

First & Second Person Relationship Agreement Workbook

This workbook is inspired by “Mark and Mandy’s Relationship Contract,” which is a four-page, single-spaced document that you sign and date, and will last exactly 12 months -- after which you’ll have the option to revise and renew it.

The contract spells out everything from sex, to chores, to finances, to our expectations for the future.

Good luck to you in your relationship!

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Reasons for being with Person #1 (as seen by Person #2):

Reasons for being with Person #2 (as seen by Person #1):

How will we be great friends first?

Visitation/Weekly Date Night (Is this a priority? What do we each find fun and interesting?):

Personal Development Goals and Priorities

Trips (Where? Do we even enjoy travel? What are we looking to get out of our travel? Do we explore, relax, take tours, or roll solo?):

Sex (How often and how important is this to each of us?):

Monogamy (Is this important to us both?):

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Future (Family? Career? Does one parent stay home with the kids? What about schooling? Where do we live?):

Additional Marriage Notes:

We will revisit this agreement every three months.

Current Date :

Next Revisit Date :

Agreed By:

First Person:

Second Person:

MEET THE ART OF CHARM TEAM



Jordan Harbinger is a Wall Street lawyer turned talk show host, social dynamics expert, and entrepreneur.

He's the owner and co-founder of The Art of Charm, a consulting & coaching company – as well as a top 50 podcast on iTunes – which he's been hosting for over a decade.

Jordan has spent several years abroad in Europe and the developing world, including South America, Eastern Europe, and the Middle East, and speaks several languages. He has also worked for various governments and NGOs overseas, traveled through war zones, and been kidnapped -- twice.

He'll tell you the only reason he's still alive and kicking is because of his ability to talk his way into (and out of), just about any type of situation.

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MEET THE ART OF CHARM TEAM



AJ Harbinger AJ Harbinger
“Vulnerability is my strength”

AJ Harbinger is a relationship development expert. His creation, The Art of Charm, is a leading training facility for top performers who want to develop social capital and relationships of the highest quality.

AJ and his co-founders teach millions of people each year how to create, develop, and maintain top business and personal relationships.

Men have traveled from over 50 countries to attend Bootcamp. Each week at their headquarters in Los Angeles these men discover how to be the best version of themselves.

AJ's mantra is “your network is your net worth” – and this value is what he develops in each of his students.

MEET THE ART OF CHARM TEAM



John Dzubak happened upon the field of Social Dynamics and dating coaching quite by accident. Having been a touring musician much of his life, he felt the need to contribute positively to the world and was interested in the power of personal transformation. Johnny began educating himself about Social Dynamics and incorporating the concepts he learned into his day-to-day life. Soon after, he began coaching for a small Social Dynamics company out of Washington, DC; it was then that he met AJ and Jordan.

Johnny is all about getting rid of the 'game' on which so many other similar companies focus, and he wanted to find a natural way to bring out the best qualities in people.

Understanding the true emotion and genuine connection people make with one another is where he finds his inspiration. It is this philosophy that makes him a great fit for The Art of Charm crew.

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THE ART OF CHARM PODCAST

Our Top 50 iTunes Podcast will teach you to:

- Become more charismatic in any situation
- Master your career by becoming a “super-connector”
- Revamp your love life and intimate relationships with reborn confidence

Popular Toolbox Episodes

- + AoC Toolbox | Perfecting Your Elevator Pitch (Episode 550)
- + AoC Toolbox | Attraction (Episode 406)
- + AoC Toolbox | Social Capital Basics (Episode 469)

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MEET OUR SUPPORT TEAM



MJ



KRISTY



MADA



AUDRA



BROCK



GENE

MEET OUR SUPPORT TEAM

Chat with us live on
our website any
time
or email us

support@theartofcharm.com

JOIN THE CHALLENGE

Join our free 30-day challenge to help crush your social anxiety

- Daily techniques to control more outcomes at home and work
- Command more respect from your friends, team, and network
- Video tactics to create deeper connections
- Learn the ability to walk up to ANYONE and start a conversation

JOIN THE CHALLENGE

30-DAY CHALLENGE CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4 CHALLENGE 1	5 Facebook Check-In	6 CHALLENGE 2	7	8 Weekend Challenge	9
10	11 CHALLENGE 3	12 Facebook Check-In	13 CHALLENGE 4	14	15 Weekend Journal Activity	16
17	18 CHALLENGE 5	19 Facebook Check-In	20 CHALLENGE 6	21	22 Hobby Immersion Weekend	23
24	25 CHALLENGE 7	26 Facebook Check-In	27 CHALLENGE 8	28	29 Weekend Challenge	30
1	2 CHALLENGE 9	3 Facebook Check-In	4 CHALLENGE 10	5	6 Challenge COMPLETE!	7

[Get Started](#)

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