

# JULIE SPRAGUE DECKERT

## CAREER OBJECTIVE

To utilize my knowledge of sport performance and teaching skills by obtaining a faculty position as a Health/Physical Educator at the University of Southern California

## EDUCATION

M.S., California State University, Sacramento – May 1994

Emphasis: Sport Performance

B.A., California State University, Chico – May 1991

Emphasis: Physical Education

## WORK EXPERIENCE

- 1997 – Present**     **Faculty Member**, University of Southern California – Los Angeles, CA  
Educator in the Physical Education department.
- Class development, progression, and skill improvement.
  - Teacher evaluation committee member.
  - Coordinator and director of the aerobic and volleyball classes.
- 1995 – 2000**     **Associate Faculty**, El Camino College – Torrance, CA  
Educator in the Health Sciences and Athletics Division.
- Qualified instructor in various physical education classes.
- 1995 – 1997**     **Assistant Volleyball Coach**, El Camino College – Torrance, CA
- Assisted the head coach in all aspects of the job.
  - Created strength/conditioning programs for the athletes.
  - Responsible for team/player statistics.
- 1995 – 1997**     **Personal Trainer/Aerobic Instructor**, Spectrum – El Segundo, CA
- Facilitated the process of enabling the client to achieve fitness goals.
  - Instructed aerobic/aqua classes ranging from beginning to advanced.
- 1994 – 1995**     **Head Volleyball Coach**, Butte Community College – Oroville, CA
- Coordinated all aspects of the intercollegiate volleyball program; recruited student athletes, planned practice, developed game strategy, supervised student athletes, scheduled matches/transportation, and organized fundraising opportunities.
- 1993 – 1995**     **Associate Faculty**, Butte Community College – Oroville, CA
- Educator in the health/physical education department
  - Director of the Fitness Lab. Health/Wellness faculty member.
- 1993 – 1995**     **Instructor/Membership Service**, In Motion Fitness – Chico, CA
- Salesperson in the membership department. Educated others on the importance of living healthy lives.

- 1993 – 1994**      **Assistant Volleyball Coach**, Butte Community College – Oroville, CA
- 1991 – 1992**      **Associate Faculty**, California State University, Sacramento
- 1991 – 1994**      **Wellness Consultant**, Foundation Health – Rancho Cordova, CA
- Assessed participant’s fitness level and promoted health lifestyles.
- 1992 – 1993**      **Graduate Assistant**, California State University, Sacramento
- Organized lab activities and administered individual grades for an upper division physical education class, Motor Learning.
  - Instructed students through the skill progression in volleyball.
- 1991 – 1992**      **Assistant Volleyball Coach**, California State University, Sacramento
- 1991**              **Assistant Volleyball Coach**, California State University, Chico

### **COLLEGIATE VARSITY/PROFESSIONAL VOLLEYBALL**

- 2008**              Inducted in to the Hall of Fame at Chico State (Volleyball)
- 1995 – 2004**      Professional Beach Volleyball Player (AVP)
- 1993 – 1994**      Member of the Sacramento Stars Professional Volleyball Team
- 1990 – 1991**      Northern California Athletic Conference Most Valuable Player
- 1989 – 1990**      First team Northwest Region
- 1988 – 1990**      First team NCAC All Conference
- 1987 – 1990**      Member of the Chico State’s Women’s Varsity Volleyball Team.

### **ACADEMIC HONORS/AFFILIATIONS**

- Chico State Scholar/Athlete Award
- Member of the American Volleyball Coaches Association
- Member of the American Council on Exercise (ACE)
- Member of the National Strength and Conditioning Association (NSCA)
- Beach Coaching Accreditation Program Level 1 Certified (BCAP)

### **SPECIAL SKILLS**

- Certified in CPR/First Aid (current)
- Communication .... Leadership .... Teamwork .... Responsibility