

# JENNIFER M. SACHECK, PH.D.

Assistant Professor

Friedman School of Nutrition Science and Policy, Tufts University

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## I. GENERAL BIOGRAPHICAL INFORMATION

### A. PERSONAL

1. Jennifer Marie Sacheck, Ph.D.
2. Date of Birth: 10/28/1972; U.S. citizen
3. Education:
  - a. Undergraduate education:

B.S., Biology	Syracuse University, Syracuse, NY	1994
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  - b. Graduate education:

M.S., Exercise Science	University of Massachusetts, Amherst, MA	1997
Thesis:	The effect of diet on plasma levels of vitamin E in response to oxidative stress in endurance-trained female athletes	
Advisor:	Dr. Priscilla Clarkson	
Ph.D., Nutrition Science	Tufts University, Boston, MA	2001
Dissertation:	The effect of vitamin E and exercise-induced muscle damage on the acute phase response, oxidative stress and DNA damage in young and elderly men	
Advisor:	Dr. Ronenn Roubenoff	
Post-doctoral Fellow	Harvard Medical School, Boston, MA	2001-2005
	Examined the mechanisms underlying muscle disuse and atrophy in animal and cell culture models.	
Advisor:	Dr. Alfred Goldberg	

### B. ACADEMIC APPOINTMENTS

1. Current faculty position

Assistant Professor, Tufts University, Friedman School of Nutrition Science and Policy (FSNSP)	
John Hancock Center on Physical Activity and Nutrition	2005--
• Food Policy and Applied Nutrition (FPAN) Program	
• Biochemical and Molecular Nutrition (BMN) Program	
Scientist, Antioxidants Research Laboratory, Jean Mayer USDA Human Nutrition Research Center on Aging (HNRCA) at Tufts University	2007--
2. Previous positions

Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University	
Research Associate/Clinical Study Coordinator	1998-2001
University of Massachusetts-Amherst, Department of Exercise Science	
Research Assistant/Clinical Trial Recruiter	1996-1997

## C. Other Information

### 1. Honors and Awards

- 1993 Academic All-American, *Syracuse University and US Rowing*
- 1994 Syracuse University Scholar Athlete of the Year
- 1997 Selected by the American College of Sports Medicine to attend intensive study course: *The Limits of Human Performance: A Biological Perspective*, Ancient Olympia, Greece
- 1997 University of Massachusetts Graduate Student Travel Award
- 1997 Tufts University Nutrition Scholarship
- 1998 NIH National Research Award, Research Training Program in Nutrition and Aging
- 1998 Dorothy Harris Endowed Scholarship, *Women's Sports Foundation*
- 2001 Environmental/Exercise Physiology Research Award, *American Physiological Society*
- 2003 NIH Ruth L. Kirschstein National Research Service Award
- 2003 National Postdoctoral Association Travel Award
- 2007 Faculty Fellow, Tufts University Center for the Enhancement of Learning and Teaching

### 2. Other Non-academic Positions

- |   |           |
|---|-----------|
| National Strength and Conditioning Association<br>Certified Strength and Conditioning Specialist                | 2000--    |
| University of Massachusetts-Amherst, Department of Athletics<br>Graduate Assistant/Women's Varsity Rowing Coach | 1995-1997 |
| Radcliffe College, Harvard University Department of Athletics<br>Coaching Intern, Women's Rowing Coach          | 1994-1995 |

## II. RESEARCH INFORMATION

### A. RESEARCH SUPPORT

#### Current

- |  |                                |
|--|--------------------------------|
| 1. American Heart Association<br>\$198,000<br><i>Impact of physical fitness and overweight on inflammation in school-aged children</i>       | Sacheck (PI)<br>7/1/08-6/30/11 |
| 2. California Raisin Marketing Board<br>\$80,941<br><i>The effect of a high antioxidant snack on sustained energy and stress in children</i> | Sacheck (PI)<br>9/1/07-5/31/09 |

#### Current Other (Supplemental Research Grant Funding, Demonstration Projects, Gifts)

- |   |                                   |
|---|-----------------------------------|
| 1. John Hancock Financial Services, Inc.<br>\$ 5,000,000<br><i>John Hancock Center for Physical Activity and Nutrition</i><br>Role: Co-Investigator | Nelson (PI)<br>07/1/03-06/30/13   |
| 2. New Balance Foundation<br>\$ 5,000,000<br><i>Children In Balance</i><br>Role: Co-Investigator  | Economos (PI)<br>11/1/04-10/31/14 |

## Completed

1. Gatorade Sports Science Institute Sacheck (PI) 1/1/96-12/31/96  
\$1,000  
*The effect of diet on plasma levels of vitamin E in response to oxidative stress in endurance trained female athletes*
2. Women's Sports Foundation Sacheck (PI) 1/1/96-12/31/96  
\$5,000  
*The effect of diet on plasma levels of vitamin E in response to oxidative stress in endurance trained female athletes*
3. American College of Sports Medicine Sacheck (PI) 4/1/99 – 4/1/01  
\$5,500  
*Effect of age and vitamin E on exercise-induced oxidative stress*
4. LifeFitness Sacheck (PI) 4/1/99 – 4/1/01  
\$2,500  
*The effect of vitamin E on oxidative stress, antioxidant status and DNA damage in response to exercise-induced muscle damage in young and elderly males*
5. NIH/NIAMS 1F32 AR048517-01A1 Sacheck (PI) 2/1/03-1/31/05  
\$84,735  
Muscle gene expression following denervation and disuse
6. Tufts University Obesity Research Seed Grant Sacheck (PI) 3/1/06-3/1/2007  
\$10,000  
*Obesity-related metabolic stress and its impact on immunity in children*
7. Harvard Pilgrim Health Care Foundation Goldberg (PI) 9/1/07-3/1/08  
\$150,000  
*The childhood obesity epidemic: Tipping the scales in favor of our children*  
Role: Co-Investigator

## Completed Other

1. Major League Soccer Economos (PI) 1/01/07-12/31/07  
\$20,000  
*Healthy half-time snacks*  
Role: Co-Investigator
2. The Rosenberg Foundation Economos (PI) 3/1/07-12/31/07  
\$50,000  
*The Tufts Longitudinal Health Study*  
Role: Co-Investigator

## **B. NATIONAL SCIENTIFIC PARTICIPATION**

### 1. Peer Review/Review Panels

#### *Journals*

American Journal of Physiology – Endocrinology and Metabolism  
Canadian Journal of Physiology  
FASEB Journal  
Free Radical Biology and Medicine  
Journal of Nutrition  
Journal of Gerontology  
Obesity (formerly Obesity Research)

### *Competitive Grants*

Feb 2009      NASA/NSBRI Physiology Review Panel  
Jan 2008      NASA/NSBRI Physiology Review Panel  
Sept 2007     NASA/NSBRI Postdoctoral Fellowship Review Panel  
May 2007      NASA/NSBRI Physical Fitness Review Panel

## 2. Professional Societies

### *Membership*

1996--      Member, American College of Sports Medicine  
1999-01      Member, National Strength and Conditioning Association  
1999-01      Member, American Physiological Society  
2003-05      Member, National Postdoctoral Association  
2005--      Member, American Society for Nutrition (ASN)  
2005--      Member, The Obesity Society (formerly NAASO)  
2006-07      Member, International Society of Behavioral Nutrition and Physical Activity  
2006--      Member, Boston Obesity/Nutrition Research Center

### *Service*

2003          Founding Member of the Postdoctoral Association at Harvard Medical School

## 3. Invited Lectures, Presentations, Research Seminars

### *Local*

Gerontological Society of America. Oxidative stress, exercise and sarcopenia. Boston, MA, November 25, 2002.

U.S. Army Research Institute of Environmental Medicine. The role of vitamin E and oxidative stress in exercise. Natick, MA, March 29, 2004

Harvard School of Public Health. From Exercise to Aging – Stress & Nutrient Modulation of Skeletal Muscle Plasticity. Boston, MA, Feb 15, 2005.

FSNSP at Tufts University. Finding the Metabolic Balance – Muscle Adaptations During the Stress of Exercise and Disuse. March 10, 2005.

International Society for Behavioral Nutrition and Physical Activity Annual Meeting. Physical Activity and Dietary Predictors of Metabolic Risk In College Students. Boston, MA, July 2, 2006.

Tufts University Freshman FIT orientation. The college years: The Tufts Longitudinal Health Study. Medford, MA, August 24, 2006.

Medical Grand Rounds, Lowell General Hospital. Women's Health: Physical Activity and Nutrition. Lowell, MA, March 22, 2006.

Medical Grand Rounds, Lowell General Hospital. Women's Health: Physical Activity and Nutrition Revisited. Lowell, MA, October 4, 2007.

Conference on Childhood Obesity: Education, Management and Prevention. Childhood Obesity Prevention: Research on Community Based Interventions. Bridgewater, MA, April 20, 2007.

Tufts University Freshman FIT orientation. The college years: The Tufts Longitudinal Health Study. Tufts University, Medford, MA, August 27, 2007.

Massachusetts Health Policy Forum. Childhood Overweight and Obesity: What Can Be Done? Boston, MA, June 19, 2008.

Implementing School Wellness: Building Blocks to a Healthier School Nutrition Environment Conference. Tipping the Scales in Favor of Our Children. Concord, NH, August 13, 2008.

Symposia on Nutrition and Exercise at a Crossroads: Experimental Biology Annual Meeting. Nutrient Modulation of the Ubiquitin-Proteasome System. San Diego, CA, April 12, 2003.

Symposia on Exercise Immunology: American College of Sports Medicine Annual Meeting. Regulation of Protein Degradation in Skeletal Muscle. San Francisco, CA, May 28, 2003.

KRAFT Foods. The effect of vitamin E and aging on the acute-phase response and oxidative stress in young and elderly men. Chicago, IL, Jan 24, 2005.

Symposia on Nutrition and Inflammation: Intersociety Research Workshop preceding Clinical Nutrition Week. Pediatric Obesity: An inflammatory condition? Chicago, IL, February 8, 2008.

Houston Tufts Alliance. Fitness and Nutrition: Separating Fact from Fiction. Houston, TX, March 30, 2008.

## B. PUBLICATIONS

### 1. Original Articles

#### a. Published in referred journals

Andres, L.P.A., **J.M. Satcheck**, and S. Tapia. A review of creatine supplementation: Side effects and improvements in athletic performance. *Nutrition in Clinical Care*. 2(2):73-81, 1999.

**Satcheck, J.M.** and R. Roubenoff. Nutrition in the exercising elderly. *Clinics in Sports Medicine*. 18(3):565-584, 1999.

**Satcheck, J.M.**, E. Decker, and P.M. Clarkson. The effect of diet on plasma levels of vitamin E in response to oxidative stress in endurance trained female athletes. *Eur J Appl Physiol*. 83(1):40-46, 2000.

**Satcheck, J.M.** and R. Roubenoff. Keeping women athletes nutritionally on course. *Sports in Primary Care*. 1(2):17-20, 2001.

**Satcheck, J.M.** and J.B. Blumberg. The role of vitamin E and oxidative stress in exercise. *Nutrition*. 17:809-814, 2001.

**Satcheck, J.M.**, P.E. Milbury, J.G. Cannon, R. Roubenoff, and J.B. Blumberg. Effect of vitamin E and eccentric exercise on selected biomarkers of oxidative stress in young and elderly men. *Free Rad Biol Med*. 34(12):1575-1588, 2003.

Hamada, K., E. Vannier, **J.M. Satcheck**, A.L. Witsell, J.G. Cannon, R. Roubenoff. Senescence of human skeletal muscle impairs the local inflammatory cytokine response to acute eccentric exercise. *FASEB J*. 19(2):264-266, 2004.

Booth, S.L., I. Golly, **J.M. Satcheck**, R. Roubenoff, G.E. Dallal, K. Hamada, J.B. Blumberg. Effect of vitamin E supplementation on vitamin K status in adults with normal coagulation status. *Amer J Clin Nutr*. 80(1):143-148, 2004.

**Satcheck, J.M.**, A. Ohtsuka, S.C. McLary, and A.L. Goldberg. IGF-1 stimulates muscle growth by suppressing proteolysis and atrophy-related ubiquitin-ligases, atrogin-1 and MuRF1. *Amer J Physiol - Endo Metab*. 287(4):E591-601, 2004.

**Satcheck, J.M.**, J.G. Cannon, K. Hamada, E. Vannier, J.B. Blumberg, and R. Roubenoff. Age-specific relationships between exercise-induced IL-6 and oxidative stress. *Amer J Physiol - Endo Metab*. 291: E340-349, 2006.

**Satcheck, J.M.**, J.K. Hyatt, A. Raffaello, R.T. Jagoe, R.R. Roy, V.R. Edgerton, S.H. Lecker, A.L. Goldberg. Rapid disuse and denervation atrophy involve similar transcriptional changes as muscle wasting during systemic diseases. *FASEB J*. 21(1):140-55, 2007.

Economos, C.E., **J.M. Satcheck**, K. Shea, W. Wacker, E. Naumova. Precision of Lunar Achilles+ bone quality measurements: time-dependency and multiple machine use in field studies. *Brit J Radiol*, 80(959):919-25, 2007.

Economos, C.E., **J.M. Satcheck**, K.K.H. Chui, L. L. Irizzary, J. Guillemont, J.J. Collins, R.R. Hyatt. School-based behavioral assessment tools are reliable and valid for measurement of fruit and vegetable intake, physical activity and television viewing in young children. *J Amer Diet Assoc*. 108(4): 695-701, 2008.

**Satcheck, J.M.** Pediatric obesity: An inflammatory condition? *JPEN*. 32(6):633-37, 2008.

## b. Reports

- C.D. Economos, J. Goldberg, **J.M. Sacheck**, S. Foltz, V. Clark. *Tipping the Scales in Favor of Our Children*. Harvard Pilgrim Health Care research release on the state of childhood obesity in Maine, Massachusetts and New Hampshire. June 2008. On-line at:  
[https://www.harvardpilgrim.org/portal/page?\\_pageid=213,256650&\\_dad=portal&\\_schema=PORTAL](https://www.harvardpilgrim.org/portal/page?_pageid=213,256650&_dad=portal&_schema=PORTAL)
- J.M. Sacheck** and V. Clark. *Childhood Overweight and Obesity in Massachusetts: What Can Be Done?* Research Policy Brief for Massachusetts Health Policy Forum. June 2008. On-line at:  
<http://masshealthpolicyforum.brandeis.edu/forums/forum-pages/Childhood%20Obesity.html>

## c. Other

- C.D. Economos and **J.M. Sacheck**. *Science-Based Policy Statement on Optimal Nutrition for Children Playing Soccer*. Major League Soccer, Healthy half-time snacks, 2007. On-line at:  
[http://www2.mlsnet.com/mls/programs/mls\\_works/programs/hhs/](http://www2.mlsnet.com/mls/programs/mls_works/programs/hhs/).

## d. In press, submitted, or in preparation

### *Submitted*

- Sacheck, J.M.**, J. Kuder, L. Ioannone, C.D. Economos. Effect of fitness and fatness on metabolic stress in college students.
- Kafka T., S. Foltz, C.D. Economos, **Sacheck, J.M.** Children as subjects in nutrition research: a retrospective look at their perceptions.
- Economos, C.D., K. Shea, E. Hennessy, **J.M. Sacheck**, E. Naumova. Reliability and validity of a physical activity survey for early elementary school children.

### *In Preparation*

- Sacheck, J.M.**, T. Kafka, H. Rasmussen, J.B. Blumberg, J. Kuder, C. Economos. Impact of three pre-exercise snacks on exercise intensity, blood sugar and stress levels in children.
- Sacheck, J.M.**, T. Nelson, L. Ficker, T. Kafka, J. Kuder, C. Economos. Contribution of an organized sport to energy expenditure and physical activity recommendations in children: Impact of BMI.
- Fay, K., E. Phelps, R. Lerner, **J.M. Sacheck**. Relations between sports participation and eating disorders among late adolescent males and females.

## 2. Abstracts

- Sacheck, J.M.**, J.P. Hyatt, H.S. Thompson, and P.M. Clarkson. Dietary fat intake, caloric intake, and vitamin E consumption in female athletes. *Med Sci Sports Exerc.* 29(5) Suppl:S125, 1997.
- Sacheck, J.M.** and P.M. Clarkson. The effects of a low-fat diet on oxidative stress in response to exercise in female athletes. *Med Sci Sports Exerc.* 30(5) Suppl:S322, 1998.
- Andres, L.P., S. Provost, R. Roubenoff, **J. Sacheck**, and W.F. Brown. Central and peripheral adaptation to resistance training of the thenar muscles in elderly men. *Med Sci Sports Exerc.* 31(5) Suppl:S329, 1999.
- Economos, C.D., **J.M. Sacheck**, and M.E. Nelson. Nutritional supplements: Use and knowledge among college athletes. *Med Sci Sports Exerc.* 31(5) Suppl:S174, 1999.
- Sacheck, J.M.**, M.F. Walter, J.B. Blumberg, and R. Roubenoff. The effect of an acute bout of downhill running on muscle damage and plasma F<sub>2</sub>-isoprostanes in young and elderly men. *FASEB J.* 14(4):A484, 2000.
- Sacheck J.M.**, P. Milbury, M.F. Walter, J.B. Blumberg, and R. Roubenoff. The effect of eccentric exercise on acute-phase response oxidative stress and cytokines in young and elderly men. *FASEB J.* 15(4):A417, 2001.
- Sacheck J.M.**, J.B. Blumberg, P.E. Milbury, J.G. Cannon, K. Hamada, R. Roubenoff. Vitamin E reduces muscle damage and markers of oxidative stress after exercise. *FASEB J.* 16(5)Part II: A1137, 2002.

- Sacheck, J.M.**, A. Ohtsuka, A.L. Goldberg. Regulation of protein degradation in skeletal muscle. *Med Sci Sports Exerc.* 35(5) Suppl:S7, 2003.
- Booth, S.L., **J.M. Sacheck**, R. Roubenoff, G.E. Dallal, I. Golly, K. Hamada, J.B. Blumberg. Vitamin E supplementation antagonizes vitamin K in adults with normal coagulation. Vitamin E and Health Conference, New York Academy of Sciences, Boston, May 2004.
- Jagoe, R.T., **J.M. Sacheck**, S.H. Lecker, J.P.K Hyatt, A. Gilbert, M. Gomes, V. Baracos, J. Bailey, S.R. Price, W.E. Mitch, R. Roy, V.R. Edgerton, and A.L. Goldberg. Multiple types of skeletal muscle atrophy involve a common program of changes in gene expression. *Cachexia in Aging and Cancer*, Chicago, 2004.
- Sacheck, J.M.**, A. Ohtsuka, M. Gomes, S.H. Lecker, J.P.K. Hyatt, V.R. Edgerton, A.L. Goldberg. Expression of muscle-specific ubiquitin-ligases (E3s) during muscle atrophy. *FASEB J.* 17: A9578, 2003.
- Sacheck J.M.**, A. Ohtsuka, A.L. Goldberg. Regulation of protein degradation in skeletal muscle. *Med Sci Sports Exerc.* 35(5):S7, 2003.
- Sacheck, J.M.**, L. Ioannone, C.D. Economos. Tufts Longitudinal Health Study: Fitness versus fatness and metabolic risk in college students. *Med Sci Sports Exerc.* 38 Suppl(5):S94-95, 2006.
- Sacheck, J.M.**, R. Hyatt, L. Ioannone, C.D. Economos Tufts Longitudinal Health Study: Predictors of metabolic risk in college students. *FASEB J.* 20:A858, 2006.
- Economos. C.D., R. Hyatt, K Chui, J.J. Collins, L. Irizarry, **J.M. Sacheck**. Validity and test-retest reliability of two child assessment tools: measuring fruit vegetable consumption, physical activity and television viewing. *International Society for Behavioral Nutrition and Physical Activity Annual Meeting*, Boston, July 2006.
- Sacheck, J.M.** and J. Goldberg. Evaluation of the MYPYRAMID website. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Boston, July 2006.
- Sacheck, J.M.**, J. Kuder, L. Ioannone, C. Economos. Tufts Longitudinal Health Study: Predictors of metabolic stress biomarkers in college students. *Obesity.* 14:Supplement, A186, 2006
- Hennessey, E., J. Kuder, J. Goldberg, A. Must, **J. Sacheck**, C. Economos. Sleep duration, general sleep pattern, and overweight in early elementary school children. *Obesity.* 15:Supplement, A142, 2007.
- Fay, K., **J.M. Sacheck**, C.D. Economos, E. Phelps, R. Lerner. Relations among sports participation, athletic identity, and disordered eating among college men and women: an analysis of cohort change. *International Conference on Eating Disorders*, Seattle, WA, May 15, 2008.
- Goldberg, J., A. Must, J. Kuder, **J. Sacheck**, M. Nelson, R. Hyatt, C. Economos. Early elementary school-age children gain weight during the summer months. *Obesity.* Oct 2008.
- Sacheck, J.**, J. Kuder, J. Goldberg, M. Nelson, C. Economos. Freshman weight gain is predictive of total weight gain over the college years. *Obesity.* Oct 2008.
- Sacheck, J.**, T. Kafka, H. Rasmussen, J. Blumberg, C. Economos. The impact of pre-exercise snacks on exercise intensity, stress and fatigue in children. *Med Sci Sports Exerc.* 2009

### III. TEACHING INFORMATION

#### A. DIDACTIC COURSE WORK

##### *Course Director*

##### Undergraduate Courses

Summer 2001	<i>General Nutrition</i> (Nutr101) Co-directed with Dr. Diane Fleming. Friedman School of Nutrition, Tufts University
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##### Graduate Courses

Fall 2005	<i>Fundamentals of Nutrition Science</i> (Nutr202) FSNSP, Tufts University
Fall 2006	<i>Fundamentals of Nutrition Science</i> (Nutr291FN) FSNSP, Tufts University

Spring 2007-09	<i>Nutrition, Physical Activity and Health</i> (Nutr272) Co-direct with Dr. Miriam Nelson FSNSP, Tufts University
Fall 2007-09	Graduate <i>Nutritional Biochemistry and Physiology: Macronutrients</i> (Nutr370) FSNSP, Tufts University

### *Teaching Assistantships*

Fall 1997- Spring 1998	Undergraduate <i>Seminar on Exercise Physiology</i> (Bio95hfc) Harvard University Instructor, Dr. Andy Andres
Spring 1999 & 2000	Graduate Course <i>Nutrition and Exercise</i> (Nutr272) FSNSP, Tufts University Instructor, Dr. Ronenn Roubenoff
Fall 1999 & 2000	Graduate <i>Nutritional Biochemistry: Macronutrients</i> (Nutr271A) FSNSP, Tufts University Instructor, Dr. Lynne Ausman

## **B. INVITED LECTURES**

Exercise and oxidative stress. Bio95hfc: *Exercise Physiology Seminar*, Harvard University, Spring 1998.

Nutrition for exercise performance and fitness. Nutr202: *Fundamentals of Nutrition*, FSNSP, Tufts University, Nov 9, 2000.

Exercise and oxidative stress. Nutr272: *Nutrition and Exercise*, FSNSP, Tufts University, Fall 2000, 2001 and 2004.

Exercise and the immune system. Nutr272: *Nutrition and Exercise*, FSNSP, Tufts University, Nov 25, 2002.

General introduction to exercise physiology. Nutr272: *Nutrition and Exercise*, FSNSP, Tufts University, September 20, 2004.

Protein Degradation. Nutr271A: *Nutritional Biochemistry – Macronutrients*, FSNSP, Tufts University, October 24, 2006.

Water and electrolytes. Nutr291SP: *Scientific Principles of Nutrition*, FSNSP, Tufts University, April 10, 2007.

Nutrition, inflammation and chronic disease. SAR HS 775: *Advanced Clinical Nutrition*, Boston University, April 16, 2008.

Energy balance and sports nutrition. Nutr201: *Fundamentals of Nutrition Science*, Tufts University, August 5, 2008.

## **C. NON-DIDACTIC TEACHING**

### *Dissertation Committees*

2007	Sarah Bael Anderson, Ph.D. in Cell Biology, Department of Cell Biology, Harvard Medical School
2008	Nicole Rogers, Ph.D. candidate in Biochemical and Molecular Nutrition, FSNSP, Tufts University

### *Directed Studies*

2007	Kamal Patel, Endocrinology of Obesity, M.S. Candidate in FPAN, FSNSP, Tufts University
2007	Kristen Fay, Eating Disorders in Athletes Tufts University, M.S. Candidate in Child Development, School of Arts and Sciences, Tufts University



2007 Sunmin Lee, Effect of Low Fat Diets on Blood Lipids in College Students, M.S. Candidate in FPAN, FSNSP, Tufts University

*Graduate Students*

2007 Allison Quady, MS Candidate, FSNSP, Tufts University, Albert Schweitzer Fellowship Mentor  
2007-08 Tamar Kafka, MS Candidate, FSNSP, Tufts University, Nutrition Communication Internship  
2007-- Kristen Fay, MS, Applied Child Development, Tufts University, Thesis Committee  
2008-- Laura Ficker, MS/RD Candidate, Frances Stern, Tufts University, Senior Thesis Project Advisor  
2008-- Tara Nelson, MS/RD Candidate, Frances Stern, Tufts University, Senior Thesis Project Advisor  
2008-- Mary Kennedy, MS, PhD Candidate, FSNSP, Tufts University, Advisor

*Supervised Teaching Assistantships*

2005 Jessica Barney, M.S. candidate in FPAN, FSNSP, Tufts University  
2006 Michael Crosier, Ph.D. candidate in BMN, FSNSP, Tufts University  
2007 Nicole Rogers, Ph.D. candidate in BMN, FSNSP, Tufts University  
2007 Sarah Belisle, Ph.D. candidate in BMN, FSNSP, Tufts University  
2007-08 Jonathan Mein, Ph.D. candidate in BMN, FSNSP, Tufts University  
2007-08 Michael Corcoran, Ph.D. candidate in BMN, FSNSP, Tufts University

**IV. SCHOOL SERVICE**

2006-- Friedman School of Nutrition Science and Policy Admissions Committee