

DENTAL HEALTH

LESSON

PLAN



ECIP's

(EARLY CHILDHOOD INDICATORS OF PROGRESS)

BY

1 - 2 - 3 LEARN CURRICULUM

ECIP's

Each activity in the infant, toddler and preschool lesson plan is broken into an ECIP's Domain. You will see the list of domains for Infant - 3 and Ages 3 - 5 before the infant lesson plan. (There is also a link to bring up the full file for each age group of the ECIP's if you don't already have a book).

Each activity is broken down into domain - component and indicator. When taking an ECIP's class you will learn what these are and see why I have broken each activity down for you. This is to better understand the ECIP's and to give you a better understanding when finding a lesson plan to up-load to <http://www.developtoolmn.org/>

Jean

1 - 2 - 3 Learn Curriculum

Lesson Plans

Lesson plans for MN child care providers are marked with the ECIP's. ECIPs are the MN specific early childhood standards, and there are links below to access the ECIP's.

This was done to help child care providers or centers going through the Parent Aware program in MN.

To get an online copy of the ECIP's, please click on the links below.

[Birth – 3](#)

1. Social and Emotional Development
2. Language Development and Communication
3. Cognitive Development
4. Physical and Motor Development

[3 – 5](#)

1. Social and Emotional Development
2. Approaches to Learning
3. Language and Literacy Development
4. Creativity and the Arts
5. Cognitive Development
6. Physical and Motor Development

You will click on the link and then click allow to be brought to the site.

Group Planning Form

Teacher(s):

Group: Infant



Week of:

Theme: Dental Health

Changes to Environment: Place some soft, plastic food items for infant to play with and hold. Place them down in a basket where infant can reach.

Changes to Routines and Schedule: Hang up dentist picture low where infant can see. Talk to infant, and let them know soon they will be getting some teeth, and they will brush them to keep them healthy, and they will visit the dentist when they get a little older.

Family / Home Connection: Print up cover sheet for parents and hang on bulletin board. This is to give them a visual of what the theme is for the week.

	Monday	Tuesday	Wednesday	Thursday	Friday
Indoor Activities Book	Drop in the Box <u>Goal</u> Small Muscle ECIP's # 3 Milestones Project: My Teeth	Puppet Fun <u>Goal</u> Senses ECIP's # 3 	Reading Books <u>Goals</u> <u>Language</u> early pre-literacy skills ECIP's # 2	Xylophone <u>Goal</u> Music ECIP's # 3 	Mirror <u>Goal</u> Large Muscle ECIP's # 3 # 4
Activities	Rocket Takeoff ECIP's # 1 # 4		Floor Time ECIP's # 3		Flashlight Dance ECIP's # 3

Story Time: Milestones Project: My Teeth

Moving to Music: Use Your Toothbrush

Sign Language: Toothbrush To sign *toothbrush*, extend your index finger and rub it back and forth in front of your teeth.

TO DO LIST:

Buy: Buy any additional items you want for the infant area.

Gather: Ask parents if they have any dental health books or items for infant area.

Other: Go to your local library and ask library to help you find more books about dental health. Get board books for the infant area. Print up the following pictures on white card stock and laminate. hang up where infant can see the pictures.

Group Planning Form

Teacher(s):

Group: Toddler

Week of:

Theme: Dental Health

Changes to Environment: Place some soft, plastic food items for infant to play with and hold. Place them down where toddlers can reach them. If you have a kitchen area, ask them to help you cook a healthy meal.

Changes to Routines and Schedule: Hang up the dental pictures low where toddlers can see. Talk to toddlers about the pictures, and that a dentist is who they will go to visit about their teeth when they get a little older. Talk about brushing your teeth and we do this to keep our teeth healthy.

Family / Home Connection: Print up cover sheet for parents and hang on bulletin board. This is to give them a visual of what the theme is for the week.

	Monday	Tuesday	Wednesday	Thursday	Friday
Indoor Activities	Walk the Animals <u>Goal</u> Dramatic Play ECIP's # 4 Brush, Brush, Brush	Counting Shoes <u>Goal</u> Numbers ECIP's # 3 →	Reading Books <u>Goals</u> <u>Language</u> development, early pre-literacy skills	Paper Balls <u>Goal</u> Large Muscle ECIP's # 4 →	Cars and Ramps <u>Goal</u> Blocks ECIP's # 4 →
Book					
Activities	Shake it Up ECIP's # 3		Flying Washcloth ECIP's # 4		Magnet Hide and Seek ECIP's # 3 # 4

Story Time: Brush, Brush, Brush

Moving to Music: My Toothbrush

Sign Language: Toothbrush To sign *toothbrush*, extend your index finger and rub it back and forth in front of your teeth.

TO DO LIST:

Buy: Buy any additional items you want for the toddler area.

Gather: Ask parents if they have any dental health books or items for toddler area.

Other: Go to your local library and ask library to help you find more books about dental health. Get board books for the toddler area. Print up the dental pictures from the infant section on white card stock and laminate. Hang up where toddler can see the pictures.

Circle Time

Circle time is done usually in the morning, first thing before you start your preschool day. Circle time is also called morning meeting or community circle.

The purpose of circle time is to introduce children to pre-k concepts using hands-on teaching methods, songs, movement, fingerplays, and flannel board figures and stories. In addition to a daily concept, you can also discuss the weather, calendar and name shapes.

Create Ground Rules

Generally pupils love circle time and the opportunities it gives them to talk about themselves and one another, but it is still essential to establish some basic rules for all to follow. The rules that you apply when facilitating circle time in your classroom should certainly be understood by all involved and ideally they should be agreed by everyone too, although this will depend to some extent on the age of the children. The reality of a well run circle is such that very few rules are actually needed. You may like to work to the following as a minimum:

- Only one person is to speak at any one time.
- It's perfectly acceptable to 'pass' on anything you don't want to talk about.
- All circle members will show respect for one another at all times.

Preschool Lesson Plan - Dental Health - Letter of the Week - H

Vocabulary	Dentist, chair, tools, office, mouth, teeth, gums, mirror, straight, cavities, filling, healthy, happy
Circle Time	
Greeting	Good Morning to You!
Daily Message	Good morning boys and girls. Today is _____. Today we're going to learn about brushing our teeth and the Dentist.
Read Aloud	Going to the Dentist by Helen Frost
Interactive Writing	Write the letter H on a dry eraser board. (The children can practice writing the letter on the floor or in the air).
Shared Reading	On Friday let one of the children read the book to the group.
Music	If You Brushed Your Teeth This Morning

ECIP's Domain: 1. Social and Emotional Development **Component:** Social Competence and Relationships **Indicator:** Interact easily with one or more children

Domain 3: Language and Literacy Development **Component:** Listening **Indicator:** Listen with understanding to stories, directions, and conversations

Small Groups

Purpose of small groups:

- To work and learn with a small number of children facilitated by a teacher.
- To allow teachers an opportunity to observe and assess where every child is on the road to learning to read and write.
- To allow teachers a time to use assessment results in intentionally work with specific children
- To learn the art of conversation including listening, taking turns and talking.
- To provide participation opportunities for each child.

When are small groups appropriate in the daily schedule? Small group time may be scheduled any time during the day. Set a specific time with specific groups. Small group activities are planned in advance and may continue with the daily lesson, teach a new concept, or allow children to practice skills, such as rhyming or alliteration.

How many children are in the ideal small group? Group size will vary according to the activity, but a group of 2 – 6 is an ideal size for learning and participation.

Small Group - ECIP's

ECIP's Domain 1: Social and Emotional Development

Component: Social Competence and Relationships

Indicators: Interacts easily with one or more children * Interacts easily with familiar adults * Begin to participate successfully as a member of a group

Domain 2: Approaches to Learning

Component: Persistence

Component: Demonstrate ability to complete a task or stay engaged in an experience

Domain 3: Language and Literacy Development

Component: Emergent Reading

Indicator: Retell information from a story * Understand that writing is a way of communicating

Domain 3: Approaches to Learning

Component: Emergent Writing

Indicator: Understand that writing is a way of communicating

Small Group

Preschool Lesson Plan - Dental Health - Letter of the Week H

Week of:

	Monday	Tuesday	Wednesday	Thursday	Friday
Small Group	<u>Read</u> - How to Have Healthy Teeth. Color. <u>Writing</u> - Have the children practice writing words in How to Have Healthy Teeth book above. <u>Game</u> - Dental Health Match Up Card game	<u>Read</u> - How to Have Healthy Teeth. Color. <u>Writing</u> - Have children match words to pictures in the Dental Health Match Up Card Game and then practice writing words on index cards. <u>Game</u> - Play Dental ABC sorting Strips.	<u>Read</u> - How to Have Healthy Teeth. Color. <u>Writing</u> - Have the children practice writing words in How to Have Healthy Teeth book above <u>Game</u> - Dental Health Match Up Card game.	<u>Read</u> - How to Have Healthy Teeth. Color. <u>Writing</u> - Have children match words to pictures in the Dental Health Match Up Card Game and then practice writing words on index cards. <u>Game</u> - Play Dental ABC sorting Strips.	<u>Read</u> - How to Have Healthy Teeth. Color. Send book home. <u>Writing</u> - Finish writing any words in the How to Have Healthy Teeth book above. <u>Game</u> - Dental Health Match Up Card game.
Regroup to Revisit Focus	Have kids share something they did/read/made in AL	Have kids share something they did/read/made in AL	Have kids share something they did/read/made in AL	Have kids share something they did/read/made in AL	Have kids share something they did/read/made in AL

ECIP's Domain 1: Social and Emotional Development **Component:** Social Competence and Relationships **Indicators:** Interacts easily with one or more children *

Interacts easily with familiar adults * Begin to participate successfully as a member of a group

Domain 2: Approaches to Learning **Component:** Curiosity **Indicator:** Shows interest in discovering and learning new things

Domain 3: Language and Literacy Development **Component:** Emergent Reading **Indicator:** Retell information from a story * Understand that writing is a way of communicating

Domain 3: Approaches to Learning **Component:** Emergent Writing **Indicator:** Understand that writing is a way of communicating

Active Learning - Regroup

Purpose of Regroup:

- To get children to talk about what they did during the day.
- To help children remember what they did during the day, so that when parents ask what they did during the day, hopefully parents will not get the automatic response "nothing".

When is regrouping appropriate in the daily schedule? Regroup with children before naptime, when you have 10 minutes to sit and talk about what they did that morning. What was the best part of their day? Get the children talking about their day.

You can also regroup in the afternoon after nap and snack, before children start going home for the day. Pick the best time in your child care / preschool to re-connect with the children.

Active Learning

Pick 3 items to do this week for active learning from the following sheet.

Active Learning

ECIP's

1. Social and Emotional Development
2. Approaches to Learning
3. Language and Literacy Development
4. Creativity and the Arts
5. Cognitive Development
6. Physical and Motor Development

Dramatic Play – **ECIP's Domain 1:** Social and Emotional Development **Component:** Social Competence and Relationships **Indicator:** Interacts easily with one or more children

Math – **Domain 5:** Cognitive Development **Component:** Mathematical and Logical Thinking: Number Concepts and Operations **Indicator:** Demonstrate increasing interest in and awareness of numbers and counting

Art – **Domain 4:** Creativity and the Arts **Component:** Creating **Indicator:** Use a variety of media and materials for exploration for exploration and creative expression

Read/Listen – **Domain 3:** Language and Literacy Development **Component:** Emergent Reading **Indicator:** Shows beginning understanding of concepts about print

Writing - **Domain 3:** Language and Literacy Development **Component:** Emergent Writing **Indicator:** Begins to copy or write own name

Science – **Domain 2:** Approaches to Learning **Component:** Curiosity **Indicator:** Shows eagerness and a sense of wonder as a learner

ACTIVE LEARNING: (ACTIVITY AND LITERACY PROPS)

Dramatic Play - Set up the dramatic play area as a Dentist office. Read the following detailed description. (Vocabulary, social skills)

Math - Dental Health How Many? Counting Sheet. Print up and laminate the colored copy on white card stock. Place copies of the B & W sheets in the writing or math center.

Art - Tooth Brush painting. Set out art supplies such as paper, washable tempera paint and old toothbrushes to provide open-ended opportunities for self-expression using the toothbrushes and paint.

Read/Listen - Put Dental Health books in the reading area. Go to your local library for other books about Dentists and Dental Health.

Writing - Put vocabulary words in writing area.

Science/Sensory - Teeth and Different Liquids.

Family / Home Connection

Send a copy of How to Have Healthy Teeth mini book home on Friday. Print up 1 - 2 sheets from the Dental Health Printable Activities, and send home in Friday Folder. Label these extra sheets homework. (Directions p. 2 in Dental Health Worksheets for this)

TO DO List:

Make: Print up the How to Have Healthy Teeth mini book, Dental Health Match Up Cards file folder game, Dental Health Alphabet Sorting Strips, and How Many? Dental Health counting sheets. Once they are put together, they will be used year after year.

Buy: Items needed for dramatic play.

Gather: Ask parents if they have any dental items you can use for dramatic area. (DVD's, books, scrubs, etc).

Other: Go to your local library and ask the library to help you find more books about Dental Health.

DENTAL HEALTH

WEEK 1

LARGE GROUP ACTIVITIES



	Theme Worksheets	Letter H	Number 8	Shape Square	Yellow
Monday	Dental Lacing Cards	Introduce the Letter H		Introduce the Shape Square Worksheet	
Tuesday	Tooth, Toothbrush and Toothbrush Activity		Learning the Number 8 Worksheet		Learning the Color Yellow Worksheet
Wednesday	This is How I Brush My Teeth	Letter H Recognition Worksheet		Squares Worksheet	
Thursday	My Tooth Brushing Chart		Trace the Number 8 Worksheet		Items that are Yellow Worksheet
Friday	Dental Headband	H is for happy worksheet	8 Healthy Smiles Worksheet		

ECIP's Domain 1: Social and Emotional Development **Component:** Social Competence and Relationships **Indicator:** Interact easily with one or more children

Domain 3: Approaches to Learning **Component:** Curiosity **Indicator:** Shows eagerness and a sense of wonder as a learner

Domain 4: Language and Literacy Development **Component:** Emergent Writing **Indicator:** Begin to copy or write own name