

**SOUTH BRISBANE**

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Post-Operative Rehabilitation

Musculoskeletal Physiotherapy

Shoulders & Knees

Backs & Necks

Sports Physiotherapy

Injury Prevention

Headaches

Core Stability & Pilates

Dry Needling / Acupuncture

Neurological Physiotherapy

Cardiorespiratory Rehabilitation

Pulmonary Physiotherapy

Oncology Rehabilitation

Chronic Disease Management

Exercise Classes

Men's Health & Continence

Women's Health & Continence

Mars Clinic

(Children's Continence)



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## Student Learning Contract

The aim of this agreement is to establish clear and objective guidelines for performance and behaviour in order to allow all parties involved to operate in a positive atmosphere. This learning agreement clarifies the expectations and procedures involved in partaking in a student placement within this facility.

### 1. Personal Attributes

- Be willing to seek and accept challenge and responsibility
- Demonstrate an ability to adapt to new ideas
- Respond positively and proactively to guidance and constructive criticism
- Maintain a high standard of dress, professional appearance and hygiene

### 2. Managing Relationships/Team Player

- Work well and establish good rapport within the multi-disciplinary team
- Work well and establish good rapport with student peers, physiotherapists and the administration team.
- Develop positive rapport with and earn respect of clients

### 3. Communication Skills:

#### **Oral Communication**

- ONE TO ONE:
  - \* Communicate well with doctors/nurses/patients/other allied health professionals/physiotherapy peers/administration team
  - \* Keep your clinical supervisor well informed of relevant issues, with an appropriate level of feedback
- GROUP:
  - \* Student group communications should foster contributions from all members
  - \* Provide positive feedback and constructive criticism to facilitate group learning
  - \* Mutual respect and professional conduct is mandatory

#### **Written Communication**

- Demonstrate a high level of professional documentation in all hospital charts, practice paperwork and communication with other physiotherapists

### 4. Organisation Skills

- Be consistent and punctual in attendance
- Be efficient and time organised, though allow time to finish designated tasks
- Be proactive in requesting assistance where required

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**5. Learning Aims**

**Communication**

- To gain confidence in communication with patients, doctors, nurses, other allied health professionals, student peers and admin team members
- To increase knowledge of when it is appropriate to approach nursing and other staff – what information is important to communicate from the physiotherapy assessment of the patient
- To become confident in gathering all relevant referral information both written and verbal

**Interview / Treatment Aims**

- To be prepared and organised – to develop a written plan prior to commencement of assessment and treatment
- To develop appropriately structured subjective and objective assessments
- To clarify and establish the patient's treatment priorities and other factors contributing to the main problem.

**Personal Aims**

- To develop confidence with initiation of patient treatment
- To practice and work safely including safe use of manual handling techniques, in order to avoid putting patients or yourself at risk.

**Organisation & Time Management**

- To become familiar with general hospital requirements and protocols.
- To demonstrate measurable improvements in time management over the course of the placement
- To gain an understanding of the hospital's function and the role of the physiotherapist within that facility

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*Student Physiotherapist*

.....  
*Clinical Supervising  
Physiotherapist*

.....  
*Signature*

.....  
*Signature*

.....  
*Date*

.....  
*Date*