

# DAILY INVENTORY SHEET

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Self-Pity																																Self Forgetfulness
Self-Justification																																Humility
Self Importance																																Modesty
Self Condemnation																																Self-Valuation
Dishonesty																																Honesty
Impatience																																Patience
Hate																																LOVE
Resentment																																Forgiveness
False Pride																																Simplicity
Jealousy																																Trust
Envy																																Generosity
Laziness																																Activity
Procrastination																																Promptness
Insincerity																																Honesty, Sincerity
Negative Thinking																																Positive Thinking
Vulgar, Immoral, Trashy Thinking																																Spiritual CLEAR thinking
Criticizing																																Look for the GOOD

Another useful tool - put a "+" or "-" on each line for each day. This is for you! Nobody is keeping score, so just go for it.