

## **Sample Preschool Schedule**

<b>7:30</b>	<b>Center opens</b>
<b>7:45 – 9:00</b>	<b>Breakfast is available</b> <i>Monday/Wednesday:</i> cereal, fruit, milk <i>Tuesday:</i> eggs, toast, fruit spread, fruit, milk <i>Thursday:</i> bagels with cream cheese, fruit, milk <i>Friday:</i> pancakes, fruit, milk
<b>7:30 - 9:05</b>	<b>Indoor activities:</b> <i>Dramatic play, large/small motor, block construction, computer, writing table, science exploration</i>
<b>9:05 – 9:15</b>	<b>Clean up</b> <i>Children are given ample time to take responsibility for classroom upkeep</i>
<b>9:15 – 10:00</b>	<b>Group time #1</b> <i>Good morning greeting, information/announcements, calendar, mystery box, homework, stories, math/language development</i>
<b>10:00 – 10:45</b>	<b>Outside play:</b> <i>extension of a.m. activities</i>
<b>10:45 – 11:25</b>	<b>Group time #2</b> <i>Curriculum-focused small groups: science, math, literacy, etc.</i>
<b>11:25 – 12:05</b>	<b>Outside play:</b> <i>sand/water, gross/fine motor, etc.</i>
<b>12:05 – 12:15</b>	<b>Transition:</b> <i>toileting, hand-washing</i>
<b>12:15 – 12:50</b>	<b>Lunch</b>
<b>12:50 – 1:10</b>	<b>Outside play</b>
<b>1:10 – 1:30</b>	<b>Transition/toileting</b>
<b>1:30 – 3:00</b>	<b>Nap/rest time:</b> <i>story tape, soft music</i>
<b>3:00 – 4:00</b>	<b>Snack available</b>
<b>3:00 – 5:00</b>	<b>Outside play</b>
<b>5:00 – 5:30</b>	<b>Closing group time:</b> <i>informal stories, songs, etc.</i>
<b>5:30</b>	<b>Center closes</b>