2017 Spring Conference Workshop Schedule

8:30 - 9:30	*Opening Speaker- Arbor A, B, C*				
	Conference Rooms				
	Arbor A	Arbor B	Arbor C	Savannah	Woodland
Session 1 9:45-10:30	The First Bend In The Road…the first year of recovery and beyond	Am I really in recovery? …a few ways to tell	Don't Forget Your Keys!	What happens when I compare myself to others?	Finding Enrichment in the Golden Book
Session 2 10:45-11:30	A Higher Power? Steps 2 & 3	Beware of the Wicked Witch and her Poisonous Poppies!	Rules of the Road for the Fellowship and Groups--The Unity Program	Attitude of Gratitude (Quitting the Addiction)	Compulsive Gambling: What does current research teach us?
Session 3 11:45-12:30	It's not about bananas!	Jim F. and Wayne B's Excellent Adventure	Higher Power? I don't get it.	It is all about the mission	Spirituality and the 12 Steps
12:30-1:30	*Lunch*				
1:45 - 2:30	*Afternoon Speaker - Arbor A, B, C*				
Session 4 2:45-3:30	Beginner's Mind: Opening Ourselves to the Many Possibilities in Recovery	Improving Relationships with Higher Power, Others, & Self		Mindfulness	Let's Talk #3
Session 5 3:45-4:30	Powerless does not equal helpless	Lyin' and Pride and Fears...Oh My!	Walk Across the Room	Working the Program: Where Spirituality and Religion Meet	Both Sides of the Fence
4:30	*Saturday Sendoff - Reception Area*				