

DAILY ROUTINE JOB LIST

1. **Highlight** everything you do each day below.
2. **Write or draw** other jobs that have not been listed
3. **Write** all of your jobs into the Daily Routine template

MORNING 7-12	AFTERNOON 12-5	NIGHT 5-10
<ul style="list-style-type: none"> • Feed baby milk • Give toddler cup of milk or fruit • Read books • Change nappy • Prepare breakfast • Eat breakfast • Feed baby solids • Pack bags for outing • Pack bags for school • Independent play for toddler • Dress baby • Put baby to bed • Toddler and Mum or Toddler and Dad play time • Dress myself • Brush my teeth • Brush toddler's teeth • Prepare and eat morning tea • Dress toddler • Feed baby milk • Prepare lunch 	<ul style="list-style-type: none"> • Feed baby solids • Eat lunch • Have outside time • Put baby to bed • Put toddler to bed • Rest time • Feed baby milk • Give toddler afternoon tea • Prepare (or heat up) dinner • Exercise time • Washing duties • Garden duties 	<ul style="list-style-type: none"> • Eat dinner • Feed baby solids • Tidy up dinner • Run bath • Give children bath • Dress baby • Dress toddler • Pack up toys • Read books • Feed baby milk • Give toddler milk (or banana) • Say goodnight • Brush teeth • Put toddler to bed • Put baby to bed <p>WASHING DUTIES:</p> <ul style="list-style-type: none"> • Put out, bring in, fold, iron, put away, etc. <p>KITCHEN DUTIES:</p> <ul style="list-style-type: none"> • Prepare tomorrow night's dinner • Prepare tomorrow's school lunches and snacks • Put out new activity for toddler • Have shower • Rest time