CALIFORNIA
TASK FORCE ON
THE STATUS OF
MATERNAL
MENTAL
HEALTH CARE

Research Description and Timeline

The Central Valley Health Policy Institute is conducting a statewide assessment of availability/accessibility of services; clinical strategies; and roles of financing and regulatory policies on: screening, referral, treatment, and ongoing support for maternal mental health services. Primary data will be collected through a web-based survey and in-depth interviews.

- Survey Goal: To identify current maternal mental health treatment programs in the state, whether public or private, including identifying reproductive psychiatrists.
- Interview Goal: To learn more about select programs that have gained attention, have treated numerous women or appear to have an element of sustainability, scalability or the possibility for sustainability and scalability.

Research Item	Description	Tasks	Timeline
Design web-based survey *(Research Design Phase)*	Create web-based survey based on draft questions and literature surrounding Maternal Mental Health Assessments	▪ Request feedback from 3-5 Task Force members regarding survey ▪ Incorporate edits ▪ Request Task Force members provide suggested list of names/agencies/contact information of individuals to be surveyed	6/24-7/1/15
Administer web-based survey *(Data Collection Phase)*	Administer survey to providers, local government agencies, community-based organizations and all suggested contacts (statewide)	▪ Send surveys to all suggested contacts listed by initial respondents ▪ Provide early findings to steering committee for discussion to determine if more invitations are needed	7/6-9/18/15

Design In-depth Interview *(Research Design Phase)*	Develop in-depth interview format and questions (Length: 1 hr., Goal: 30 interviews)	▪ Request feedback from 3-5 Task Force members regarding survey questions ▪ Request Task Force members suggest recommendations of individuals to be interviewed	7/15-7/22/15
Conduct 30 In-depth in person/phone interviews *(Data Collection Phase)*	Conduct in-person and phone interviews: record/take notes for each interview; initial coding completed with 24 hours	▪ Draft follow up notes from each interview with initial codes for later analysis ▪ Code interviews	8/1-10/16/15
Mixed Method Review of Findings *(Data Analysis Phase)*	Conduct Quantitative and Qualitative analysis on survey and interview findings; Develop report on findings	▪ Analyze web-based surveys and draft findings ▪ Analyze in-person interviews and draft findings	10/16-1/15/16
Develop White Paper *(Data Compilation Phase)*	Develop a white paper that details survey results, implications for current system and suggested improvements by sector	▪ Report initial findings to Task Force and receive feedback (2/18/16) ▪ Submit White Paper Draft for consideration to Task Force and request feedback and recommendations for policy/program suggestions (3/31/16) ▪ Incorporate feedback and re-submit to Steering Committee (4/28/16)	1/18- 4/28/16