



**METAS**  
SEVENTH-DAY  
ADVENTIST  
HIGHER SECONDARY SCHOOL  
RANCHI - 9



**Mr. S.D.D. Naidu.** Principal  
MA, M.Com, M.Ed, M.Phil

**YEARLY PLANNER**  
**2018-19**



# METAS

# SEVENTH-DAY ADVENTIST

## HIGHER SECONDARY SCHOOL RANCHI - 9

### Mission Statement

To touch the lives and to transform people by teaching,  
by healing and by creating a better community for man and God.

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### Vision Statement

To become a dynamic global institution and a  
centre for excellence.

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### Core Values

Compassionate in all dealings, Loyal to organizational goals,  
Hard work with passion and productivity, Continuous self-renewal,  
Honesty and Integrity in all aspects



# COURSES OF STUDY

## PRE-PRIMARY

- NURSERY** : Moral Instruction, English (1 Orals), English (2 Written), Rhymes, Hindi, Mathematics, Science, Coloring, Games
- JR.KG** : Moral Instruction, English (1 Orals), English (2 Written), Rhymes, Hindi, Mathematics, Science, Coloring, Games
- SR.KG** : Moral Instruction, English (1 Orals), English (2 Written), Rhymes, Hindi, Mathematics, Science, Coloring, G.K, Games

## ELEMENTARY

- STD. I** : Moral Instruction, English, Hindi, Mathematics, Environmental Studies (EVS), Computer Studies, Arts Education, G.K, Games
- STD. II** : Moral Instruction, English, Hindi, Mathematics, Environmental Studies (EVS) , Computer Studies, Arts Education, G.K, Games
- STD. III** : Moral Instruction, English, Hindi, Mathematics, Science, Social Studies, Computer Studies, Arts Education, G.K, Library, Games
- STD. IV** : Moral Instruction, English, Hindi, Mathematics, Science, Social Studies, Computer Studies, Arts Education, G.K, Library, Games
- STD. V** : Moral Instruction, English, Hindi, Sanskrit (Third Language), Mathematics, Science, Social Studies, Computer Studies, Arts Education, G.K, Library, Physical Education.

## PRIMARY

- STD. VI** : Moral Instruction, English, Hindi (Second Language), Sanskrit (Third Language) Maths, Physics, Chemistry, Biology, His/Civcs, Geography, Computer Studies, Arts Education, PT, G.K. SUPW, Library, Physical Education.
- STD. VII** : Moral Instruction, English, Hindi (Second Language), Sanskrit (Third Language) Maths, Physics, Chemistry, Biology, His/Civcs, Geography, Computer Studies, Arts Education, G.K. SUPW, Library, Physical Education.
- STD. VIII** : Moral Instruction, English, Hindi - Second Language, Sanskrit - Third Language, Maths, Physics, Chemistry, Biology, His/Civcs, Geography, Computer Studies, Arts Education, G.K. SUPW, Library, Physical Education.

## SECONDARY (STD. IX & X)

### Compulsory Subjects: (Internal Assessment)

1. Moral Instruction
2. Physical Training
3. SUPW

### Group I (Compulsory Subjects)

1. English
2. Hindi
3. History, Civics & Geography

### Group II (Any two of the following Subjects)

1. Mathematics
2. Science (Physics, Chemistry, Biology)
3. Economics
4. Commercial Studies

### Group III (Any One of the following Subjects)

1. Computer Application
2. Economics Application
3. Commercial Application

**Note: Rules & Regulations of the Syllabus and Assessment of the student's performance are done in accordance with the standard set by the CISCE, New Delhi**

## HIGHER SECONDARY (STD. XI & XII)

### Compulsory Subjects

1. English (External Assessment)
2. SUPW (Internal Assessment)
3. Moral Instruction (Internal Assessment)

### Elective Subjects:

#### Group I (Science)

1. Mathematics
2. Physics
3. Chemistry
4. Biology
5. Computer Science
6. Hindi

#### Group II (Commerce)

1. Economics
2. Accounts
3. Commerce
4. Business Studies
5. Computer Science
6. Hindi

#### Group III (Arts)

1. History
2. Political Science
3. Geography
4. Sociology
5. Computer Science
6. Hindi

**Note: Every Student is required to take English (Compulsory), Four Elective Subjects & Internally Assessed Course, SUPW**

## **WORKING DAYS 2018 - 2019**

<b>MONTH</b>	<b>No. of Days</b>
<b>APRIL</b>	<b>20</b>
<b>MAY</b>	<b>14</b>
<b>JUNE</b>	<b>10</b>
<b>JULY</b>	<b>22</b>
<b>AUGUST</b>	<b>22</b>
<b>SEPTEMBER</b>	<b>19</b>
<b>OCTOBER</b>	<b>18</b>
<b>NOVEMBER</b>	<b>21</b>
<b>DECEMBER</b>	<b>15</b>
<b>JANUARY</b>	<b>19</b>
<b>FEBRUARY</b>	<b>20</b>
<b>MARCH</b>	<b>21</b>
<b>TOTAL WORKING DAYS</b>	<b>221</b>

## WEEKLY WORKING DAYS 2018 - 2019

MONTH	MON	TUE	WED	THU	FRI	TOTAL
APRIL	4	4	4	4	4	20
MAY	2	3	3	3	3	14
JUNE	2	2	2	2	2	10
JULY	5	5	4	4	4	22
AUGUST	4	4	4	5	5	22
SEPTEMBER	4	4	4	4	3	19
OCTOBER	4	4	4	3	3	18
NOVEMBER	4	4	3	5	5	21
DECEMBER	3	3	3	3	3	15
JANUARY	4	4	4	4	3	19
FEBRUARY	4	4	4	4	4	20
MARCH	4	4	4	4	5	21
<b>TOTAL</b>	<b>44</b>	<b>45</b>	<b>43</b>	<b>45</b>	<b>44</b>	<b>221</b>

## MONTH WISE INSTRUCTIONAL DAYS 2018 - 2019

MONTH	MON	TUE	WED	THU	FRI	TOTAL
APRIL	4	4	4	4	4	20
MAY	2	3	3	3	3	14
JUNE	2	2	2	2	2	10
JULY	5	5	4	4	4	22
AUGUST	4	4	3	5	5	21
SEPTEMBER	2	2	1	2	1	8
OCTOBER	4	3	4	3	3	17
NOVEMBER	4	4	3	5	5	21
DECEMBER	1	1	1	1	0	4
JANUARY	2	2	2	2	1	9
FEBRUARY	4	4	4	4	4	20
MARCH	0	0	0	0	1	1
<b>TOTAL</b>	<b>34</b>	<b>34</b>	<b>31</b>	<b>35</b>	<b>33</b>	<b>167</b>

## LIST OF ACTIVITIES 2018 - 2019

MONTH	DATES	CLASS	ACTIVITY
<b>MARCH</b>	<b>28 to 30, 2018</b>	<b>NURSERY – XII</b>	<b>REGISTRATION</b>
<b>April</b>	<b>02, 2018 19, 2018 20, 2018</b>	<b>Nursery - XII VI - VIII Nursery - Sr. Kg</b>	<b>Academic Session Begins Debate Competition Pink Day</b>
<b>May</b>	<b>04, 2018 04, 2018 20 to 31, 2018</b>	<b>IX - XII Nursery - Sr. Kg VI - VIII</b>	<b>Debate Competition Vegetable Day Educational Trip</b>
<b>June</b>	<b>18, 2018 18 to 20, 2018 22, 2018 22, 2018</b>	<b>Nursery - XII Nursery - XII VI - VIII Nursery - Sr. Kg</b>	<b>School Reopens Medical Checkup Talent Day Fruit Day</b>
<b>July</b>	<b>6, 2018 13, 2018 20, 2018</b>	<b>Nursery - Sr. Kg Nursery - V Nursery - Sr. Kg</b>	<b>Rhymes Recitation Story Telling Cap Day</b>
<b>August</b>	<b>3, 2018 10, 2018 17, 2018 24, 2018</b>	<b>Nursery - V VI - VIII IX - XII Nursery - Sr. KG</b>	<b>Talent Day Extempore Speech Extempore Speech Chocolate Day</b>
<b>October</b>	<b>2, 2018 12, 2018 25 to 26, 2018</b>	<b>Nursery - XII Nursery - Sr. Kg. Nursery - VIII</b>	<b>Health &amp; Temperance Day Yellow Day Annual Sports</b>
<b>November</b>	<b>04, 2018 11, 2018 18, 2018 25, 2018</b>	<b>Nursery - II III - V VI - VIII IX - XII</b>	<b>Class Picnic Class Picnic Class Picnic Class Picnic</b>
<b>February</b>	<b>8, 2019</b>	<b>Nursery - II</b>	<b>Fancy Dress</b>
<b>March</b>	<b>25 to 27, 2019</b>	<b>Nursery - XII</b>	<b>Annual Examinations Result Declaration &amp; Registration</b>

## HOLIDAY LIST : 2018 - 2019

DAY	DATE	DAYS	EVENTS	DAYS
April	05, 2018	WED	Ram Navmi	1
	14, 2018	FRI	Dr Ambedkar jayanti	1
May June	19, 2018 To 17, 2018	SAT SUN	Summer vacation	30
August	22, 2018	WED	Bakrid	1
September	21 - 2018	FRI	Moharam	1
October	13, 2018 to 21, 2018	SAT SUN	Dussehra	9
November	7 - 2018	WED	Diwali	1
December January	22, 2018 To 06, 2019		Winter vacation	15
<b>TOTAL</b>				<b>59</b>

## **EXAMINATION DATES: 2018 - 19**

<b>DATE</b>	<b>EXAMINATION</b>	<b>CLASS NURSERY TO IX &amp; XI</b>	<b>DAYS</b>
<b>September 7 - 20, 2018</b>	<b>First Terminal Examination</b>	<b>10</b>	<b>10</b>
<b>DECEMBER 7 - 20, 2018</b>	<b>Second Terminal Examination/ First Preliminary Examination For Classes X &amp; XII</b>	<b>10</b>	<b>10</b>
<b>JANUARY 10 - 23, 2019</b>	<b>Second Preliminary Examination For Classes X &amp; XII</b>	<b>–</b>	<b>10</b>
<b>MARCH 4 - 15, 2019</b>	<b>Annual Examinations For Classes Nursery to Std IX &amp; XI</b>	<b>10</b>	<b>–</b>
	<b>TOTAL</b>	<b>30</b>	<b>30</b>

## **CELEBRATIONS : 2018-19**

<b>MONTH/DATE</b>	<b>DAY OF CELEBRATION</b>	<b>DAYS</b>
<b>AUGUST 15, 2018</b>	<b>INDEPENDENCE DAY</b>	<b>1</b>
<b>SEPTEMBER 05, 2018</b>	<b>TEACHER'S DAY</b>	<b>1</b>
<b>OCTOBER 02, 2018</b>	<b>GANDHI JAYANTI</b>	<b>1</b>
<b>DECEMBER 21, 2018</b>	<b>CHRISTMAS CELEBRATIONS</b>	<b>1</b>
<b>JANUARY 26, 2018</b>	<b>REPUBLIC DAY</b>	<b>1</b>
	<b>TOTAL</b>	<b>5</b>

## LOAD OF NURSERY

SUBJECT	CLASS LOAD
MORAL	5
ENGLISH (Orals)	5
ENGLISH (Written)	5
RHYMES	5
HINDI	5
MATHS	5
SCIENCE	2
GAMES	2
COLORING	1
<b>TOTAL</b>	<b>35</b>

## LOAD OF SR. KG

SUBJECT	CLASS LOAD
MORAL	5
ENGLISH (Orals)	5
ENGLISH (Written)	5
RHYMES	2
HINDI	5
MATHS	5
SCIENCE	5
GAMES	1
COLORING	1
G.K.	1
<b>TOTAL</b>	<b>35</b>

## LOAD FOR JR KG

SUBJECT	CLASS LOAD
MORAL	5
ENGLISH (Orals)	5
ENGLISH (Written)	5
RHYMES	2
HINDI	5
MATHS	5
SCIENCE	5
GAMES	2
COLORING	1
<b>TOTAL</b>	<b>35</b>

## LOAD OF STD I - II

SUBJECT	CLASS LOAD
MORAL INSTRUCTION	5
ENGLISH	6
HINDI - SECOND LANGUAGE	5
MATHEMATICS	6
ENVIRONMENTAL STUDIES	5
COMPUTER STUDIES	5
ARTS EDUCATION	1
GAMES	1
G.K.	1
<b>TOTAL</b>	<b>35</b>

### LOAD OF III - IV

SUBJECT	CLASS LOAD
MORAL	5
ENGLISH	6
HINDI - SECOND LANGUAGE	5
MATHEMATICS	6
SCIENCE	5
SOCIAL STUDIES	5
COMPUTER STUDIES	4
ARTS EDUCATION	1
GAMES	1
G.K.	1
LIBRARY	1
<b>TOTAL</b>	<b>40</b>

### LOAD OF STD - V

SUBJECT	CLASS LOAD
MORAL INSTRUCTION	5
ENGLISH	6
HINDI - SECOND LANGUAGE	3
SANSKRIT - THIRD LANGUAGE	2
MATHEMATICS	6
SCIENCE	5
SOCIAL STUDIES	5
COMPUTER STUDIES	4
ARTS EDUCATION	1
PHYSICAL EDUCATION	1
G.K.	1
LIBRARY	1
<b>TOTAL</b>	<b>40</b>

### LOAD OF STD - VI - VIII

SUBJECT	CLASS LOAD
MORAL INSTRUCTION	2
ENGLISH	5
HINDI - SECOND LANGUAGE	3
SANSKRIT - THIRD LANGUAGE	2
MATHS	5
PHYSICS	3
CHEMISTRY	3
BIOLOGY	3
HISTORY/CIVICS	3
GEOGRAPHY	3
COMPUTER STUDIES	3
ARTS EDUCATION	1
PHYSICAL EDUCATION	1
G.K.	1
SUPW	1
LIBRARY	1
<b>TOTAL</b>	<b>40</b>

## LOAD OF STD - IX - X

SUBJECT	CLASS LOAD
<b>GROUP - I (Compulsory)</b>	
ENGLISH	5
HINDI	5
HISTORY/CIVICS	3
GEOGRAPHY	3
<b>GROUP - II</b>	
MATHS	6
PHYSICS	3
CHEMISTRY	3
BIOLOGY	3
<b>GROUP - III</b>	
COMPUTER APPLICATION	3
<b>INTERNAL ASSESSMENT</b>	
MORAL INSTRUCTION	3
SUPW	1
PHYSICAL TRAINING	1
LIBRARY	1
<b>TOTAL</b>	<b>40</b>

## STD. XI to XII CLASS LOAD (Science & Commerce)

SUBJECT	PERIODS
ENGLISH	6
PHYSICS / ACCOUNTS	7
CHEMISTRY / COMMERCE	7
MATHS / BIO / ECO	7
HINDI / COMPUTER	6
MORAL	4
SUPW	1
PT	1
LIBRARY	1
<b>TOTAL</b>	<b>40</b>

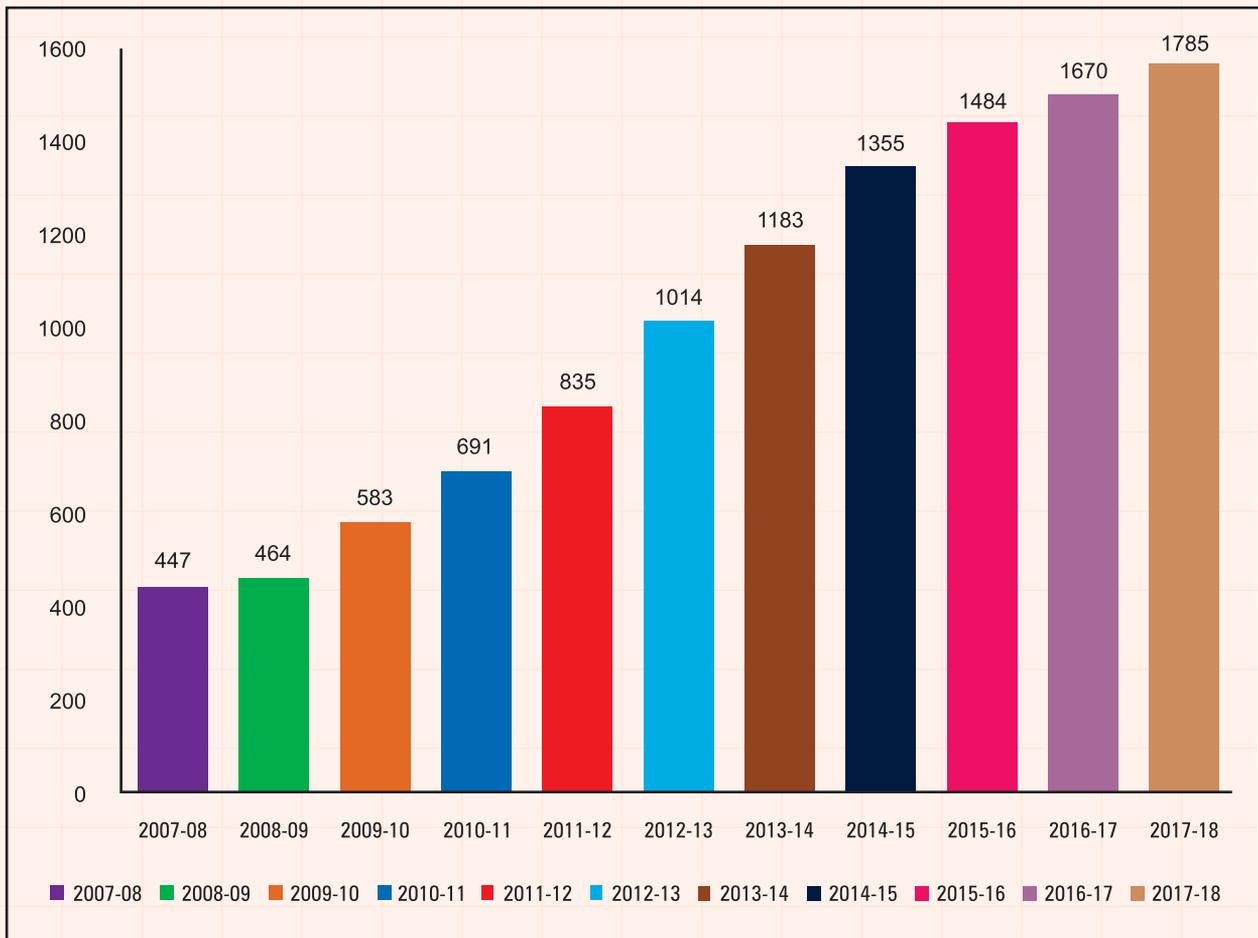


# METAS

# SEVENTH-DAY ADVENTIST

## HIGHER SECONDARY SCHOOL RANCHI - 9

### YEARLY GROWTH OF STUDENT'S STRENGTH



Academic Years

# SCHOOL TIMINGS

## REGULAR SCHOOL TIMINGS

7:40 am - 7:55 am  
**ASSEMBLY**

7:55 am – 12:30 pm  
**FOR CLASSES NUR - SR. KG.**

7:55 am – 1:30 pm  
**FOR CLASSES I- XII**

### Timings to meet the Principal

8:30 AM to 10:30 AM  
(Monday to Friday)

## WINTER SCHOOL TIMINGS

8:15 am – 8:30 am  
**ASSEMBLY**

8:30 am – 12:30 pm  
**FOR CLASSES NUR - SR.KG.**

8:30 am – 1:30 pm  
**FOR CLASSES I – XII**

### Fee Counter Timings

8: 00 AM to 12:00 noon  
(Monday to Friday)

## Age Criteria for Admission

Nursery - 3 Years

Jr. KG. - 4 Years

Sr. KG. - 5 Years

Class I - 6 Years



*"True Education is the  
harmonious development of  
the Physical, the Mental  
and the Spiritual Powers*



*"Education is the most powerful  
weapon which you can use  
to change the world"*