

Medication Checklist

| | Medication Name <small>refill # / prescriber / phone</small> | Size, Shape, Color | Dose | Dates (mm/dd/yr) | | | (y/n) | Time of Day (x) | | | | | Purpose (Indication) | |
|----------|---|--------------------|------|------------------|------|--------|------------|-----------------|----------------|-------|--------|-------|----------------------|------|
| | | | | Start | Stop | Refill | With Food? | Dawn | Break feast | Lunch | Dinner | Night | | Late |
| 1 | | | | | | | | | | | | | | |
| | Instructions | | | | | | | Side Effects | | | | | | |
| 2 | | | | | | | | | | | | | | |
| | Instructions | | | | | | | Side Effects | | | | | | |
| 3 | | | | | | | | | | | | | | |
| | Instructions | | | | | | | Side Effects | | | | | | |
| 4 | | | | | | | | | | | | | | |
| | Instructions | | | | | | | Side Effects | | | | | | |
| 5 | | | | | | | | | | | | | | |
| | Instructions | | | | | | | Side Effects | | | | | | |

Print and copy as needed - organize in binder.

Drug Allergies? _____

Vitamins and Supplements? _____

Aspirin? _____

Laxatives? _____

Other Over the Counter Meds? _____

Questions for my provider? _____

Patients Against Lymphoma

*Providing support and evidence-based information
independent of health industry funding*

Common Causes of Medication Errors

- Drug incorrectly prescribed by doctor
- Drug incorrectly read or prepared by pharmacist
- Wrong drug | Missed dose
- Drug taken at wrong time | Incorrect dose | Doubled dose
- Drug given for longer or shorter durations than intended
- Drugs incorrectly recorded
- Drug taken past expiration date
- Drug storage errors (e.g. not refrigerated, exposed to light/moisture)
- Counterfeit drug (purchased online from unreliable source)
- Poor handwriting; confusion between drugs with similar name, color, or shape
- Misuse of zeroes and decimal points; confusion of metric and other units
- Inappropriate abbreviations
- Inappropriate labeling as a drug is prepared and repackaged into smaller units
- Interruptions that can distract health professionals from their medical tasks.

TIP: Ask your physician to include the purpose for the drug (the indication) along with drug on a prescription - to reduce errors caused by drugs with similar names.

Informed patient and caregiver: The ultimate quality control system!