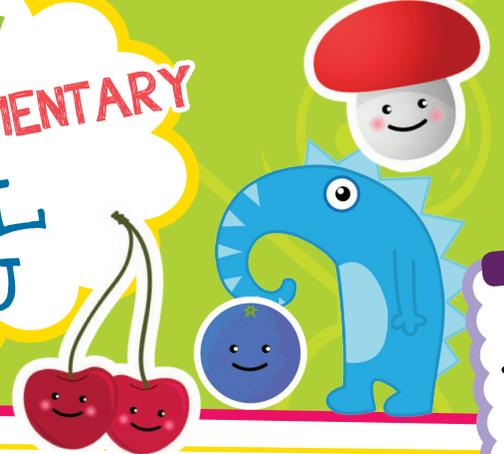


2016-2017 WORTHINGTON ELEMENTARY SCHOOL MENU



BREAKFAST MENU

WHOLE GRAIN CEREAL AND WHOLE GRAIN GRAHAM OFFERED DAILY. MILK OFFERED DAILY WITH BREAKFAST ENTREE. THE MENU IS SUBJECT TO CHANGE.



- | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • Mini Cinni • Fruit • 100% Juice Cup • Assorted Cereal and Graham | <ul style="list-style-type: none"> • Eggo® Mini Pancakes • Fruit • 100% Juice Cup • Assorted Cereal and Graham | <ul style="list-style-type: none"> • Eggo® Mini Chocolate Chip French Toast • Fruit Cup • 100% Juice Cup • Assorted Cereal and Graham | <ul style="list-style-type: none"> • Pancake Wrap • Craisins or Raisins • 100% Juice Cup • Assorted Cereal and Graham | <ul style="list-style-type: none"> • Cereal and Super Donut • Fruit • 100% Juice Cup • Assorted Cereal and Graham |

LUNCH MENU

STUDENTS ARE REQUIRED TO TAKE A FRUIT OR A VEGETABLE AT LUNCH. STUDENTS ARE REQUIRED TO TAKE A FRUIT OR JUICE AT BREAKFAST. MILK IS OFFERED DAILY WITH LUNCH. WHEN FRESH FRUIT IS NOT AVAILABLE, CANNED FRUIT WILL BE SUBSTITUTED. THIS MENUS IS SUBJECT TO CHANGE. THIRD LUNCH CHOICE IS A YOGURT LUNCH.

WEEK 1

- | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • Cheeseburger • Hamburger • Sweet Potato Fries • Romaine Salad • Pears • Pudding Cup | <ul style="list-style-type: none"> • Soft Taco with Meat and Cheese • Cheese Quesadilla • Best Black Beans or Refried Beans • Crispy Carrots • Peaches | <ul style="list-style-type: none"> • Crispy Chicken Nuggets/Roll • Pizza Lunchable • Green Beans • Fresh Fruit • Fruit Slushy Cup | <ul style="list-style-type: none"> • Eggo® Waffles/Egg Patty • Grilled Cheese Sandwich • Potato Smiles • Crunchy Cucumbers • 100% Fruit Juice | <ul style="list-style-type: none"> • Stuffed Crust Cheese Pizza • Spicy Chicken Patty Sandwich • Broccoli • Fresh Fruit |

WEEK 2

- | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • Beef Hot Dog • Egg/Cheese Bagel • Blazin' Baked Beans • Crispy Carrots • Fresh Fruit | <ul style="list-style-type: none"> • Meatball Sub Sandwich • Pizza Bagel • Green Beans • Pears or Fresh Fruit | <ul style="list-style-type: none"> • Crunchy Chicken Patty Sandwich • Baked Potato/Cheese/Warm Roll • Broccoli • Peaches • Scooby Snacks | <ul style="list-style-type: none"> • Popcorn Chicken/Warm Roll • Cheesy Lasagna Roll Up/Warm Roll • California Vegetable Blend • Fresh Fruit | <ul style="list-style-type: none"> • Personal Cheese Pizza • Romaine Salad • Crispy Cucumbers • Applesauce Cup or Fresh Fruit |

WEEK 3

- | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • Cheeseburger • Hamburger • Oven Fries • Romaine Salad • 100% Juice Cup | <ul style="list-style-type: none"> • Cinnamon Pancakes/Egg Patty • Grilled Cheese Sandwich • Potato Smiles • Cucumbers • Super Strawberries | <ul style="list-style-type: none"> • Corn Dog on a Stick • Hot Cheesy Italian Sub • Broccoli • Fresh Fruit • Fruit Slushy Cup | <ul style="list-style-type: none"> • Make Own Nachos/Meat & Cheese w/ Tostitos • Whole Grain Chips • Best Black or Refried Beans • Crispy Carrots • Peaches | <ul style="list-style-type: none"> • Cheese Filled Breadsticks w/Marinara Dipping Sauce • Green Beans • Fresh Fruit or Warm Apples • Cookie |

WEEK 4

- | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • Crunchy Chicken Nuggets w/Dutch Waffle • Grilled Cheese Sandwich • Mandarin Oranges • Broccoli | <ul style="list-style-type: none"> • Macaroni and Cheese/Warm Roll • Crispy Chicken Patty Sandwich • Green Beans • Applesauce Cup | <ul style="list-style-type: none"> • Popcorn Chicken w/ Assorted Sauce • Brown Rice • Carrot Coins • Pineapple • Fortune Cookie | <ul style="list-style-type: none"> • Mini Corn Dogs • Egg/Cheese Bagel • Oven Fries • Best Baked Beans • Fresh Fruit | <ul style="list-style-type: none"> • Cheesy Calzone • Turkey/Cheese Lunchable • Romaine Salad • Corn • Peaches |

MEAL PRICING

STUDENT BREAKFAST.....	\$1.60
REDUCED BREAKFAST.....	\$0.30
ADULT BREAKFAST.....	\$1.60
STUDENT LUNCH.....	\$2.75
REDUCED LUNCH.....	\$0.40
ADULT LUNCH.....	\$3.75
EXTRA MILK.....	\$0.50
WATER.....	\$0.50

Pay for meals at www.mypaymentsplus.com Payment can also be made by cash or check made out to Worthington Board of Education. USDA is an equal opportunity provider. Worthington Schools strives to provide safe nutritious foods. However, we cannot guarantee trace amounts of potential allergens not listed on food labels for sensitive individuals.

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LUNCH MEAL CALENDAR

● Week One Meal Plan
 ● Week Two Meal Plan
 ● Week Three Meal Plan
 ● Week Four Meal Plan

August '16

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September '16

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October '16

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November '16

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December '16

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January '17

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February '17

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March '17

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April '17

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May '17

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	