



## **Job Description: DIETITIAN**

### **Job Summary**

Part or full time position in a multi-disciplinary wellness facility regarding development, implementation, and coordination of nutritional programs to assist in the promotion of health and control of disease.

### **Work Activities**

- Responsible for both individual and group education to promote core health improvement programs,
- Assesses nutritional needs, diet restrictions and current health plans to develop and implement dietary-care plans and provide nutritional counseling,
- Consults with physicians and health care personnel to determine nutritional needs and diet restrictions of patient or client,
- Advises patients and their families on nutritional principles, dietary plans and diet modifications, and food selection and preparation,
- Counsels individuals and groups on basic rules of good nutrition, healthy eating habits, and nutrition monitoring to improve their quality of life,
- Coordinates recipe development and standardization,
- Develops curriculum and prepare manuals, visual aids, course outlines, and other materials used in teaching,
- Promotes healthy eating habits,
- Works in collaboration with multi-disciplinary team to perform clinical assessments and develop treatment plans. The team includes mental health therapists, psychiatrists, psychologists, occupational therapists, speech therapists, nurses, dietitians, wellness coaches, chiropractors, acupuncturists, massage therapists, professional organizers, and educators,
- Organizes community educating workshops in the facility,
- Provides nutritional tips for the facility newsletter and community blog.

### **Job Context**

Majority of the responsibilities will take place at The Wellness Connection facility in Stone Ridge with professional staffing averaging 20 people. Spacious, climate-controlled, modern, luxurious offices will be provided upon appointments. The facility will house varied therapies concurrently in separate, sound-proof, private offices, while conducting group yoga and pilates classes in a separate fitness section. Facility work hours are Monday-Saturday 8am to 8pm, however individual schedules may vary. No Sunday or holiday work is required and overtime seldom occurs. Individual responsibilities are mostly limited to providing clients outstanding, satisfactory services. Additionally, contributing the corporate culture and activities are expected. The atmosphere is positive, encouraging, and team-work oriented.

### **Compensation Information**

The Wellness Connection offers a revenue share model for it's Independent Contractors. A percentage of your billable hour supports rent, technology, scheduling, billing, marketing, and overall administration of the office. Contractors will be paid bi-monthly.

### **Job Competencies**

Upon hire the dietitian must:

- Hold a Bachelors Degree,
- Be a Registered Dietitian,
- Have comprehensive liability insurance,
- Obtain minimum of 2 years of experience,
- Be able to establish empathy and a person-centered approach to clients,
- Have the ability to recognize own limitations and respond to difficult situations,
- Skillfully work in a self-motivated and independent way,
- Have excellent communication and interpersonal skills to interact with team members as well as clients,
- Have a strong dedication of wellness lifestyle.