Medical Management & Action Plan
ASTHMA

Name: _____

Date of birth: _____

COLOURED PHOTO

Signs and Symptoms: _____

_____

_____

_____

Identified Triggers: _____

_____

_____

_____

Management: _____

_____

_____

_____

Preventer and Reliever Medicine Details:

_____

_____

(Complete and attach separate Medication Authorisation Form)

Family/ emergency contact name(s):

_____

Work Ph: _____

Home Ph: _____

Mobile Ph: _____

Plan prepared by:

Dr _____

Signed _____

Date _____

ASTHMA EMERGENCY ACTION PLAN

What to do if an Asthma attack occurs:

Sit the child down and remain CALM and REASSURING.
Do not leave the child alone

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Shake a blue reliever puffer and give 4 separate puffs through a spacer.

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Wait for 4 minutes. If there is no improvement, give another 4 separate puffs as per previous step.

↓

Wait for 4 minutes

↓

If there is STILL NO improvement, call an AMBULANCE (000) and state that "a child is having an asthma attack".

Then call PARENT/CARER or CHILD'S DOCTOR while WAITING for the AMBULANCE.

Contact Camp Australia Regional Manager or Customer Service to inform of the emergency.

CALL AN AMBULANCE IMMEDIATELY
- If at any time the child's condition suddenly worsens

NOTES:
Reliever puffers may include: Ventolin, Airomir, Asmol or Epaq

Spacer Technique: Give 1 puff, take 4 breaths from the spacer, repeat until 4 puffs have been given