

### Individual Safety Plan (ISP)

Name:

School:

Implementation Date:

#### **About physical restraint and seclusion:**

- *Seclusion is defined as an involuntary confinement of a student alone in a room or area from which the student is physically prevented from leaving.*
  - *Restraint is physically preventing a student from doing, exhibiting, or expressing his/her actions by limiting, restricting, or keeping them physically under control in an emergency situation. Staff may only physically restrain a student using Crisis Prevention Intervention (CPI) endorsed techniques, while holding current certifications.*
  - *Physical restraint and/or seclusion are only to be used as a last resort when a student demonstrates a danger to him/herself or others.*
- 

- I. Describe (in detail) the observed behavior(s) of the student that might cause harm to himself or others:

--

- II. How often have behaviors escalated to a crisis level during the past school year? Be specific.

--

- III. What are the potential triggers that escalate the student's behaviors from manageable (as implemented in the BIP) to a dangerous, emergency situation? The student's BIP must be implemented as written prior to initiating the ISP.

--

- IV. Describe the alternate strategies that will be utilized during an emergency situation to protect the safety of all students during an incident:

- |  |
|--|
| <input type="checkbox"/> Exclusive TO: Peers will leave the classroom or area of danger and the student will remain in the classroom/area in order to establish and maintain safety for the out-of-control student and others. |
| <input type="checkbox"/> Other strategies (List):  |

- V. What are the specific circumstances in which seclusion and/or restraint may be utilized to control the student's behaviors?

--

- VI. What methods of restraint will be used in an emergency situation (only by trained CPI endorsed staff members)?

<input type="checkbox"/> <b>Physical Restraint:</b> Any method of one or more person's restricting another person's freedom of movement, physical activity, or normal access to his/her body. Will be initiated only by trained CPI endorsed staff.
<input type="checkbox"/> <b>Chemical Restraint:</b> Medication prescribed by a doctor and administered by school health staff to control behavior or restrict the patient's (student's) freedom of movement.
<input type="checkbox"/> <b>Mechanical Restraint:</b> Use of any device or object (tape, ropes, weights, weighted blanket or vest, etc.) to limit the student's body movement or manage out-of-control behavior.

- VII. Provide the names of staff members who are CPI endorsed.

--

- VIII. During seclusion, the following policies must be followed:

<ul style="list-style-type: none"> <li>• <i>An adult must supervise the student while confined and must be able to see the student at all times. An adult must be designated for this monitoring.</i></li> <li>• <i>A student will not be kept in seclusion for more than 30 minutes after he/she ceases displaying the specific behavior(s) which lead to isolation.</i></li> <li>• <i>Other(s):</i></li> </ul>
--

- IX. Describe the "cool-down" process for the student after all threat of danger is gone and the student is free from restraint and/or seclusion.

--

- X. Parent must be contacted.

Type of contact and form of documentation that the parent will receive:

- XI. Documentation of implementation: This information must be provided after each incident of restraint and/or seclusion.

1. Incident Reports
2. Restraint and/or Seclusion Data
3. Data from CPI endorsed adults involved in implementing the ISP (each incident).
4. The TOR will collect all of the above information and provide a copy to a designated administrator
5. Other (Describe)

- XII. How and when will this plan be monitored?

- XIII. Who is responsible for assuring that this ISP is implemented with fidelity?

- XIV. Assessment Team Members:

Name	Title