



## BABY BUDGET

### How much does the first year cost?

Take this quiz and find out how much it costs to raise a baby for a year! Enter how many of each item you think you will need. Total it up. Are there other items you can think of that you will need in the baby's first year? Doctor visits, toys, etc.? Add this to your total.

#### BEFORE BABY ARRIVES

1. You will need monthly check-ups with the doctor for pre-natal care. (\$1,500.00) Enter 1 here  for paying the doctor!
2. You will need to buy  months worth of prenatal vitamins! (\$15.00 for 1 months supply)
3. Don't forget about the hospital! Enter 1 here  for paying the hospital! (\$5,000.00)
4. You will need to buy an infant carseat to take the baby home from the hospital. (You can't leave without one!) (\$45.00) Enter 1 here  for buying a car seat!

#### NURSERY ITEMS

5. You will need  crib(s). (\$100.00 each)
6. You will need  crib mattress(es). (\$45.00 each)
7. You will need  crib sheets. (\$10.00 each)
8. You will need  crib blankets. (\$10.00 each)
9. You will need  crib mattress pad(s). (\$7.76 each)
10. You will need  receiving blanket(s). (\$2.98 each)
11. You will need  crib mobile(s). (\$14.95 each)
12. You will need  crib activity center(s). (\$12.57 each)
13. You will need  changing table(s). (\$89.00 each)
14. You will need  changing table pad(s). (\$8.00 each)
15. You will need  cradle(s) or bassinette(s). (\$80.00 each)

#### HEALTH /SAFETY ITEMS

(Remember, you are buying for a year!)

16. You will need  hairbrush(es) and comb(s) for the baby. (\$6.87 each)
17. You will need  digital thermometer(s). (\$10.27 each)
18. You will need  humidifier(s)/vaporizer(s) (\$35.42 each) for when the baby gets sick and you probably ought to pick up  nasal aspirator(s) (\$2.01 each) and  medicine dropper(s) (\$1.97 each) while you are at the store!
19. You will need  toothbrush(es). (\$.89 each)
20. You will need  baby monitor(s). So you can hear when the baby is crying. (\$25.00 each)
21. Do you have stairs in your house? You will need  stairway gate(s) to protect the baby from falling down the stairs. (\$9.96 each)
22. You will need  drawer latches (\$.13 each) and  outlet plug covers (\$.09 each) so the baby doesn't get into things he/she shouldn't. (\$ each)
23. You will need  baby bathtub(s). (\$14.39 each)
24. You will need  baby washcloths. (\$.79 each) (Don't forget to get enough for when you haven't had time to do the laundry!)
25. You will need  bathtub ring (\$8.96 each) and  faucet protector(s) (\$2.00 each) so baby can be independent in the bath.
26. You will need  hooded towel(s) to keep the baby warm after the bath. (\$6.00 each)
27. You will need to buy : (Remember you are buying for a year!)
  - baby soap(s) (\$2.77 each),
  - baby lotion(s) (\$2.81 each),
  - baby powder(s) (\$2.00 each),
  - baby oil(s) (\$2.80 each),
  - diaper rash ointment(s). (\$3.50 each)
28. You will need to buy  boxes of laundry detergent for baby clothes! (\$4.89 each) (Hint - About 2 a month!)

### DIAPERS

(Remember, you are buying for a year!)

29. You will need to buy  disposable diapers. (\$.30 each) (Hint - you will use about 75 diapers a week and about 320 diapers a month)
30. Even if you are using disposables, cloth diapers come in handy as burp/spit towels!  
You decide to buy  dozen to keep on hand. (\$12.00 each)
31. You will need to buy  boxes of baby wipes. (\$2.97 each) (Hint - you will use about 2 a month).
32. You will need to buy  diaper bag(s). (\$15.00 each)
33. You will need to buy  cloth diapers if you choose to use them instead of disposable. (\$12.00 each) (Hint - You should have at least 3 dozen **clean** diapers on hand).
34. You will need to buy  diaper pail(s). (\$17.95 each)
35. You will need to buy  diaper cover(s). (\$1.59 each)

### FEEDING BABY

(Remember, you are buying for a year!)

**If you plan on breast-feeding the Baby:**

36. You will need to buy  breast pump(s) if you plan on nursing while you are in school or working. (\$24.98 each)
37. You will need to buy  nursing pad(s). (\$.58 each) (Hint - about 3-4 a day)
38. You will need to buy  nursing bra(s). (\$14.00 each) (Hint - you will need extras because of how quickly they need to be laundered!)
39. You will need to buy  pacifiers. (\$1.34 each) (Better buy a few extra - for the ones that end up getting misplaced).
40. You will need to buy  pacifier holders. (\$1.76 each)

**If you plan on using formula:**

41. You will need to buy  cans of formula. (\$3.65 each) (Hint - you will use 7-8 a week and about 32 a month).
42. You will need to buy  packages of wipes. (\$2.97 each) (Hint - 2 a month).
43. You will need to buy  4 oz. bottles. (\$.99 each)
44. You will need to buy  8 oz bottles. Don't forget to get enough to allow for breakage and having a couple of spares. (\$1.65 each)
45. You will need to buy  bottle brush(es) to clean the bottles. (\$2.00 each)
46. You will need to buy  boxes of bottle inserts if you plan on using them. (\$3.43 each) (Hint - about 4 a month).
47. You will need to buy  nipple(s) for the bottles. These are in addition to your bottles! (\$.30 each)

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**CONGRATULATIONS!**

(Remember, you are buying for a year!)

The good news is your baby is getting bigger and more independent. The bad news is there are more expenses involved!

48. Your baby is growing - you now need a toddler car seat.  
Enter 1 here  to buy a toddler car seat. (\$55.00)
49. You will need to buy  jars of baby food. (\$.47 each) (Hint - Babies begin on solid foods at about 6 months.)
50. You will need  high chair(s). (\$47.00 each)
51. You will need to buy  childproof plates and bowls. (\$3.96 each)
52. You will need to buy  infant spoons. (\$.94 each)
53. You will need to buy  cloth bibs. (\$2.75 each)
54. You will need to buy  plastic bibs. (\$1.96 each)
55. You will need to buy  no-spill cups. (\$1.73 each)

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**CLOTHING**

(Remember, you are buying for a year!)

56. You will need to buy  sleepers. (\$4.95 each)
57. You will need to buy  hats. (\$2.78 each)
58. You will need to buy  booties. (\$2.39 each)

59. You will need to buy  gowns. (\$6.00 each)  
 60. You will need to buy  outfits. (\$12.00 each)  
 61. You will need to buy  socks. (\$2.48 each)  
 62. You will need to buy  coats. (\$24.00 each)  
 63. You will need to buy  warm suits. (\$18.00 each)  
 64. You will need to buy  shirts. (\$6.45 each)  
 65. You will need to buy  pants. (\$9.18 each)

### ADDITIONAL ITEMS

Not necessary items, but they sure make life easier!

66. You decide to buy  carrier(s). (\$40.00 each)  
 67. You decide to buy  stroller(s). (\$48.00 each)  
 68. You decide to buy  play yard. (\$60.00)  
 69. You decide to buy  extra diaper bag(s). (\$15.00 each)  
 70. You decide to buy  swing(s). (\$80.00 each)  
 71. You decide to buy  doorway jumper(s). (\$20.00 each)  
 72. You decide to buy  small toys. (\$8.00 each)  
 73. You decide to buy  books. (\$3.00 each)  
 74. You decide to get  set(s) of pictures taken. (\$30.00 each)  
 75. You decide to buy  yard toys. (\$48.00 each)

All together it will cost

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**This is a brief insight into the costs of having a baby. You might not need all of the items listed, but this is the "recommended" shopping list for new parents. There are also additional costs not listed, like going to the doctor, etc.**

**How many CD's or movie tickets could you buy for this amount?**

**How much money would you need to earn a hour, a week, a month to be able to afford a child?**

*\*All figures used for calculating the costs of raising a baby for a year are based on average prices from three discount chain stores. You may find prices near you to be slightly higher or lower.*

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