

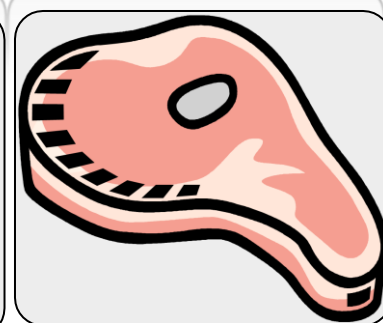
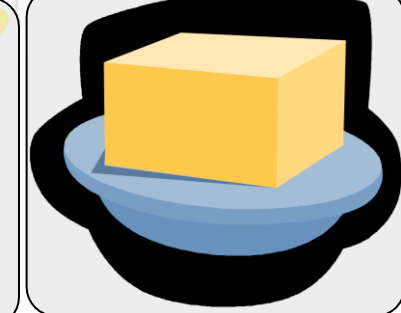
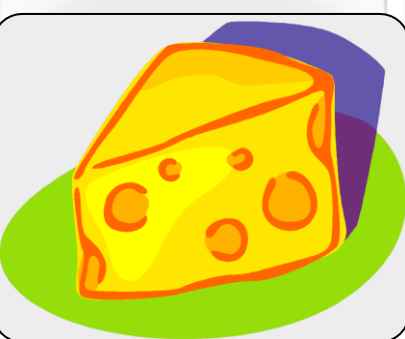
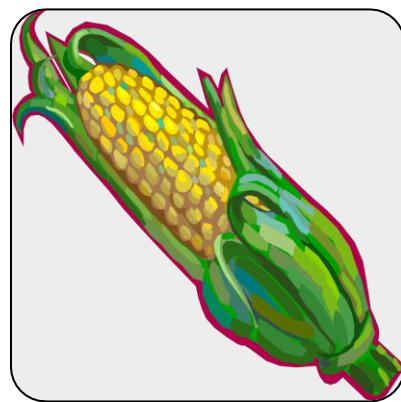
## Grocery Shopping Activity by Jourdan Saunders, M.S., CF-SLP

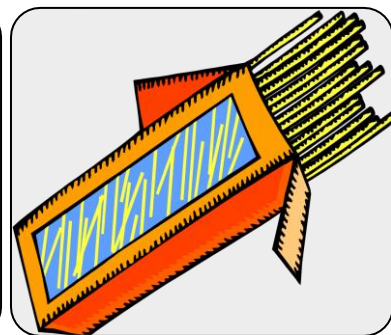
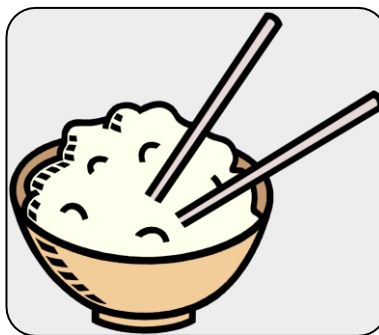
1. Have the students pretend that they are going grocery shopping.
2. First, show students a sample grocery list and talk about making a list before going shopping.
3. Skim through the book, Buying Groceries by Ana Paula G. Mumy, Illustrations by Korey Scott. Students can write down a list of items in the story that will go on their grocery list.
4. Give each child a shopping bag (i.e Ziplock bag, brown bag) or something that they can store their groceries in.
5. Plastic food can be used or pictures of food items can be used for grocery shopping.
6. Read the story Buying Groceries by Ana Paula G. Mumy, Illustrations by Korey Scott.
7. Each student can take turns reading each page and collect the items on the corresponding page.
8. After each student goes grocery shopping, everyone can talk about what they got at the store (i.e. "I went grocery shopping and I got \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_) and what food group the items go under.



<u>Milk</u>	<u>Vegetables</u>	<u>Meats</u>	<u>Fruits</u>	<u>Grains</u>	<u>Other</u> <u>(i.e.</u> <u>Sweets)</u>

All of the Images below (Food Items) were compiled in Microsoft Word Clip Art





<u>Milk</u>	<u>Vegetables</u>	<u>Meats</u>	<u>Fruits</u>	<u>Grains</u>	<u>Other (i.e. Sweets)</u>



## Other Websites and Activities that go with the Shopping Theme

- Merriam Webster Visual Dictionary Online is a great website that provides visual pictures of food and kitchen items that correspond to buying groceries.  
<http://visual.merriam-webster.com/food-kitchen.php>
- DLTk has activities, songs and poems that can be used with a buying groceries theme.  
<http://www.dltk-kids.com/nutrition/index.htm>