

# WEEKLY MEAL PLANS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chili with Cornbread	Grilled Cheese Sandwiches with Grapes	Mac and Cheese with Canned Corn	Marie Calendar's Pot Pie	Leftovers	Fettuccine Alfredo with Cooked Carrots	Pizza with Carrots and Ranch
Rotisserie Chicken with Au Gratin Potatoes	Meatball Subs with Potato Salad	Pesto Pasta with Crescent Rolls	Hamburgers with Potato Chips	Leftovers	Fish Sticks with Mandarin Oranges	Tacos with Beans and Chips and Salsa
Ham and Cheese Grilled Sandwiches with Applesauce	Tuna Melts with Tater Tots	Ravioli/Tortellini with Alfredo Sauce with Garlic Bread	Chicken Strips/ Wings with Frozen Peas	Leftovers	Spaghetti with Salad with Ranch	Flautas/Taquitos with Beans, Sour Cream and Avocado
Pita Pizzas with Mandarin Oranges	Sloppy Joes with Cole Slaw	Broccoli and Noodles	Hot dogs with Chips	Leftovers	PastaRoni White Cheddar Shells with Apples	Chicken Tenderloins with Rice-a-Roni
Breakfast for Dinner (Pancakes, Scrambled Eggs and Sausage)	French Dip Sandwiches with Broccoli	Quesadillas with Spanish Rice	Bratwurst/ Chicken Sausages with Sweet Potato Fries	Leftovers	Frozen Lasagne with Caesar Salad	Top Ramen with Egg and Canned Green Beans