Occupational Aquatic Competency Assessment

Part A: To be completed by the Employee/Candidate

Surname: ..... First Name: .....

Date of Birth: ..... *(dd/mm/yyyy)* Male ☐ Female ☐

Home Address: .....

Suburb: ..... Postcode: .....

Home Phone: ..... Mobile: .....

Email: .....

Role: ..... Location: .....

Employee Declaration

I hereby consent to participating in the occupational aquatic competency assessment. I understand I can cease performing the assessment at any time, although this will result in an unsatisfactory attempt where I may be removed from aquatic based tasks in my role until I can competently complete the assessment.

I also understand an unsatisfactory score on any of the assessment components will result in me being required to undergo an additional assessment at a later date and the potential removal from the aquatic based tasks of my role.

I understand my employer, the NSW Department of Industry will get a copy of my competency report.

Signed: ..... Date: .....

Part B: To be completed by the Assessor

Assessor Name: ..... Location of Assessment: .....

AUSTSWIM Licence No.: .....Expiry Date: .....

Address: ..... Phone No.: .....

Employees Name: .....Date of Assessment: .....

Workers Drivers License or another form of photographic ID sighted **Yes** ☐ **No** ☐

Note: All assessments are to be conducted fully clothed.

Assessment

Assessment	Explanation	Satisfactory	Unsatisfactory	Comment
Entry	• Completed in shallow end, less than 1.5 meters. • Perform a slide entry from edge of pool (not ladder) unassisted. • Body twisted to face the wall whilst lowering body into water. • Safe, controlled entry completed, without dropping. • One attempt only.	☐	☐	
Water Walk	• Completed in water less than 1.5 meters deep. • Walk through water across 10m. • Maintain balance and control of direction, head still and eyes open. • One attempt only.	☐	☐	
Continuous Swim	• Continuous swim for 25m. • Strokes that can be used: freestyle and survival breastroke. • Head maintained above water. • One attempt only.	☐	☐	
Tread Water	• Tread water, float or scull in deep water continuously for *2 minutes*. • In a stationary position. • Face clear of water. • One attempt only.	☐	☐	
Duck Dive	• Duck dive to the bottom of the pool at least 2m deep. • Retrieved a 2kg object (rubber brick) from the bottom of the pool. • Maximum 2 attempts.	☐	☐	
Weighted Tow	• Tow a 2kg weighted object (rubber brick) swimming 25m using either sidestroke or lifesaving backstroke. • One attempt only.	☐	☐	
Exit	• Hold onto edge of the pool, exit pool. • Exit must be controlled and safe. • One attempt only.	☐	☐	

NOTE: Candidate's must complete the test WITHOUT stopping or touching the bottom or the sides of the pool.

Employee Competencies Assessed as:

☐		Employee able to complete all components of the aquatic tasks satisfactorily. No competency issues were observed.
☐		Employee was able to complete all components of the aquatic tasks satisfactorily, however demonstrated minor competency issues that were re-tested on the day of the assessment.
☐		Employee was unable to satisfactorily complete at least one or all components of the aquatic assessment. Employee should re-take assessment at a later date, where applicable.

Printed Name: .....……..…….....…… Signed: .....……..…….....……..

Date: .....……..…….....……

Please return the completed form to: health.wellbeing@industry.nsw.gov.au