

SAMPLE VOLUNTEER SCHEDULE

	Mark & Unmark Routes
	1
	2
8:00a.m.-10:30 a.m.	Donation Pick Ups
	1 3
	2 4
7:30 a.m.-9:00 a.m.	Event Set up
	1 4
	2 5
	3 6
8:30 a.m.-10:30 a.m.	Security
	1
7:00a.m.-10:30 a.m.	Check-in Captain (key volunteer, preferably a committee member)
	1
8:00a.m.-10:30 a.m.	VIP Check-in for walkers or Team Captain Check-In (optional)
	1 3
	2 4
8:00a.m.-10:30 a.m.	Volunteer Check-in
	1
	2
8:00a.m.-10:30 a.m.	Walker Check-in
	1 6
	2 7
	3 8
	4 9
	5 10
8:00 a.m.-12:00 p.m.	Photography
	1
	2
8:30 a.m.- 11:30 a.m.	Start/Finish Line Breakfast
	1 3

	2	4
8:00 a.m.-12:00 p.m.	Advocacy Table	
	1	
	2	
8:00 a.m.-12:00 p.m.	I Walk with MS Table	
	1	
	2	
8:00 a.m.-10:30 a.m.	Greeters (direct participants to Walker IDs, Check-in tables, etc.)	
	1	3
	2	4
8:00 a.m.-10:30 a.m.	Incentive T-Shirt Table	
	1	3
	2	4
7:45 a.m.-10:30 a.m.	Envelope Processors/Sweeper (collect money from check-in tables)	
	1	
	2	
10:00 a.m.-1:30 p.m.	Massage Therapists	
	1	3
	2	4
8:30 a.m.-12:00 p.m.	Event Emcee	
	1	
8:30 a.m.-12:00 p.m.	Event DJ	
	1	
8:30 a.m.-12:00 p.m.	Media Spokesperson	
	1	
10:00 a.m.-12:00 p.m.	Finish Line Cheer/Completer Bags/Clean-Up	
	1	5
	2	6
	3	7
	4	8

FINISH/LUNCH CREW

10:00 a.m.-3:00 p.m.

Lunch/Beverage Tables	
1	5
2	6
3	7
4	8

ROUTE*Ham Radio Operator (must provide their own HAM radio) - one per rest stop*

8:30 a.m.- 12:00 a.m.

Start/Finish HAM	
1	

8:30 a.m.- 12:00 a.m.

Sag Vehicle HAM:	
1	

8:30 a.m.- 12:00 a.m.

Rest Stop HAM:	
1	

9:00 a.m.-1:00 p.m.

Crossing Guards (will receive location when they check-in)	
1	3
2	4

8:00 a.m.- 12:00 p.m.

Supply Vehicle Driver (must have valid driver's license)	
1	
2	

REST STOP CREWS*Food/Water Tables - Five people per rest stop*

9:30 a.m.-11:30 a.m.

Rest Stop #1:	
1	3
2	4

9:30 a.m.-12:00 p.m.

Rest Stop #2: If applicable	
1	3
2	4

First Aid (must be certified) - One per rest stop

9:30 a.m.- 11:30 a.m.

Start/Finish Line First Aid	
1	

9:30 a.m.-11:30 a.m.

Rest Stop #1 First Aid:	
1	

9:30 a.m.-12:00 p.m.

Rest Stop #2 First Aid: If Applicable

1