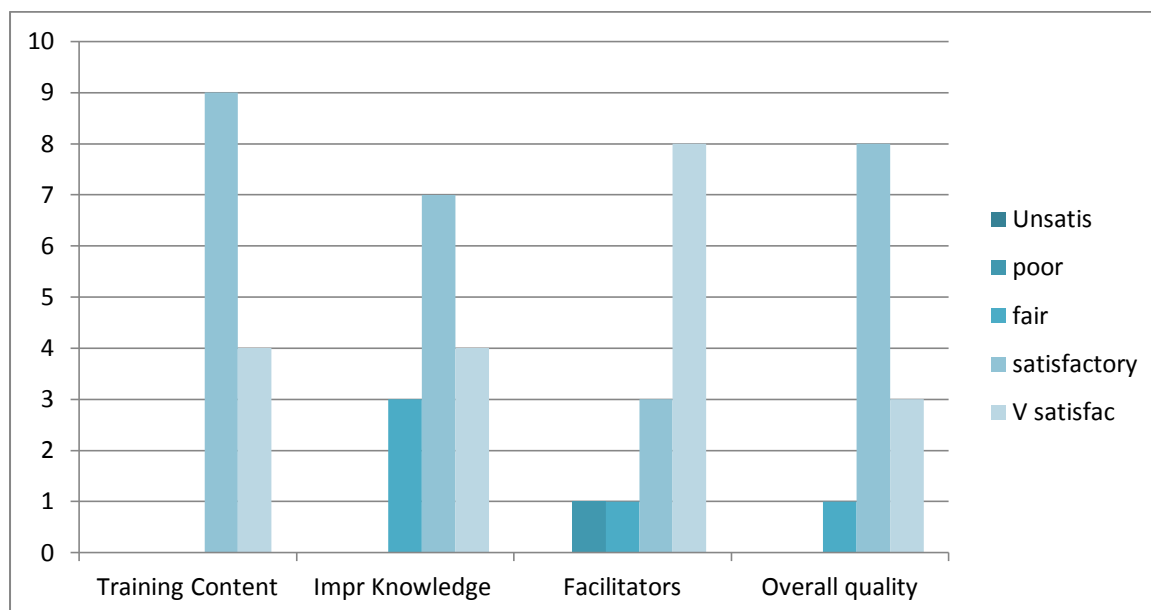
Course: Putting the Pieces Together

Date: September 30/October 1 (Tuam)

Number attended: 17 (13 Evaluations completed)

Trainer: Gillian Conway & Neil Wilson

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



Most Useful

- The resource itself a very comprehensive useful manual
- Policy
- Activity ideas in the handout
- The physiological impact of drugs, how to approach difficult situations within groups
- Working through the activities: seeing how different people interpret the activity
- Very good presentation of effects of drug use on brain and good discussion amongst group and points raised
- Group workx2
- Importance of Club policy. And contacting police. Dos and Don'ts
- Insights gained from other group members' experience and ideas , slides representing impact on brain activity
- Legislation on the particular situation
- Better knowledge of drugs and alcohol awareness when working with youths
- Knowing the effects of drugs on the brain. Hearing other people's experiences and stories.
- Interaction with groups in activities. Very informative

Least Useful

- Some 'aside' stories serve no purpose for the participants
- Some of the facts, especially the medical facts might need some updating or backing up
- I felt that reviewing the brief intervention wasn't enough. I think it would have been helpful for people to practise parts of it.
- All good

Any Other Suggestions

- More participation from the group- small group work very helpful
- Back up what is being taught
- No! Thanks for an informative two days
- Very good course overall. No real suggestions for improvement
- More time given to listening skills i.e. what has been said and not said.
- Thanks for a really informative and enjoyable day
- More practical

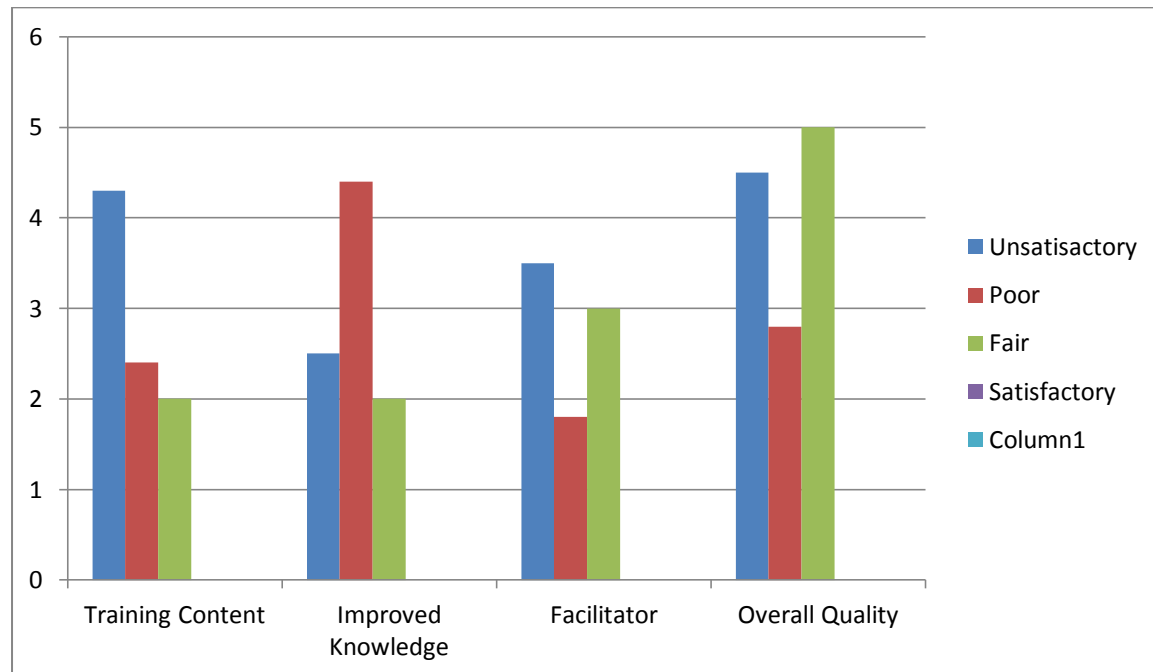
Course: Responding to Family Needs in relation to Drug & Alcohol Issues

Date: October 2nd (Castlereagh)

Number attended: 12 (8 Evaluations Completed)

Trainer: Debbie McDonagh

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



Most Useful:

- "Coping" acknowledging how long it can take
- Research/information/literature/slide presentation notes
- It was very useful
- Looking at the theories out there
- Models of application
- The Trident of coping
- The information given by the facilitator
- All
- The DVD was insightful

Least Useful:

- Could not see how this training related to me. Personally in my role as I had life experience of this previously, and professional experience

Other Suggestions & Comment:

- More often held in places like RWN, Very good
- More interaction e.g. small group exercises
- More of a focused point of training what is the key point to take away. More advanced content please

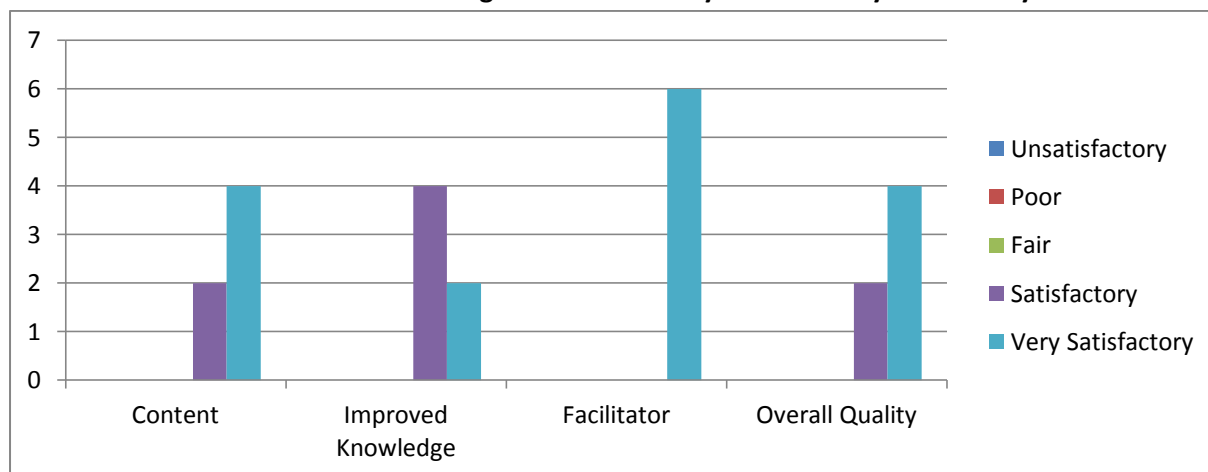
Course: Motivational Interviewing 2

Date: October 8&9 2014 (Galway)

Number attended: 15 (6 Evaluations completed)

Trainer: Brendan Murphy

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



Most Useful:

- Role plays, strategies
- Reviewing the content of MI1 and getting in to more detail about the steps of MI. In depth look at the practicalities of MI. Role plays were also very helpful
- I thought that there was an ideal mix of lecturing and skills practice. Found some of the fish bowl exercises particularly helpful. Great training and a very good experienced facilitator
- Role play
- To gain an insight into the subject and how it differs from other types of supports. Role plays, discussions, Brendan's examples meeting others in different work roles
- Section on reframing and the role plays. Level 2 gave me a better insight of the whole training

Least Useful:

- I'm aware that there is a gap between MI1 and 2 for some of the trainees but I felt a lot of time was spent recapping on basic training when maybe more focus could have been given to some of the new skills and strategies
- All material was relevant and useful
- The size of the seminar room. It was very small and stuffy. Sometimes hard to concentrate and to do the role plays
- Room small
- I enjoyed it all

Other Suggestions & Comment:

- Maybe rename and index the video files in a manner that makes them easier to find
- Only issue was the training room...so small and cramped. Thank you for such a great training opportunity
- Networking among various agencies/organisations is invaluable and working work situations within role play and discussion brings up very different perspectives
- I think it would be good to offer a shorter training course for therapists or workers who would have done a level of therapeutic training before to have a specific focus on how it differs etc.

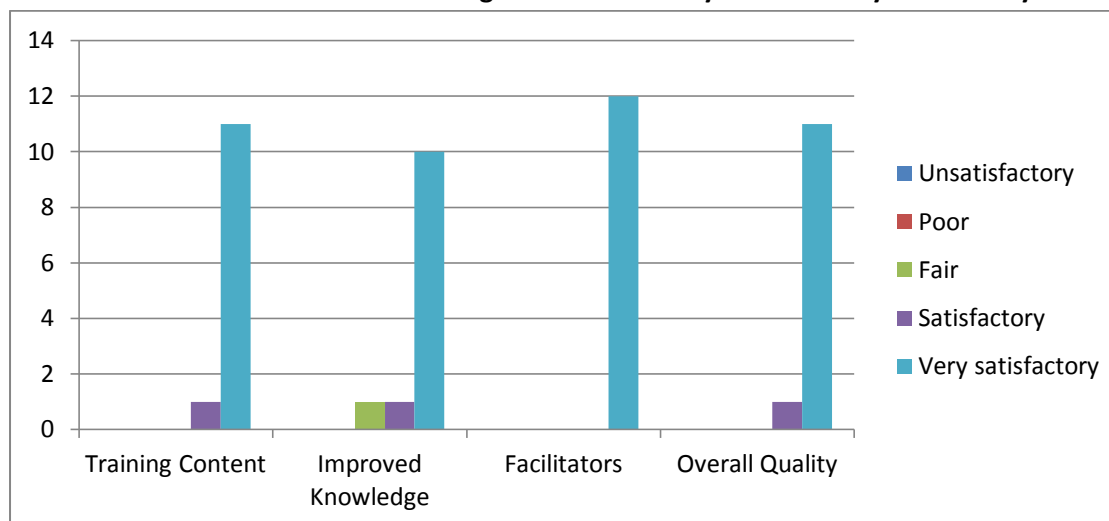
Course: Solution Focused Brief Therapy 1

Date: October 22 & 23 (Roscommon)

Number attended: 13 (12 Evaluations completed)

Trainer: Brendan Murphy

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



Most Useful:

- The practice role play, looking at its evolution
- Role play & video link x 2
- Very practical, useful information
- Provided focused way of working
- Good combination of theory and practice
- Best training I have ever done, I will definitely use it in my work. The role plays were so useful. Brendan was a brilliant trainer; I feel I learned a lot. Definitely interested in level 2. Very practical training
- Visual- role play on video/Steve
- Practicing role plays x 3
- Getting the opportunity to observe the model in action/ applying theory to practice
- Practicing the skills and the atmosphere of openness created by the facilitator
- The notes provided were excellent
- I found the two days very useful and will use the skills with my clients

Least Useful:

- The room and the lack of natural light
- All aspects of the course content delivery etc. were excellent unfortunately the lunch was poor

Other Comment:

- Very effective programme would be interested in part 2
- The room was very stuffy- no windows or air- unnaturally tired!
- Looking forward to level 2 x 2
- The hotel was lovely, food etc. but the rooms wasn't ideal it got a bit claustrophobic; Brendan was great at keeping our attention thought.
- Continue the way it is- possibly more natural light in training room
- Well done, keep it up, very much looking forward to level 2

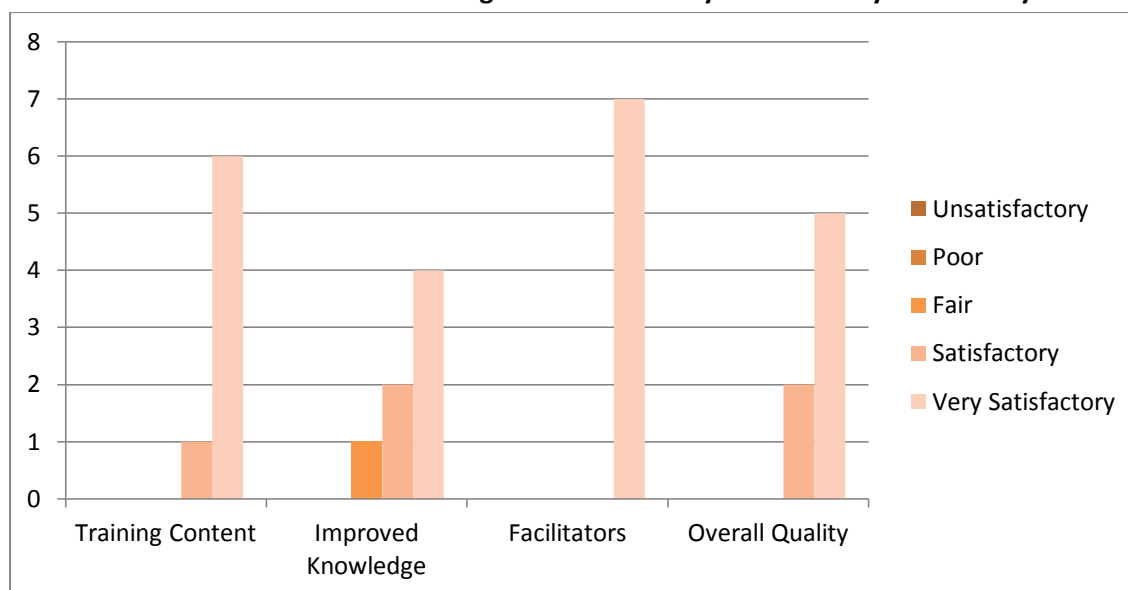
Course: New and Emerging Drugs

Date: November 5th 2014 (Tuam)

Number attended: 7 (7 Evaluations completed)

Trainer: Neil Wilson

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



Most Useful:

- The facilitator was excellent, explained everything well, made it all so interesting
- More information on drugs & getting the hand-outs
- Great knowledge base of issues discussed
- The amount and content of knowledge imparted by Neil
- Level of knowledge on various drugs, great mix of facts anecdote made learning very easy
- New emerging drugs, ones to watch for
- All the information was excellent , it was up to date and presented in a very understanding way

Least Useful:

- Nothing x 2
- All useful x 2
- Time spent on traditional drugs e.g. heroin

Other Suggestions or Comments to help Improve future training?

- No improvement required
- Drugs and the effects on the family
- More inclusion of side effects and symptoms
- Great
- More a/cs of people who have used on how it affected them personally such as girl who took G and the effect on her
- To continue to develop more training on drug usage

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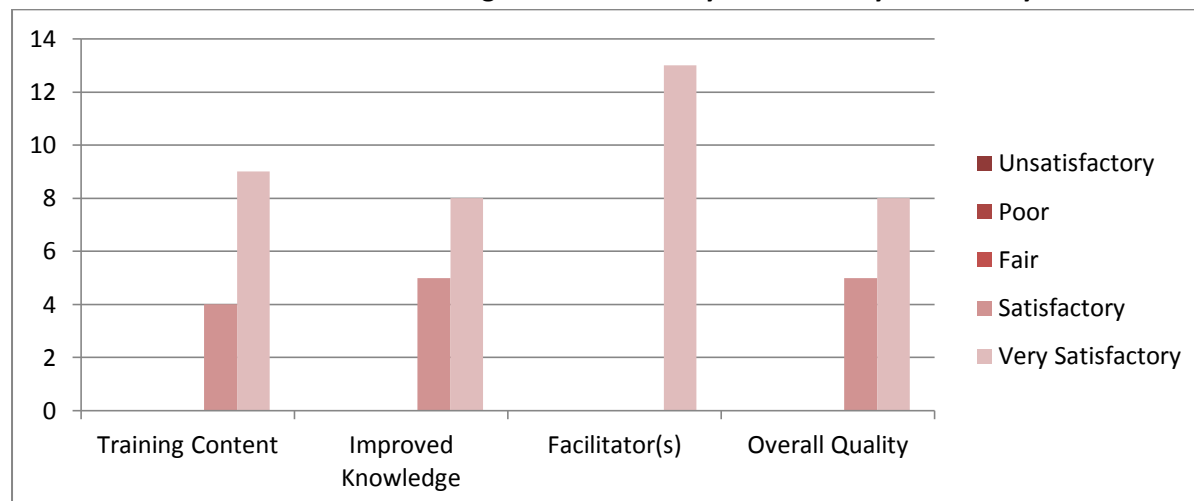
Course: SAOR: Brief Intervention for Alcohol Use

Date: November 12th (Roscommon)

Number attended: 15 (13 Evaluation forms completed)

Trainer: Brendan Murphy

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



Most Useful:

- Making me more aware of how to deal with the issue of alcohol dependency
- Model and the role plays
- Role plays- got to go through different scenarios and how to deal with them
- Role plays and statistics
- Model of talking to people around the problem of alcohol
- Unusually for me the role-plays
- How to approach subject
- Info on an approach to talk to clients and keep it brief and non-judgemental
- Techniques and supports available
- Most of the presentation, SAOR model explanation, role plays and feedback

Least Useful:

- None all very useful
- Pyramid- no sense at all, measures of alcohol, can be meaningless when people see others very healthily drinking twice that with no physical ill effects

Other Suggestions & Comment:

- Good training course
- Maybe an update when the new publication comes out
- Videos of effects of drink
- For more training sessions to be available on other addiction topics
- Well taught, nice environment.
- Just a comment, who is surveyed in research? I have never been asked

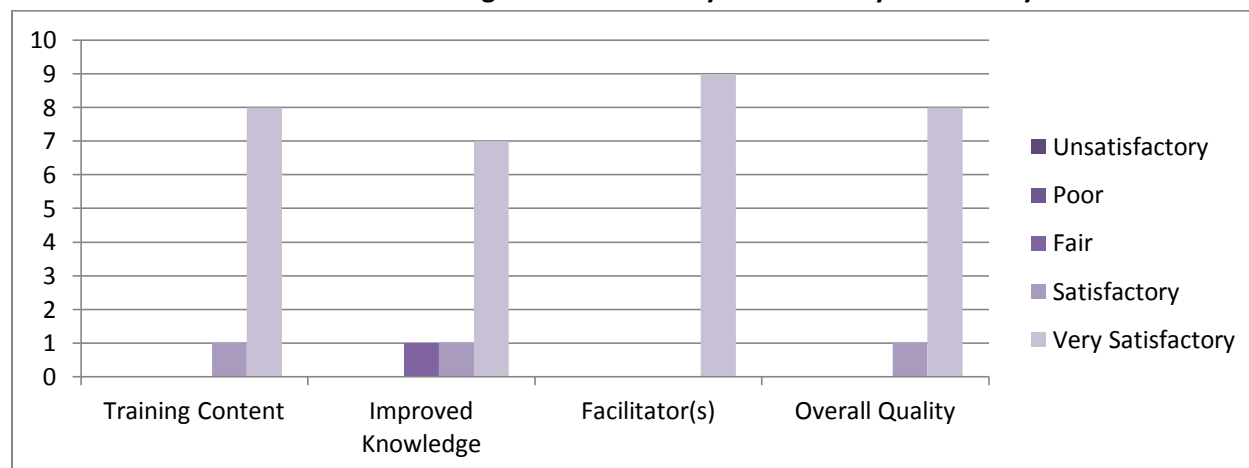
Course: SAOR: Brief Intervention for Alcohol Use

Date: November 13 (Galway)

Number attended: 9 (9 Evaluation forms completed)

Trainer: Brendan Murphy

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



Most Useful:

- Role play and understanding how to ask questions about alcohol use
- Reassurance regarding use of existing approaches and more clarity and streamlining of skills
- Explanation of the method, of the measuring of alcohol problem, and the practice of role play
- How to support a worker in addressing alcohol issues
- The importance of open ended questions as a tool for exploring alcohol issues
- Watching the trainer so the role play
- When to use the model is a key learning point, the structured stages to follow in the conversation
- Asking the question about alcohol directly, the drinking pyramid and understanding the different units of alcohol
- It was all very useful; it was very relevant to my work. Brendan ensured the training was tailored to all work needs. Everything we wanted to discuss was met
- It was very enjoyable, the day flew!

Least Useful:

- Nothing

Other Suggestions & Comment:

- More role plays
- All good
- More time for role play
- No think it's good
- More training around high risk drinking, harm reduction, people with disabilities and alcohol related issues
- Keep doing what you are doing- excellent training

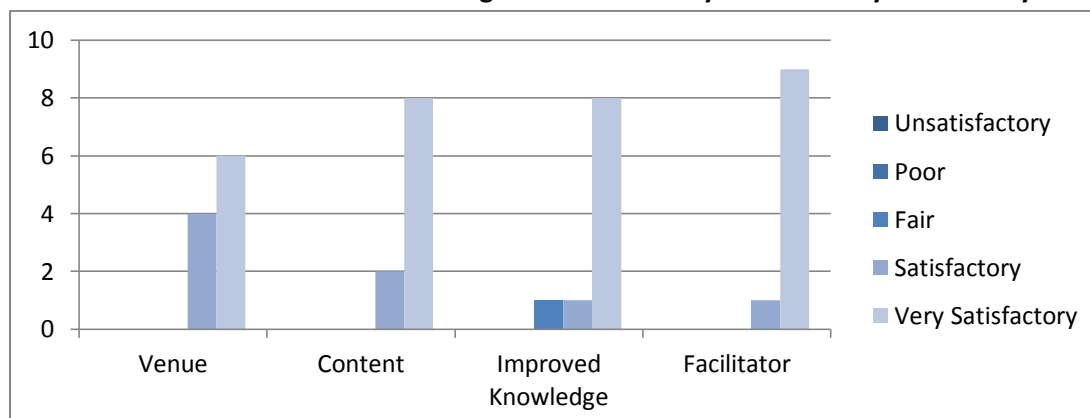
Course: New Trends in Drug Use

Date: November 18th 2014 (Tuam)

Number attended: 11 (10 evaluations completed)

Trainer: Gillian Conway

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



What were the most useful parts of the training?

- The information on prescription drugs
- Group exercises very beneficial
- The different types of drugs and percentage of people mixing alcohol and drugs
- The later part of the training dealing with trends and the impact on period 2004 to 2011
- It was thought-provoking personally and professionally
- Overview of drug types, group discussions on scenarios i.e. Target group, support re information
- The facilitators knowledge on her subject and her way of putting the information across excellent
- Networking and getting new ideas
- Group work
- The content of the input by Gillian & the group work
- Discussing the ?, reasons for drugs, the statistics

Least Useful:

- Thought there may have been more input from Gardaí/what they are finding amongst young people
- Lunch nice touch
- All aspects very informative

Other Comment:

- All very useful
- Maybe some more practice in groups e.g. scenarios
- Would like further training on the drugs i.e. head shops, prescription, cocktails impacts /symptoms, warning signs, maybe have speakers form treatment centres
- All very informative and interesting
- It was all excellent, thank you
- Certs of completion of course
- Further training on alcohol abuse
- It was excellent

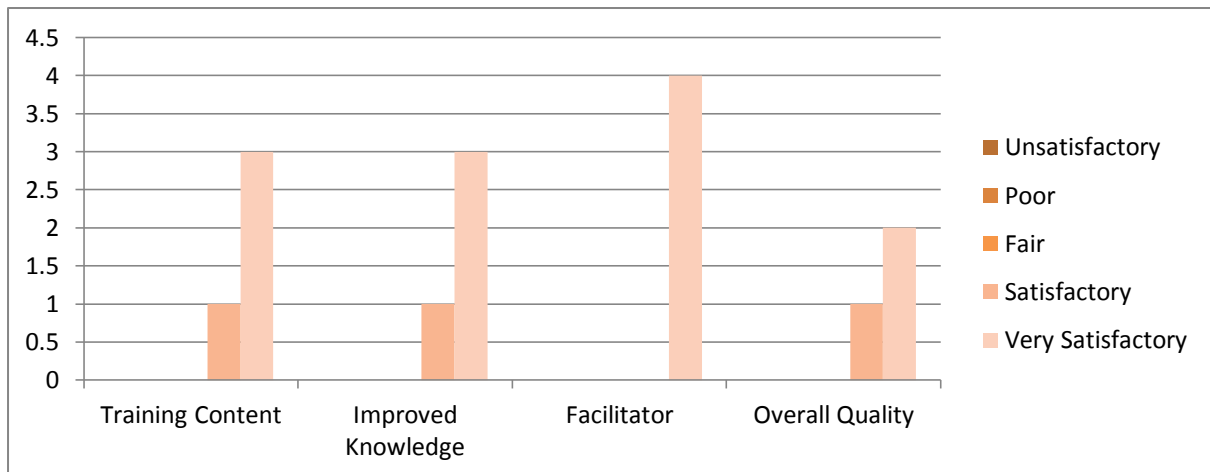
Course: Developing a Substance Use Policy

Date: November 28th (Ballinasloe)

Number attended: 4 (4 evaluations completed)

Trainer: Emmet Major

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



Most Useful:

- Learning new information
- Opening the conversation
- Reasons why a substance use policy should be in place
- That each group or organisation has to have a substance misuse policy

Least Useful:

- Not being able to give definite answers on specific questions

Other Suggestions & Comment:

- Type specific for various organisation

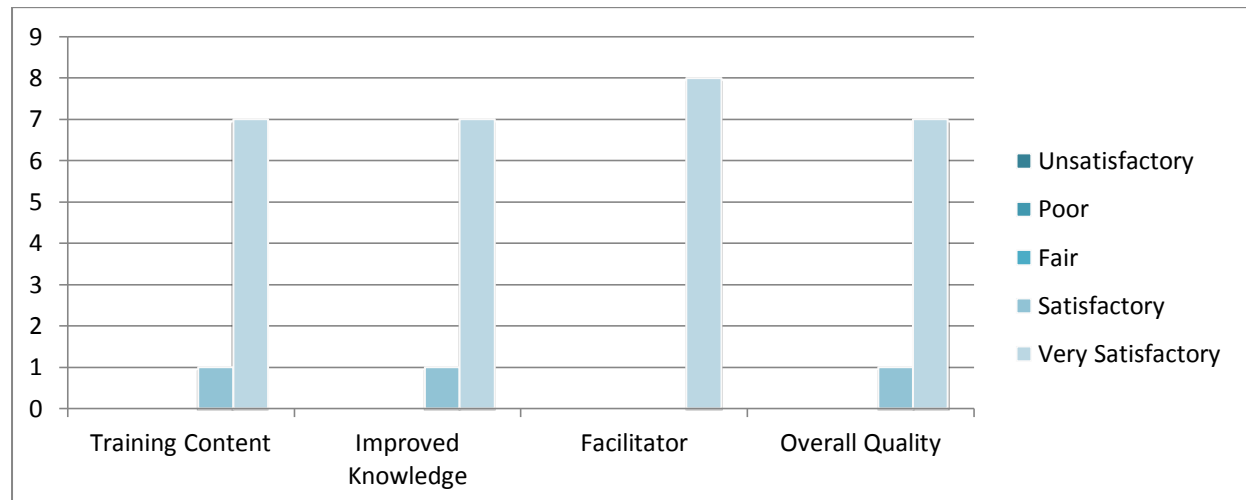
Course: Responding to Family Needs in Relation to Drug and Alcohol Issues

Date: December 1st 2014 (Ballinasloe)

Number attended: 11 Attended (8 Evaluation Forms)

Trainer: Emmet Major

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



Most Useful:

- Seven stages puts a framework on what we do every day supporting families
- Video and facilitation
- Inputs from all group members, info on the support services
- Practical element complimented the statistics
- Found all the course helpful
- It gave me an insight in to what families can do when they find one of their family is addicted
- I have found the training useful and I have learned more about the effects of drugs and alcohol

Least Useful:

- All useful
- Not long enough

Other Suggestions & Comment:

- Thank you
- More of these information days

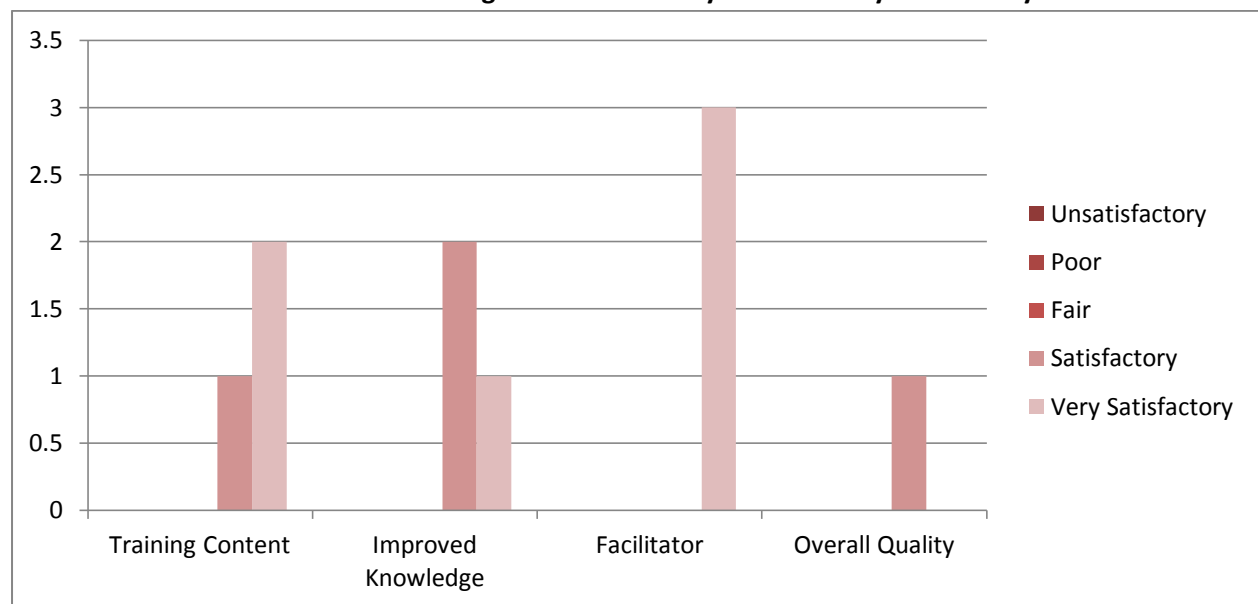
Course: Developing a Substance Use Policy

Date: December 5th December 2014 (Mayo)

Number attended: 3 (3 evaluation forms)

Trainer: Pat Conway

Please rate the following 0 = unsatisfactory and 10 = very satisfactory



Most Useful:

- Learning how to develop a substance use policy with your organisation to help deal with drug and alcohol use
- Very helpful in guiding towards developing a policy
- Handout pack looks very helpful and thorough
- Scenarios

Least Useful:

- Nothing really
- Slides full of info

Other Suggestions & Comment:

- Perhaps giving more case studies, scenarios etc. of real life situations
- Good to be able to follow up the advice after training especially if a problem with policy formation


APPENDIX 1: SUMMARY OF MARCH TO DECEMBER TRAINING:

Course Title	Location	Places Available	Numbers Applied	No.s/Status
Putting the Pieces Together	Galway	16	23	20
Putting the Pieces Together	Roscommon	16	5	Cancelled
Putting the Pieces Together	Mayo	16	12	7
New and Emerging Drugs	Castlebar	16	16	10
SAOR: Brief Interventions for Alcohol Use	Galway	15	21	16
SAOR: Brief Interventions for Alcohol Use	Castlebar	15	17	13
Motivational Interviewing (Level 1)	Roscommon	15	35	14
Good Practice Training in Drug Education	Tuam	8-20	9	6
Over-the-Counter Medications	Galway	8-12	18	14
Responding to Family Needs in Relation to Drug and Alcohol Issues	Galway	20	10	10
5-Step Method	Galway	12	External	FSN
Group Facilitation Skills	Expressions of interest	16	11	See below
Motivational Interviewing 1	Galway	15	22	17
Low Mood and Substance Use	Galway	8-20	11	Cancelled
Responding to Family Needs in Relation to Drug/Alcohol Issues	Ballina	20	11	5
Putting the Pieces Together	Tuam	16	9	13
Responding to Family Needs in Relation to Drug/Alcohol Issues	Castlerea	20	15	12
Motivational Interviewing 2	Co. Galway	15	21	15
Solution Focused Brief Therapy	Castlebar	8-20	17	13
New & Emerging Drugs	Tuam	16	10	7
SAOR: Brief Interventions for Alcohol Use	Roscommon	15	17	14
SAOR: Brief Interventions for Alcohol Use	Galway	15	17	9
New Trends in Drug Use	Tuam	8-20	13	11
Group Facilitation (4 Days)	Galway	16	21	Postponed
Developing a Substance Use Policy	Ballinasloe	20	5	4
Responding to Family Needs in Relation to Drug/Alcohol Issues	Ballinasloe	20	16	9
ADHD & Substance Use	Mayo	8-20	6	Cancelled
Developing a Substance Use Policy	Castlebar	20	5	3
January 2015				
Motivational Interviewing 1	Galway	15	20	
Community Reinforcement Approach (CRA)	Galway	15		
Totals		507	412*	242**

*Not inclusive of 5 Step Participants

**Not inclusive of course in January 2015

Appendix 2: 2015 Training Calendar (January to July)

 Training Calendar: Jan to Jul 2015					
Month	Dates	Training	Location	Places	Page
January	14/15	Motivational Interviewing 1	Mayo	Full	Page 3
	21/22	Group Facilitation (Part 1)	Galway	16	Page 4
	28/29	Solution Focused Brief Therapy 1	Roscommon	15	Page 5
February	11/12	Group Facilitation (Part 2)	Galway	As above	Page 4
	12	Steroids	Galway	15	Page 7
	18/19	Putting the Pieces Together	Roscommon	16	Page 8
	26	Basic Drug Awareness	Galway	16	Page 9
March	3	Responding to Families	Connemara	16	Page 10
	3/4	Putting the Pieces Together	Loughrea	16	Page 8
	4/5	Motivational Interviewing 1	Roscommon	16	Page 3
	6	Developing a Substance Use Policy	Castlebar	10	Page 11
	11	New and Emerging Drugs	Tuam	16	Page 12
	18/19	Community Reinforcement Approach (CRA)	Galway	16	Page 13
	19	New Trends in Drug Use	Claremorris	15	Page 14
	26	SAOR: Brief Intervention for Alcohol Use	Galway	15	Page 6
April	17	Developing a Substance Use Policy	Roscommon	10	Page 11
	21/22	Putting the Pieces Together	Oughterard	16	Page 8
	23	Developing a Substance Use Policy	Galway	10	Page 11
	29/30	Motivational Interviewing 1	Clifden	15	Page 3
May	5/6	Putting the Pieces Together	Westport	16	Page 8
	6	Putting the Pieces Together Refresher	Claregalway	12	Page 15
	21	Responding to Families	Galway	16	Page 10
	27/28	Motivational Interviewing 1	Castlebar	16	Page 3
June	4	Over-The-Counter Medication	Castlebar	12	Page 16
	10/11	Solution Focused Brief Therapy 2	Roscommon	16	Page 17
	17	SAOR: Brief Intervention for Alcohol Use	Ballina	15	Page 6
July	8/9	Motivational Interviewing 1	Ballinasloe	16	Page 3
Other	SAOR: Brief Intervention for Alcohol Use: Train the Trainer Course				Page 18
	Booking Forms				Page 19-21
	Other Training available via the WRDTF and how to access it				Page 22-23

All training is provided free of charge.

For all training queries please contact the WRDTF at training@wrdf.ie or 091 480044

Booking forms must be submitted in order to secure a place on a course.