

# JOB SEEKER

128 Pleasant Street  
Minneapolis, MN 55416

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## MINNESOTA STATE TEACHING LICENSES

- Physical Education, K-12 August 2011
- Special Education: Developmental Adapted Physical, Pre K - grade 12 August 2011

## EDUCATION

University of Minnesota, School of Kinesiology

**Masters of Education, Physical Education**  
**Bachelor of Science, Kinesiology Exercise Science**

Twin Cities Campus  
Anticipated May, 2013  
May, 2010

- Minor: Youth Studies

**CPR Certification** – Children and Adults

2010 - Present

### Awards and Honors

- National Association for Sport & Physical Education Student of the Year 2010
- Women's Physical Education Alumnae Association Scholarship 2009

## TEACHING EXPERIENCE

### 9<sup>th</sup> Grade Physical Education and Health Student Teacher

Minneapolis, MN

Lane High School

January – May 2011

- Lead a unit on sexual health and reproduction from which 90% of students met learning objectives at or above 85% as assessed by an objective, multiple choice, True/False and short essay exam adapted from district curriculum
- Taught students how to work with others through team building activities such as the human knot, relays, and the action name game
- Prepared and taught a lesson on badminton from which, based on a formal assessment, 100% of students learned the rules, shots, and stance

### K-5 Physical Education

Minneapolis, MN

Kenny Elementary School

September – December 2010

- Organized age appropriate sporting events, such as basketball, wiffleball, baseball, T-ball, and kickball, focusing on students' learning of strategy, teamwork, and cooperation
- Ensured safety of children, utilizing cones, providing water breaks, equipment inspections, and close supervision of class
- Discussed the dangers of violence, peer pressure, and the importance of health and hygiene

## COACHING EXPERIENCE

**Girls' High School Soccer Coach**, Sunnybrook Charter School, Fridley, MN

2008-2009

**Girls' Junior High Volleyball Coach**, Sunnybrook Charter School, Fridley, MN

2007-2009

**Girls' Ages 8-10 Soccer Coach**, Minneapolis Youth Soccer

2004-2007

**Girls' Ages 6-8 Assistant Soccer Coach**, Minneapolis Youth Soccer

2003

## RELATED EXPERIENCE

### **After School Activities Assistant**

Spring Lake Park Elementary School

Spring Lake Park, MN  
August 2008 - June 2009

- Prepared classes in beading and instructed groups of 10-12 students in designing and making jewelry, encouraging creativity and originality
- Supervised children, ages 6-12, and provided structured games and activities
- Encouraged full participation in games and instructed students in rules and techniques

### **Intern**

Outward Bound Wilderness – Dogsled and Ski Adventure

Boundary Waters, MN  
Winter Break (4 weeks), 2008

- Instructed teenagers and adults, in small groups of ten, in preparing sleds, dogs, and equipment
- Taught cross country ski technique and strategies for keeping stamina in long distance trips
- Assisted Leader in group processes and activities and in team building
- Counseled individuals having difficulty with the adventure and assisted them in overcoming fears

### **Participant**

December (15 days), 2007

- Attended and participated in Outward Bound Winter Adventure with family members

### **Camp Counselor/Activities Coordinator**

Camp Sunshine

Bemidji, MN  
Summer, 2007

- Provided instruction on activities such as rowing, sailing, volleyball, kickball, and other outdoor games to children ages 10-15
- Created lesson plans and coordinated scheduling of activities so all kids could participate
- Recognized by supervisors for providing activities that kept campers interested and engaged
- Sought out by campers for extra lessons in sailing

## VOLUNTEER EXPERIENCE

### **Member**

Adaptive Sports Club, Department of Recreational Sports

University of Minnesota  
2010-Present

- Promoted and facilitated the involvement of University students and staff with disabilities in sport clubs, intramural sports, outdoor recreation, aquatic activities, and other program offerings
- Organized adaptive recreation, exercise, and sport activities for students and staff, including water aerobics and wheelchair basketball games

### **Volunteer Big Sister**

Big Brothers/Big Sisters

Minneapolis, MN  
2010-Present

- Provide ongoing support and mentoring to a now twelve year old girl from a single parent household on welfare assistance due to parental mental illness
- Volunteered as a big sister for two other girls who have since moved out of state

### **Volunteer**

Special Olympics

Minneapolis, MN  
2009

- Officiated volleyball games and recruited day-of-event volunteers
- Helped with day-of-event organization and information for participants