

2016-2017 WORTHINGTON ELEMENTARY SCHOOL MENU



BREAKFAST MENU

WHOLE GRAIN CEREAL AND WHOLE GRAIN GRAHAM
OFFERED DAILY. MILK OFFERED DAILY WITH BREAKFAST
ENTREE. THE MENU IS SUBJECT TO CHANGE.



MONDAY

- Mini Cinni
- Fruit
- 100% Juice Cup
- Assorted Cereal and Graham

TUESDAY

- Eggo® Mini Pancakes
- Fruit
- 100% Juice Cup
- Assorted Cereal and Graham

WEDNESDAY

- Eggo® Mini Chocolate Chip French Toast
- Fruit Cup
- 100% Juice Cup
- Assorted Cereal and Graham

THURSDAY

- Pancake Wrap
- Craisins or Raisins
- 100% Juice Cup
- Assorted Cereal and Graham

FRIDAY

- Cereal and Super Donut
- Fruit
- 100% Juice Cup
- Assorted Cereal and Graham

LUNCH MENU

STUDENTS ARE REQUIRED TO TAKE A FRUIT OR A VEGETABLE AT LUNCH. STUDENTS ARE REQUIRED TO TAKE A FRUIT OR JUICE AT BREAKFAST. MILK IS OFFERED DAILY WITH LUNCH. WHEN FRESH FRUIT IS NOT AVAILABLE, CANNED FRUIT WILL BE SUBSTITUTED. THIS MENU IS SUBJECT TO CHANGE. THIRD LUNCH CHOICE IS A YOGURT LUNCH.

WEEK 1

MONDAY

- Cheeseburger
- Hamburger
- Sweet Potato Fries
- Romaine Salad
- Pears
- Pudding Cup

TUESDAY

- Soft Taco with Meat and Cheese
- Cheese Quesadilla
- Best Black Beans or Refried Beans
- Crispy Carrots
- Peaches

WEDNESDAY

- Crispy Chicken Nuggets/Roll
- Pizza Lunchable
- Green Beans
- Fresh Fruit
- Fruit Slushy Cup

THURSDAY

- Eggo® Waffles/Egg Patty
- Grilled Cheese Sandwich
- Potato Smiles
- Crunchy Cucumbers
- 100% Fruit Juice

FRIDAY

- Stuffed Crust Cheese Pizza
- Spicy Chicken Patty Sandwich
- Broccoli
- Fresh Fruit

WEEK 2

MONDAY

- Beef Hot Dog
- Egg/Cheese Bagel
- Blazin' Baked Beans
- Crispy Carrots
- Fresh Fruit

TUESDAY

- Meatball Sub Sandwich
- Pizza Bagel
- Green Beans
- Pears or Fresh Fruit

WEDNESDAY

- Crunchy Chicken Patty Sandwich
- Baked Potato/Cheese/Warm Roll
- Broccoli
- Peaches
- Scooby Snacks

THURSDAY

- Popcorn Chicken/Warm Roll
- Cheesy Lasagna Roll Up/Warm Roll
- California Vegetable Blend
- Fresh Fruit

FRIDAY

- Personal Cheese Pizza
- Romaine Salad
- Crispy Cucumbers
- Applesauce Cup or Fresh Fruit

WEEK 3

MONDAY

- Cheeseburger
- Hamburger
- Oven Fries
- Romaine Salad
- 100% Juice Cup

TUESDAY

- Cinnamon Pancakes/Egg Patty
- Grilled Cheese Sandwich
- Potato Smiles
- Cucumbers
- Super Strawberries

WEDNESDAY

- Corn Dog on a Stick
- Hot Cheesy Italian Sub
- Broccoli
- Fresh Fruit
- Fruit Slushy Cup

THURSDAY

- Make Own Nachos/Meat & Cheese w/ Tostitos
- Whole Grain Chips
- Best Black or Refried Beans
- Crispy Carrots
- Peaches

FRIDAY

- Cheese Filled Breadsticks w/Marinara Dipping Sauce
- Green Beans
- Fresh Fruit or Warm Apples
- Cookie

WEEK 4

MONDAY

- Crunchy Chicken Nuggets w/Dutch Waffle
- Grilled Cheese Sandwich
- Mandarin Oranges
- Broccoli

TUESDAY

- Macaroni and Cheese/Warm Roll
- Crispy Chicken Patty Sandwich
- Green Beans
- Applesauce Cup

WEDNESDAY

- Popcorn Chicken w/ Assorted Sauce
- Brown Rice
- Carrot Coins
- Pineapple
- Fortune Cookie

THURSDAY

- Mini Corn Dogs
- Egg/Cheese Bagel
- Oven Fries
- Best Baked Beans
- Fresh Fruit

FRIDAY

- Cheesy Calzone
- Turkey/Cheese Lunchable
- Romaine Salad
- Corn
- Peaches

MEAL PRICING

STUDENT BREAKFAST.....	\$1.60
REDUCED BREAKFAST.....	\$0.30
ADULT BREAKFAST.....	\$1.60
STUDENT LUNCH.....	\$2.75
REDUCED LUNCH.....	\$0.40
ADULT LUNCH.....	\$3.75
EXTRA MILK.....	\$0.50
WATER.....	\$0.50

Pay for meals at www.mypaymentsplus.com. Payment can also be made by cash or check made out to Worthington Board of Education. USDA is an equal opportunity provider. Worthington Schools strives to provide safe nutritious foods. However, we cannot guarantee trace amounts of potential allergens not listed on food labels for sensitive individuals.

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LUNCH MEAL CALENDAR



Week One
Meal Plan



Week Two
Meal Plan



Week Three
Meal Plan



Week Four
Meal Plan

August '16

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September '16

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October '16

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November '16

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December '16

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January '17

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February '17

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March '17

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April '17

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May '17

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			