Medical History Timeline

Born in 1983

1997: Right Shoulder Arthroscopy due to inflammation/arthritis; my shoulder kept dislocating so they "tightened it up".

1998: Left Shoulder Arthroscopy; same as above

September 22, 2000: Car Accident; internal bleeding of the spleen (no surgery); multiple broken ribs, concussion, broken teeth; 1 week in hospital, and 1 month recovery.

2007: L5 vertebrae herniated disc in spine; saw pain specialist 2x to get epidural procedure with steroid to reduce inflammation.

2008: Neck "gave out"; spasms begin 1x/month

June 30, 2009: Mirena implanted one month prior; severe pain on lower right quadrant, had 6cm cyst on my right ovary removed laparoscopically

October 30, 2009: Severe pain in lower right quadrant, cyst discovered, another laparoscopy performed but this time, they diagnosed me with many adhesions all throughout abdomen; Stage IV endometriosis. Right ovary and right fallopian tube removed.

May 2010: Severe lower right/left quadrant pain. Cyst discovered again, another laparoscopy performed by a different doctor. Adhesions cleaned out all throughout abdominal cavity.

August 2010: Used clomid 3x to assist in getting pregnant/treatment for endometriosis. Got pregnant with twins.

March 25, 2011: C-section delivery of twins

April 2011: Heart Palpitations/Black outs begin. Saw Dr. Kent and had 24 hour monitor. Symptoms of Tachycardia. Abnormal T Wave at Goleta ER. Dr. Kent said fine. Symptoms continued.

September 2011: Neck begins to go out of alignment 1-2 times per month. Spasm, and then I cannot move. Not sure what triggers it - sometimes I just wake up not being able to move my neck. Saw a chiropractor and other doctors for relief. It didn't help.

November 2012: Severe lower right abdominal pain. Went to ER, Urgent Care, and many doctors multiple times. Dr. Echt sent me to Dr. Thoman to do appendectomy. Appendectomy performed, but no appendicitis. Abdominal adhesions removed along with umbilical hernia. No endometriosis reported.

May 2013: Lumpectomy in right breast. Connective tissue removed 1cm x 4cm. Dr. Grafton performed it.

July 2013: Knee begins to hurt me. Begin seeing Dr. Price for arthritis of the left knee. No relief.

November 2013: Knee more inflamed/swollen. Have to use crutches to walk around. Referred to Dr. Ryu to do a lateral release on my knee.

November 2013: Black out during PT Conference in classroom. Saw Dr. Kumar. Dr. Echt said evidence of a heart murmur.

February 2014: Black outs persisted until it got up to 1 time per week. 30 day monitor prescribed with Dr. Kumar. One completely passed out black out. Fell while feeding my kids outside, but didn't have monitor on to record heart unfortunately.

March 2014: Black out while in class. Associated with severe chest pain. Lasted for 3-4 minutes. Had CT scan to check for pulmonary embolism. None reported. Went to ER for chest pain/palpitations this month too. Nothing reported.

June 30, 2014: Dr. Gidney implanted Linq Recorder in my chest to do ECG. Severe reaction to antibiotic when at hospital recovery (vankomycin) and had to have benadryl through IV.

July 2014: After a vacation to Mexico, Dr. Gidney's office called me in to see results of Linq Recorder. Found a 9 second pause in my heart on the day the Recorder was implanted. Symptoms of tachycardia and abnormal rhythms present in the three weeks. Diagnosed with vaso-vagal/orthostatic hypotension by Dr. Gidney.

August 2014: Began seeing Dr. Naber for cardiologist. Dr. Naber diagnosed benign heart arrhythmia and proceeded with blood tests and stress echo.

September 2014: Stress echo completed and normal. Blood tests are abnormal with positively elevated ANA panel. Dr. Naber suggested that it was Lupus, but to follow up immediately with a rheumatologist. Dr. Naber also had other blood tests completed, and the results are still pending.

October/November 2014: Saw several rheumatologists in town. Decided to go with Dr. Sara Taroumian.

December 11, 2015: Kidney infection. Went to ER for pain.

December 20, 2015: Severe abdominal pain, right sided upper, blood in urine, fever. Went to ER, but was sent home.

December 25, 2014: Severe abdominal pain, right sided upper, blood in urine, fever, and now vomiting. CT scan showed “small bowel thickening”. Sent home with pain meds.

December 26-31, 2014: Admitted to hospital for pain, vomiting (couldn’t hold down anything including water), severe diarrhea, and dehydration. Endoscopy, colonoscopy, and CTs ordered. Endoscopy and colonoscopy showed nothing except inflammation in small bowel (possible stage 1 celiac?), but the gastroenterologist couldn’t get to the inflamed portion of my bowel that they saw in the scan. CTs showed inflammation to stomach and small bowel. On 12/28/14, I started running a very high fever and scan showed pneumonia. I was put on antibiotics and sent home although my rheumatologist wanted to do a bronchoscopy. Went home on 31st.

February 15, 2015: Started having weakness in right hand, along with incredible pain and fatigue throughout my body. Slurred speech and back problems a week later. Fevers on and off and low grade. No relief yet. New symptoms seem to come on daily.