

BUILDING HEALTHY COMMUNITIES: INTEGRATED COMMUNITY ACTION PLAN

April 2013 - April 2016

Capacities	Resources	Strategies	Target Changes	Outcome
<p>Mobility Element of the General Plan is approaching adoption with significant emphasis on balancing modes of transportation and context sensitive design.</p> <p>Biking and skateboarding have reached critical mass of use at local, regional and national levels with cultural, economic and government [for biking] support.</p> <p>Long Beach Transit is an award winning public transportation agency.</p>	<ul style="list-style-type: none"> ▪ Coalitions and Work Groups ▪ Government Grants ▪ City of Long Beach ▪ Long Beach Transit ▪ LBUSD ▪ Mobility oriented foundations ▪ Real estate industry ▪ Advocacy organizations ▪ Local stakeholders and orgs ▪ Professional organizations ▪ Large local employers ▪ Transportation economy [shoe, bike, skateboard, etc. sellers and manufacturers] ▪ Parent-Teacher Associations ▪ Healthcare providers 	<p>M1: Coordinate land-use planning and development with active mobility strategies [including transit-oriented development, bike friendly business districts, etc.]</p> <p>M2: Promote coordination of skateboard and bike safety education, advocacy training, safe routes programs, discount transit service and recreational biking/walking.</p> <p>M3: Support infrastructure investment for all modes of travel with emphasis on active transportation [biking, walking, skateboard and transit].</p> <p>M4: Reconfigure and maintain infrastructure into complete streets that have slower speeds, safer passage for people, place-making opportunities, reduce environmental impacts and greater community amenities.</p>	<p>MOBILITY AND SAFE PASSAGE</p> <p>Improve infrastructure to support efficient use and safety of alternative transportation [biking, walking, public transit and skateboarding] and reduce health impacts on residents, students and local stakeholders in the focus area.</p>	<p>#4 – Residents live in communities with health promoting land-use, transportation and community development.</p>



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<p>Long Beach is updating General Plan and other zoning documents relevant to housing.</p> <p>Policy-makers previously stating that affordable housing should be considered on Citywide basis.</p> <p>Significant effort has been invested into organizing grassroots advocacy through previous issues.</p> <p>Loss of Redevelopment has compelled more creative solutions for new affordable housing</p>	<ul style="list-style-type: none"> ▪ Coalitions and Work Groups ▪ Foundations oriented towards housing issues ▪ City of Long Beach ▪ Advocacy organizations ▪ Local stakeholders and orgs ▪ Affordable housing providers ▪ Faith-based organizations ▪ Large local employers ▪ State and US HUD funding ▪ Tenant resident population ▪ Real estate industry ▪ Academic/ technical research 	<p>H1: Support policies that create new health-promoting affordable housing [including inclusionary housing, revenue sources, etc.]</p> <p>H2: Develop policies that improve affordability of health promoting housing [including parking reductions, energy efficiency, water reduction, etc.]</p> <p>H3: Support policies that improve the quality and safety of existing housing.</p>	<p>QUALITY HOUSING</p> <p>Improve the quality and accessibility of housing in the focus area.</p>	<p>#4 – Residents live in communities with health promoting land-use, transportation and community development.</p>



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<p>Long Beach recently adopted plans [including Riverlink, 710 Livability Plan, etc.] that identify creative opportunities for new parks.</p> <p>LBUSD is making substantial investment into campuses through Measure K.</p> <p>Political momentum and capital for new parks [motherhood and apple pie]</p> <p>Successful open space projects implemented by community groups can be adapted to other parts of Long Beach.</p> <p>Long Beach is updating General Plan and other zoning documents relevant to land-use.</p> <p>Strong local political leadership for limiting liquor stores in impacted communities.</p>	<ul style="list-style-type: none"> ▪ Coalitions and Work Groups ▪ Government Grants ▪ City of Long Beach ▪ LBUSD ▪ Government Agencies ▪ Advocacy organizations ▪ Local stakeholders and orgs ▪ Trust for Public Land ▪ Community development corporations ▪ LA County Flood Control ▪ Faith-based organizations ▪ Utility Providers ▪ Vacant and under-utilized properties ▪ Large corporations ▪ Healthcare providers 	<p>N1: Improve safety and accessibility of existing civic and recreational amenities through extending hours of operation and coordination with organizations and local stakeholders.</p> <p>N2: Expand access to recreational and civic functions for neighborhoods with limited park space access and poor facilities [including temporary installations, mobile activity centers, cleaner water faucets etc.]</p> <p>N3: Create more public open space through leasing, zone change, shared/joint use agreements and land acquisition.</p> <p>N4: Reduce land-use inconsistencies through relocation of unhealthy land-uses, creation of buffers and revisions to city planning documents.</p>	<p>NEIGHBORHOOD LAND-USE</p> <p>Increase public access to and the amount of open space and recreational opportunities and reduce the number of unhealthy and blighting activities in the focus area.</p>	<p>#4 – Residents live in communities with health promoting land-use, transportation and community development.</p>



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<p>Long Beach has the third highest per-capita number of community gardens of cities in the nation.</p> <p>There is a growing interest in locally harvested, organic, fresh produce.</p> <p>Emerging technology for nutrition education and tracking.</p>	<ul style="list-style-type: none"> ▪ Coalitions and Work Groups ▪ Government Grants ▪ Community development corporations ▪ City of Long Beach ▪ LBUSD ▪ Parent-Teacher Associations ▪ Advocacy organizations ▪ Local stakeholders and orgs ▪ Business Associations ▪ Grocers and markets ▪ Nurseries and home improvement ▪ Vacant and under-utilized properties ▪ Local community garden organizations 	<p>F1: Promote urban agriculture opportunities through policies [including laws, community, and victory gardens, etc.]</p> <p>F2: Incentivize businesses, projects and institutions that increase healthy food access and infrastructure [including LBUSD, corner store conversions, farmers markets, locally-sourced produce, etc.]</p> <p>F3: Support food education programming [including healthy choices, cooking and gardening]</p> <p>F4: Support creation of consumer and worker cooperatives for food, services and goods production.</p>	<p>FOOD ACCESS AND PRODUCTION</p> <p>Increase affordable, healthy food access and production in the neighborhoods and at schools within the focus area.</p>	<p>#4 – Residents live in communities with health promoting land-use, transportation and community development.</p>



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<p>Long Beach is updating General Plan and other zoning documents relevant to land-use and mobility.</p> <p>Growing sophistication and coordination between environmental justice advocates, Port Administration and others to proactively account for public health and comprehensive community participation.</p> <p>Local groups have demonstrated incredible resourcefulness in using the research resources available to them to challenge and probe voluminous environmental impact reports and other studies.</p>	<ul style="list-style-type: none"> ▪ Coalitions and Work Groups ▪ Advocacy organizations ▪ Local stakeholders and orgs ▪ Government Grants ▪ Environmental justice oriented foundations ▪ City of Long Beach ▪ LBUSD ▪ Government Agencies ▪ Business Associations ▪ Professional organizations ▪ Community development corporations ▪ Business Associations ▪ Government Agencies 	<p>P1: Support development and adoption of zero emissions technologies in freight and public transportation.</p> <p>P2: Support sustainable practices such as LEED Buildings and renewable energy generation and usage</p> <p>P3: Conduct and support research that builds community knowledge and informs policy/ decision making, [including ultrafine particles, environmental documents, localized environmental health data, etc.]</p> <p>P4: Support stronger regulations in and enforcement of policies and strategies that reduce pollution in freight transportation sources</p> <p>P5: Respond to proposed port and infrastructure projects, and real estate development to ensure consideration of the community quality of life.</p> <p>P6: Develop a community-based plan identifying community needs and priorities for reducing or eliminating pollution [including tree plantings, air filtration, free/low-cost asthma medications and inhalers, etc.]</p>	<p>DECREASE POLLUTION</p> <p>Reduce exposure of residents and students to environmental impacts from freeways, freight operations, refineries, and local polluters through land-use, transportation and energy planning, design and support.</p>	<p>#4 – Residents live in communities with health promoting land-use, transportation and community development.</p>



Capacities	Resources	Strategies	Target Changes	Outcome
<p>Successful independent summer and after-school programs</p> <p>Men’s involvement programs</p> <p>City violence prevention plan</p> <p>Developing citywide orientation on Domestic Violence</p>	<ul style="list-style-type: none"> • Coalitions and Work Groups • BHC Youth Committee • Government Grants • City of Long Beach • LBUSD • Government Agencies • Advocacy organizations • Local stakeholders and orgs • Faith-based organizations • Youth-serving agencies 	<p>V1: Support proactive solutions for youth violence prevention [including the juvenile justice system, counseling, support groups, self-discipline classes, sports, etc.]</p> <p>V2: Promote youth and community education on violence prevention, including community forums, youth/adult dialogue and education for best practices related to community policing.</p>	<p>PREVENT VIOLENCE</p> <p>Provide proactive solutions to address the root causes of violence in schools, neighborhoods and the home.</p>	<p>#5: Children and their families are safe from violence in their homes and communities</p>



Capacities	Resources	Strategies	Target Changes	Outcome
<p>Youth leaders and adult allies skilled in action research, delegations, campaign strategy development</p> <p>Ethnic-specific strategies to address school discipline and academic achievement</p> <p>Recent school discipline resolutions in other communities [including LAUSD, FUSD, etc.]</p> <p>Restorative Justice pilot program at Reid High School</p>	<ul style="list-style-type: none"> • Restorative Justice training resources • Coalitions and Work Groups • BHC Youth Committee • Government Grants • City of Long Beach • LBUSD • Government Agencies • Advocacy organizations • Local stakeholders and orgs • Faith-based organizations • Youth-serving agencies 	<p>D1: Engage, inform and work with LBUSD stakeholders, parents and students to develop shared district-wide principles and expectations for discipline practices across all schools.</p> <p>D2: Pilot, promote, and sustain restorative justice practices that address root causes and focus on consequences that keep students in class and school.</p> <p>D3: Promote positive behavior with individual reinforcements, more support staff for students [counselors, tutors, mentors, social workers, etc.], alternative means of correction and limit the disciplinary role of police in and around schools.</p>	<p>SCHOOL DISCIPLINE</p> <p>LBUSD collaborates with parents, students, administrators and educators to develop and implement a district-wide school discipline policy that:</p> <ul style="list-style-type: none"> ▪ Addresses the root causes of behavioral problems and discipline issues ▪ Keeps students in schools and in the classroom ▪ Addresses accountability in a restorative, non-punitive way ▪ Results in a district-wide reduction in suspension rates and referrals for discipline problems 	<p>#7: Neighborhood and school environments support improved health and healthy behaviors</p>



Capacities	Resources	Strategies	Target Changes	Outcome
<p>Ability to organize and engage parent leaders</p> <p>Active parent-led campaigns</p> <p>Model of parent engagement from other districts</p> <p>LBUSD parent engagement programs and structures [School Site Councils, Superintendent’s Parent Forums, ELAC, etc.]</p>	<ul style="list-style-type: none"> • BHC youth committee, Youth & Schools Workgroups • Youth-serving agencies • Relationships with supportive CSULB, LBCC LBUSD staff • School-based wellness center and community school models • Relationships with community-based organizations providing adult leadership development programs • Regional organizations skilled in successful parent engagement efforts with schools such as: CADRE, Inner City Struggle, Families In Schools, Alliance for a Better Community • Parent-Teacher Associations 	<p>E1: Develop a “Parent University” that focuses on developing capacities [including the underlying factors impacting student achievement] provides training, assistance and support parents in advocating for their children.</p> <p>E2: Involve more parents at school sites and school organizations [as volunteers as well]</p>	<p>PARENT ENGAGEMENT</p> <p>Increase and strengthen parent engagement with schools and their ability to influence key decision making areas that will lead to improved student outcomes.</p>	<p>#7: Neighborhood and school environments support improved health and healthy behaviors</p>



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<p>Men's involvement programs</p> <p>College Promise</p> <p>LBUSD Academic and Career Success Initiative [2013 target goals]</p> <p>Linked Learning</p> <p>Successful independent summer and after-school programs</p> <p>Ethnic/Racial-specific strategies to address academic achievement</p>	<ul style="list-style-type: none"> • BHC youth committee, Youth & Schools Workgroups • Youth-serving agencies • Relationships with supportive CSULB, LBCC LBUSD staff • School-based wellness center and community school models • Relationships with community-based organizations providing adult and youth leadership development programs • Curricula and cultural competency models 	<p>O1: Promote a school climate and culture of inclusion for all youth regardless of: race, ability, gender LGBTQ, immigration status, economic condition, etc.</p> <p>O2: Advocate for mechanisms focused on key educational transition points that may pose risk for students of color, including early interventions in elementary schools.</p> <p>O3: Establish school-based wellness centers that provide mental, emotional, and clinical health services and resources.</p> <p>O4: Promote culturally relevant and responsive curriculum programming support based on students' different learning styles and cultures.</p>	<p>OPPORTUNITY AND ACHIEVEMENT</p> <p>Improve academic achievement of students of color by supporting their emotional and mental health and increasing positive connections with schools.</p>	<p>#7: Neighborhood and school environments support improved health and healthy behaviors</p>



Capacities	Resources	Strategies	Target Changes	Outcome
<p>Long Beach is updating General Plan and other zoning documents, providing opportunities for public education around relevant topics.</p> <p>Growing awareness and interest of correlation between sustainability physical environment and health.</p> <p>Strong coalition infrastructure developed through previous collaboration and campaigns.</p> <p>Local health-based programs within communities to build environmental work.</p> <p>Growing curriculum of health and environmental knowledge through health fairs and Toxic Tour.</p> <p>There are strong organizations and collaborations that can assist in developing education and activist leadership programs.</p> <p>Models of municipal youth development from other cities [San Francisco, Oakland, etc.]</p> <p>Current youth programming at McBride, MacArthur and Martin Luther King Jr. Park</p>	<ul style="list-style-type: none"> ▪ Coalitions and Work Groups ▪ Government Grants ▪ Foundations oriented towards civic engagement ▪ City of Long Beach ▪ Government Agencies ▪ Advocacy organizations ▪ Faith-based organizations ▪ Local stakeholders and orgs ▪ Local universities ▪ Healthcare providers ▪ Cooperative organizations ▪ Professional organizations ▪ TCE Technical Assistance ▪ LBUSD ▪ Parent-Teacher Associations ▪ Business associations ▪ Modern media [including social media, filming, mobile technology, PADnet, etc.] ▪ Library of relevant curriculum [including We Rise, Unnatural Causes, Toxic Tour, etc.] 	<p>C1: Inform, engage, educate and empower residents, students and stakeholders around community issues, social determinants of health and the decision-making process.</p> <p>C2: Use and develop community based arts and culture to engage diverse community.</p> <p>C3: Establish infrastructure for meaningful community engagement in planning, policies and project development.</p> <p>C4: Develop leadership pipelines that help youth and adult residents take increasing responsibility and ownership of community-improvements and how then can become mentors and role models.</p> <p>C5: Position youth, residents and stakeholders into the policy making structure through boards and commissions and elected positions.</p> <p>C6: Develop policies that make city and school information more accessible [including language access, noticing, etc.].</p> <p>C7: Advocate for increased emphasis and local resources dedicated to increasing quality youth employment and entrepreneurial skills.</p>	<p>BUILDING AND EXERCISING CAPACITY</p> <p>Develop community leadership and increase authentic involvement of youth and adult residents, and stakeholders in using their strengths and experiences to influence decision-making processes and their local community.</p>	<p>#4 – Residents live in communities with health promoting land-use, transportation and community development.</p> <p>#5- Children and their families are safe from violence in their homes and communities</p> <p>#6 - Communities support healthy youth development</p> <p>#7 - Neighborhood and school environments support improved health and healthy behaviors</p>

