

## Medication Deferral List

SOME MEDICATIONS MAY AFFECT YOUR ELIGIBILITY TO DONATE BLOOD. PLEASE TELL US IF YOU...			
Are being treated with the following types of medications....	and are taking or have ever taken...	which is also called...	in the last....
<b>Antibiotics or any other medication for infection</b>			Currently taking
<b>Anti-platelet agents (usually taken to prevent stroke or heart attack)</b>	Feldene	piroxicam	2 days
	Brilinta	ticagrelor	7 days
	Effient	prasugrel	14 Days
	Plavix	clopidogrel	
	Pletal	cilostazol	
	Ticlid	ticlopidine	
<b>Anticoagulants or “blood thinners” (usually taken to prevent clots in the lungs or legs)</b>	Xarelto	rivaroxaban	2 days
	Coumadin Warfilone Jantoven	warfarin	7 days
	Heparin, low molecular weight heparin	heparin	
	Arixtra	fondaparinux	
	Fragmin	dalteparin	
	Lovenox	enoxaparin	
	Pradaxa	dabigatran	
<b>Acne treatment</b>	Absorica Accutane Amnesteem Claravis Myorisan Sotret Zenatane	isotretinoin	1 Month
<b>Hair loss remedy</b>	Propecia	finasteride	
<b>Prostate symptoms</b>	Proscar	finasteride	6 Months
	Avodart Jalyn	dutasteride	
<b>Psoriasis</b>	Soriatane	acitretin	3 years
	Tegison*	etretinate	Ever
<b>Rheumatoid Arthritis</b>	Arava	leflunomide	6 Months
<b>Hepatitis exposure</b>	Hepatitis B Immune Globulin	HBIG	12 months
<b>Experimental Medication or Unlicensed (Experimental) Vaccine</b>			12 months, or as indicated by Medical Director
<b>Growth hormone from human pituitary glands*</b>			Ever
<b>Insulin from Cows (Bovine or Beef Insulin) manufactured in the United Kingdom*</b>			Ever

\* No longer available in US

If you would like to know more about why these medications affect you as a blood donor, please continue.

***Some medications affect your eligibility as a blood donor, for the following reasons:***

**Anti-platelet agents affect platelet function**, so people taking these drugs should not donate platelets for the indicated time; however, you may still be able to donate whole blood.

**Anticoagulants or "blood thinners"** are used to treat or prevent blood clots in the legs, lungs, or other parts of the body. These medications affect the blood's ability to clot, which might cause excessive bruising or bleeding when you donate.

**Isotretinoin, finasteride, dutasteride, acitretin, and etretinate** can cause birth defects. Your donated blood could contain high enough levels to damage the unborn baby if transfused to a pregnant woman. Once the medication has been cleared from your blood, you may donate again. Following the last dose, the deferral period is one month for Proscar, Propecia, and Accutane, six months for Avodart, and three years for Soriatane. Tegison is a permanent deferral.

**Growth hormone from human pituitary glands** was prescribed for children with delayed or impaired growth. The hormone was obtained from human pituitary glands, which are in the brain. Some people who took this hormone developed a rare nervous system condition called Creutzfeldt-Jakob Disease (CJD). The deferral is permanent.

**Insulin from cows (bovine, or beef, insulin)** is an injected medicine used to treat diabetes. If this insulin came to the US from the United Kingdom (where "mad cow disease" has occurred) it could contain material from cattle that have "mad cow disease." Although no cases of the human type of "mad cow disease" have been reported in people treated with bovine (beef) insulin, there is concern that someone exposed to "mad cow disease" through beef insulin could transmit it to someone who receives their blood. The deferral is indefinite.

**Hepatitis B Immune Globulin (HBIG)** is an injected material used to prevent hepatitis B infection following a possible or known exposure to hepatitis B. HBIG does not prevent hepatitis B infection in every case, therefore, persons who have received HBIG must wait 12 months to donate blood.

**Experimental Medication or Unlicensed (Experimental) Vaccine** is usually associated with a research study, and the effect on the safety of transfused blood is unknown. Deferral is one year unless otherwise indicated by Medical Director.

**Donors should not discontinue medications prescribed or recommended by their physicians in order to donate blood.**