

# Health History Assessment

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Date of Birth/Age: \_\_\_\_\_ Email Address: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_  
Occupation/Profession: \_\_\_\_\_

Referred by: ☐ Phone Book ☐ Newspaper ☐ Carolina Women ☐ Web ☐ Person ☐ Symphony Directory ☐ Radio ☐ Other

Check the areas you wish to have treated:

## Facial/Head Areas

- ☐ \*Lip (upper)    ☐ \*Neck    ☐ Eyebrows  
☐ \*Lip (lower)    ☐ \*Sideburns    ☐ Nasal Bridge  
☐ \*Chin    ☐ \*Cheeks    ☐ Other  
☐ \*Ears    ☐ Hairline

## Body Areas

- ☐ \*Sternum    ☐ Swimsuit Line    ☐ Fingers/Toes  
☐ \*Breast    ☐ Thighs    ☐ Other  
☐ \*Abdomen    ☐ Legs  
☐ \*Arms    ☐ Underarms

If hair growth in females in above areas noted with asterick (\*), explain if onset was sudden or gradual and over what period of time: \_\_\_\_\_

Family members with similar hair growth patterns: \_\_\_\_\_

Previous electrolysis or laser treatments: \_\_\_\_\_ With whom: \_\_\_\_\_

Date of first treatment: \_\_\_\_\_ Date of last treatment: \_\_\_\_\_

Modality if known: \_\_\_\_\_

Areas treated and treatment schedule of each area: \_\_\_\_\_

Aftercare used: \_\_\_\_\_ Skin reactions/healing: \_\_\_\_\_

Was previous treatment successful? \_\_\_\_\_ Reason for discontinuing treatment: \_\_\_\_\_

## **Temporary hair removal methods previously or currently used:**

Methods	Areas	Frequency	Last Used
Tweezing/E. Tweezer/Waxing			
Depilatory/Shaving			
Cutting			
Bleaching			
Other			

Check, if in the past, you have had any signs on your skin:

- ☐ Swelling    ☐ Itching    ☐ Dryness    ☐ Oiliness    ☐ Pigment Changes

Check if you have had any of the following lesions on your skin:

- ☐ Acne    ☐ Eczema    ☐ Dermatitis    ☐ Psoriasis    ☐ Petechiae (red point)    ☐ Lipomas (soft lump)    ☐ Keloids    ☐ Scars  
☐ Cancer    ☐ Boils    ☐ Blisters    ☐ Hives    ☐ Bites    ☐ Warts    ☐ Moles    ☐ Rashes

Check if you have had allergies to:

- ☐ Medicines    ☐ Cosmetics    ☐ Plants    ☐ Benzocaine    ☐ Metals    ☐ Petrolatam  
☐ Soaps    ☐ Foods    ☐ Sun    ☐ Aloe    ☐ Other

Ever had problems with your skin healing: \_\_\_\_\_ Explain: \_\_\_\_\_

Use facial scrubs or abrasive sponges: \_\_\_\_\_ Areas/frequency: \_\_\_\_\_

Ever use Retin A: \_\_\_\_\_ Dates/explain: \_\_\_\_\_

Ever use artificial tanning: \_\_\_\_\_ Areas/frequency: \_\_\_\_\_

Check the following, if you have ever had, or have been treated for the following conditions:

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Bleeding Problems/Hemophilia* | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Herpes (location) _____       |
| <input type="checkbox"/> Circulatory Problem           | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Cancer          | <input type="checkbox"/> Sexually Transmitted Diseases |
| <input type="checkbox"/> Breathing Problems            | <input type="checkbox"/> G HIV Blood Test    | <input type="checkbox"/> Chemo/Radiation | <input type="checkbox"/> Hepatitis (Type) _____        |
| <input type="checkbox"/> Pacemaker*                    | <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Tuberculosis    | <input type="checkbox"/> Other                         |

Comments on above if checked: \_\_\_\_\_

Currently being treated by a physician or other healthcare provider: \_\_\_\_\_ Explain: \_\_\_\_\_

Current medications (oral, injection, topical – Rx & non-Rx): \_\_\_\_\_

Past medications (oral, injection, topical – Rx & non-Rx): \_\_\_\_\_

Do you have temp./perm. implants (i.e. IUD, dental, orthopedic): \_\_\_\_\_ Do you wear contacts: \_\_\_\_\_

Is your stress level average or high: \_\_\_\_\_

Frequency of gyn. examinations: \_\_\_\_\_ Date of last exam: \_\_\_\_\_

Are you presently pregnant or are attempting to become pregnant: \_\_\_\_\_ Have menstrual cycle every \_\_\_\_\_ days

If post-menopausal, give date of last menses: \_\_\_\_\_ Was menstrual cycle regular: \_\_\_\_\_ Increase/decrease of hair: \_\_\_\_\_

Hysterectomy: \_\_\_\_\_ Date: \_\_\_\_\_ Ovaries removed: \_\_\_\_\_ Increase/decrease of hair: \_\_\_\_\_

Estrogen/progesterone therapy: \_\_\_\_\_ Dates/explain: \_\_\_\_\_ Increase/decrease of hair: \_\_\_\_\_

Ever taken birth control pills: \_\_\_\_\_ Dates/explain: \_\_\_\_\_ Increase/decrease of hair: \_\_\_\_\_

Ever had an ovarian cyst or cystic ovaries: \_\_\_\_\_ Date/explain: \_\_\_\_\_

Is thyroid function normal: \_\_\_\_\_ Explain: \_\_\_\_\_

Changes in weight or voice: \_\_\_\_\_ Explain: \_\_\_\_\_

Ever inform your physician/gyn. of your hair growth: \_\_\_\_\_ Response: \_\_\_\_\_

Ever had a hormone test: \_\_\_\_\_ Date/results: \_\_\_\_\_

I understand health history information is important to the electrologist in order to provide me with safe and effective electrolysis treatments. I acknowledge all information given to me is accurate to the best of my knowledge, and I agree to update my health history assessment whenever there are changes.

I understand a series of treatments is necessary to achieve permanent hair removal based on my previous temporary methods of hair removal, the science of electrolysis, and my individual physiological factors.

I have been advised of the post-treatment healing process, the possible risks related to treatment and agree to follow all aftercare instructions, and to notify the electrologist of any difficulty in healing.

I understand that photographs taken prior to treatment and during the process of my treatments will aid in providing feedback on the treatment plan. I understand these photographs are for private educational use and will be used accordingly.

Client's Signature

Parent's/Guardian's Signature of Minor

Date

I acknowledge the following tissue alterations in areas to be treated: \_\_\_\_\_

Client's Signature

Parent's/Guardian's Signature of Minor

Date

## GentleLASE Treatment Record

Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Dr.: \_\_\_\_\_

[illegible]