

U16 Game / Training Planner Spring 2016

February	Color Key			Jun Cert Mocks				WF Winter Fitness				BW Ball Work				CH Challenges				SLM Spring League Matches									
	Schedule																												
	Mon 1	Tue 2	Wed 3	Thu 4	Fri 5	Sat 6	Sun 7	Mon 8	Tue 9	Wed 10	Thu 11	Fri 12	Sat 13	Sun 14	Mon 15	Tue 16	Wed 17	Thu 18	Fri 19	Sat 20	Sun 21	Mon 22	Tue 23	Wed 24	Thu 25	Fri 26	Sat 27	Sun 28	Mon 29
Junior Cert Mocks	JCM	JCM	JCM	JCM	JCM	JCM	JCM	JCM	JCM	JCM	JCM	JCM	JCM	JCM															
Winter Fitness - Park						10.30	am						10.30	am															
Ball Work - Astro																	6pm			5pm				6pm			5pm		

March	Color Key		Jun Cert Mocks		WF Winter Fitness		BW Ball Work		CH Challenges		Challenges		SLM Spring League Matches																			
	Schedule																															
	Tue 1	Wed 2	Thu 3	Fri 4	Sat 5	Sun 6	Mon 7	Tue 8	Wed 9	Thu 10	Fri 11	Sat 12	Sun 13	Mon 14	Tue 15	Wed 16	Thu 17	Fri 18	Sat 19	Sun 20	Mon 21	Tue 22	Wed 23	Thu 24	Fri 25	Sat 26	Sun 27	Mon 28	Tue 29	Wed 30	Thu 31	
	Ball Work - Pitch	TBC				5pm			TBC			5pm			TBC					5pm			TBC				5pm					
	Challenges					CH												St Pat		CH						East				East		
Public Holidays																																
Spring League Matches																													Rd 1			

	Color Key			Jun Cert Mocks			WF Winter Fitness			BW Ball Work			CH Challenges			Challenges			SLM Spring League Matches											
April	Schedule																													
	Fri 1	Sat 2	Sun 3	Mo 4	Tue 5	Wed 6	Thu 7	Fri 8	Sat 9	Sun 10	Mon 11	Tue 12	Wed 13	Thu 14	Fri 15	Sat 16	Sun 17	Mon 18	Tue 19	Wed 20	Thu 21	Fri 22	Sat 23	Sun 24	Mon 25	Tue 26	Wed 27	Thu 28	Fri 29	Sat 30
	Ball Work - Astro / Pitch								5pm							5pm							5pm							5pm
Spring League Matches					Rd 2							Rd 3							Rd 4							Rd 5				

	Color Key		Jun Cert Mocks						WF Winter Fitness		BW Ball Work			CH Challenges		Challenges		SLM Spring League Matches													
May	Schedule																														
	Sun	Mon	Tue	We	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue
	1	2	3	4	5	6	7	14	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	28	29
Ball Work - Astro / Pitch							5pm							5pm							5pm										
Spring League Matches			Rd 6							Rd 7							S/Final							Final							