

2 Your to do itinerary Buttoned Up.™

The trick to tackling a long laundry list of to-do's with a minimum of stress: scheduling! Break the list down into bite-sized pieces by identifying a handful of to-do's, errands, chores, and contacts to take care of each day. Added bonus: you'll reclaim a bit of your weekends if you had a tendency to let all of your chores pile up.

! prioritize so you get the important things done first

week of:

	! monday	! tuesday	! wednesday	! thursday	! friday	! saturday	! sunday
errands / to do's	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
chores	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
calls / emails	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
	<input type="checkbox"/>						
notes							