Example Timeline and Milestones with Work Schedule
Health Profession Student Research Award
(This is just an example, please create your own timeline and work schedule in accordance to your requested start and end date and schedule)

Name: Jane Doe
Project Start Date: November 26, 2007 **Project End Date: February 22, 2008**

Based on a 13 week project (projects can be minimum 4 weeks and maximum 13 weeks)

Milestones (examples)	**Date**
Draft Ethics Proposal to Supervisor.	September 3, 2007
Submit Ethics Proposal to CRIHS.	September Submission
Anticipated date for Ethics Approval.	End of October
Deliver Ethics Approval letter to Research Office and fill out paperwork to start award payments.	End of October
Data collection.	December 21, 2007
Data collection complete.	January 31, 2008
Data analysis complete.	February 8, 2007
Review findings with Supervisor.	February 11, 2008
Review draft Final Report with supervisor.	February 22, 2008
Submit Final Report to CIHR Scholarship Selection Committee (no later than 4 weeks past end date)	March 21, 2008

Example Work Schedule
During the tenure of the award, recipients are expected to spend 75% of their time doing their research project (based on a 40-hour work week). For example, 30 hours a week x 13 weeks = 390 hours. For shorter Award simply multiply 30 hours x the requested amount of weeks = expected hours of Award.

Week 1 to Week 4, November 26 – December 23 = 120 hours
- Mon. Tues = 7.5 hours a day, Wed. Thurs. Fri. = 5 hours a day = 30 hours a week

Week 5, December 24 to December 30 = 21 hours
- Thurs. Fri. Sat. = 7 hours a day = 21 hours

Week 6, December 31 – January 6 = 39 hours
- Wed. = 9 hours Thurs. Fri. Sat. Sun.= 7.5 hours a day

Week 7 to Week 13, January 7 – February 22 = 210 hours
- Mon. Tues. Wed. = 6 hours a day, Thurs. = 8 hours, Fri. = 4 hours = 30 hours a week