

C.V.

EDUCATION

BOSTON UNIVERSITY

Post-Professional OTD Candidate, Anticipated completion May 2018

INTERNATIONAL COMMISSION ON HEALTH CARE CERTIFICATIONS

Certified Life Care Planner Examination Completion, May 2015

UNIVERSITY OF FLORIDA

Life Care Planning Certification Program, April 2015

UNIVERSITY OF SOUTHERN MAINE

Master of Occupational Therapy with High Honors, August 1999

WESTERN WASHINGTON UNIVERSITY

Bachelor of Arts, January 1996

Exercise and Sports Science, Health and Recreation with a Specialization in Pre-Physical Therapy

EXPERIENCE

TURNING POINT REHABILITATION CONSULTING, INC.

Occupational Therapy Director and Certified Life Care Planner

December 2006 to Present

West Vancouver, B.C.

- Manage an active caseload of four occupational therapists who assess and provide therapy for individuals of all ages who have experienced a physical, cognitive or psychological injury or disability that is disrupting their occupational performance or normal living.
 - Manage planning of interventions aimed at functional restoration by guiding clients through remedial activities to restore function and/or providing education on how to compensate for impairments including use of external aids, adaptive equipment and/or support services.
 - Caregiver training and family support.
 - Case Management services including development of an integrated interdisciplinary team to facilitate the rehabilitation process following injury.
 - Cost of Future Care Assessments that includes a functional assessment with recommendations that outline current and future care needs.
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COMMUNITY THERAPISTS, INC.

Senior Consultant Occupational Therapist

2002-2007

Vancouver, B.C.

- Clinical specialist training rehabilitation assistants and orientating occupational therapists on implementation of physical skills programs.
- Specialized in assessing and providing therapy to individuals who sustained acquired brain injuries, orthopaedic injuries and/or soft tissue injuries from preschool age to the geriatric population.
- Completed functional assessments, cognitive assessments, work site and ergonomic assessments, wheelchair assessments and cost of future care assessments.
- Structured and implemented home support care plans.
- Educated regarding activity modification and use of adaptive equipment
- Implemented cognitive rehabilitation programs, community integration programs, gym programs, graduated return to work programs, visual motor and handwriting programs.
- Provided rehabilitation management services including the coordination of interdisciplinary teams and providing opinion regarding the need for rehabilitation services and equipment to various fee payers including ICBC, Work Safe BC, Fraser Health- Acquired Brain Injury Program, Long term Disability Carriers, and legal professionals.

AEGIS THERAPIES

Occupational Therapist and Team Leader

2001-2003

Bellingham, WA

- Evaluated and treated adults with cardiac, orthopaedic, and neurological issues
- Performed wheelchair and seating evaluations
- Proficient with physical agent modalities (ultrasound, interferential, diathermy)
- Management duties: billing, staff training and led interdisciplinary team meetings
- Provide supervision of Certified Occupational Therapy Assistants

ST. JOSEPH HOSPITAL

Occupational Therapist

1999 – 2001

Bellingham, WA

- Evaluated and treated patients with acute medical conditions
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MOUNT VERNON SCHOOL DISTRICT

Occupational Therapist

1999-2001

Mount Vernon, WA

- Collaborated with parents, teachers, COTAs and community members to evaluate and treat students grade preschool to grade 12 with orthopaedic, neurological and developmental deficits.

BELLINGHAM ATHLETIC CLUB

National Strength and Conditioning Association Certified Personal Trainer

1996-1997

- Performed fitness assessments including strength, body composition and goal setting
- Developed and monitored individualized exercise programs for the healthy population

FERNDALE PHYSICAL THERAPY

Physical Therapy Aide

1995-1996

- Administered passive modalities including hot packs, ultrasound, diathermy, interferential treatment, traction and whirlpool
- Supervised and monitored outpatient exercise programs

PROFESSIONAL AFFILIATIONS

Since 2017	Licensed by California Board of Occupational Therapy
Since 2015	Member Academy of Integrative Pain Management (AAPM)
2002-2011	Member, British Columbia Society of Occupational Therapists (BCSOT)- became CAOT-BC
2009-2011	Board of Directors, British Columbia Society of Occupational Therapists (BCSOT)
2009	Chair, BCSOT Professional Development Committee
Since 2006	Member, International Association of Rehabilitation Professionals (IARP)
2005	Chair, Host Committee for 2005 CAOT National Conference
Since 2002	Registrant, College of Occupational Therapists of British Columbia (COTBC)
Since 2002	Member, Canadian Occupational Therapy Association (CAOT)
Since 2002	Member, World Federation of Occupational Therapists (WFOT)
1999-2003	Licensed Occupational Therapist with the State of Washington
Since 1999	Registrant with National Board Certification of Occupational Therapy, USA

CONTINUING EDUCATION

2017	Practical Program Evaluation, OTD Program, Boston University
2017	Educational Theory and Practice, OTD Program, Boston University
2017	Scripps 12 th Annual Brain Injury Rehabilitation Conference, San Diego, CA
2016	Social Policy and Disability, OTD, Program, Boston University
2016	Evaluating Clinical Research and Theory, OTD Program, Boston University
2015	IARP, 2015 Annual Conference, New Orleans, LA (30 CEs)
2015	No Life Limited By Pain, 26 th Annual Meeting, AAPM, Washington, D.C. (22.5 contact hours)
2015	Medical and Psychological Aspect of Life Care Planning, UFL <ul style="list-style-type: none">• Spinal Cord Injury: Adult and Pediatric, (20 contact hours)• Amputations: Adult and Pediatric, (20 contact hours)• Multiple disabilities, including chronic pain (20 contact hours)
2013	Forensic Aspects of Life Care Planning, Toronto, UFL (20 contact hours)
2013	Scripps 8 th Annual TBI Conference, Scripps Health, San Diego, CA (16 contact hours)
2012	Soft Tissue Injury Seminar, Vancouver, BC
2011	Medical and Psychological Aspects of Life Care Planning with Brain injury: Adult and Pediatric, Gainesville, FL
2010	Cost of Future Care, Vancouver, BC
2009	Chronic Pain on Trial: Myths, Mistakes and Misconceptions (TLABC)
2009	Cognitive Rehabilitation Workshop, Vancouver, BC
2007	Vocational Outcomes in Traumatic Brain Injury, Vancouver, BC
2007	Pacific Coast Brain Injury Conference, Vancouver, BC
2006	Putting It All Together, Life Care Planning Module 5, San Diego, CA
2006	Forensic Rehabilitation, Life Care Planning Module 3, San Diego, CA
2006	Tenets and Methodology Life Care Planning Module 1, San Diego, CA
2006	Spinal Cord Injury Life Care Planning, Module 2, San Diego, CA
2006	ABI: Supporting Positive Interactions and Behaviours, Chilliwack, BC
2006	The Essential Soft Tissue Injury Conference (TLABC), Vancouver, BC
2006	The Power Within, Vancouver, BC
2005	Life Care Planning, The Matheson System, Vancouver, BC
2004	Pain, Sleep and Depression (TLABC), Vancouver, BC
2003	Pacific Coast Brain Injury Conference, Vancouver, BC
2003	Pilates for Rehab – International Weightlifting Association, Seattle, WA
2003	Essential Soft Tissue Injury Conference (TLABC), Vancouver, BC
2002	Practical Seating and Positioning Solutions, Seattle, WA
2002	AOTA National Conference, Miami, Florida
2001	Designing Dementia Treatment Programs Using Allen Cognitive Level (ACL)
2000	Integrating Neurodevelopmental Treatment and Sensory Integration, Seattle, WA
1999	AOTA Special Interest Section, Pediatrics, Practice Conference, Reno, NV

PRESENTATIONS

- March 2017 AOTA 100th Annual Conference, Poster Presentation:
Life Care Planning: An Emerging Area for Occupational Therapists, Philadelphia, PA.
- March 2017 AOTA 100th Annual Conference, Poster Presentation:
The Skill of Being Entrepreneurial, Philadelphia, PA
- 2010 OT West Regional Conference: Tele-Occupational Therapy, Vancouver, BC
- 2004 ICBC Fraser Valley Rehabilitation Department, Ethical Dilemmas and Professional Conduct
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