Module: Self-Management

Frequency Recording Sheet for Self-Management (Adult/Practitioner)

Learner: _____

Person collecting data: _____

Target behavior/skill: _____

Date	Place an 'X' or '√' each time the learner engages in the target behavior during the observation	Activity/setting

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Frequency Recording Sheet for Self-Management (Learner)

Learner: _____

Date: _____ Class/setting: _____

Target skill/behavior: _____

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Interval Recording Sheet for Self-Management (Adult/Practitioner)

Learner: _____

Target skill: _____

Person collecting data: _____

Directions: Place an 'X' in the appropriate time interval if the learner is engaging in the target skill at any time. Following the observation, record the total number of intervals that the learner was engaging in the behavior.

Date	**Time**							**Classroom/setting**
							Total # of intervals	

Module: Self-Management

Interval Recording Sheet for Self-Management (Learner)

Learner: _____Class/setting: _____

Date: _____ Target skill/behavior: _____

Instructions: This recording sheet is designed to be used with five time intervals. At the end of each interval, the learner circles whether he or she stayed and played with friends. After the last interval, the learner determines if he or she met the criterion to receive a reinforcer.

How many smiles did I get?_____ **Do I get a reward? _____**

YES **NO**

GET A REWARD!!! **Try Again**