

## Blood Donation Reactions Inventory

Directions: Indicate the degree to which you experienced the following sensations at the blood donation clinic *today* by circling a number between 0 ("not at all") and 5 ("to an extreme degree").

0 = not at all

1 = to a slight degree

2 = to a moderate degree

3 = to a strong degree

4 = to a very strong degree

5 = to an extreme degree

1. Faintness (as if about to faint or become unconscious)	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
2. Dizziness	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
3. Weakness	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
4. Lightheadedness	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>