Appendix 4

Pregnancy / New Mother Risk Assessment

(Keep one copy on file and give copy to the student)

Name:	
Course:	
Year:	
Faculty:	
Workplace(s):	
Full-time/part-time	

Assessment date:	
Expected date of delivery:	
Expected date of return:	
Chosen method of feeding:	

Does your course/placement involve any of the following?	**Yes**	**No**
Manual handling		
Sitting / standing for long periods of time		
Placements/fieldwork/other off-campus activities		
Do you have any medical condition which may affect your pregnancy particularly on placement (If yes, you may be referred to Occupational Health for further assessment.)		
Night work		
Use of biological agents / hazardous substances		
Travelling		
Food handling		
Other (please specify)		

Problem	Advice	Action(s)
Manual handling	• No heavy lifting by pregnant student. • Provision of equipment for moving & handling if needed.	
Sitting / standing for long periods	• Frequent change of tasks. • No standing for long periods of time. • Provision of suitable seating in work/study area. • May need to advise tutor if in lengthy lecture – sit on end of row so can leave without disturbing others.	
Placements/ fieldwork/ other off-campus activities	• Each placement or trip should be separately risk assessed.	
Night working	• If possible, should not do night duty while pregnant.	
Use of biological agents / hazardous substances	• To check data sheets for suitability of use during pregnancy and use as directed. • Discuss any concerns with Health and Safety office.	
Travelling to placements	• To seek advice from Doctor/Midwife if needed, prior to travel.	
Fatigue	• Frequent breaks may be needed. • Respite facilities available (please contact the Student Hub for further information).	
Food handling	• May need to change of duties if has problems with nausea/sickness.	
Other		

Completed by (staff) Print:……. Date:……..

Sign: ……..