

## ASA RESIDENTIAL CAMP AGENDA

July 23<sup>rd</sup> through July 27<sup>th</sup>

Gettysburg College, PA

### DAILY AGENDA

#### Saturday

2 – 3:30pm	Registration and Check- In (Earliest check in 2pm)
4pm	Camper Orientation/Tour (Parents Welcome to stay)
4:45 – 5:45pm	Dinner
6:15pm	Meet coaches outside dormitory
6:30 – 8:00pm	Training session
8:15pm	Free- time
10pm	Room Check/Lights Out!

#### Sunday

7:45 – 8:30am	Breakfast (Hours 7-8:30am)
8:50am	Meet Coaches outside dormitory
9 – 11am	Morning Training Session
12 – 1pm	Lunch (Hours 11:30-1pm)
1 – 4pm	Swimming (1:30-3:30), Soccer Tennis, U12 & older optional training
4:45 – 5:30pm	Dinner (Hours 4:30-6:00)
5:45pm	Meet coaches outside dormitory
6 – 7:30pm	Training session
8 pm	Movie Night
10pm	Room Check/Lights Out!

#### Monday

7:45am – 8:30am	Breakfast (Hours 7-8:30am)
8:50am	Meet Coaches outside dormitory
9 – 11am	Morning Training Session
12pm – 1pm	Lunch (Hours 11:30-1pm)
1 – 4pm	3v3, U12 & older optional training
4:45 – 5:30pm	Dinner (Hours 4:30-6:00)
5:45pm	Meet coaches outside dormitory
6:00 – 7:30pm	Training session
8 – 8:45pm	Swimming
10pm	Lights Out!

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### Tuesday

7:45am – 8:30am	Breakfast (Hours 7-8:30am)
8:50am	Meet Coaches outside dormitory
9:00 – 11am	Morning Training Session
12pm – 1pm	Lunch (Hours 11:30-1pm)
1 – 4pm	Soccer Tennis, U12 & older optional training
4:45– 5:30pm	Dinner (Hours 4:30-6:00)
5:45pm	Meet coaches outside dormitory
6:00 – 7:30pm	Training Session
8:15pm	Talent Show
10pm	Lights Out!

### Wednesday

7:30 – 8:15am	Breakfast (Hours 7-8:30am)
8:30 – 10am	Stadium/Field matches
10:45am	Check out