

# S.M.A.R.T. Goal Planner

<b>S</b> pecific	What <u>EXACTLY</u> do I want to happen?	
<b>M</b> easurable	I will know I have reached my goal when...	
<b>A</b> ttainable	With hard work, is it possible to reach this goal by the deadline?	
<b>R</b> ealistic and <b>R</b> elevant	My goal is important enough for me to put a plan into action. I will follow this specific plan to reach my goal:	
<b>T</b> ime-Bound	I will reach my goal by:	